RAILWAY

- · NDbteam ship Lines -TO

St. John .ia Digby -AND-Boston via Yarmouth

"Land of Evangeline" Route.

Midland Division

"Owl" from Halifax Sat. 7.40 p. m

"Owl" from Annapolis Mon. 4.13 a.m

Trains of the Midland Division leave Windsor daily, (except Sunday) Fish and Vegetables. and 5.10 p. m. and from Truro at 6.55 a. m., 12.00 a. m. and 2.30 p.m. connecting at Truro with trains of the International Railway, and at Windsor with express trains to and trom Halifax and Yarmouth.

Boston Service

SERVICE IN EFFECT JUNE 13th,

The Royal and United States Mail Steamships PRINCE GEORGE and PRINCE ARTHUR will leave Yarmouth daily, except Sunday on arrival of Bluenose from Halifax, arriving in Boston next morning Returning leave LONG WHARF BOSTON, at 2.00 p. m. daily except Sat-

DIGBY BOSTON DIRECT SERVICE nencing Saturday, July 2nd, 8. S. Boston leaves Digby on arrival of Biuenose train from Halifax, Wednesday and Saturday, returning, leaves Long Wharf, Boston, Tuesday and Friday at 12.00 noon.

8. S. PRINCE ALBERT makes daily trips (Sunday excepted) be-tween Parrsboro and Wolfville, calling at Kingsport in both direct

St. JOHN and DIGBY

Arrives in Digby Leaves St. John 10.45 al m. 7.45 a.m. Leaves Digby same day after arrival PEDress train from Halifax.

General Manager.

Kentville

FURNESS, WITHY & CO., LTD.

STEAMSHIP LINERS. London, Halifax and St. John, N. B.

From Halifax Aug. 6th -Rappahannock Aug. 27 Aug. 20th (via St. John's -Kanawha Sept. 8 Sept. 3 -Shenandoah Sept. 17th -Rappahannock Oct. 5

HAVRE DIRECT FROM HALIFAX -Rappahannock Aug. 25

St. John's Nfld. From Liverpool. From Halifax. Steamer. Aug. 9th -Ulunda

-Cundall Aug. 26th -Almeriana Sept. 3rd -Tabasco

FURNESS WITHY & CO., LTD.,

H. & S. W. RAILWAY Accom. Time Table in effect Accom. & Fri. Oct. 18th. 1909 Mon. & Fri. Sfations Read up. Lv. Middleton AR. 16.15 15.44 * Clarence Bridgetown * Granville Centre Granville Ferry * Karsdale

13.40 | Ak. Port Wade Lv. 14.00 * Flag Stations. Trains stop on signal.

P. MOONEY General Freight and Passenger Agent HALIFAX, N. S.

MINARD'S LINIMENT CURES PAIN

DOMINION ATLANTIC 2500-DISCOUNT-2500 Your Responsibility

FOR CASH ONLY

Ladies' Tan, Black and Tennis Oxfords; Misses' Black, Tan and White Oxfords; Men's and Youth's Oxfords.

S. PIGGOTT to be observed on this earth is that age woman. Tramping trips are the

Granville St .-- Bridgetown.

on and after July 2nd, 1910, the Steamship and Train Service on this Politary will be as follows (Sunday)

JUST ARRIVED

Accom. from Richmond ... 5.40 p. m.

Express from Halifax
Bluenose from Halifax
Bluenose from Yarmouth
Express from Yarmouth

1.58p. m.

Business from Yarmouth

1.58p. m.

A large assortment of Prepared Breakfast Foods, such as Puffed Wheat, Quaker Flaked Wheat, Grape

He is always father, who is his his expectations.

The boy who heat Puffed Wheat, Quaker Flaked Wheat, Grape Nuts, Shredded Wheat Biscuit, Toasted Orange Maize, Kings' Food, etc. : :: ::

CAKES .-- A large assortment, crisp and dainty, 3 lbs. still swear? Sugar and Gingers 25 cts.

CANNED GOODS --- A large stock of canned Meats, guage even bordering on vulgarity party who are compelled to hear a-Haddies, Salmon, Clams, Lobsters, Scollops,

Halibut, Boneless Turkey and Chicken. :: :: GARDEN VEGETABLES, fresh every morning New Potatoes, Turnips, Beets, Carrots, Peas, Beans, Tomatoes, Cabbage. etc. :: ::

J. E. Lloyd & Son

EASTERN CANADA'S BIG 1910 FEATURE DOMINION **EXHIBITION** St. John, N. B. Sept., 5th to 15th

\$25,000 In Cash Awards All Canada Represented Monstrous Live Stock Show Unequalled Industrial Display Numerous "Process" Exhibits.

Educational Competitions. Government Exhibitions. Special Horse Show. Agriculture And Fruit.
Big Display of Poultry.
Dairy Show and Lectures.

WONDERFUL OUTBOOK ENTERTAINMENT ENTRIES FOR LIVE STOCK AND AGRICULTURAL PRODUCTS CLOSE AUGUST 1ST

ROYAL MAIL S. S. YARMOUTH. Annual Clearance Sale

For the next 30 days and will give big discounts

Be sure and take a bottie of Chamberlain's Colic, Cholera and Diarr
berlain's Colic, Cholera and Diarr
be

The following is a partial list of cuts we have be obtained on board the trains or steamers. Changes of water and climade.

Mens' Suits				Boys' Suits			
\$ 6.00	suits	for	\$5.00	\$ 3,50			\$2.50
8.00	"	"	6.00	4.50	45	"	3.25
12.00	"	"	9.75	6.00	46	-61	4.60
15.00	"	97	11.75	8.00	65	44	6.25

For Hot Weather Goods we have a big stock that side road has been made smooth and dustless whereas a year ago the residustless whereas a year ago the residual side road has been made smooth and his talks with the engineers and sometimes are supported by the artist of his talks with the engineers and support the support of will go at great bargains, call and see the goods that

sept 22 | we are offering.

J. HARRY HICKS

From Halifax to Liverpool via Clothing and Furnishing Store, - BRIDGETOWN N. S.

Advertise in the Monitor

HAVE YOU Year Year RENEWED in advance YOUR SUBSCRIPTION?

If not, will you not oblige us by making use of the accompanying coupon, enclosing with it cash or money order for present year? WITH ALL POINTS ON H. & S.W.RY. If cash please register letter, if convenient to do so. Kindly include

arrears, if any.

To the Publisher of the Monitor-Sentinel:-Find enclosed cash (or order)

tion, beginning Yours truly

Towards Your Boy

Every day that is added to the Weston, has, it seems, roused as youngster's age brings an added need enthusiasm, over walking, which is a

ally, he admires his father. of a little boy telling other boys fad this summer, however, and many what a grand and good man is a parties of young women are starting father who is not worthy to be a fa- out afoot, carrying their wardrobes

halp him through the remainder of home of some famous person, or to

The boy who hears his father swear times the destination once reached,

Swearing, he knows is wrong. How Footwear is a most important fea-

CURING CRAMP IN THE LEG. (atigue.

When I have a patient who is subject to cramp I always advise him to provide himself with a strong cord.

diarrhoea, and it is best to be prepared. Sold by all dealers.

* OIL FOR ROADS.

Woodstock Express:-That oil will keep down the dust and improve the roads is now an established fact. In places where it has been in operation for some time, it has rendered exceldents along that thoroughfare could workmen.

scarcely live on account of the clouds that rose from it on the passing of state automobiles and other vehicles. Some "The Blond Beast," in which a conof the western towns have also taken trast is drawn between a pious milwill before long be thoroughly appre-

Every true mother realizes at times that her children are only flict of opinion is seen through the ter exposure to the sun and dust, try for the purchase of a residence right loaned to her-sent from God-and eyes of the private secretary. the attributes of her body and mind are being used by some Power for a purpose. The thought tends to refine The little ones are pests, we sigh, the heart of its dross, obliterate And lots of trouble make us; pride and make her feel the sacred- Ere golden morning opes her eye ness of her office.

All good men everywhere recognize Nay, oftere half the night is o'er the holiness of motherhood — this They start us from our dreaming, miracle by which the race survives .- And we must rise and walk the floor Elbert Hubbard.

A QUITTER NEVER

Every man who ever did anything We wonder why we took a wife, really great did it by himself. Suc- While wrath within us nursed is, .1910 cess can't be gained without confi- And think of all the ills of life dence. Half the fibre of achievement A squalling babe the worst is. is egotism. It is the force that car- But when grim death is hovering ries the struggler to goal. He must believe in his ability—he must pos- (Far distant may that day be) sess so much tendency and courage '.Take all we own, O Lord!" we cry, \$1.00 for one year's subscrip- that others become infected with his "But spare to us the baby." assurance. When he meets with disbelief and discouragement, his own faith has to support and sustain him | So great will the attendance be at And such faith is only to be arrived the Dominion Exhibition in St. John at by training, just as the athlete's September 5th to 15th next, that the stride is the result of months of ef- Association Executive has gone to a fort and the hammer-thrower's form great deal of expense in fitting the

Tramping Parties Are

the Fad Now

for his father's friendship. Natur. homely form of exercise much com-One of the most pathetic spectacles rarely found interesting by the averin knapsacks slung across the shoul-Given a good example, a boy can der. There is usually some definite soon get into the swing of good hab- object in view on such a trip, and the its, which work automatically to trip is called "a pilgrimage" to the

some designated point well worth He is always distressed when his visiting. The journey is made afoot, father, who is his idol, falls short of stops along the way for meals and for sleeping being in order, and somegoes to bed saddened and perplexed the "pilgrimage" homeward is made by train.

can his father, who can do no wrong ture of the tramping costume. Wrong shoes may completely spoil the pleas-The man who lets his son see him ure of the trip, not only for their drink or lets him hear him use lan- wearer, but for all the rest of the must blame himself if in after life bout the discomforts of the sufferer. that boy goes in the wrong direction Broad-soled, flexible and low-neeled Imitation is instinctive. It can boots should be worn, and these work infinite harm as well as vast should lace well above the ankle. The stockings should be fine and soft and Fathers who turn their children out several pairs should be carried. On to take the world as they find it can the long tramping parties arranged expect those sons to disgrace them for the summer camps for boys the young trampers are directed to carry The responsibility for a life is a three extra pairs of mose, and each grave matter. Giving a child food time a brook is crossed the feet are and clothing and a few toys, taking bathed and the stockings changed. him to the circus once a year, and When camp is made at night the giving him money to buy candy or go stockings are washed out and hung A Home-made Fireless Cooker to a moving picture show now and up to dry. By this frequent changing then is but a hollow and worthless of the footwear many miles may be ubstitute for a father's real duty. tramped in comfort while a compara-

Many people are greatly troubled If your liver is sluggish and out of with cramp in the legs. It comes or tone, and you feel dull, bilious, consuddenly, and generally while in bed. stipated, take a dose of Chamber-There is nothing easier than to make lain's Stomach and Liver Tablets was fitted with a tight cover. the spasm let go its hold, and it can tonight before retiring and you will

SCRIBNER'S MAGAZINE.

long garter will do if nothing else dike craze, an unknown young man is handy. When the cramp comes on take the cord wind it around the leg le, which was immediately accepted over the place that is cramped and take an end in each hand and give it as sharp pull; instantly the cramp will let up and the sufferer can go to the White Pass to the Yukon. The arare very likely to become unsanitary ple. It brings the summer visitors will let up and the sufferer can go to ticle was accepted because of its bed assured it will not come on a striking quality of adventurous nar-Bluenose train from Halifax does not connect at Digby with Prince Remedy with you when starting on your trip this summer. It cannot summer. It cannot summer and Diarrelating on your trip this summer. It cannot stove into the hor and then seeled with you when starting on your trip this summer. It cannot stove into the hor and then seeled with your when starting giving those experiences of his roman stove into the hor and then seeled with your when starting giving those experiences of his roman stove into the hor and then seeled with your when starting giving those experiences of his roman stove into the hor and then seeled with your when starting giving those experiences of his roman stove into the hor and then seeled with your when starting giving those experiences of his roman stove into the hor and then seeled with your when starting giving those experiences of his roman stove into the hor and then seeled with your when starting giving those experiences of his roman stove into the hor and then seeled with your when starting giving those experiences of his roman stove into the hor and then seeled with your when starting giving those experiences of his roman stove into the hor and then seeled with your when starting giving those experiences of his roman starting giving thos mate often cause sudden attacks of lery he became. The narrative is a not made a success of fireless cooking unique record of adventure, written with humor and power of graphic de-

> Every phase of the Panama Canal has been written but once and that is the artistic. William Harnden Foster recently made a series of unusual should be lined with asbestos or with black and white, and they will be relent service. In Toronto the Sunnyproduced in Scribner's for September days hard said service and felting should be

> > lionaire of great strength and pertinacity and his son, who has absorbed and tried to practise certain new ideas of social betterment. The con-THE LITTLE ONES.

They from our slumbers wake us. Until they cease their screaming. Perhaps our rashness we deplore; Indulge in wishing, maybe, GETS ANYWHERE. We had remained a bachelor

While singing, "Sleep, my baby."

is the outcome of untiring practice. | buildings up with home-like conveniences not usually fourd on exposi-An ounce of confidence in yourself is tion premises. Matrons and courteous better than a pound of faith in your attendants will be on hand to look after the needs of ladies and childre

HONESTLY BELIEVE 'FRUIT-A-TIVES'

Greatest Cure For Rheumatism In The World"

"For many years, I suffered from severe Rheumatism, and the attacks were very distressing and prevented me from doing my ordinary work. I tried many remedies and physicians' treatments, but nothing seemed to do me much good, and I was becoming very anxious for fear I would become a permanent cripple from the disease.

I tried "Fruit-a-tives" and this medicine has entirely cured me and I honestly believe it is the greatest Rheumatism cure in the world."

E. E. MILLS. KNOWLTON, QUE., Oct. 12th. 1909.

E. E. MILLS. Such a statement could not be bought from a man like Mr. Mills. He thinks too much of his good name, to sell it or sign it to an untruth. Mr. Mills tried "Fruit-a-tives" after all other treatment failed—and "Fruit-a-tives" cured him of Rheumatism. In the goodness of his heart, he wrote the above letter in order that sufferers in all parts of Canada would know that there is one remedy that actually does cure Rheumatism. This testimonial was entirely unsolicited on our part. We did not know that Mr Mills was taking "Fruit-a-tives" until we received the above letter.

the above letter.

It is a case like Mr. Mills' that proves the marvellous powers of "Fruit-a-tives" in arresting and curing disease. It may be stated, without fear of contradiction, that "Fruit-a-tives" will positively cure Rheumatism when properly used.

"Fruit-a-tives" is the only medicine in the world made of fruit juices and is the greatest Rheumatism cure known to modern science.

50c. a box, 6 for \$2.50, or trial box, 25c. Sold by all dealers or sent, postpaid, on receipt of price by Fruit-a-tives Limited, Ottawa.

tively short walk would soon cause parative ease. Eggs have been cook- being built, residents are grafting

A small old trunk that has no mare. be accomplished without sending for feel all right in the morning. Sold by cracks or breaks where air can enter On these trees metal signs are to the trunk and forget it till meal time planted the trees or grafted them for Felting of some kind mayibe pressed the use of all.

are very likely to become :msanitary ple. It brings the summer visitors unless the kettle is very carefully to Maine. have failed in one of these points. took a step ahead of the old time Crumpled newspapers are some- confusion and waste of town road times used instead of hay, but owing construction without concerted plan

to the printer's ink they are not con- or purpose-roads beginning nowhere sidered sanitary for use near food. and ending nowhere. The box, which must be three or four inches larger in every direction cover must fit tightly over the box improve the appetite and regulate like the lid of a trunk. When the the bowels. Sold by all dealers. box is not in use it should be left open and the hay should be often re-

LOTION FOR TIRED EYES.

When the eyes are hot and tired afthe following simple lotion:-Take a in their midst. No little fear is enterteaspoonful of boracic acid crystals tained by the good, quiet people in and dissolve them in half a pint of this section who have maintained its boiling water. Strain through a exclusive character for more than double thickness of muslin, and keep half a century, and already visions of in a stoppered bottle. Pour a little of boxing exhibitions, cake walks on the this into a cup, and enough hot wa- front porch, sparring partners in the ter to make ir lukewarm and bathe back yard, and other queer things atthe eyes with it; then dry very thor- tending a prize fighter's daily life oughly. It is perfectly harmless, and very soothing. An eye cup, the use of the white residents. which is the most effectual way of The price asked for the property is bathing the eyes, can be bought for a \$62,500, and Johnson, it is said, few cents at a drug store.

Apples Free to Travellers

Along the highways near Topsham, cooker can be improvised with com- Maine, where new State roads are ed to perfection in a padded hat box the wild apple trees outside the old They were placed in a small earthen stone walls along the roadside with flannel and packed in the box which no matter whether he travels by Old Dobbin, the automobile or shank's

makes an excellent fireless cooker, as be placed informing the public that many now know. Fill the trunk with the fruit is for public use, simply reclean hay or excelsior. Buty the pot questing the same care and consideracontaining the food and hot water in tion for others in picking the same the heart of the hay and then close that was shown by those who have

definite, practical and State wide plan of State read construction she

When the digestion is all right, the action of the bowels regular, there is a natural craving and relish for food.

WANTS A FASHIONABLE RESIDENCE

Fashionable folk in Brooklyn are all wrought up over the announcement that Jack Johnson, the negro heavyweight pugilist, is negotiating have loomed up like a spectre before

stands ready to give this amount.

"Eat and Be Merry!"

Stop starving yourself-stop suffering the pangs of indigestion-stop worrying about what you dare and dare not eat. Eat hearty meals of wholesome food, take

and you'll feel like a new person. Sour stomach—heartburn occasional indigestion — chronic dyspepsia — all yield quickly to NA-DRU-CO Dyspepsia Tablets. The properly digested food restores your strength, your stomach regains its tone, and soon requires no further aid. 50c. a box. If your druggist has not stocked them yet send

50c. and we will mail them. NATIONAL DRUG AND CHEMICAL CO. OF CANADA LIMITED. MONTREAL.