THE GOSPEL.
I challenge any man to show me anything better, anything more suited to man and his wants, than the Gospel of Christ. It is better than philosophy can only disclose, only describe and classily. It oannot heal-it cannot cure. It is like a physician who knows the disease, but has no remedy; while the Gospel of Christ not dply lays bare the malady, but prescribe an infallible and universal cure. Education can only call out and develop what is in fallen man; but the Gospel recreates man's heart and nature, and then lifts him up to the fullness of the stature of Christ. Education stops at the surface; the Gospel, which is the power of God unto salvation, penetrates to the centre of man'r necessities. It is better than morality. Morality is conformity to law. When perfect it is a star rolling on its God-appointed orbit. But man has broken law-the star has swerved fro its orbit. Morality cannot bring it back and keep it in its course. The Gospel can. It brings man back to God-makes him at one with God-gives man a new start and keeps him safe in his heavenward course. The Gospel is better than philanthropy. Philanthropy is the love of man as man and for man. Christianity is the love of man for God and the love of God in man. The one would better man's condition bere; the other would not only save man now, but would life him up to where be belongs-to heaven and to God.-Rev. F. A. Noble, in Christian Work and Evangelist.

## THE INNER LIGHT

A tamous lady who once reigned in Paris society was so plain when she was a girl that her mother one day maid, atter gazing at her for a long time with a distressed expression: "My poor child, I fear it will be very hard for you to win love in this world-indeed, even to make friends."
It was from that hour that the succese of this woman, known to the world as Madame de Circourt, dates. For a little time she took the matter sorely to heart. Then humbly, but sweetly and untiringly, she began to be kind-kind to the pauper ohildren of her native village, to the servante of her household, even the birds that hopped about the garden walks. Nothing so distreseed her as not to be able to render a service
As the years wore on, her good will loward everyone made her the idol o the great city which was eventually her home. Although her complexion was sallow, her gray eyes small and sunken, yet she held in devotion to her time. Her lifelong noted men of and time. Her lifelong unselfishness said, irresistible, others made her, it is lorgot the plainness young and old the loveliness of her life.-Ex.

Let us not live fretful lives. God will never stretch the line of our duty Weyond the measure of our strength. We ought to live with the grace of the fowers, with the joy of the birds, With the freedom of wind and wave. Without question this is God's id
of human life.-W. L. Watkinson.

I would have everyone carefully con sider whether he has ever found God fail him in trial, when his own heart hed not failed him; and whether he has not found strength greater and greater given him according to his day; whether he has not gained clear proof on trial, that he has a divine power lodged within him, and a cer-
tain conviction withal that be has not made extreme trial of it or reached its - Newman.

## EVENING PRAYER.

Fether of Mercyl at the close of day, My work and duties done, to thee Before I sleep;
With clasped hands I humbly bow my head,
And ask thee, Lord, ere I retire to bed,
My soul
My soul to keep.
The sins and failings of the day now past,
The shadows on my soul that they have cast,
Do thou forgive;
Oh ! purge my life from every taint of
That I within thy courts may enter in, With thee to live.
Whatever sorrow I this day have known,
I spread it now, 0 Lord! before thy throne-
I Wh! buccor send
ould beneath thy chastening hand be still,
And meekly bow before thy sovereign will,
Unto the end.
And now with folded handed upon my breast,
At peace with thee, I lay me down to Upon my bed;
May angels guard me through the darksome night
From troubled dreams, until the morning light
It beams shall shed. - R. N.
Let your religion make you more considerate, more loving and attractive, more able to think of and enter into the pleasure and interests of others.-Arthur C. A. Hall.

## A MAN'S LIFE.

The psalmist and Prof. Osler have both been corrected by Sir James Crichron-Browne of England in an arddress on "Prevention of Senility."
The years of our life, he said, ought The years of our life, he said, ought to be more than three-score and ten.
About a century, he thought, would About a century, he thought, would
be a natural limit. As to Prof. be a natural limit. As to Prof. Osler, he said that the assertion that a man useless after he was forty was
to fly in the face of the biographical to fly in the face of the biographical
dictionary. Admitting that the most dictionary. Admitting that the most vigorous period of human life is between twenty-five and forty, yet he contended, and supported his contention by convincing illustrations, that in magnitude and in profitableness to mankind more really great and effectual achievements had been effected in the decade after forty than in the decade preceding it. In a sentence, according to the Baptist Times of London, Sir James summed up the essentials of long, useful and happy life,life such as would make an extension of its limits to one hundred years desirable as well as possible. We must return to simplicity and tranquility of life. The world must cease to be a sweating-den in which we are all engaged on piece-work. Instead it should be a home, and its inhabitante should have pursuits and ideals outside the daily round and the trivial task. The chief end of man is not to eat bread by the sweat of his brow all his days, and drag out on sufferance an unlovely and a painful old age, but, in the words of the catech-
imm, "to glorify God and to enjoy him forever."

Dear Lord and Father of mankind, Forgive our feverish ways. Reelothe us in our right mind; In purer lives thy service find, In deeper reverence, praise. Drop thy still dews of quietness Till all our strivings cease; Take from ourfouls the strain and And let
The our ordered lives confese The beauty of Thy peace. J. G. Whittier.

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