

water, or a mild warm aperient of magnesia, rhubarb, and  
 er. If coldness come on, place the patient between very  
 blankets; and apply bags of hot bran, or bottles of hot  
 er, to different parts of the body: if the pain is severe, apply  
 mustard poultice to the chest and stomach; and if cramp come  
 well rub the limbs with some warm embrocation. In all cases  
 patient should not be removed from the lying posture. Do  
 give brandy and laudanum unless ordered by the medical  
 andant.

CONCLUSION.—With the firm conviction that much can be done  
 prevent the spread of fevers, *by individual attention to clean-*  
*ness, and ventilation*, I have brought together these few plain-ly-  
 ten instructions, and would direct your especial notice to Rules  
 4, 5, 6, 7, 8, and 9.

I am aware that in some instances there may be difficulties in  
 way of carrying out the suggestions which have been given:  
 the same time it is certain that very much may be done by care  
 determination.

CLEANLINESS of houses, premises, persons, and clothes, and  
 VENTILATION, are the two grand preservative measures.

Strict attention to them will do more than any other precautions  
 prevent the spread of infectious diseases; whereas the adoption  
 of all other means, without cleanliness and ventilation, will be  
 negatively useless. Bear in mind that a person laboring under  
 infectious disease is surrounded by a poisonous air, which is  
 actually weakened and rendered harmless by being mixed with  
 large quantities of FRESH PURE AIR; but bear in mind also, that  
 the air which surrounds your cottage may be poisoned by filth  
 near its windows and doors. Cleanliness WITHOUT must  
 therefore go hand-in-hand with cleanliness and ventilation WITHIN.



## THE MATERNAL EDUCATION OF INFANTS.

Let not mothers be incredulous. The dawn of reason in their  
 child is very early, and very often brightens into morning, or  
 glows into the full effulgence of day, before they look on them as  
 but a delicately-organized mechanism; a pet—a plaything!  
 Let them think how soon their little one leaps when the mys-  
 terious charm of music thrills through its tiny brain; how soon it  
 seeks to modulate its feeble voice, before it can articulate, to the  
 melodies that bring from its eyes an eloquent smile! and that