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THIRD MONTH 31 DAYS

March

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3ndulaenced Draper

To all the faithful who, with a contrite heart, devoutly make, at any time during the year, the Novena in honor of 8. Joseph, spouse of Mary most holy, with any formula of prayer, provided it be approved by competent ecclesiastical authority, is

granted an indulgence of 800 days once a day; a plenary indulgence, during the course of the Novena, if being truly penitent, having confessed and communicated, they pray for the intention of the flu

HOME CIRCLE

SUBMISSION.

"Bound for my life to an invalid's

Over her face came a look of despair. "O Godi" she exclaimed, "is there nothing less? Must I burden my friends with my

Give me patience to bear it 'And allow me

I'll conquer myself, bid my proud beart be still;

The hard, will I yield to Thy sover-

God answered the prayer of stricken beart. And summoned His servasts their part.

First Patience came, and with soft hands pressed From her face the traces of dark un-

Pain chiseled her features, Grief

blanched her hair, Love entered her heart, and claimed a place there;

E'en Mirth, the sly elf, came, her fair face to grace, 'And the invalid's chair was a beautiful place.

Boon the invalid's chair a Mecca be. came, Where the beartsick and weary for sympathy came.

To her side went the maiden and poured in her ears The tale of her hopes, her sorrows and fears:

Young manhood revealed his ambi-Milians to her. Feeling sure that his story her warm

boart would stir. And the toddler beginning to climb up life's stair

ed a kies from the one in the mvalid's chair.

Rad now, though she suffers, her beart is at rest, had she sings to herself, "The dear West, broken and shattered, she lays at Mis lost,

M life that by surrow is full and complete. Wast the good she has done is almost

'Twill all be revealed at God's judg-Yee, we'll know, when He opens our

records up there. the soul's that were blessed by the invalid's chair.

'A RISING LITERARY STAR.

In these days when there is such a tendency on the part of novelists to induku in treak obaracter portrayal or eatch the public fancy by the very andacity of plot and development, it to retreshing to turn to a writer redices first ambitions effort sechews any such chesp and tawdry appeals to popularity, and the remantle days of the solodial past and among the was the sleep oldered the material for her interesting and instructive pages. Miss Mary Catharine Crowley, au-

thor of "A Daughter of New France," has been actively engaged in literary work for about ten years, says The Boston Republic. She is a native of Boston and had the good fortune to he born of scholarly stock; her father, John C. Crowley, is an alumaus of Harvard University, and her mother a finely educated and accomplished woman. Miss Crowley is a graduate of the noted convent of Manhattanville, N. Y., which has graduated so many well known women of letters. She has visited the principal cities of the old world, and has travelled ex-tensively in the United States and Canada. During the past nine years she has lived in Detroit. There she has made berself familiar with the early history of that region, and from her acquaintance with old French-Canadian families, and from the pages of old memoirs, she gathered material for her first historical novel. Previous to writing "A Daughter of New France." Miss Daughter of New France," Crowley wrote several juveniles, short stories and poems. She has been a contributor to St. Nicholas, Ladies' Home Journal, Ave Maria, The Pilot

and several daily and Catholic publications. She has always been as devoted to art as to literature, and her fine critical taste is evident in many of her sketches. Her novelettes, "The Romance of a Man of Business," and "Mary's Galnor's Inheritance," two specimens of her delightful love stories. She commenced to gather material for her romance. "A Daughter of New France." seven years ago and she actually commenced to write it three years previous to its publication. It was laid saids for other work and finally taken up and finished in time for publication in the spring of 1801. Miss Crowley has been connected With women's press asso-

troit in July, 1961, she was one the most prominent participants.

ciations and many other organiza-

tions. At the literary exercises of

the bi-contourry colebration of De-

BODY OF ST. AGNES FOUND. Some excavation carried out in the ontacombs at the expense of Cardinal Koop, Bishop of Breelau, and especially under the high alter and choir of the church of St. Agnes Without the Walls, from which His Eminence takes his title, have resulted in the discovery of the body of St. Agnes, one of the most interesting figures among the primitive Christians of Rome. According to tradition she was a young girl who suffered martyrdom rather than sacrifice to the gods or accept a husband in one of the persecutions of the fourth century-probably that of Diocletian.

this medicine I would not be working to-day." About the year 1000 the cashet containing her body was found on a marble diab in a subterranean vault under the church, and was re-enclosed by Popo Paul V. in a silver case. This base, with its contents, after being missing for nearly four conturies, dealers, has again been brought to light. Torouto.

liver sluggish.

Numerous readers familiar with the writings of the late Cardinal Wiscman will remember that Agnes is one of the leading personages in his story,

entitled "Febrola," which illustrates the life of the early Roman Christians -London Tablet

HOW TO DINE IN LENT. Potage, Rice soup. Entree, Scalloped shrimps. Piece de Resistance, Boiled turbot Po-

> and barsley. Entrements, Cheese couffle. Dessert and Coffee

tatoes Sauce of butter, lemon

Rice Soup -Wo give here a recipe for a stock that will be found useful for all kinds of maigre soup, by simply adding rice, sago, tapioca, etc., or any kind of vegetable, including tomatoes according to taste

Place in a saucepan 6 carrots, turnips, 6 onions cut in rounds, 2 lettuces, 2 heads of celety, a little chevril, half a small cabbage, a parsnip cut small, 4 ounces of butter, and a pint of water. Boil gentle until all the water has disappeared. Then add about 4 pints of water, a pint of green peas, or half a pint of dried peas, 2 cloves of garlic, 2 cloves, 12 pepper corns and sals. Boil gently three or four hours and pass through a sleve. Add a small quantity of very well boiled rico.

Scalloped Shrimps.—Make a pint of good melted butter, add a little pepper, and a pint of shelled shrimps, and boil together gently for ten minutes. Remove from the fire, and when cool, add & little lemon juice. Place the mixture in scallop shells, sprinkle each with biscuit crumbs and small pieces of butter, and bake in a hot oven until a nice light brown.

Sauce of Butter, etc -Butter plainly melted with a little lemon juice and finely chopped parsley,

Souffle.-Seven ounces Cheese cheese, 2 tablespoonfuls of flour. tea-cup full of milk, and 3 eggs. Boil the milk with the flour one minute. Put on one side. Add a good piece of butter, and then add the yolks of the eggs, a little pepper and the cheese grated, leaving out about an ounce for the sauce Beat the white of the eggs to a snow, and mix with the other ingredients, and put into a wellbuttered covered moid. Place this in a saucepan of boiling water in a very hot oven for three-quarters of an hour. Serve with good melted butter poured round the souffle, and the ounce choose lightly sprinkled over it.

Sue-Mabel was terribly disappointed last night. Belle-In what way? Sue-Why, Charlie came around and said he was going to tell her the "old, old story." Belle-And did he pro-pose? Sue-No; he told her about Jonah and the whale.

"I wonder who taught that parrot to sweat!" exciaimed the lady in jus-tifiable indignation. "I don't know," answered the sailor who had the hird for sale. "But I can recommend him, ma'am, whoever he was, as a mighty perficient an' painstakin' person.

Kidney and Urinary Troubles Were Followed by Dropey -A Perfect Cure by

Dr. Chase's Kidney-Liver Pills.

This case of Mr. James Treneman, the well-known butcher, of 536 Adelaide street east, London, Ont., is another proof that Dr. Chase's Kidney-Liver Pills are effective in the most severe and complicated diseases of the kidneys. The double action which this fam-

ous prescription has on both the kidneys and liver is in a large measure responsible for its wonderful curative effects. When there are backache, freque to 1 't or painful vellings, bilurination, Housness, constipation or stomach derangements, you may depend upon it that the kidneys are clogged and the

It is at such times that Dr. Chase's

Kidney-Liver Pills prove themselves prompt to give relief and certain to effect a cure. The evidence to prove this fact is simply overwhelming. Mr. James Tresoman states: years ago I was laid up with kidney disease and urinary troubles. Besides the main and inconvenience caused by these troubles I became dropsical, and my legs would swell up so that I could scarcely go around at all. Hearing of Dr. Chase's Kidney-Liver Pills I procured a box and continued the use of this valuable medicine until now I can may for a certainty that I am entirely oured. never took any medicine that did me so much good, and am firmly con-vinced that if it had not been for

As a family medicine of tested and known worth, Dr. Chase's Kidney-Liver Pills have never been approached. They act directly on the kidneys and liver, regulate the bowels and ensure the perfect action of the digostive and filtering systems. One pitt a dose, 35 cente a box. At all desiers, or Démanson, Bates & Co.,

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Winter's icy muntle covers the earth and all nature shout us seems in the sleep of death. Like garments of the tomb are the robes that envelop her, and the biting frost-wind paints weird fancies, upon the window pane, to tell us that grim winter is raging without.

and then the crown-suffering and of God's choice rewards.—Rt. Rev. Home Magazine.

(By Michael Dobeny.) come, astor, in vain; And let thee but the wailing hum Of sorrow and of pain; My light of life, my only love! Thy portion, sure, must be

I've given for thee my early prime, And manhood's teeming years: 've blessed thee in my merriest time, And shed with thee my tears; And, mother, that though cast away The child who'd die for thee, My fondest wish still should pray

And slept within the brake.

On Lau's fairy lake, door.

Because I'd make thee free; Yet still I love thee more and more,

I've run the outlaw's wild career And horne his load of ill; His rocky couch—his dreamy fear— With fixed, sustaining will;

Even that shall welcome be: In death I'd love thee best of all, A cuisie geal mo chroidhe!

Twas hoped for thee by all, Thou'dst burst long ages' thrall; Who periled all for thee Were oursed and branded as thy foes, A cuiste geal mo chraiche!

THIS SPACE IS RESERVED FOR

AND WOOD MERCHANTS

PHONE MAIN 181.

LENTEN THOUGHTS.

It is fitting that this season of the year should be emblematic of death. and that darkness and desolation should enwrap nature in the somber trappings of the tomb, for even as winter now locks nature in a cold embrace like that of death, ages ago in this same season our manifold sins chilled the heart, and brought darkness and desolation into the life of nature's king, and the final and most agonizing chapters of the story of our redemption were begun. The wind wails now the death of nature, and its voice is rigorous with the fury of winter, but soon it will become softer and gentler till over the blossoms of spring it is sobbing in mournful cadence the requiem of the redemption. During these days we should hearken to nature's pleading; for this month, standing midway between the manger and the cross, between Christmas and Easter, leads us to the Lenten days that precede the great sorrows of our Divine Saviour.

Lens brings the thoughts of His sufferings for us, and the necessity of suffering in our lives in order to merit His love. It leads us step by step up the rugged heights of Calvary, and asks us to be true subjects of our thorn-crowned King, true followers of our despised and rejected Master. Lent reminds us of sin and all it cost Jesus, and it warns us to shun sin and its allurements, to fear the world and all its pleasures; it urges us to mortification and pes-ance that thus satisfaction may as-

cend to heaven for our many faults. Therefore we should prepare for Lent in the spirit of the true Christian who believes that as Lent leads to Easter, so the spirit of Lent is needed in our lives to lead us to the heaven for which we live. The cross then glory, Lent and then Easter, in Thomas Conaty, D. D., in School and

A CUSHLA GAL MO CHREE.

The long, long wished-tor hour has Man's scorn below, God's wrath

A cuisle gral mo chroidhei

For cuiste geal mo chroidhe! For thee I've tracked the mountain

More lonely than the swan that glides The rich have spurned me from their

A cuisie geal mo chroidhet

And should his last dark chance be

Twas told of thee, the world around, That with one gallant sunward bound Thy faith was tried, alast and those

What fate is thine, unnappy Inle, When even the trusted few Would pay thee back with hate

guile, When most they should be true! Twas not my strength or spirit quailed,

Or those who'd die for thee-Who loved thee truly have not falled, A quite goal me disselted

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TINES.

Writing to The Sacred Heart Review, Father Joseph, O. S. B., of St. Anselm's College, Manchester, N. H.

"In answer to the query of 'Scholas-

tica, us to the significance of the letters U. I. O. G. D., they mean "Ut in onmibus glorificetur Deus;' in Euglish, 'That in all things God may be giorified.' These words are found at the end of the fifty-seventh chapter of the rule written by St. Benedict, the patriarch of Western monasticism and founder of the great Benedictine order. This chapter treats 'of the Mechanics of the Monastery,' St. Benedict therein prescribes that 'if there are may brethren in the monastery who are skilled in some trade, they may exercise it, if the abbot bids them; but that they should do this with all possible humility. The boly founder desires and commands that not avarios, i. e., the pursuit of temporal gain, ought to determine the price of what is sold - but, says he, let it be given cheaper than by people in the world, that in all things God may be glorified.' This maxim became hence the favorite and characteristic motto of the order, and was abbreviated into the initials U. I. O G. D., in the same manner as the Jesuits' motto. To the greater honor of God,' reads A. M. D. G."

TPAT NERVES.

A whirl of excitement was recently caused among scientists by the discovery of "how nerves act".

Healthy nerves are fat nerves. It is fat in the core of a nerve that by hardening and softening creates nerve action.

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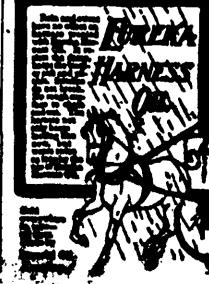
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