

INFLUENZA HAS LATER DANGERS

Particular Care Needed When Patient is Convalescent, Says Expert.

The influenza convalescent who has apparently recovered from the disease and is yet in a strange, weak and depressed condition should be the object of particular care, according to Dr. Louis I. Harris, director of the Bureau of Preventable Diseases of the New York Health Department.

After Effects Bad. "The subject of the after effects of influenza," said Dr. Harris, "is one of particular interest to the scientist at the present time."

"First, and perhaps the most momentous condition to be considered is the striking depression, mental, nervous, and physical, complained of by most patients. Those attacked by the disease with moderate severity are almost always afflicted with this depression, which should be recognized and dealt with. Those who have had mild cases of the epidemic are little affected by depression, and their quick return to health and strength gives rise to the belief that influenza is trivial. On the contrary, influenza in its after effects is anything but trivial, and calls for the application of rules of common sense and sanitation which are the fruit of years of experience.

When Good Food is Bad

"With milk and eggs as a foundation the patient should eat good nourishing food, including meat, fish, and vegetables, simply prepared. Frying, for instance, is out of the question. Good food prepared in an unassimilable manner becomes bad food; especially is this to be noted in cases of convalescence from influenza; for the disease often manifests itself in vomiting, and in intestinal and gastric disturbances, and it is important not to weaken the digestive function by the eating of poorly prepared food, or even the best food in ill-advised quantities. The quantitative distribution of foodstuffs should be so adjusted as not to overtax the stomach, but the patient should eat generously and frequently."

As a tonic to build up the blood and stimulate the shattered nerves, Dr. Williams' Pink Pills are unsurpassed. These pills actually make new, rich, red blood, which reaches every organ and every nerve in the body, improves the appetite, strengthens digestion and drives away the feeling of weariness and depression always following an attack of the gripe or influenza. Those who give Dr. Williams' Pink Pills a fair trial will be amply repaid by the new health and strength this tonic medicine always gives.

REDNEVERVILLE AND ALBURY

Mr. and Mrs. John Weese attended the funeral of their daughter-in-law Mrs. Lorne Weese, of Belleville, on Thursday. Mr. and Mrs. Charlie Babcock and Mr. and Mrs. Clarence Russell took tea at Harry Peck's on Saturday evening. Mrs. Clifford Peck called on her sister, Mrs. Ernest Chase on Friday in Trenton. Mr. and Mrs. C. Bronson had company from Belleville on Sunday. Mr. and Mrs. F. Crouter called on Mr. and Mrs. John Garbutt on Wednesday afternoon. Mr. and Mrs. Jack Wilson were recent callers at Mrs. C. Erickman's. Miss Margaret Thompkin's has returned to Mr. Peck after a week's illness. Mr. and Mrs. Norman Weese, of Victoria, was the guest at Clifford Peck's on Sunday.

HALLOWAY

The pastor, Rev. S. A. Kemp, conducted the service on Sunday last. The Misses Hazel Heath and Myrtle Juby, of Stirling, spent Saturday with their friend, Miss Vera Rose.

Mr. and Mrs. S. Bird and family are recovering from an attack of the influenza. Mr. W. Kelly and family have moved to their new home near Foxboro.

Mrs. S. Kelly and Mrs. R. Blakely spent Saturday last at the home of Mr. H. Townsend. Mr. James Elliott is having his sale of farm stock and implements on March the 2nd.

Mr. F. J. Bird, of Wallbridge, spent Thursday last at the home of his son, Mr. S. Bird.

VICTORIA

Church next Sunday at 2.30 p.m. Miss Gladys Seward, of Frankford, spent a couple of weeks visiting Miss Maud Pope also spent a few days with Miss V. Brickman.

Mr. and Mrs. J. F. Weese and Miss Beryl spent Sunday with Mr. and Mrs. Will Allison, Albury. We are glad to see Mr. Lorne Brickman out again after having a very severe cold on his lungs, also Miss Audra improving nicely after an attack of the flu. Dr. Robertson of Belleville is attending them.

The smallpox patients are out of quarantine. Mr. and Mrs. Rae Fox and children Sunday at Mr. S. Fox's of Mr. Albert Lont and Mrs. Adelaide Lont.

Messrs. S. Wetherall, Roy Pope, Miss Maud Pope and Miss G. Seward spent Friday evening with Miss Vera Brickman.

TABERNACLE

Mrs. Anale Leach, of Toronto, is spending a week with her aunt, Mrs. Chas. Leach, of Wooler. Mr. Nesbitt Haggerty has been spending a few days the guest of Henry McCall, Wooler.

There was no services at Stockdale this week on account of the sickness of our pastor, but we hope for a speedy recovery. Mr. and Mrs. Chas. Leach spent Saturday night and Sunday the guests of Mr. and Mrs. E. Brickman.

Mr. and Mrs. Henry Todd and little daughter, "Annie", spent Tuesday afternoon the guests of Mrs. B. Bryant. Mr. and Mrs. Harry Crow went to Big Island on Saturday and were unable to return on account of the big storm. They arrived home Wednesday night.

Mr. M. Haggerty and daughter Dora spent a week visiting friends at Ivanhoe and Sterling. Mr. Richard Haggerty and wife spent Wednesday the guest of Mrs. H. Morrow. Mrs. Will McCall and daughter Mable called at Mrs. Bernice Bryant's on Tuesday.

Mrs. Bryant and Mrs. W. Ashby, called at Mrs. Chas. Leach's on Friday afternoon. Sorry to report that Mr. Jessie Mitchell is very low. Mr. and Mrs. Bert Goldsmith and family also Amos Leach, of Trenton, spent Sunday the guests of Mr. and Mrs. Chas. Leach.

Miss Jennie Todd spent Sunday the guest of her sister, Mrs. Annie Leach.

GLEN ROSS

We are delighted to hear that the sick around us are mostly all improving. Mr. Ed. Pyear and Mr. S. Holden attended Sidney Council on Monday. Mr. G. Wilson and family have moved to their new place of abode west of Hoard's station. We wish them every success in their new home.

Mr. Jay Weaver is moving into the house vacated by Mr. Wilson. He has bought the farm for his own convenience and being a blacksmith will also work at his trade. Mr. and Mrs. E. Pyear spent the dinner hour Sunday with their parents, Mr. and Mrs. R. Pyear.

Mr. and Mrs. W. Brown were Sunday evening guests of Mr. and Mrs. B. Winsor. Mr. and Mrs. G. Wilson spent Sunday evening with Mr. and Mrs. S. Holden.

Miss Vera Hubbel assisted her friend, Miss A. Broad in caring for the sick at Mr. J. Holmes of Anson a couple of days last week. We understand Mrs. Holmes is still in a critical condition. Chapman's clover mill from Murray has been picking up the odd jobs through here of late.

Mrs. C. Smith of Trenton has returned home, having spent a pleasant week with her parents, Mr. and Mrs. G. Conley. Mr. Conley has returned to the north country again for the remainder of the winter in search of more fur.

WALLBRIDGE

Rev. Elliot, of Belleville Tabernacle Church occupied the pulpit on Sunday of Wallbridge Church. Rev. T. Wallace has not been able to attend services since the first of February.

The "flu" seems to have abated here. There is a few cases of scarlet fever and chickenpox. Mr. Jas. Hinchiffe and family, also Mr. and Mrs. R. Kemp, of Murray visited Mr. and Mrs. Jno. Hinchiffe on Sunday.

Mr. and Mrs. W. Coon visited Mr. and Mrs. T. Mills on Sunday. Mr. Chas. Harris has returned home after visiting in Madoc and vicinity.

B. Hinchiffe of O.B.C. Belleville, is at home on account of the college being closed during the epidemic. Snow, snow and still more snow. There was no mail last week until Wednesday night.

One correspondent offers a prize of one pound of undiluted maple sugar for the first wireless message from Mars. Mr. Jno. Chisholm is able to be out after being seriously ill with the "flu".

Mr. and Mrs. T. A. Hinchiffe took tea with Mrs. Jno. Hinchiffe Saturday night. Miss H. Bird attended church on Sunday.

Mr. and Mrs. Jas. Hinchiffe took tea at Mr. and Mrs. M. Appleby's on Saturday night. A meeting of the Forward Movement was held in Wallbridge Church to appoint collectors for the camp paig.

The little child of Mr. and Mrs. W. Kemp of Murray is still in the Toronto hospital, not much improved.

CROOKSTON

The Epworth League, of Bethesda Church visited Ivanhoe League on Thursday evening last and spent a social evening. Mrs. Geary entertained the Ladies' Aid on Friday afternoon.

Mrs. M. Twiddy, of Stockdale, is visiting relatives in our village. Mr. and Mrs. T. Evans, of Actonville, spent the week-end with relatives in our community.

Mr. and Mrs. Ernest Moore, of Rimington and Mrs. John McGuire and baby were visitors at Mr. Mark Lancaster's on Sunday. Mr. and Mrs. Frank Rusinell and family left our village on Saturday for Watertown, N.Y., where they intend to work on a farm.

A number from here attended the trial of Demille and Cooper in Madoc last Thursday. Mr. Will French spent Sunday with friends in another vicinity.

We are sorry to hear Miss Emma Lancaster is having an operation for appendicitis. Mr. Clayton Tummon spent Sunday with friends at Latta.

Mr. and Mrs. Harry Muller spent Sunday with Mr. and Mrs. Geo. Wallace, West Huntingdon. Our village was shocked when the news came on Monday morning of the death of Mrs. Findlay Dafee, (nee Miss Lily Wood, of this place). We extend sympathy to sorrowing relatives.

Mr. Forward is spending a few days in Quebec. Mr. Percy Downey spent the week-end with friends at Stirling and Hoards.

STIRLING

Miller's Worm Powders were devised to promptly relieve children who suffer from the ravages of worms. It is a simple preparation warranted to destroy stomachic and intestinal worms without shock or injury to the most sensitive system. They act thoroughly and painlessly, and though in some cases they may cause vomiting, that is an indication of their powerful action and not of any nauseating property.

THE LATE JAMES PEPPER

After a short illness the death took place at Lanark of James Pepper, aged eighty-four, a native of Mallowtown, who was for thirty-five years proprietor of the Victoria Hotel there. Before going to Lanark he was a farmer in Palmerston town ship. Deceased was three times married, his first wife being Miss Helen Walker, Ottawa, by whom three daughters survive. His second wife was Miss Mary Parker, who left four daughters and one son, and his third wife Olivia Henderson, who survives with one son, William Pepper, Lanark and John Pepper, Belleville, are brothers of the deceased.

Every third-class actor imagines he's the real thing, but, of course, the public has such poor taste. Mr. J. E. Cooley lost a valuable cow with indigestion.

The logs for the Trenton Co-operative Co. are cut and drawn, ready to load in cars. This should be a healthy winter with plenty of snow and not much change in temperature. But still the "flu" is very bad in some sections of the country. It is almost impossible to get a doctor when needed, as they are so very busy.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

This Soldier Knows What Helped Him

DODD'S KIDNEY PILLS CLEANED OUT HIS RHEUMATISM.

He Found in the Old Canadian Remedy Relief That the Hospital of Egypt Could Not Give.

Cape St. George, Nfld. Feb. 23.—(Special.)—Eugene Corneet, keeper of the light and fog alarm here and who was overseas with the Newfoundland forces is a firm believer in Dodd's Kidney Pills as a help for kidney disease and rheumatism.

"For two years I suffered from kidney disease and rheumatism," Mr. Corneet states. "I was treated for them in the hospitals in Egypt. But it was five boxes of Dodd's Kidney Pills that cured me."

Dodd's Kidney Pills are purely a kidney remedy. By putting the kidneys in shape to strain all the impurities out of the blood they remove the uric acid, the cause of rheumatism. With the kidneys cleansing the blood there can be no uric acid to crystallize in the muscles and cause those excruciating pains known as rheumatism. Ask your neighbors about Dodd's Kidney Pills.

Mr. and Mrs. John Wilson, of Halloway spent Sunday afternoon and evening visiting the former's brother, J. Wilson. Mr. John Reid is in Trenton at present with his son Armer.

A few from here attended the funeral of the late Mrs. York last Friday afternoon.

SALEM. Sunday school was the only service at this appointment on Sunday. We are sorry to report Mr. Patterson's family are suffering from influenza. Mr. and Mrs. Will Brown, Trenton visited at Mr. W. S. Gilbert's a few days last week.

Mr. and Mrs. H. Dafee spent Sunday at Mr. W. Caldwell's, Belleville. Mr. and Mrs. W. H. Wainwright spent Sunday at Mr. Roper's. Mr. and Mrs. Hudgins attended the funeral of the late Mrs. York, Foxboro, on Friday.

Mr. and Mrs. E. S. Gilbert spent several days last week at Mr. J. B. Robinson's, Corbyville, who has been seriously ill. Miss B. Tummon has returned after several days illness, to take up her school duties.

Mrs. Chas. Spence and baby have returned from visiting her parents in Stirling. SALEM. Owing to the heavy snow storm, our mails were somewhat delayed last week. The roads are now well broken and quite passable again.

Mrs. Elton Parlment is on the sick list after attending the sick at Mr. J. Marvins'. Mr. and Mrs. Leonard Wood spent Saturday evening with Mr. and Mrs. Neville Gooding. Miss Hattie Hawley has returned to her work in Toronto again. Glad to report Neville Gooding still improving. We hope soon to see him around again.

Mr. and Mrs. Harry Simonds spent Sunday evening the guests of Mr. and Mrs. H. Spencer. Mr. Keith Ferguson made a business trip to Belleville on Saturday. Mr. and Mrs. Kemp attended the funeral of Mr. Alfred Kemp, North Lakeside last Thursday afternoon.

Mrs. Fred Hensley spent the week-end with her parents, Mr. and Mrs. D. Adams in their new home near Rosemore. Morris Alvey visited at Mr. Neville Goodings on Sunday last. Messrs. Parliament, Tripp and Wannamaker have had their wood piles sawed up last week.

THE LATE JAMES PEPPER. After a short illness the death took place at Lanark of James Pepper, aged eighty-four, a native of Mallowtown, who was for thirty-five years proprietor of the Victoria Hotel there. Before going to Lanark he was a farmer in Palmerston town ship. Deceased was three times married, his first wife being Miss Helen Walker, Ottawa, by whom three daughters survive. His second wife was Miss Mary Parker, who left four daughters and one son, and his third wife Olivia Henderson, who survives with one son, William Pepper, Lanark and John Pepper, Belleville, are brothers of the deceased.

Every third-class actor imagines he's the real thing, but, of course, the public has such poor taste. Mr. J. E. Cooley lost a valuable cow with indigestion.

The logs for the Trenton Co-operative Co. are cut and drawn, ready to load in cars. This should be a healthy winter with plenty of snow and not much change in temperature. But still the "flu" is very bad in some sections of the country. It is almost impossible to get a doctor when needed, as they are so very busy.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

The stork left a fine baby boy at Mrs. J. E. Cooley's.

23 Females REMEMBER 6 Bulls TUESDAY, MARCH 9TH AS THE DAY OF The Fred. S. Parrott Holstein Sale, Belleville 25 Registered Cattle of the very best blood of the Belleville District. 6 grades, fresh or due in early spring. These are an extra lot of big, roomy, well-bred cattle, and as they have never had opportunity for official test, they will sell within the reach of any breeder or dairyman. Send at once for Sale List, and plan to attend Sale. Sale will be held at owner's farm, one mile east of City on Kingston Road, and conveyances will meet out of town parties at Hotel Quinte 12.30 p.m. day of Sale. Also selling 4 horses, 1 two-seated trap carriage, 1 top buggy, 1 two-seated Gladstone sleigh, cream separator, a quantity of hay, oats and barley. Mr. Parrot has rented his farm with out stock. For further particulars see large bills or write. FRED S. PARROTT, Prop. G. A. BRETHEN, Auctioneer.

Mr. and Mrs. John Downey's. Mr. Chancey Palmer is not improving much since he left the hospital. FRANKFORD. Mr. G. W. Sine arrived home on Tuesday night from visiting his brother and son Hugh, and reports Hugh better and able to be around again. Mr. Bruce Richardson and children left for their home in Belleville after visiting her parents, Mr. and Mrs. P. Tice and other relatives in town. Mrs. D. Mabee, of Trenton, is the guest of Mrs. G. E. Sine in town. The regular meeting of the W.M.S. was held at the home of Mrs. Arthur Ford on Thursday afternoon. There was a good attendance at the meeting for so much sickness around. Mr. Fred Corey shipped another car load of hogs out on Thursday. Mr. Henry Chase spent Saturday and Sunday with her sister, Mrs. Tripp in Trenton. Mr. and Mrs. Lorne Badley of the 5th of Sidney spent Sunday with his parents, Mr. and Mrs. S. A. Badgley. Mr. Will Patrick, Jr., spent Sunday with friends in Foxboro. Mr. and Mrs. Chapman and baby of Murray spent Sunday with her mother, Mrs. Bateman in town. Mrs. Barney O'Ray spent Sunday with her parents, Mr. and Mrs. J. J. McCauley. Mr. and Mrs. Court Smith spent Sunday with their daughter, Mrs. C. Merrills in Stockdale. Mr. and Mrs. Jas. Johnston were the guests of Mr. and Mrs. E. Birkett in the 4th of Sidney Sunday afternoon. Mr. and Mrs. Geo. Bowman and Roy Pulver spent Sunday with Mr. and Mrs. G. Hearns and family. Mr. Frank McCauley, of Oshawa, was in town on Monday. We are sorry to report Miss Kehoe ill with pneumonia. We hope she will have a speedy recovery. Mrs. Grass has sold her home on Trent St. to Mr. Demille who is moving here from the west. The most of the people that have been shut in for the past week are able to be out again only Mr. Albert Ketheson and he is shut in the house yet. Mrs. J. J. McCauley, who had the misfortune to fall, is not improving very rapidly. She did not have any broken bones but suffered terrible bruises. Mr. C. P. Rose is out this week taking orders for the canning factory for the coming season. Mr. and Mrs. Geo. Nicolson and baby spent Sunday with her sister and husband, Mr. and Mrs. L. Hendricks. We are pleased to see Miss Nellie O'Malley able to be out again after her recent illness. Mr. and Mrs. Allen Latta spent Sunday with her mother and sister, Mrs. Vandervoort and Mrs. Prentice in town. Mrs. T. Hinds is still very ill. We hope she will be spared to her husband and children. Mrs. Arthur Ford was taken very ill on Sunday night and at times of writing there was but little change.

LARGE DISPERSION SALE. A large dispersion sale of Registered and Grade Holstein Cattle, Horses, Oxford Sheep, Hogs, Poultry, Farm Implements and Household Effects will be held on March 10th, one mile from Stirling Station. Mr. Montgomery having sold his farm, everything will be sold without reserve. Sale beginning at 9 o'clock. 2tw,dm5-6. A miscellaneous shower was given Mr. and Mrs. Tom Birkett on Monday night, Feb. 23rd at the home of Mr. and Mrs. Geo. Pollard, Sr., parents of Mrs. Birkett. The house was filled upstairs and down. The gifts were beautiful and numerous, consisting of silverware, cut glass, china, linens and grant ware, everything useful for the home. A very pleasant time was spent and all wished the young couple years of happiness and prosperity.

MADOC JOE. A number from here attended the I.O.O.F. at home in Stirling recently and report a most delightful evening. Mr. W. Cox, of the G.T.R., Mariposa, has been relieving Mr. Andrews who is spending a few days in Napanee. Mr. and Mrs. W. Eggleton and Bride have returned to their home in the West. Mr. F. S. Pollard, of Keene, has many friends here who will be pleased to hear he is recovering from the 'flu' after being very low for several days. We are sorry to report the serious illness of our pastor Rev. G. C. R. McQuade and wife. All their friends will hope to soon hear they are both able to be around again. Mrs. Andrews has been in Napanee for the past three weeks with her son, who has been seriously ill. His friends will be sorry to hear it will be some time before he is able to be around as he is still under the doctor's care. Mrs. J. Bird attended the convention held in Madoc recently.

MONSTER FIELD DAY Throughout Ontario. Ottawa, Feb. 25.—Arrangements are being made by Rev. Dr. F. J. Oaten, Field Secretary of the Dominion Alliance, to have every Protestant pulpit in the Province occupied on Sunday, April 11, with representatives of the Dominion Alliance with the idea of instituting a further temperance campaign. It is stated that arrangements have already been made with the Ottawa churches, and that there is little doubt but that the "Field Day" will be recognized in every church in the Province.

Public after your SMITHING and all guaranteed. SERVICE Saniteware Fully Solicited RMAN PHONE 1268 SALE MID BRICK HOUSE, Erie St. S. W. 126. H. K. Kelly, 121-21d, 11v. PART OF LOT 4, 98 less. Large brick house and garage at barn drive house, and dairy. Soil is good. Balance of well watered by well and two wells. The east and black-south 50 rods from from 2 cheese factory at dairy. For particulars, call on C. G. Harold, 12-11v. WANTED. MRS. MAID-POE, work, family of Chas. Walker, 119-5d, 11v. ney TO LOAN ON any and city property of interest, on terms S. WALLBRIDGE, Barrister, E. St., Belleville, (Union Bank) ley, Auctioneer, phone 324. Farm Sales a Specialty. 129-wtf. BOTT, Barristers Robertson Block, Belleville, East Side. A. Abbott... PEOPLE "EN" absolutely Noises in the Head, or long standing, or persons supposed to be permanently cured. Preparation goes Portland Crescent, Ontario has counter twelve years better at any price. E. CO., 10 BATH ST., DARTFORD, ENGLAND. It costs \$1.95. ERS storms on the At-yeters have been a week, but with her we expect to low to the end of for that oyster CLAPP LISH PAT PEAS 20c 35c E. BISHOP SON Phone 283 appell is expected after a most de-Hornia. Batterville (near yesterday noon) Willenhall, Staff