

water, or a mild warm aperient of magnesia, rhubarb, and
 er. If coldness come on, place the patient between very
 blankets; and apply bags of hot bran, or bottles of hot
 water, to different parts of the body: if the pain is severe, apply
 mustard poultice to the chest and stomach; and if cramp come
 well rub the limbs with some warm embrocation. In all cases
 patient should not be removed from the lying posture. Do
 give brandy and laudanum unless ordered by the medical
 attendant.

CONCLUSION.—With the firm conviction that much can be done
 prevent the spread of fevers, *by individual attention to clean-
 ness, and ventilation*, I have brought together these few plainly-
 stated instructions, and would direct your especial notice to Rules
 4, 5, 6, 7, 8, and 9.

I am aware that in some instances there may be difficulties in
 way of carrying out the suggestions which have been given:
 the same time it is certain that very much may be done by care
 and determination.

CLEANLINESS of houses, premises, persons, and clothes, and
 VENTILATION, are the two grand preservative measures.

Strict attention to them will do more than any other precautions
 prevent the spread of infectious diseases; whereas the adoption
 of all other means, without cleanliness and ventilation, will be
 comparatively useless. Bear in mind that a person laboring under
 infectious disease is surrounded by a poisonous air, which is
 actually weakened and rendered harmless by being mixed with
 large quantities of FRESH PURE AIR; but bear in mind also, that
 the air which surrounds your cottage may be poisoned by filth
 near its windows and doors. Cleanliness WITHOUT must
 ever go hand-in-hand with cleanliness and ventilation WITHIN.

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THE MATERNAL EDUCATION OF INFANTS.

Let not mothers be incredulous. The dawn of reason in their
 child is very early, and very often brightens into morning, or
 dawns into the full effulgence of day, before they look on them as
 but a delicately-organized mechanism; a pet—a plaything!
 Let them think how soon their little one leaps when the mys-
 terious charm of music thrills through its tiny brain; how soon it
 seeks to modulate its feeble voice, before it can articulate, to the
 melodies that bring from its eyes an eloquent smile! and that