

Am I never *absent* from the *House* of God when I could be present? Ps. cxxii. 1.

Do I *visit* and pray with the *sick*, the *poor*, and the *destitute*? Job xxix, 11—16.

Do I *cultivate* a spirit of deep *humility*? 1 Pet. v. 5, 6. Matt. v. 3.

Do I study to *understand* the *Word* of God? John v. 39.

Do I carefully heed the voice of *conscience*? 2 Cor. i. 12.

Do I *watchfully* guard against *lightness* of *spirit*? 1 Pet. iv. 7.

Do I always bear in mind my *final* account? Luke xvi. 2.

Am I daily living in the *spirit of sacrifice*? Rom. xii. 1.

Do I *watch* in the world for moments of *inward communion* with God? Ps. iv. 4; xvi. 8.

Do I always attend to the *inward* monitions of the HOLY SPIRIT? Eph. iv. 30.

Do I always remember the omniscience of GOD? Ps. cxxxix. 1—12.

Do I carefully abstain from *speaking* or *hearing* evil of others? Ps. xv. 1—3. James iv. 11.

Have I done anything *this day* to save souls from death? James v. 19, 20.

Were I sure of dying *this day*, *what* should I *immediately* do? Isa. xxxviii. 1. Amos iv. 12.