Magaggy and an expension of the state of t The Home Circle.

EVENING CHANT.

Adelaide A. Protter

Strov before the lady a picture-Roses-flushing like the sky, Where the lingering western cloudlets Watch the lingering daylight die.

Niclote steeped in dreamy odors, Humble as the Mother mild, Blue as were her eyes when watching O'er her sleeping Child.

Strew white Lilies, pure and spotter Bending on their stalks of green, Bending down with tender pity— Like our Holy Queen.

Let the flowers spend their fragrance On our Lady 8 own dear shrine. While we claim her gracious heiping Near her Son Divine.

Strew before our Lady's picture Gentle flowers, fair and sweet; Hope and Fear, and Joy and Sorro Place toe, at her feet.

Hark the Angelus is ringing— Ringing through the fading light. In the heart of every blossom Leave a prayer to-night All night long will Mary listen, While our pleadinings fond and deep On their scented breath are rising For us—while we sleep.

Scarcely through the starry silence Shall one trembling petal stir, While May breathe their own sweet fragrance And our prayer—to her.

Peace to every heart that loves
All her children shall be blesse.
While she prayes and watches for
We will trust and rest.

(AGE NOT FROM YEARS

An interviewer of Sarah Bornhardt speaks as follows on her retention of worth:

youth; Sarah Bernhardt is 50 years of age at least. e looks to-day not an hour over

The and thirty.

I em not speaking of Mmc. Bernhardt os she appears upon the stage to lier audience but ar she is in real life, away from the glamer of the footlights.

No woman beautiful.

life, away from the glamor of the footlights. No woman his worked harder than this greatest actress of the contary. The motto of this unique woman's life has been quand Mome, which, freely translated means despite obstacles, At twenty Rernhardt was paintended to the state of the control of

Now, do you know, I belleve 900 women in very 1,000 can be benutiful quand meme.

When I asked Mino. Bernhardt the servet of her beauty and her youth when I asked Mino. Bernhardt the servet of her beauty and her youth she said, as I knew she would. "Tourperance and bleanliness, ma cheroscop and water are my best commetics—bot writes—lots of hot water and cap. For estimulants I have my work—my art. I cannot grow old. I love my art-I spend my Ilfu absorbed in it. I am happy, never bored. How can one have lines of ago or weariness or content when one is happy, busy, never fatigued; when one's spirit is ever ever young? When I am tired it is not my soul, just my body. Well, then, I refresh myself with a hot bath. After the theatro always a hot crub—all the make-up thoroughly washed away. If I feel weary before the theatre—I rarely do—I take a bath, a tepla bath, to rest ms. I begin the day with a bath, I end it with scap and water. Volu—that is the Alpha and Omega of my tollet.

"I sever drink wines or stimulants of any kind. I nover have worn a tight corset, shoe or glove. I cat no more than I require. You Americans, you really aut too many sweets. "I say to the young a score of years back, when I was a fittel pensionalire of withing the several contributes, you say, Why should I have revisibles, since I do not draw my proves or pall my mouth down to make them?"

them?"

Sarah Bernhardt has discovered the fountein of youth in temperance, cleanliness and work.

Fremature age, decay, wrinkles and all the foes to beauty that women lear, yet not enough to avoid their causes—they almost may be summed up as the auti-thesis of Bernhardt's words. Intemperance, oncleanliness, illeness—these are the beauty destroying demous of every age, overy nation.

LAUGRTER A DUTY.

There is a mission for humor. The woman who can make others laugh is a great bleesing to her follows. There are times in one's experience when a bit of fan is better, more a means of grace, than a serious sermon would be. There are times when the lest help we can give to a friend is to make her laugh. The wise man says, "A merry heart is a good medicine." A hearty laugh would currenmy a stelly feeling, diving away the blace and changing the whole aspect of life.

the bluce and changing the viscopect of Ho.
We may set Hown laughter, therefore, among the Circhitan dutie.
There may be no commandment in
the decalogue waying. "Thou shart
that loy is a duty, one virtue which
every Circhitan should entitate. St.
Paul also makes it very clear that we

sto Arrejo to always and that he a fract of the spirit, on essentiality of the complete Christian

LATING BEFORE SOANG TO BED

Many persons who remain thin and apply in spite of all prevaitions in the regard to defect of the prevaitions in the regard to distribute abstraction of the following distributions at might. Physiology tractice us that the physios is twoming, there is a position work, so have not in the theory method works, so have no in the theory method works, so have a fine for the properties of the p ght Physiology traches as that, in orphips so he wamp, mere is a po-stual waste golog on in the troocs the body, and it seems but logical at nourishment should be continuous a well. The algorithm of the food tak-i at dinner time or in the early com-ig is finished, as a wond thing, before as well The algostion of the food taken at diames there in the early one in at diames there is a usual thing, before the processes of assimilation, etc., continuous to the series of the processes of assimilation, etc., continuous series and an undue wasting of the system. All other creatures outside of man are governed by a natural instinct which leads those having a stomach to sat before lying down for the inght. The infant, guided by the same instinct, "catees the breast Trequent by in the infinit, guided by the same instinct, "catees the breast Trequent by in the inght as well as day, and if its stomach is allowed to remain cur by noisy of the series of the serie

TOO MUCH NEATNESS.

TOO MUCH NEATNESS.

Cleanliness is next to godliness-that's been impressed upon us from childhoods hours with so much energy the choice of the control of th

PRETTY BEDROOMS.

PRETTY BEDROOMS.

There is no reason nowadays why a girl should not have an attractive bedroom. It is a false idea that any sort of a room is good enought os sleep in, provided the air is pure. The further and walls should be pretty as well as comfortable. And now that protty and artistic step press can excuse for not having our rooms at a constant of the property of the providing and resh looking. We are all unconsciously affected by our surroundings, although we may not think much about them, and should therefore endequor to have every thing about us as cheerful and artistic as possible, says the Chicago Caronicle.

The size and aspect of the room

thing about us as cheerful and artistic as possible, says the Chicago Chronicle.

The size and aspect of the room should be considered. Warm rooms looking south should have a paper of a cool shade, while those of a norther, aspect require something warmer in coloring. Large patterned papers should not be hung in a small room or it will appear smaller: a dade or freign should not be hung in a small room or it will appear smaller: a dade or freign clase has the same effect, while paper parent height of a room.

A pretty scheme for a bedroom would be to five a pale juik paper of chrysantheum design; one with a satu stripe would be charming. A plain soft green wool carpet with a matting surround. Curtains of green linen edged with torchon 1 or, with undercurtains of cream Madras muslin lixed to the lower half of the window, caught back half way down by narrow ribbon, the edge of the curtains to be edged with exton hall fringe. The green ihm might be used for the toilet covers and mantle drapers. If there are hangings to the bed they might be of green linen ilmed with plak, or the toilet covers and bed spread might be of green linen ilmed with plak tiles the washead and croon ward.

CHILDREN'S TEETH.

CHILDREN'S TEETH.

That children should be taught to take cane of their teeth has frequently been maintained by the physicians of this teeth has frequently been maintained by the physicians of this country, and that such advice is solutary is evident from an investigation which has just been held in Schicswig-Holstein in regard to the condition of the teeth of the children attending the schools of that country. The number of children examined was 10.725, of whom 9.145 were girls and 10.589 were boys. Of this number 05 per cent, was found to luve teeth which were more or less uiscased. Only 219 of these children had ever been tracted by docute, and only 10 per cent, of them had been taught to use tooth brushes.

The dentists of Schleswig-Holstein and have potitioned the government we press an ordinance requiring the school subtraction to the teeth of the children under their ovre.

With the Children.

QUESTIONS FOR THE EDITOR

hear Mr. Effer, ph se do you know Where the white somes from each put or the show? Why deat they flavor it sometimes with spire, And color it crimson, like rasposers well.

No one can tell me-do you undorstan'! Buby a cuclegrored to strainfor his hand? Ho dow it, and snys "uggle-uggle' be-tweens. What a this Jerived from, and what does it mean?

And how s it extracted? I'm anxious to know;

I've dug till I'm tired, all over the But every root I exposed has proved

Why does a goose bow its head to the When it enters a pen or a barn, at the door? Is it for manners, or is it instead-from an ignorant view of the light of its hond?

I heard a man say (and he looked well and strong) That he "fell in a rivere" going along he to a bog or a classin, or what and when you fall in, does i part you or now?

Why does an insect all obstacles show Which it might well walk round with less trouble and time? And why, tell me why, has the Manx cat no tall? Please say by return and oblige. —David trnyl in Little Folks.

FRANCE'S WALKING MOUNTAIN

FRANCE'S WALKING MOUNTAIN.

An object of the greatest interest to continental Europe at this minute is a syntking mountain in Gard, France, which is moving toward the river of the same name, at the rate of fifteen feet a day, in its advance it has destroyed the machinery and pits of the Grande Combe Colliery, and has also destroyed nearly a mid of the Anias milway. New channels are being prepared for the Gard and Gurdon rivers, which are sure to be choked up when the landsilde comes. Six hundred persons have been obliged to leave their diomes at Grande Combe. The lower steate of the monitain, which rises sheer from the valley, here give a may owing to the infilteration of min.

INTERVIEWED THE POPE.

Harry Steele Morrison, an American boy has interviewed Pope Leo Mill. for the New York Journal. He visited Rome with a letter of introduction to the Papal secretary, who, after learning that Morrison had intercieuted Queen Victoria, the President of France and several other digmarks of Europe, presented him to His Hollmess.

France and several other dignitaries of Europe, presented him to fits Holliness.

"So you are an American boy," said the Pope in pure English. "I am very glad to see you. I do not believe I have sid an American boy to call apon me for a long, long time, and I am very found of boys and of American. I suppose you are from Yow York."

I bowed and gaid "Yos," writes young Morthon.

"That must be a groat city," continued the Pope. "Have you seen the cathedral there?" I told him that I had visited the entheiral many times. "It must surely be very beautiful." I have had many Americans to see mr this spring and sevenacy had been a surely and they were all in St. Peters, and they were old in St. Peters, and they were old in St. Peters, and they were old in St. Peters, and they were of the you have come so far.

"You have seen many things that I have never seen," he said. "It is a good thing for a young man to travel. It gives film broad ideas and a wonder all young because they will litter be obliged to the world as they can while they are young because they will litter be obliged to rest in one place. Do you noted that your travel is an education for you?

"O, yes, indeed," I said. "I am sure

"O, yes, indeed," I said. "I am sure is the best education I could have.

wonderfal-training for a young man's mind."

If I Holiness then asked me to toll him something of the people whom I have interviewed, and of the ways in which I succeeded in seeing them. He seemed vastly amused at some things that I said, and was much interested in all.

"You American boys have great persoverance," was all that he said when I finished.

"What do you expect to follow as a career?" was the next question. "I hope to be a newspaper man," I said. His Holiness hesitated before replying.

add. His Hollness hestaren omner plying.

"That is a good currer if you follow it properly," he stid. "But a writer for the press has nowaday great responsibility. The press is a power-orful agency for good or evil in the wird, and every person connected with it should be careful that his influence is on the right side. Newspapers can make wars, and they can destroy character, but they cag also provent wars and bring about justice, it is a wonderful thing to think of the power of the press."

Be nodded, so I turned to go.
Now you must be going must you?"
And the Pope, speaking now brightly
then at any provious moment of the
interview.
Yes, str., 'I said.

than at any processing the process of the process o

FORMATION OF HABITS.

John Vannaker was asked the probable cause of failure to be successful in business, and fits reply was, tad habits, Busiamin Feankin, when a young man, was so impressed with the importance of good habits that he made a list of them and daily put a mark against and when he had failed, just as a teacher puts a mark against and when he arthuration are the made as that a numbla name in arthuration. mark against each when he had fall cit, lust ns a teacher puts a mar against a pupil's anno in arithmeti or spelling His alm was to attain goo habits in temperance, industry, cour age, honcety, truthfulness, courtosy declaion, perseverance, economy, an self-improvement. Every great mai has labored to acquire good habits, Several young mon, all clerks it stores, formed a ciba and thought it the correct thing to have a "sproad at which who was drank. One young man accidentally reached the club-rooms early, its was alone, he looked at the clock; there would be thirty or forty minutes before any others would come.

In felt that he was retting a service of the court of the clock of the court of the cour

or forty minutes before any others would come. He feit that he was getting too much interested in the club convertalities, he said to himself, I will set here five minutes more; I will go out anamover come back again. Years after, erspected and useful man, he often referred to this decision to decide against a growing bad habit as the means of his salvation. An artist painted a picture of a child and manuel it innocence, he became an old man and one day visited a prison where a man was condemued to die; be had committed a dreadful murder.

The artist dotermined to paint

to die; be had committed a dreadful murdor.

The artist dotermined to paint his pictare, he felt it would represent the absolute opposite of the one that hung in his studio. There was come-ding familiar in the inus of the vice-marked face, he inquired, and found this was the same porson he had painted wind a cilili. He said, "I am here because I formed the habit of revenig myself, and I took pride in getting even with everybody. I glorted in causing suffering to those who opposed me, I have been this means of much wrachedness and now shall pay for it."

posed me; I have been the means of much wretchedness and now shall pay for It."

A young men hid learned to smoke and visted another who had quite a fibrary of cooke. "You must have quite a salary to be able to buy so many books." On the contrary it is smaller thun yours. I spend the price of one cigar a day on my library." It was the habit of smoking that kept that vong man from coming books of which he was extremely fond.

A man owning considerable property was a witness in a law-suit. Another witness owning little property, was asked his opinion of the other's veracity; He does not exactly lie, but his way of stating things is not the way they happened." It was a great shock to him to find he was considered untrathium; in determined to linve a good reputation; his neighbors found they must change their opinion of him. Character-building is inbit-forming. A person who determines can give up a bad habit; it is the first step that costs. Usually it will be found there is more than one habit to be given up.

The be willing to be told of bad.

there is more than one must to be given up.

To be willing to be told of bac imbits is an excellent feature.—Teachers' institute.

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Bishop Gaughran, in the name of the Catholics of Kimberley, has sent an offu-ing to the Churchi of the Sacret Gleart, Montmartre, Paris, in thanks-giving for thoir asfety during the four months' siege of the town.

Another monastic Order, the Passionists, expects an early sfilliation with the Catholic University in Washington D.C. Like the Franciscans, who sfilliated with the institity and wo years ago, this community ranks among the most rigorous in discipline in the Catholic Oburch. The Passionists have large monasteries at West Hoboken, N. J. Pittsburg, Baltimore and several other points in the United States. The indications are that eventually every body of "regular priests" in this country will have its distinct affilliation with the government of its own Provincials. This was the scheme at the Institution's opening in 1880, and it is being fulfilled.

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