sheer nervousness, or nerve prostration, which is the thing to be treated, and not the womb. There are exceptions to this rule, but not many. For instance, a womb, heavy from subinvolution, or from the presence of a fibroid, may make uncomfortable pressure on the bladder.

If anteflexion is the natural position and condi- of the womb, when is it pathological? It is pathological whenever it is the cause of dysmenorrhœa or of sterility. Usually dysmenorrhœa and sterility are associated, but occasionally the latter is the only symptom; for it is evident that the crooked womb can more readily expel fluid contained within it than admit a fluid outside of it. The phenomena of a typical case of dysmenorrhœa from anteflexion or from retroflection, are as follows: At the outset of menstruation the first few drops are somewhat painful. The pain then increases in severity until, reaching its acme, a sligh gush of menstrual fluid takes place, followed by a lull in the sufferings. The pain then gradually increases until it culminates in another gush. The meaning of this is, that the bend in the womb imprisons the menstrual fluid, which goes on collecting in the cavity until the swelling up of the comb straightens out the bent portion, dilates the narrow canal, and allows the pent-up contents to escape, just as the coils of a hose first swell, and then straighten out before the water can flow through them. Relief from pain lasts until the fluid begins again to collect. This is called stenosis from angulation.

Sometimes a girl has little or no pain at her menstrual periods. She marries, does not conceive, and by and by dysmenorrhœa sets in, which goes on increasing. What is the explanation of this? It means that the flexed canal of the womb was originally just large enough to permit the slow escape of the menstrual fluid, but that the congestions from sexual intercourse have caused a thickening of the lining membrane of this canal, which has narrowed its calibre. Then, again, the uterine efforts to force out the pent-up fluid cause the various tissues of the womb to hypertrophy. We see this also in unmarried women, the dysmenorrhœa increasing with their age. Nature intends that the periodical congestions of the womb should be interrupted by pregnancy and lactation, and without these interruptions the mucous lining of the womb is liable to thicken, and by its thickness to narrow the canal. If then, to these menstrual congestions be added the sexual congestions of marriage, this hypertrophy is greatly increased, and the barren wife suffers more than the old maid.

But here comes our patient. Let me examine her. Sure enough, she has an anteflexion, for through the anterior wall of the vagina I feel the body of the womb resting upon the bladder. The cervix is long and conical, the os externum very small.

I pass the sound. It stops, as you see, at the internal os—viz: at the beginning of the bend—and I can not coax it in any further. By introducing the speculum, and straightening the womb by traction made with a tenaculum, the sound now goes in, but even yet with difficulty. It gives a measurement of nearly three and a half inches, which is a large measurement for a young woman who has not borne any children. This hypertrophy is owing partly to such repeated congestions as I have just described, and partly to the muscular effort made by the womb to extrude not only the menstrual fluid, but its mucous secretions.

Now, what is the remedy for this condition? For a number of years the operation most in vogue was the cutting, or bloody operation of Sims. By it the canal is enlarged by incisions. But the objections to this plan are: that it is a dangerous operation, having caused the death of many patients through peritonitis; that it is not a very successful operation, as the incisions are liable to heal up and the dysmenorrhœa return; and finally that it always deforms the cervix, and sometimes causes lesions analogous to those resulting from a natural laceration during the labor. I shall not, therefore, burden you with the details of this operation which, fortunately, is falling into disuse. Then, again, the cervix, is, at the present day, often dilated by tents, or by graduated bougies: but the former is dangerous, and both are painful, tedious, and unsatisfactory.

The operation which I can recommend to you most highly, and one which I shall now perform on our patient, is that of forcible dilatation. The instruments which I use are two modified Ellinger dilators of different sizes, made under my supervision by Messrs. J. H. Gemrig & Son, of this city. Ellinger's model is the best on account of the parallel action of the blades, which dilate the whole track of the canal uniformly. The smaller of these dilators has slender blades, and it pilots the way for the other, which is more powerful, having blades that do not feather. The lighter instrument needs only a ratchet in the handles, but the stronger one should have a screw by which the handles are brought together. Lest the beak should hit the fundus uteri, and seriously injure it when these instruments are opened, their blades are made no longer than two inches, and are armed with a shoulder which prevents further penetration. The larger instrument opens to an outside width of one and a half inches, and its blades are roughened, or corrugated, by shallow grooves, in order to keep them from slipping out. The dilator has also a graduated are in the handles by which the divergence of the blades can be read off.

In a case of dysmenorrhœa, or in one of sterility from flexion or from stenosis, as in the woman before us, my mode of performing the operation of dilatation is as follows: The patient is thoroughly anæsthetized, and a suppository containing one grain of aqueous extract of opium is slipped into the rectum. She is then turned on her