

other. Therein was the secret of the resistance he was able to maintain against the seductions of the garish city, and of the splendid service which he was able there to render.

In one sense we are all situated as Daniel was. We have to take our places in life, the affairs of the world claim us. We have all sorts of engagements and employments that seem to be entirely secular in their nature. And how we shall discharge these, how we shall succeed in saving our souls alive in the midst of them, depends entirely upon the outlook of our lives, upon the way that we face, upon what has well been called our "spiritual frontage." Every life for its own safety and for the due performance of its task must have the window open toward Jerusalem. It must maintain a way of ready communication with the great eternal realities of the spirit world.

To secure this is worth any conceivable trouble or any possible risk. Daniel, by the jealousy of those who were ambitious of royal favor, found himself in a position of real danger. The risk of continuing to do as he had been doing was very great, but he evidently believed that the risk involved in changing his practice was greater still. On the one hand was the peril of the lions, on the other hand one less clearly defined but to his noble soul more alarming.

And it is nothing less than a matter of life and death to us to maintain a right spiritual outlook. Without this Babylon will destroy us, with this Babylon will prove our splendid sphere of service, and even the lions will be powerless against us.

Keep the window open toward righteousness and duty and God, and regularly, not spasmodically or occasionally, but three times every day, deliberately, inhale the pure spiritual atmosphere of the hills of God.

Ottawa

The Secret of Power

By Rev. Wilmer B. Rosborough

The secret of spiritual power is communion with God. Prayer is the necessary condition of Christian effectiveness.

Prayer was the atmosphere in which Jesus lived and moved and had His being. And prayer for Jesus was a holy and costly business. "In the days of His flesh He offered up prayers and supplications with strong crying and tears." "And being in an agony He prayed more earnestly, and His sweat was as it were great drops of blood." There can be no doubt whatsoever that He owed His marvelous power in large degree to this habit of fervent and agonizing prayer.

The same truth may be learned from the lives of all those who have wrought valiantly in the master's service. Their soul culture was a costly, intense business. The message which their life and experience, as well as that of the master, sounds into our ears is that, if we would be a power for good, we must reserve a goodly portion of our time for secret communion and prayer. "There is no royal road."

Dr. Andrew Bonar wrote: "By the grace of God and the strength of His Holy Spirit I desire to lay down the rule not to speak to man until I have spoken to God: not to do anything with my hand until I have been on my knees." A like rule would make our lives more effective.

Loggieville, N.B.

The Call to Heroism

By Rev. W. L. Raynes

The heroic quality of human nature is being revealed in these days, as seldom before. Heroic deeds beyond description have been, and are being, performed on the field of battle.—and often by those who until the opportunity came were living indifferent or apparently useless lives. They only needed the opportunity to show their supreme possibilities of courage and sacrifice. The country called, and they were glad to answer, and give of their very best. In the hour of need and testing they were not found wanting. The nation is still calling men to arms, to heroic service, and many who fain would answer the call are deprived from doing so. Many women would cheerfully respond, many children and old men would go and fight, if they only could.