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We have a splendid ice cream parlour
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candy. Everything is clean and neat,
and we guarantee satisfaction to the sol-
dier boys.ST. JAMES STREET
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McClary Oil Heater new, just
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(At Market Square)We buy your civilian clothes and
pay highest prices.We also outfit discharged men
and guarantee satisfaction to all.

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FIRST CLASS LAUNDRY

Two Stores

Corner Champlain and St. James
Corner St. Charles and Richelieu
A Favorite Laundry of the Soldiers.

FEEDING THE HUNGRY.

Despite the fact that eating is one of the most important functions in the lives of every man in the E. T. D. doubtless few are aware of the heavy burden which falls on the shoulders of the Quartermaster and his staff of non-coms who make the maligned mulligan, tea and similar items of the diet sheet a possibility.

Thinking that the readers of "Knots and Lashings" would be interested in some cold facts and figures emanating from the Q. M. department the scribe dropped in at the Mess Hall between acts the other day and, after threading his way through a small army of mop and broom wielders he sought out Sergeant-Major G. Henson who is responsible to Captain Manville, the genial Quartermaster, for the condition of the Mess not only at the Main Barracks but also at Vinegar and College Barracks.

According to the estimates given by the non commissioned officer it costs the government something like \$850 a day to provide provender for the 850 men at the Main Depot, the 600 at Vinegar and the 300 at College Barracks. This figure excludes the canteen fund which is utilized to provide the pudding which lately has become a regular and very much appreciated feature of the Mess. The pudding costs approximately \$300 per month for all the barracks.

Space will not permit a detailed account of the amount of food provided for the various Barracks but it will be interesting to see just what is consumed in a day in the Mess Hall at Main Barracks. The seating capacity of this big room is officially given at 850 though probably more have been seated at one time. No less than 750 pounds of bread are demolished by the hungry Sappers (1½ pounds per loaf). A similar amount of meat is eaten, 900 pounds of potatoes, 450 pounds of vegetables. In the big urns in the kitchen eleven pounds of tea are dumped for two meals, about 15 pounds of coffee being prepared for breakfast.

One hundred pounds of butter provide the daily ration served at two meals and 100 pounds of oatmeal are required to supply sufficient porridge for breakfast.

A staff of nine cooks are kept busy in the kitchen, some of them remaining on duty all through the night, preparing the warm meals to which the guard and all late duty workers are entitled. The day's dinner is 'begun' at about five o'clock in the morning and breakfast is started no later than

four a.m. The evening meal is the most simple to prepare since the food requires little preparation.

The E. T. D. draws rations daily from the Army Service Corps in Montreal, these coming by train to St. Johns and being hauled to the different barracks.

When one recalls the old adage that an army moves on its stomach one gets a clearer conception of the burden that is carried on the shoulders of the Quartermaster staff.

Sergeant J. W. Hickman has active charge of the Main Barracks Mess, Sergeant J. J. Hoyle at Vinegar, and Sergeant W. Riddell at College.

"D" COMPANY.

It was with genuine regret that the men and office staff of Company "D" said good bye to Lieut. R. M. Trow who has been granted indefinite leave of absence and who this week left for his home in Stratford, Ontario. Only recently he sustained a heavy loss in the death of his brother who succumbed to influenza. Lieut. Trow was attached to this Company for several months and for a time was Acting Captain.

Non-commissioned officers are getting scarce in this company. Lance Corporal Bridger left for his home in Minneapolis this week and his departure was quickly followed by two highly popular sergeants, Sergeant C. E. Phillips who left, temporarily for Montreal and Orderly Room Sergeant Frank McKeegan, who by now will be at his home town, Chicago. All of these men were given rousing send offs at the station by fellow non-coms and men, this attesting their popularity. Sergeant McKeegan who, it is whispered, was tendered a party on the eve of departure, is a returned man having gone over with the first Division being shell-shocked in Flanders and spending seven weeks in Woolwich Hospital, England, where for several weeks he was without the power of speech. On returning to Canada he re-enlisted with the Canadian Engineers.

Congratulations — Sappers Hogarth, Swann and Lucien Prairie were awarded their Lance-Jack "V"'s this week.

Lance Corporal J. H. R. Ward is suffering from measles and is at the isolation hospital. In his hour of anguish he is not forgotten by his lady friends. How about the nurse's screeds, old man, do they cheer you up?

LIGHT DUTY



OFFICIALLY COMMENDED.

The following is an excerpt from Daily Orders of Saturday November 2nd:—

The Officer Commanding wishes to convey his appreciation of the good work of the men of the Vinegar Barracks who so ably fought the fire of the 21st instant. It is difficult to single out individual cases but the following deserve special mention:—

"A" Company

Sgt. Tommey
L/C McConney
Spr. T. Glenn
Spr. T. Mitchell

"B" Company

Sgt. Roxburgh
Cpl. Joyce
L/C Lee
L/C Kimber
Spr. Yeoman
Spr. Westlin
Spr. Peberdy
Spr. H. Fox
Spr. Hodgkinson

A Good View.

The slacker was doing his best to get exempted.

"It's my eyes, doctor," he moaned. "I can't see a thing unless it's put very close to me."

"Oh! that'll be all right," said the doctor cheerily. "We've got a special trench made for your sort—right up close to the Bosche; you'll get a splendid view."