

## Woman's Strength Is Overtaxed

BY WORK AND WORRY, BUT GOOD HEALTH IS RESTORED BY

## Dr. Chase's Nerve Food

With her strength overtaxed by too much work many a woman finds herself weak, nervous and exhausted, subject to indigestion and headaches and spells of discouragement and despondency.

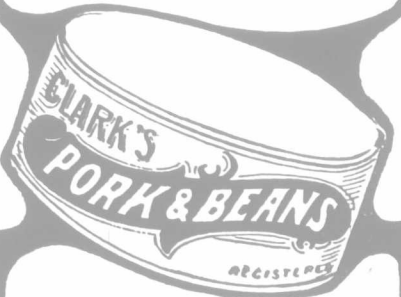
Under such circumstances Dr. Chase's Nerve Food comes as a blessing of great value, bringing new hope and confidence and restoring vitality to the blood and nerves.

Dizziness, heart disturbances, pale, bloodless appearance, smothering, choking sensations, heavy heart beating and palpitation are some of the symptoms which give way before the persistent use of this great food cure. The appetite is sharpened, digestion is improved, the form is rounded out to healthful proportions and gradually and certainly strength and vigor replace weakness and disease.

Miss Lena Hiebert, Lowe Farm, Man., writes:—"I had suffered for two years with dizzy spells, pains in the back, cold hands and feet, nervousness, jerking of the limbs, sore tongue, soreness of arms and shoulders, and general exhaustion. About seven months ago I became so nervous that I could not sleep, and could not do the least bit of work without suffering dreadfully from pains in the back. I could hardly walk, could eat very little, and felt that people were always watching my body twitch. I tried several medicines with very little effect, and was a mere skeleton of skin and bone about to give up in despair when I heard about Dr. Chase's Nerve Food, and began using it. I have used in all fourteen boxes of this preparation, and it has built me up until I am now strong and well again. Dr. Chase's Nerve Food has done me a world of good and I feel that I cannot recommend it too highly to persons who suffered as I have.

For men who are suffering from headaches, indigestion and sleeplessness, for women who besides these symptoms suffer from weakness and irregularities of the delicate feminine organism, for children who are pale, weak and puny, there is, we believe, no preparation extant which will bring about such satisfactory results as the use of Dr. Chase's Nerve Food; 50 cents a box, 6 boxes \$2.50, at all dealers or Edmansons, Bates & Co., Toronto.

# CLARK'S



The pork adds a delicacy and richness of flavour to the carefully selected beans which makes it one of the most appetizing and tasty of dishes. There is no food more nourishing than

## CLARK'S Pork and Beans.

They are sold plain or flavoured with Chili or Tomato Sauce in germ proof tins.

WM. CLARK, Mfr.  
MONTREAL. 7-1-06

## TENANTS' AGREEMENTS AND LAND RENTING.

At the present time in Western Canada there are few farmers anxious to rent land; occasionally one is found renting land enough to grow him coarse feeds while he rests and treats his own, or else he finds that his stock has increased past the carrying capacity of his acres. New land, cheap land, homestead land all tend to postpone the coming of the tenant farmer, and so far fortunately so, because any system of tenant farming followed here would be in other words a complete system of soil impoverishment. The following methods are sometimes used and may be found helpful to those who prefer to rent land in an old settled district and get the benefit of schools, post-offices, churches, markets, etc., rather than suffer the hardships more or less incident to a location on the cheaper (in price) lands.

### THREE SYSTEMS OF RENTING.

There are three methods of renting land in the West: A share of the crop, a share of the live stock, and a definite cash rent for one or more years in lieu of either a share of the grain or a share of the stock.

When the land was first opened up a third was the rule, and then two-fifths, and as the land advanced in price one-half, sometimes delivered in granary and sometimes at the nearest station. There is not much to be said at this stage of the development of agriculture in favor of a share of the grain. When for a third, the tenant provides everything; if for half the crop, the landowner provided the seed, paid half the threshing and half the twine and had one dollar an acre allowed for land left unplowed in the fall.

There are three parties to every contract for the renting or leasing of land: the landlord, the tenant, and the land itself; and unless all three parties are benefited there is something economically wrong with the contract.

Where land is rented for a share of the crop the chief sufferer is the land itself, which almost inevitably loses fertility or productive power. The tenant is injured because he is encouraged to continue in bad methods of farming. He has contracted to get all out of the land he can for a year, or a series of years, and unless his lease is a long one he has no encouragement to plan for rotation of crops, for the growth and improvement of live stock, and if he continues that way for a few years the habit becomes, confirmed and he continues a soil robber for the rest of his days. The landlord is not benefited for similar reasons. He has contracted with the tenant to get for him everything possible out of the farm for that year or for that term of years. He gets into the bad habit of neglecting improvements and, therefore, a rented farm soon looks like what an old Scotchman once described to us as a "widdy's farm." A school district, township, county, or state that follows this method continuously for a term of years will soon be noted as a country of worn out farms and discouraged farmers and landlords.

### THE STOCK RAISER NEEDS MORE EDUCATION THAN THE GRAIN RAISER.

The second method, that of renting for a share of the live stock, has a great deal more to commend it. No really first class farmer will, or in fact can, enter intelligently into a lease of this kind unless it be for a term of years. A man can do very little with live stock in one year. He should have three, or, better still, five years. Live stock requires on most farms a rotation of crops, good fences, comfortable buildings, and besides a lease for a share of the profits in a manner compels the landlord to give personal attention to the farm and to the operations of the tenant. He is aiming to maintain the fertility of the farm, and if possible, to increase it. Hence, live stock farming requires a broader man than merely grain raising.

The grain raiser may be the superior of the live stock raiser as a grain raiser, and often is, because he devotes his whole time to that subject, but the live stock farmer must not merely grow the grain and grasses but must know a great deal more; how to breed, how to feed, and how to market the live

Because we tan the leather from the raw hide we eliminate the risk of having skillfully tanned imitations palmed off, on us for genuine goods. Some imitations are clever enough to defy an expert, you know.

And because

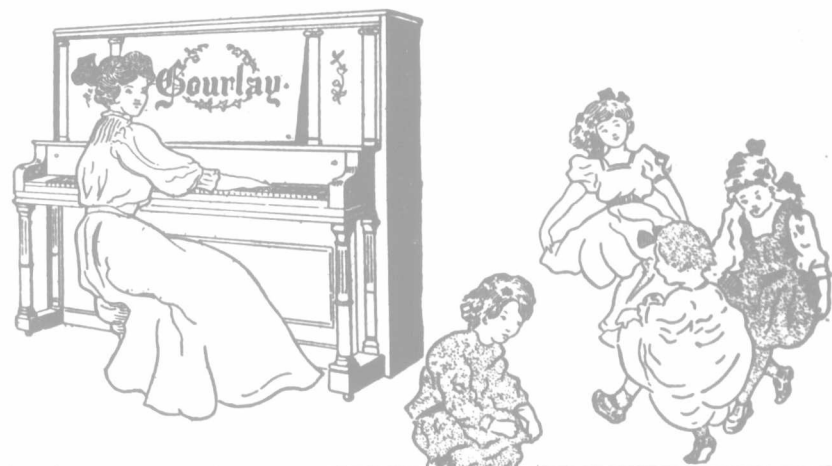
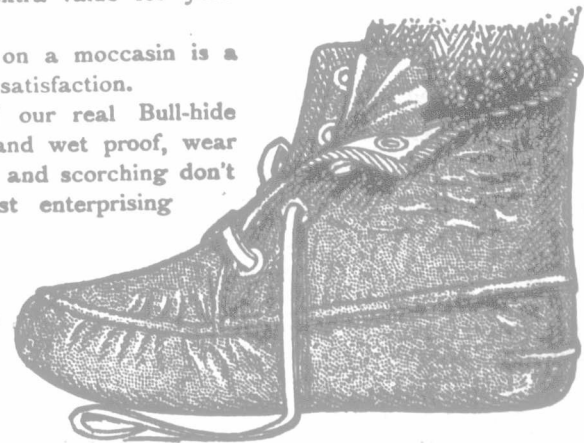
# "CLARKE'S"

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are the most COMPANIONABLE and PLAYABLE in the world. They look companionable, adding beauty and comfort to the home. And their easy, flexible action, together with their rich, resonant singing tone, make them the most enjoyable for young and old to play upon.

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