

## Selected Receipts.

**A Dainty Dish.**—A most dainty dish can be made with rice, cream and any fruit, although apricots are, perhaps, to be preferred. Rich cream must be prepared the day before it is wanted.

**A BREAD PUDDING.**—Two cupfuls of bread crumbs, two eggs, four cupfuls of milk, a meringue made from the whites of two or three eggs. Brown in the oven if desired. Before serving dot with spoonfuls of jelly. This may be prepared the day before, or in the morning for the noon meal.

**FITTERS.**—Pare the egg-plant and cut into slices about one inch thick, sprinkle with salt and pepper. Beat two eggs without separating, adding to them one cupful of milk, half a teaspoonful of salt and one cupful of flour. Beat well, add one level teaspoonful of baking powder, beat again. Cut each slice of egg plant into quarters, dip them in the batter and fry in smoking hot fat.

**LEMON SYRUP.**—Roll the lemons backward and forward on a plate to soften their fibres, then press the juice into a bowl and strain out all the seeds. Boil the pulp in the water—not the skin. A pint of water to a dozen pulps. Ten minutes boiling is sufficient in a porcelain kettle. Strain that water into the lemon juice; allow one pound of sugar to each pint; boil for ten minutes longer, and bottle for use. Cork when cold.

**SALAD.**—Prepare a dressing by putting a teaspoonful of salt in an earthen bowl, pour over it five teaspoonfuls of melted butter, do not let the froth or salt go in, stir well, pour in slowly two tablespoonfuls of vinegar. Have the lettuce washed in very cold water and drained; cut a few of the outside leaves fine with a sharp knife, and mix through the dressing, cut the tender leaves of the lettuce in a salad bowl, and pour the dressing over them.

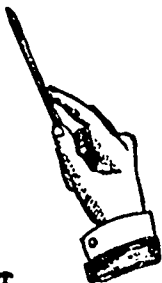
**GRAHAM BISCUITS.**—Three-fourths of a pint of graham flour, one-fourth of a pint of white flour, one tablespoonful of salt, one teaspoonful of baking-powder, slightly heaping, one table spoonful of lard, also, heaping. Mix salt and baking-powder with flour. Rub the lard in the flour. Use enough water or sweet milk to make a stiff dough. Use a spoon for mixing, not using the hand at all. Work as little as possible, turn out on a kneading-board, roll thin, and bake quickly. Delicious for breakfast.

**COLD ROAST BEEF, STUFFED.**—Choose a cut of the flank, not too fat; wash it, but do not let it soak in the water; sprinkle the inside with salt and pepper; spread over the meat a dressing of forcemeat prepared as follows: To two teaspoonfuls of fine, dry bread-crumbs add half a teaspoonful of finely chopped fat salt pork, one table-spoonful of pepper, two teaspoonfuls of summer savory, two teaspoonfuls of sage and one saltspoonful of ground cloves. Mix all well together with one well-beaten egg (if not moist enough, add one or two tablespoonfuls of water). After spreading the dressing evenly over the beef, roll the meat firmly together, tie with twine, place it in a pan with one sliced onion, one sliced carrot and one quart of water, and simmer until very tender; then remove it from the pan and place it in a dripping-pan. Press the gravy through a colander; pour it over the meat; place it in the oven until the meat is a deep rich brown, and let it be thoroughly cold before putting it in the ice chest.

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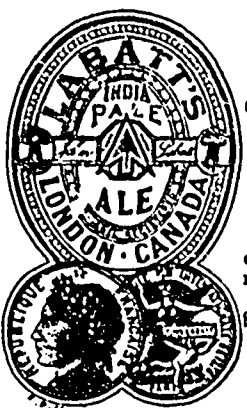
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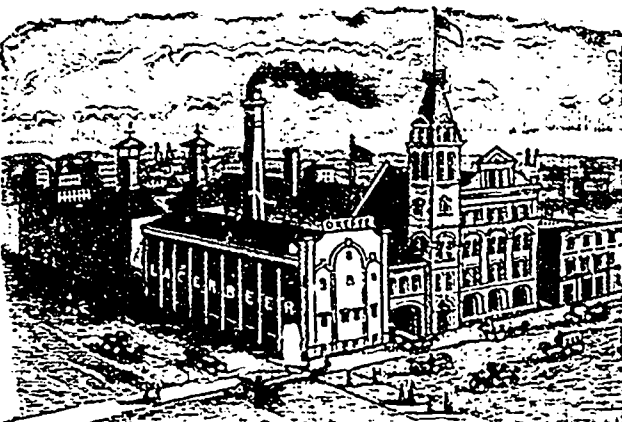
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