

## BANFF AS A HEALTH RESORT.

It is unfortunate that no paper was read at the recent meeting on the virtues of the Banff springs and air, in the treatment of disease. That this place is destined within a short period to become an important health resort appeared to be the almost universal verdict of the numerous practitioners present at the meeting. Banff air and Banff sulphur water are, however, powerful for evil as well as good, and until the Government appoints a physician who is thoroughly conversant with modern balneotherapy, the evils are as likely as not to predominate. A motion was introduced at the late meeting with the object of attaining this end, but it was withdrawn, owing to the opposition of a few men who certainly should have known better. We have heard of numerous instances where great and irreparable mischief was caused by the too free use of the hot sulphur bath. No one who understands the profound functional changes induced by the frequent use of such water, but will at once see the advisability and urgent necessity there is for scientific direction, and until this is done, practitioners from a distance should exercise the greatest possible care in advising anyone to this resort. It is impossible for the family physician, even were he competent, to so instruct his patient in all the numerous details of hygienic and dietetic treatment which should be carried out at such places, in order that the fullest benefit and the least evil should result.

---

## THE CLIMATE OF SOUTHERN ALBERTA.

The important paper on the Climate of Southern Alberta, by Dr. Kennedy of Fort McLeod, which we have great pleasure in publishing, deserves the serious attention of all Canadian practitioners. As yet, unfortunately, no exact observations of a general character have been made on the climatic conditions of the North-West. Dr. Kennedy, from his own observations, is able to show however the adaptability of this region as a climatic resort for many diseases, especially for the earlier stages of pulmonary tuberculosis. Dr. Kennedy well lays stress on the importance of a dry, bracing, clear atmosphere in the treatment of these cases. Alberta fulfils these necessary conditions ap-