

had been distributed, the procession was formed by the marshals, and perambulated some of the principle streets of the city, apparently much to the satisfaction of all concerned, especially the spectators. Towards the close of the procession a thunder shower scattered the juveniles before receiving the closing address, to the great delight of sundry tavern-keepers and others, who have no particular affection for temperance principles.

Much credit is due to Mr. WADSWORTH, who superintended all the arrangements, Mr. HENRY LYMAN, who acted as Grand Marshal, JOHN E. MILLS, Esq., who gave the use of his orchard, and Major DENNY, who lent the band of the 71st Regt. for the occasion.

In the evening the Depot, being illuminated and decorated with transparencies, was visited by a great number of the friends of the cause, and altogether the day was one likely to be remembered in Montreal.

We have received a letter from the St. George Teetotal Association, Dumfries, assuring us of every effort in their power to sustain the *Advocate* by extending its circulation, and deploring the loss the country would sustain were it to fall to the ground for want of support. This is somewhat encouraging, as from the general apathy displayed this year, it has appeared to us that the people of Canada cared very little whether the *Advocate* were continued or not. And however much it may be the duty and the privilege of the Committee of the Montreal Society to bestow their labour and expend their money upon a paper for the benefit of the country, provided the country desires its continuance; it cannot be regarded as either to intrude a publication where it is not wanted. The rule in Luke x. 10., will, we suppose, hold good with respect to Temperance as well as Gospel labours.

We have noticed with pleasure that several agricultural associations have, in order to support the *British American Cultivator*, subscribed for a number of copies thereof, equal to the number of members in their respective lists. In this way members will become much more enlightened and zealous, the Associations will prosper and the paper be sustained. Where is the Temperance Society that has shewed an equal amount of patriotism and philanthropy?

We would by no means undervalue the efforts of many zealous and kind friends, to whom we return grateful thanks; neither would we forget the peculiarly depressed circumstances of the country, but making all allowances for these considerations, we must still say there is an amount of apathy in the community, which threatens the *Advocate* with annihilation. To shew this fact clearly it is only necessary to state, that when the reduction of price was resolved upon, it was in the expectation that the number of subscribers would be doubled. There were then 4000 subscribers on the list, and there are up to this date only about 2000 for the present volume.

In this number is completed the publication of the Prize Essay on the License System; and a document more replete with interesting facts and sound reasoning, has, we think, rarely been submitted to the public. It will be published in the pamphlet form, and deserves to be perused by every influential person in the country. The author is the Rev. ROBERT PEDER, formerly of Kilmarnock, Scotland, and now of Amherstburgh, Canada West, to whom we think a debt of public gratitude is due, for the light which his patient research and clear judgment have thrown on the important subject in question.

Having looked over the Temperance Hymn Book, lately published by Mr. WADSWORTH, we can recommend it on account of

the judgment displayed in the selection, the neat manner of getting it up, and the low price at which it is sold. We trust societies will patronize him by extensive orders, for a publication which cannot but prove conducive to the best interests of the temperance cause.

We have received 15s. 6d., proceeds of a Subscription Card, collected by the strenuous exertions of Miss E. McEACHAN, Durham, Ormstown. To this young lady and all other friends, who have similarly exerted themselves, we tender our hearty thanks, and will send copies of the *Advocate*, for gratuitous distribution to intemperate persons, which we pray them to accept, and distribute as they may see meet.

Mr. HENRY WADE has opened a Temperance Grocery store in Brantford, which we hope will be supported.

Mr. BUNCEY's Journal in our next. He has left the Talbot for the London and Western Districts.

## EDUCATION.

### On Education as adapted to the Faculties.

By *Physical Education* is meant the improvement of the bodily powers and functions. There is much useful instruction in medical writers on this subject; but, from this very circumstance, not only its theory but its practical application is too much held to be a medical more than a popular object, and, therefore, is apt to be lost sight of altogether. This is a great error; the physician may be required to direct the cure of actual disease, but the conditions of preserving health and preventing disease are in our own hands, and depend upon our knowledge of them. This is not the place to impart that knowledge, but only to urge the necessity of its being imparted, and of the teacher of youth being qualified to impart it, so that the pupil should not only acquire the habit of a judicious attention to health, in the different and very simple requisites of air, temperature, clothing, diet, sleep, cleanliness, all as concerning himself, but should be able to apply his knowledge to the treatment of the infant of which he may become the parent. This last office concerns particularly the other sex. The physical education of the infant necessarily begins at birth, and the mother, and all employed about it, should not only be disabused of all gossip absurdities, such as swathing, rocking, and the like, but should know and apply, as a matter of easy practice, certain rules as to temperature and clothing, avoiding cold and too much heat,—attention to the skin, and abluition from tepid water gradually to cooler, but never cold till a more advanced period,—food, from the mother's milk, to other aliments,—air,—light,—sleep,—exercise, with avoidance of all positions and premature movements, hurtful to the limbs, the spine, and the joints,—dentition, &c.

This care will occupy two years, when the child, quite able to walk alone, will commence a course of exercise in which he will have more to do himself than is done for him. His habits ought still to be well watched and judiciously directed, in all the matters of air, exercise, food, sleep, cleanliness, clothing, temperature, &c., and the advantages of attention to these so strongly and practically impressed upon himself, as to become a permanent habit for life—a *manière d'être*, the contrary of which would be an annoyance and deprivation. Temperance and moderation in all exertments, should be inculcated and practised, sedentary employment should be relieved by regular daily exercise in the open air, and that so contrived by judicious gymnastics as to exercise and strengthen all the muscles. Health may be benefited by the useful exercise of judicious manual labour in the open air. On the whole, physical education will depend on knowledge of physiology, of the parts of the body and their functions, which, as will appear in the sequel, should form a part of education.

*Moral Education* embraces both the animal and moral impulses; it regulates the former and strengthens the latter. Whenever gluttony, indelicacy, violence, cruelty, greediness, cowardice, pride, insolence, vanity, or any mode of selfishness show themselves in the individual under training, one and all must be repressed with the most watchful solicitude, and the most skillful treatment. Repression may at first fail to be accomplished unless