## When You Try "SALADA"

 you will realize the difference between "Salada" and "just "ea."

## Gives you lasting uplif'sovril

In a Sumken Ship





 sleeping
shouted
As Willey was finging off his bed-
clothes and the trawle


of a steamer proetruding through Cap
tain Lewis's berth. He could see noth ing of the captain himself.
Without watting to take a second
glance willey made a dash for the
door of the cal
door of the cabin. Behind him water
was pouring in through the shattered
berth in a mighty flood. Before he
could reach the door, however, the fce.
cold torrent had washed him off hils
feet, and in a moment the
eet, and in a moment the rising
water was banked high agalnst it. He
struggled in vain to open the door:
the flood had jammed $1:$ tight, and tug
and strain as he would it reme
rast shut.
truggling with the door, the flood
the cabin rose to his chest. The nolse
of its inpouring drowned
and with the fear of death every song upon
him, Willey looked wildiy round for
some other means of wildy
By that
By that time the bow of the other
vessel had disappeared from the shat
w
hos no hope that way! To odd to the
ing.--and he literally traped tike a
rat: While he stared wildy round the
switing
swirling tide once more swept him off
his feet; he swam to the table and
got upon it, only to be almost thrown
off by the drunken rolling of the traw-
ler as she foundered. Managing to
stand upright, the mate Mrasped the
head and in that way kept himself
Unhappily for him-or perhaps for
tunately-the skylight was closed and fastened, and he found that he could
not possibly break through it. while the water was rising rapidly
round him. Soon ft was up to his arm pits; and it continued to rise as the
trawler sank lower and lower. He put
his head up inside the skylight and
 Some time lator Harry H inner. en wreck, up to his chin in water and
stranining on tiptoe to 'eep his mouth above it, suddenly discovered to his
anspeakable joy and astonishmen that the water round him was sinking:
He could hardly crodit the fact at frst and thought that his magination was Water dropped to hits shou.aers and he
Ound that he could safely lower him wild with delight.
stil lower the
was only to his chest. Then until of thankfulnoss knew with a deep sigh a matter of time for the flood to re-
cede sufficlently to allow him to The Quail had not sunk in deep
water: she was resting on the bottom and the tide was ebbing. That circum-
stance explained the seeming miracle.
Again hopeful, Wiiley waited wit what patlence he could muster unti,
the water was at his ankles and the
top of the table showed above the ing to the do he sprang down and, wade another attemp three inches and allowed omeme of the
water to rush out; the next instant swung all the way open so suddenty
that the flood carried him out with it.
Utterly texhausted, he had strength left to crawi up the com
panion ladder to the upper deck, whtre

## The Dynamo was lying by the wrec

beat frantically upon it. He shoutod
for help till he was hoarse.
Presentiy the water

PATCH
Patchin
drastic, b
garments.
daspiring but is much easier and mor hat are faded and out col shaye
Patches, like have a habit of coming in the same
places. So it is a simple matter put them on after a new garment ha been shrunk, or, if made at home after it has been flnished. In the lat,
ter case some of the material can be some, but if clothes are ready-made
well.
The tail of an old shirt is often good
enough to be cut into patches for nough to be cut into patches for th down over the shoulder blades in the back. Cut the patches round for the
elbows and pin or baste into place nct turn in the edges. Catch-stitch When putting in double backs shape
the patch lightly the patch like the top of the shirt, pin
into place, turn in the to place, turn in the edges and hem
to sleeves, shoulder and collar seams.
Overcast the o the shirt in several places so as to
t hold it in place. Knees and seats of s
new trousers will be much slower to through if ree-nforced in this ther
while new. Underwear and pa-

The Little Things. Than' the other fellow did,
And stayed a little enger
Then Than the other fellow woul And wod a little harder
And he talked a hitle less, a was never really hurried, And he showed but little stres
or every little movement His efficlency expressed.
He saved a little money
$\qquad$
Of course, ti's little wonder that
Ho murnurs with a smille, As his ditidends come regular,
Are the little things worth
Spiritualist sunday schoole.

$$
\begin{aligned}
& \text { 8piritualist Sunday Schools. } \\
& \text { Spirtualistic Sunday schools are }
\end{aligned}
$$

$$
\begin{aligned}
& \text { making a certain amount of progross } \\
& \text { In England. About } 13,000 \text { attend such } \\
& \text { services. Efforts are being made to }
\end{aligned}
$$

$$
\begin{aligned}
& \text { services. Efrorts are beling made to } \\
& \text { influence some of them to becom } \\
& \text { medtuce }
\end{aligned}
$$

$$
\begin{aligned}
& \text { nfuence some of them to becoms } \\
& \text { nedums. This has resulted in powe. } \\
& \text { mela } \\
& \text { cultacks backed by well known ene }
\end{aligned}
$$

$$
\begin{aligned}
& \text { medtums. This has resulted in power- } \\
& \text { ful attacks backed by well known per- } \\
& \text { sons. }
\end{aligned}
$$

 $\qquad$
The young bride Factory.veritable ecstac
ar
outdistarce the family patching.Near:

Nearly all the true crows, as well Orce a month remove the rear
whee:s and wash the brake lining in
wess ne. This removes all oil and
-veass which, if present, takes the ick up more or less of human speech "eessa which, if present, takes the they invest their remarks, their apt.
Hite" out of the brakes. Never oil ness and intonation, Lite" out of the brakes. Never oil
brake linisg. ceidental.

WRIGITS
Take it home to the kide
Hava a peoket it your poeket for an over-rasdy treat.


Jockeying the Master of Horse.
Quilog dita ngures in an entor onteroy stells hal the Maraulse do paper. The queen dissiked her Master
of Horse, a tormer Eari of Al Me whose appointmert to office he minie try had toreed a pon her. The per ear
therefore took a mallicious piensure assenting his prerogative to ronde witio
her in the state carriage on all officter occasions. The queen compla auned to to
the Duke of Wellington, who was then The Iron Duke, says the Marquise on amusing her from the difficulty ner. In a letter, which is still in ex Leance he porthough Lord Aut to the queen
Aibemaris as sas orlde th the royal carriage on all ante occaslons, there was no law
rriten or unwriten that specied aute aithe was to occupy. It was
aut Her Majestys power to behind or alongside the footnen or
if a semistate carriage were used, in recel:Ted dingly the Earl of Albermarle heten that, it ine insisted on asserting
his preorazite of riding with ber, he cotmen. The reeult was that Queeen about the matter

## Liniment Heals Cut

great Confucius, Chinese moral

Toronto Bond Exchange

## ATTENTION

 1923 VIETORY BONDS Dominion of Canada 5\% Bonds

