

12th Month.

DECEMBER, 1898.

31 Days.

| Day<br>Month. | Day<br>Week. | For Montreal, Quebec and<br>regions of St. Lawrence<br>and Ottawa Rivers. |              |                | For Toronto and Prov-<br>ince of Ontario, lying on<br>and bet. the Great Lakes. |              |                | MOON'S PHASES.     |
|---------------|--------------|---------------------------------------------------------------------------|--------------|----------------|---------------------------------------------------------------------------------|--------------|----------------|--------------------|
|               |              | Sun<br>Rises.                                                             | Sun<br>Sets. | Moon<br>Rises. | Sun<br>Rises.                                                                   | Sun<br>Sets. | Moon<br>Rises. |                    |
| 1             | THURSDAY     | 7 20                                                                      | 4 18         | 7 14           | 7 14                                                                            | 4 24         | 7 20           | Last Quarter.....  |
| 2             | FRIDAY       | 7 21                                                                      | 4 17         | 8 16           | 7 15                                                                            | 4 24         | 8 21           | New Moon.....      |
| 3             | SATURDAY     | 7 22                                                                      | 4 17         | 9 19           | 7 16                                                                            | 4 24         | 9 22           | First Quarter..... |
| 4             | SUNDAY       | 7 23                                                                      | 4 17         | 10 25          | 7 17                                                                            | 4 23         | 10 28          | Full Moon.....     |
| 5             | MONDAY       | 7 24                                                                      | 4 17         | 11 31          | 7 18                                                                            | 4 23         | 11 31          |                    |
| 6             | TUESDAY      | 7 25                                                                      | 4 16         | morn.          | 7 19                                                                            | 4 23         | morn.          |                    |
| 7             | WEDNESDAY    | 7 26                                                                      | 4 16         | 0 35           | 7 20                                                                            | 4 23         | 0 35           |                    |
| 8             | THURSDAY     | 7 27                                                                      | 4 16         | 1 43           | 7 21                                                                            | 4 23         | 1 42           |                    |
| 9             | FRIDAY       | 7 28                                                                      | 4 16         | 2 57           | 7 22                                                                            | 4 23         | 2 54           |                    |
| 10            | SATURDAY     | 7 29                                                                      | 4 16         | 4 14           | 7 23                                                                            | 4 23         | 4 09           |                    |
| 11            | SUNDAY       | 7 30                                                                      | 4 16         | 5 32           | 7 24                                                                            | 4 23         | 5 26           |                    |
| 12            | MONDAY       | 7 31                                                                      | 4 16         | 6 46           | 7 24                                                                            | 4 23         | 6 40           |                    |
| 13            | TUESDAY      | 7 32                                                                      | 4 16         | sets.          | 7 25                                                                            | 4 23         | sets.          |                    |
| 14            | WEDNESDAY    | 7 33                                                                      | 4 17         | 5 37           | 7 26                                                                            | 4 24         | 5 44           |                    |
| 15            | THURSDAY     | 7 33                                                                      | 4 17         | 6 53           | 7 27                                                                            | 4 24         | 7 03           |                    |
| 16            | FRIDAY       | 7 34                                                                      | 4 17         | 8 20           | 7 28                                                                            | 4 24         | 8 24           |                    |
| 17            | SATURDAY     | 7 35                                                                      | 4 18         | 9 42           | 7 28                                                                            | 4 25         | 9 44           |                    |
| 18            | SUNDAY       | 7 36                                                                      | 4 18         | 11 01          | 7 29                                                                            | 4 25         | 11 02          |                    |
| 19            | MONDAY       | 7 36                                                                      | 4 19         | morn.          | 7 29                                                                            | 4 25         | morn.          |                    |
| 20            | TUESDAY      | 7 37                                                                      | 4 19         | 0 11           | 7 30                                                                            | 4 26         | 0 10           |                    |
| 21            | WEDNESDAY    | 7 37                                                                      | 4 19         | 1 24           | 7 31                                                                            | 4 26         | 1 22           |                    |
| 22            | THURSDAY     | 7 38                                                                      | 4 20         | 2 36           | 7 31                                                                            | 4 27         | 2 32           |                    |
| 23            | FRIDAY       | 7 38                                                                      | 4 20         | 3 48           | 7 32                                                                            | 4 27         | 3 38           |                    |
| 24            | SATURDAY     | 7 39                                                                      | 4 21         | 4 49           | 7 32                                                                            | 4 28         | 4 42           |                    |
| 25            | SUNDAY       | 7 39                                                                      | 4 22         | 5 47           | 7 32                                                                            | 4 28         | 5 42           |                    |
| 26            | MONDAY       | 7 40                                                                      | 4 22         | 6 43           | 7 33                                                                            | 4 29         | 6 37           |                    |
| 27            | TUESDAY      | 7 40                                                                      | 4 23         | rises.         | 7 33                                                                            | 4 30         | rises.         |                    |
| 28            | WEDNESDAY    | 7 40                                                                      | 4 24         | 5 05           | 7 34                                                                            | 4 30         | 5 10           |                    |
| 29            | THURSDAY     | 7 41                                                                      | 4 24         | 6 07           | 7 34                                                                            | 4 31         | 6 11           |                    |
| 30            | FRIDAY       | 7 41                                                                      | 4 25         | 7 09           | 7 34                                                                            | 4 32         | 7 13           |                    |
| 31            | SATURDAY     | 7 41                                                                      | 4 26         | 8 13           | 7 34                                                                            | 4 33         | 8 16           |                    |

## Felt Like Fighting.

"I was so excitable and irritable that I could fight with a feather. My family were half afraid to have me about the house." This was said by a cultivated and educated American lady to her physician. He gave her some advice, told her to try and keep quiet, and prescribed a soothing potion for the nerves. This is where the doctor took hold of the case by the wrong end.

Like so many of his profession, eager to bring about quick results and please his patient, he treated the symptom instead of the disease. Her trouble was chronic indigestion, which had unstrung and be-jangled all the nerves in her body. It was no use, the narcotic made her crankier than ever. She finally tried a course of Mother Seigel's Syrup, and in three months she became quiet as a lamb and cared neither to fight with a feather or fists.

*Seigel's Plasters work while you sleep.*