

	Hours.	Minutes.
Beef with salt only boiled	2	45
Beef Steak, boiled	3	00
Fresh Beef, lean, roasted	3	30
Beef Corned, boiled	4	15
Beans, boiled	2	30
Bread Wheat, fresh baked	3	30
Codfish Cured, dried, boiled	2	00
Cabbage Raw, with vinegar	2	00
Cabbage, boiled, with vinegar	4	30
Cheese	3	30
Duck, domestic, roast	4	00
" wild, roast	4	00
Eggs, whipped	1	00
" fresh, raw	1	30
" soft boiled	3	00
" roasted	2	15
" fried	3	30
Fowl, roasted	4	00
" boiled	4	00
Goose, roasted	2	30
Lamb, boiled	3	30
Liver, Beef, fresh fried	2	00
Mutton, fresh boiled	3	15
" broiled	3	00
" roasted	3	00
Oysters Fresh, raw	2	55
" stewed	3	20
Pork, roasted	3	20
" salted, fried	4	15
" " boiled	5	30
Pig Suckling, roasted	2	30
Pig Feet, boiled	1	45
Parsnips, boiled	2	30
Potatoes, boiled	3	30
" roasted	2	30