FIVE-MINUTE SERMONS. Fourth Sunday after Pentecost.

6

GOOD WORKS DONE IN MORTAL SIN. Master, we have labored all the night, and have taken nothing. (Gospel of the Day.)

The Gospel of to day tells us, my dear brethren, how St. Peter and his companions, after wearying themselves with dragging their heavy nets the whole night, had caught nothing for all whole night, had caugh nothing to an their pains; and how, as soon as our Lord appeared, and they were able to work with His guidance and help, they took more fish than their boats would hold.

There is a most important spiritual lesson contained in this simple story. This miraculous draught of fish is, as it This miraculous trading of the set of the se Those shouts are mingled with the voices of men's sins, past, present and future. "The Lord hath laid upon Him the iniquity of us all." (Isaiah liii, 6) Many in that vast crowd bowed their heads and shed tears of sympathy ing. All that they do and suffer while remaining in this state counts for nothing in their favor in the eternal account of God. Whereas, on the other hand, the slightest action of one who is in the the place of the condemnation, our Lord was laden with the heavy cross and here began the second Station. We were reminded of the physical and state of grace, and who, therefore, works in union with Christ, has attached to it a great and imperishable glory in mental condition of the Man God. Spent with the loss of blood and ex-hausted by the pain and cruel treat-ment of the night, He takes up the cross cheerfully for man's salvation.

the kingdom of heaven. St. Paul also teaches us this quite explicitly. "If I should distribute," splicity. "If I should distribute," says he, "all my goods to feed the poor, and if I should deliver my body to be burned, and have not charity "(that is, the love of God, which makes the state

of grace), "it profiteth me nothing." Whereas, on the other hand, he says, for himself and others who are united to God by grace, that "what is at present momentary and light of our tribulation worketh for us above measure exceed ingly an eternal weight of glory."

This is, I say, my brethren, a most important truth. Do you fairly under-stand it? Do you take in its full mean-ing and application? Let us look at and study it as much as possible in thes lew minutes; then let us take it home with us, meditate on it, and make it All of us have our labors, trials and

pains; some are heavily burdened with them. To work and to suffer is the lot of all, from which there is no escape. passed the place where our Lord, crowned with thorns and bearing the We cannot avoid our destiny ; we must

We cannot avoid our desting; we must make the best of it. Yes, that is just it; we must make the best of it; if we have any prudence, any true love or care for our happiness, we will make the best of it, and not the we will make the best of 10, and not the worst. Why suffer this poverty, this sickness, this worry and distress of mind? Why do all this hard work? Why go through all these long and days, and get nothing in reward for all our labor and suffering but the mere means with which to keep up this painful and toilsome life, and to sweeten it, perhaps, with some fleeting sensual pleasures? Why not have something to show for all our trouble at the end of our time here on earth? Why not make it, as we may, into a crown to take with us into that life which has no end?

This is what those do who remain in the grace of God, who commit no mortal sin, or who, if they ever fall into it, repent and free themselves from it with out delay. All their pains and all their abors are recorded in heaven, and treasured up to be woven into a crown of merit for such as persevere to the end. God is with them, as with St. Peter on the lake of Genesareth ; they work for Him, and in the light of His presence, and their slightest actions obtain a rich reward.

But those who foolishly think that to remain thus is a task beyond their strength, who pass their lives in mortal sin, and only seldom and for a short time rise from it, have the same trouble; and at the end, if indeed they come to God then and enter heaven, being saved as by fire, they find no treasure of good works gone before them. "Master," they have to say, "we have worked all night and have taken nothing. We

THE CATHOLIC RECORD.

THE CHRISTIAN FAMILY. ARENTS AND THEIR CHILDREN-SERMON BY FATHER BEST, OF THE ORATORY. London Catholic Heraid.

yard of Pilats. A short instruction and an exhortation were given and the first Station was begun. The Turkish sol-diers stood in the doorway of the

and of compunction.

Out in the courtyard and near by to

Should not we be willing to bear some part of the cross? "He that will

part of the cross? "He that will come after Me, let him deny himself, and take up his cross and follow Me." We went out of the court yard sing-

ing the Stabat Mater and entered upor

the Via Dolorosa. We came to the place where our Lord, weak and ex-

hausted, fell under the cross and we knelt at the third Station. There He fell to atone for our falls and our re-

lapses. Our Lord fell that we might rise. He took up His cross again to

hear it to the end. We. too, must take

up our cross and our burdens for His

sake, though sometimes they may ap-

As we entered the Via Dolorosa, we

marks of the cruel scourging, was shown to the populace with the works "Esce Homo." But the hard hearted

people were not moved to compassion We passed on, and near the house o

Dives, we knelt at the fourth Station,

Dives, we kneit at the fourth Station, where our blessed Lord met His most holy Mother. The tender pathos of that sad meeting might be imagined, but it could not be described. Holy Simeon had predicted that a sword of

sorrow would pierce the heart of Mary. She shared in the passion of her Son

and became the Queen of Sorrows and

the Queen of Martyrs. While at this Station a carriage with

was the Austrian Consul. Near us

there knelt a Count and Countess on

the pavement in a street not over-

We had come down the hill from Pilate's court-yard, and were about to

runa into a narrow street when we came to the fifth Station. "And going out, they found a man of Cyrene, named Simon : him they forced to take up His Cross." The Jews did not com-

oel this man to bear the cross through

compassion, but because they feared that Jesus might die before they could

reach Calvary, the place of execution. Simon bore the cross unwillingly and

hence without profit. St. Paul says :

At the sixth station we knelt on the

spot where Veronica presented the towel or handkerchief in compassion to

The procession

"God forbid that I should glory say in the cross of cur Lord, Jesus Christ."

pear too heavy to carry.

Preaching at the Brompton Oratory Rev. Father Best said :

diers stood in the doorway of the barracks as the Christians kneit and prayed. There is the spot where our Lord stood wearing His crown of thorns. "From the sole of the foot unto the top of the head there is no soundness in Him." (Issiah i, 6.) We could, as it were, hear the shouts of the mob: "Not this Man but Barabbas!" "Away with Him, away with Him1 Crucify Him ! Crucify Him!" "We have no King but Crear." There stood Pilate, weak and washing his hands and hypocritic-I.-Because God is our Creator He has a right to our gratinde and obe-dience: the voice of nature, and the light of reason make this evident. His light of reason make this evident. His right over us as Redeemer is the same, only made obligatory on the redeemed to a thousandfold greater degree. The first and greatest commandment incul-cates this. And the second command-ment is like the first, and it tells us that our relation to our neighbor n ust be like our relation to our neighbor n ust but Cressr." There stood Plate, weak and washing his hands and hypocritic-ally saying: "I am innocent of the blood of this just Man, look ye to it." This declaration was answered back with the cry and the curse: "His blood be upon us and or children." that our relation to our beightor hust be like our relation to our God, we must be just and accord to our neigh-bor all to which he bas a right, and we must do this with benevolence or kindly feeling in our heart. Those shouts are mingled with the

kindly feeling in our heart. II.—That we have neighbors is be cause by the will of our Creator the life of man was to be social, a family life, a domestic life. "It is not good for man to live alone" and so Eve was given to him as a partner; and those two founded the fart of the a writes families which the first of the countless families which

all the earth. III.—Thus it comes to pass that the human beings with whom we are first in relation are our parents: to them, as to God Himself, obedience and gratitude are due; they are, under the Divine Providence, the source of our existence ; to their care we are indebted for our preservation, in helpless infancy; for our preservation, in helpess intacty, from them during adolescence we re-ceive that instruction, education, those helps which enable us to pass through life. It is evident by the light of nature alone, it is inculcated as a Divine Commandment that God has transferred to them His authority, since He has made them the absorb He has made them the channels of His benefits and protection. So long as they continue to be to us in the relation of protectors, disobedience to them is nothing but an unnatural vice; even when we emerge from childhood, they retain by virtue of the fourth command retain by virtue of the fourth command-ment a right to our obedience; nor does the independence of manhood release us from the obligation of gratitude. The parents pass through infirmity towards deatb; the misery of old age is allevi-ated, the closing scene brightened by filial piety, by services which repay those done to the children themselves on their extense is to this life. on their entrance into this life.

THE "DESCENDING AFFECTIONS." IV.-There is no express command laid on parents to love their children. It is unnecessary, for rarely do parents neglect or forsake the children. The "descending affections," as they are called, are stronger than the ascend ing; and parents are more frequently excessive in indulgence, through ill ordered love, than deficient in kindness towards their children. The hen rathers her chicken under her wings, the pelican nourishes her young with her blood, but these strong instincts in the outriders came clattering over the pavement. It stopped and a distinbrute creation are outdone by the maternal tenderness in the human race. guished looking man alighted and joined the procession and knelt on the cobble stones with the rest of us. He V .- The existence of a family ought

to be-and for the most part is-the cause of increasing and intensifying the love which there has its home the love which there has its holds. The larger the family the happier and the better for parents and children alike. The teaching of the Old Testa-ment has not been contradicted by the New. Modern ideas on this point as on so many other points are entirely different to the law of nature, the commandments of God, the teaching of the Church of Christ, and do not de servel to be mentioned in this sacred Fraternal affection is then one place place. Fraternal affection is then one of the chief ornaments of a family, especially of a Christian family. Among these children of nearly the same age, between these brothers and sisters is formed a friendship which may last during the greater portion of the natural life of the parties; and yet it is formed under circumstances that render it at once intimate and sincere. In infan sy the character is displayed without disour Lord, and received it back with the miraculous image of His sacred face guise. "Children ask not of interest

the schools to which parents are cor-pelled to send their Christian children. The absence from home, the daily drud-gery of school life, the substitution of others instead of parents for so many hours during childhood — this is in itself an unavoidable weakening of the family feeling and the donestic love, but when to this is added the pro-hibition of the Catholic faith to Catholic children, it is time to protest! It is to be as if there were no fathers and mothers, that the children are to be dealt with at school like so many chick-ens hatched in Mr. Birrell's new patent ens natched in Mr. Birreit's new patent incubator, plenty of food, but no rest, no mother to gather them under her wings. The Church of Christ has never, could never, so interfere with the rights of parents. She can urge them to fulfil their duty, she can and does assist them, she encourages various orders of men and women to dedicate themselves to the work of Christian education, but only as supplemental and subsidary to what parents ought to do themselves were it in their power. You hear of Ecclesias-tical tyranny, of clerical despots, you are told all manner of such nonsens day after day in the newspapers; but believe me, it is the State that is now arrogating an authority over Christian schools just as anti-Catholic, just as monstrous as was the attempt of Henry and Elizabeth to change the Catholic churches of this unhappy land into Protestant churches. The school is Protestant churches. The school is only an annexe to the home. Each must be truly Christian, and you and your children in your family life be like the Holy Family at Nazareth.

THE IDEALS OF ST. FRANCIS.

Father Cuthbert, O. S. F. C., writes in the Catholic World for June on the resent need and efficacy of the ideals f St. Francis of Assisi:

"But first I would remark that St. Francis belongs to the order of those who bear witness to large ideals; he must not be taken as a propounder of small regulations. He was a prophet pointing the way of life, rather than an pointing the way of file, rather than an official regulating the traffic. He was not, strictly speaking, an administrator nor was he a logician. He was a man born to live rather than to rule. He was an apostle rather than a director of souls in the modern sense of that word. Hence we do not come to him for petty rules of daily life, but for those higher principles which underlie exterior action and passing circumstance. The Poverello's teaching has this in common with that of his Divine Master, that it deals with the more elementary motives and forms of conduct, rather than with the mere problems of the hour. He was neither theologian nor lawyer, but was neither theologian nor lawyer, but a prophet setting forth fundamental truths which endure under all changes of time. It is the duty of lawyers and theologians to apply great principles to the needs of the moment, and clothe truths in the language of the hour; but the prophet has the higher task of wit-nessing to the elemental truth itself and of appealing to the decer humanand of appealing to the deeper human-ity which abides. "The message of St. Francis is com-

monly summed up in the phrase HolyPoverty — and if one must have a good word sign for the saint's teaching, un word sign for the same scaling, in doubtedly no better can be found than this; for St. Francishimself often spoke of 'Most High Poverty'—' Altissima Paupertas'—as the sum of his ambition and the object of his deepest affection. As St. Bonaventure puts it: 'None was ever so greedy of gold as he was of povever so greedy of gold as he was of pov-erty, nor did any man ever guard treas ure more anxiously than he this Gospel pearl' (Legenda Major vii.) And yet it is easy to misunderstand the word and to take it in a significance alien to St. Francis' mind. Poverty was, in truth, the rule of his life, but 'Most High Poverty' meant for him a good deal more than the absence of material comfort or lack of this world's goods. Poverty-the state of the poor-was to spiritual life.

JUNE 30, 1906.



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Mortgages	\$4,265,533 86	48.22
Debentures and First Mortgage Bonds	3,245,401 89	36.68
Loans on Policies	1,017,480 99	11.50
Cash on hand and in Banks	261,960 60	2.96
Real Estate	56.281 08	.64
Total Ledger Assets	\$8,846,658 42	100 %

TAKE HEED WHAT YOU SOW-BY THEODORE CLINTON FOOTE

In childhood and youth we have the most precious opportunities. Youth is the springtime of life, when the sower goes forth to sow and when the spirit ual life, if present at all, is a tender seedling, struggling with the crop of lusty thorns so sure to appear in us all. But it is possible to weed them out. It is not difficult at first to give the spiritual life a chance to grow. The plant may be bent, but it can be The plant may be bent, but it can be straightened again. There are abund-ant opportunities to foster its growth. to supply the requisite nourishment, to cultivate and irrigate with the quick-

ening streams of grace. Remember, then, how your youth was passed. How easy it is to form habits in early days; how certain it is that habits of some kind are being formed all the time, bad ones or good

ones - habits that will be your environ-ment throughout life. If they are good habits, of regular, recognized, religiou-duties-habits of prayer and worship, e dealings and of maintaining honoral honest self respect-then they will be honest self respect—then they will be a bulwark against sin, a rofuge in stormy days and a comfortable assur-ance for the future. If they are bad habits, of unfaithfulness to conscience, of frequent yielding to temptation, of careless indifference to that which is best, of recognizing no master but your own desires, then they will be like the serpent in Laccoon, like the fetters of the galley slave, but ten thousand times more galling; for the one can imprison but the body, while the other has forged shackles for the immortal

Remember the advice of too indulg ent parents ; remember the warnings of true friends, of those whom God has to care for your soul

loves the church will take steps to fulfil its commands-one who feels that he ought to submit to it and fails to do 80. simply sins against his con science.

"Perfect submission of each to the will of God is the one thing that can make reunion possible." This we like. Light to discern and strength to follow the divine will are assured to all who stition for them-who are sincerely desirous of knowing and firmly resolved "Lord what wouldst Thou have me do ?" was answered as soon as uttered. We heartily echo this petition of the new confraternity : "That the entangle ments occasioned by past sins, by self love, wilfulness, historical incidents, rivalries, worldly methods, may by Gcd's wisdom be disentangled, and the way made open for Christian His own good time."-Ave M unity in

A Remarkable Admission

Why do not some churches in the ty succeed ? Why do they move up city succeed ? town or out to the suburbs? Are there not people everywhere ? Do not these wholever they may be need the Gospel. some sections given up to business where there are crowds during the week, are practically deserted on Sunday. Neighborhoods change their populations. What can a Reformed church do in a locality where the Jaws buy up all the residences, or where the colored people crowd out the white or where the Italians predominate 7 The Church of Leave Christic has a mis-The Church of Jesus Christ has a mis sion there but the Reformed Church has not. These people prefer another type of religious life. To such an ex-tent is this true that the question that confronts some city churches is simply removal or death .- Reformed Church

CHATS WITH

JUNE 30,

Luck means r the morning, livi you earn two; n iness and not people's. Luck you have never train you have t Luck means trus own resources. own resources.

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have worked in the night of sin all impressed upon it. On the narrow way we went until we life.'

reached the scene of the seventh Sta tion- the second fall of Jesus under Let us not, then, follow their example. Let us not run their fearful risk of not obtaining salvation at all; and let us the Cross. also determine that when we are saved we will have a life well filled with the angered the Jews and the Mohammed ans, as they broke in from a cross street with a tumult, seeking to impedwe will have a file wen filled what the fruits of grace to lay at our Saviour's feet, for which we may merit to hear Him say: "Well done, good and faith-ful servant; enter thou into the joy of the Load " or to destroy the procession. It made the scene more realistic as it recalled thy Lord.'

TALKS ON RELIGION.

" THE WAY OF THE CROSS." THE STATIONS IN JERUSALEM.

1

We are called upon at all times " to take up our cross and to follow our suffering Lord, but the call comes with especial emphasis during Lent-the penitential season. The fruitful and the beautiful devotion of the Stations of the Cross brings the passion and the Crucifixion of our Saviour graphically to our attention. The devotion of the "Way of the

Cross " is a book that all can read with spiritual profit. The learned will find precious wisdom in its pages, and the unlettered will find in it a book that they can read at all times and obtain therefrom spiritual refreshment. There is no better way of meditating on our passion. The "Way of the Cross" is a popular

devotion, at least during Lent, and it ought to be popular at all times. It attracts more strongly than a sermon, because it is a talk to the heart by our Lord Himself. In it He shows us His wounds and impresses upon us His great love, and the great value of our ouls is brought home to us by the manifestation of the great price paid for them.

There are fourteen Stations, the pic tures of which are seen in almost every Catholic church. Yet the picture is not the essential part of the Station ; the wooden cross that surmounts picture is really the Station and its

essential part. A few years ago we made the Stations on Good Friday afternoon in Jerusalem. There the scenes or places actually sanctified by our Lord during His jour ney from Pilate's palace to Calvary are the Stations. A large crowd of all nations and peoples went in procession,

the rabble of the first Good Friday. Guards had to be called to repress the disturbance, but the procession of pil-grims continued on toward Calvary. We soon reached the spot where is the eighth Station. Our Lord met and consoled the weeping women of Jerusalem. The ninth Station is near the gate of the Copt Convent. The other Stations -the removal of His garments, tenth:

the nailing to the cross, eleventh; the raising of the cross and the death of Jesus, twelfth; and taking down from the cross, thirteenth; the placing o His sacred body in the Holy Sepulchre, all enclosed in the large ourteenth, are basilica of the Holv Sepulchre.

O love of God ! O sin of man ! In this dread act your strength is tried ; And victory remains with love. For He, our Love, is crucified."

The distance from the court of Pilate to Calvary is about two thirds of a mile. Several Bishops, many priests, a nurber of nuns and members of the nobil knelt side by side with artisans and laborers in the pavement in making that way of the cross. The Church in the plenitude of her power has arranged that the "Way of the Cross" may be performed in our churches. To this de votion innumerable indulgences attached.--Catholic Universe. are

The grace of God, health, a sufficient income for frugal comfort, con genial work and peace of at home—if you have these, behappy, enjoy your blessings and count your self among the fortunate ; for you wil never have any greater happiness on earth and very few have so much.

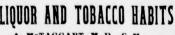
How dark and sad the world would be if there had never been sin and sorrow and we had to lose Christ from the cross.

If Christ is not the promised Saviour of mankind, then is the is the nations and peoples went in procession, promise vain, for the time of its fulfi'-accompanied by a priest, to the court- ment has passed away.

whom to love or hate."

Each one of those associated by the family union desires the welfare of all. Many recollections in common, many scenes of joy and grief in which all have borne a part, common object of kindness, veneration, similar habitudes, the same prejudices, a solidarity or united share in the repute and consideration in which each member of the family is held in society-all these elements foster and promote the amiable affections of domestic life. But above all is the love and close union which grows as the children and parents of a family kneel and pray together in the morn-ing and evening of each day. Many perhaps cannot accomplish the united family morning prayer, but each ing it could and should be done in every Christian family. OBSTACLES TO CHRISTIAN HAPPINES

chiefly of external acts, but a dep VI.-There is an ever-increasing obstacle to the happiness and holiness of Christian families. The voluntary surrender by rich parents of their chil dren to schoolmasters and professors, and the seizure by the State of the children of the poor under the pretext of elementary education. At the present time the Government proposes invade not the actual homes of the poor, but the schools where the Chris tian child spends so many hours of its life, and overriding parental rights, it claims to decide how much or how little religion, whether some relig on or no religion shall be taught, and what kind mission. of religion, dogmatic or anti-dogmatic. shall be taught. Practically the ernment has set on its Minister of Education to expel Christianity from



A. McTAGGART, M. D., C. M. 75 Yonge Street, Toronto References as to Dr. McTagart's profes standing and personal integrity perm

y: Sir W. R. Meredith, Chief Justice. Hon. G. W. Ross. ex-Premier of Outario. Rev. John Potts D. D. Victoria College Rev. Father Teefy. President of St. Michael' ellege. Toronto.

College, Toronto. Righ, Rev. A Sweatman, Bishop of Toronto Hon, Thomas Coffey, Senator, CATHOLIC RECORD, London. this happiness go often. -----

Dr. McTaggart's vegetable remedies for the ilquor and tobacco habits are healthrul, safe inexpensive home treatments No hypodermic 'njections ; no publicity ; no loss of time from a siness, and a certainty of cure. Consulty-to or correspondence lawies'.

the neglect of prayer, of the priceless privileges of religion and the many "What our religion most needs to day is just that element which St. Francis revived so marvelously in his own dayopportunities cast aside, and then re opportunities cast aside, and then re-call the influence your neglect has exerted over others. It will be vain to cry out with Cain "Am I my brother's keeper?" Do we not hold others responsible for the influence the sense of the living Christ as the Lord of all life, the sense of His opera-tion in the visible Church, the sense of our inmediate relationship with him. To the multitude Christ is the Christ Who lived and died; hardly the Christ Who lives. We need to knit all our religious exercises and forms more which they exert upon those dear to us? Surely, we are all called to be careful of those around us, to set no evil example, but rather to be living instruments in God's hards by which closely with the consciousness of His presence amongst us, whether in the acramental life of the Church or in the He may reclaim the fallen and strengthen those that do stand. How have you answered this call? "Son, rememordinary life of the world; for 'the earth is His and the fullness thereof.' ber !' "The sense of discipleship-of our immediate dependence upon Him-needs to be more cultivated. And this de

THE SOUL OF THE CHURCH.

endence must be one not only or While heartily rejoicing over the es-tablishment among non Catholics of a confraternity of prayer with the object dence of spirit-the informing of our pirit with the spirit of Christ. What to promote Christian unity, we dislike its appeal to the soul of the church-a ever conduct flows from this informing of a man's spirit with the spirit of his phrase which though frequently used, is to our mind both unwarranted and misleading. It is often said of deceased non-Catholics, even though unbaptized he (or she) belonged to the soul of the Lord is Christian conduct; unless informed by Christ's spirit our deeds may bear a resemblance to Christian conduct, but they lack the living force, they are not the real thing, and serve but to delude the unspiritual. To bring church and outsiders are frequently heard to say of themselves, "At heart I am a Catholic," "If I were to join any church it would be the Catholic," to an unspiritual generation the 'life in Christ,' to make Christ live as the informing principle in the individual and in society—that is the Franciscan burch is to belong to its body as well

for they are inseparable. The separa-tion of the soul and body of the church would be its death. The sin of unbelief "And the way to this is by the Gospel of Holy Poverty, by that in difference to and detachment from consists in being culpably, not geogra-phically, outside of the church. No material possessions—that poverty of the senses—which Christ taught so doubt a great many non Catholics die unmistakably in his life and words, and in good faith, but they can not be said to have be orged to the soul of the church. To belong to the church is to by that meekness and humility-that poverty of the will-in which Christ hear its voice and submit to its author-ity. Of course we do not forget God's uncovenanted mercies to those who never belonged to, or who strayed from, the fold of Christ.

"A contrite heart makes joy heaven." It also makes joy on earth. The father, mother, son, daughter who have approached the holy table are always supremely happy. To retain "The men of good will form the soul of the church," is another expression to which we object. No; the men of good will are they who form its body,— who remain united to the vine. To say always supremely happy. To retain this happiness go to Communion 'I am a Catholic at heart, " or " If I

He who is leading an exemplary vere to join any church it would be the G.tholic," are assertions that may be uterly empty or a cloak for indecision or in incerity. Any one who really Catholic life is exercising a most powerful influence for the extension of Christ's kingdom on earth.

Messenger.

Learn to be Satisfied

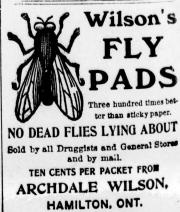
Let us learn to be satisfied with whatever heaven sends us. To day we yearn for a thing, to morrow we have it, and are not content. We want it a little different from the particular form in which we received it. We are never satisfied with what we have. The great lesson of life is to learn to submit our human wills to that of the Divine. Christians sometimes think their prayers are never heard. Let me tell you no prayer ever goes unheard. The sup-plicant may not realize the answer, but his prayer is not lost. Something infinitely better than that for which he asked may have been given him. What-ever God sends His children is for the best.-Rev. Dr. O'Reilly.

TELEGRAPHY TAUGHT OUICKLY

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