10 MORE KIDNEY TROUBLE

Since He Commenced to Take "Fruit-a-tives"

18 LEES AVENUE, OTTAWA, ONT. Three years ago, I began to feel down and tired, and suffered much from Liver and Kidney le. Having read of 'Fruit-a-. I thought I would try them. esult was surprising.

have not had an hour's sickness I commenced using 'Fruit-aand I know now what I have known for a good many yearsis, the blessing of a healthy y and clear thinking brain'. WALTER J. MARRIOTT.

a box, 6 for \$2.50, trial size 25c. Il dealers or sent postpaid on of price by Fruit-a-tives

TRAVELLERS' GUIDE OMINION ATLANTIC RAILWAY

WEDNESDAY JANUARY 1ST., 1919.

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GOING WEST

Expres	/.	Mixed Daily
Middleton 11.35		6.00
Lawrencetown11.50		6.25
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Smith's Cove 12.20		1.57
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Bear River 12.28		12.12
Deep Brook 12.37		2.27
Clementsport 12,44		2.42
Upper Clements 12 53		. 2.52
Annapolis Royal 1.07		3,30
Round Hill 1.22	3	4.00
Tapperville 1.32		4.20
Bridgetown 1.45		5.10
Paradise		5.35
Taradise 1.36		5.55
Lawrencetown 2.03	radio esta	6.30
Middleton 2.20		0 00

GEO. E. GRAHAM. General Manager.

General Passenger Agent.

R. U. PARKER,

H. & S. W. RAILWAY

Read down		Read up
11.10 a.m.	Ly Middleton Ar.	5.00 p. m
11.41 a.m.	466	4.28 p. m
12.00 m.	Bridgetown	4.10 p.m
12.32 p.m.	w 166 - Hewkith	3.43 p. m
12.49 p.m.	Granville Ferry	3.25 p. m
13.12 p.m.	*Karsdale	3.05 p. m
12 20 p.m.	Ar Port Wade Lv	2.45 p. m

Accom. | TIME TABLE | Accom. Wednes-

Connection at Middleton with all points on H. & S. W. Railway and Jominion Atlantic Railway.

W. A. CUNNINGHAM, Div. F. & P. Agent.

Dominion Atlantic R'y lo BOSTON, MONTREAL

and all points in WESTERN CANADA and UNITED STATES via DIGBY and CANA-DIAN PACIFIC LINES

at Lowest Rates

For fares, sleeping accommodation and other information telephone or

R. U. PARKER

General Passenger Agent Hollis Street, HALIFAX, N. S.

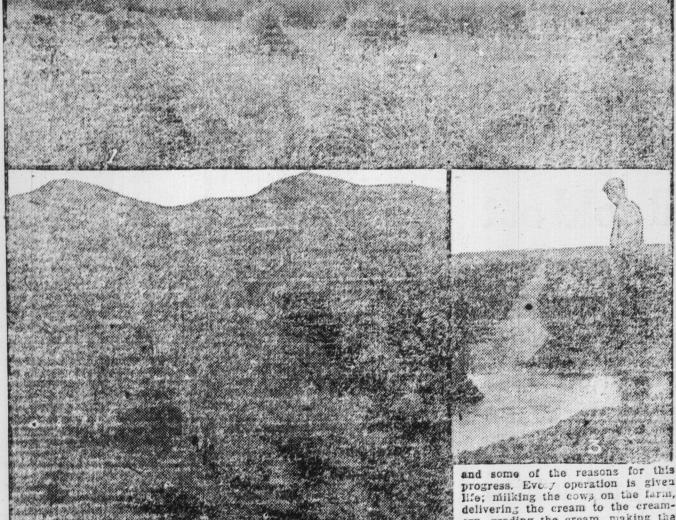
Call and See

The new Easter Novelties and Post Cards

Nice Fruit and Confectionery A large line of pretty boxes Chocolates, all sizes, especilly for Eastertide. Over a dozen varieties of 5c. Chocoate Bars and penny Candies for the children.

Mrs S. C. Turner Variety Store

The Canadian West In "Movies"



progress. Every operation is given life; milking the cows on the farm, delivering the cream to the creamery, grading the cream, making the butter, packing it, and shipping it to the markets in Europe or on the Pacific Coast. The government grading station where the batter is tested and given the grades under which it is soll show that this new country is not taking second place to any other in the methods employed in promoting its dairy industry. In sterilizing, bottling, and delivery of milk to the city residents everything is also up-to-date.

But that it is not all work over there and that the farmer and his family have many diversions is shown in a picture dealing with what may be called the lighter side of life on the farm in Western Canada. A farmer and his family are pictured in their comfortable home, the children have been to school, the mother has finished her household tasks, has fed the chickens and milked the cow, the father has returned from his work in the field. The, are planning to go to the summer fair at Calgary. They decide to go. They are shown at the fair mingling with the crowd, enjoying themselves on the roundabouts, in the shows, and watching the automobile races and ther events. The splendid horses, cattle, sheep and hogs on view at the exhibition are also pictured. Alto-

of the farmer's life in Western Cangether the party spends a very en-The film dealing with irrigation joyable day. Later in the season, they go for farming shows the land being prea holiday. They have not far to go. At the present time there are pared for irrigation, the application They find in the same province holiday resorts that afford an excellent

being shown in various parts of the of water, growing crops of grain and United States some pictures of alfalfa, harvesting, and livestock on actual scenes of various phases the irrigated farm. It also shows the change. They go to one of these of farm life in Alberta, one of irrigation works, including the great places on the shores of a large inthe prairie provinces of Can- Bassano Dam, the largest of its kind land lake. Here they enjoy themada. They show this country in a in the world. The idea one gathers selves bathing, boating, fishin, and very different light from what many of these structures from the picture basking in the sunshine on the had been led to believe it to be. The is that they were built to last, and sands. Afterwards they visit Banff films, which have been produced that those who provided the money in the heart of the Rocky Mountains, the direction of the Can- had great confidence in the country and in connection with their visit. adian Pacific Railway, Department of Colonization and Development, deal with irrigation farming, the dairy industry, and the lighter side and the undertaking.

The dairy film shows the rapid is thrown on the screen. Evidently progress this industry has made in the life of the farmer in Western Alberta during the last few years, Canada is not all work and no play.

American Travellers Want Private Ownership

The Traffic Club of New York, with a membership of eleven hundred, of which the majority consists of users of the transportation systems of the country, has adopted the following resolution:

An Alberta Wheat Field.

(8) An Irrigation Stream.

Movie Men Near Banff Springs ada.

That Government ownership, management or operation of railroads is not conducive to economic efficiency, and that private initiative, enterprise and responsibility in the creation, extension, improvement and operation of the American railroads should as a matter of national policy be fostered That the extension of the present system of Federal control for a period

of five years, or any extension beyond the limitation now prescribed by law of one year and nine months after the proclamation of peace, is earnestly opposed as prejudicial to the public interest. That the recognized impracticability of continuing the Government oper-

ation of the railroads for twenty-one months after peace under the present law is a conclusive reason why the properties should be relinquished, and, that in view of the termination of hostilities, it should be the policy of the Railroad Administration to restore the integrity of individual properties and prepare for their return to the respective owners.

That the principle of reasonable, responsible and adequate Governmental regulation of transportation facilities is recognized and accepted, but that such regulation should provide for the encouragement, protection and development of the railroads.

That the Congress should promptly enact such revised legislation as will provide a uniform system of regulation in essential matters, safeguard the public interest, ensure adequate revenue to provide for equitable treatment of all questions affecting wages and working conditions of employes and attract sufficient capital to maintain and develop transportation facilities which shall meet the necessities of the commercial manufacturing and agricultural interests of the country,

That energetic efforts should be exerted to accomplish the early return of the transportation systems of the country to the control and management of their owners, and the enactment of suitable legislation for the protection of the shipping and traveling public the carriers and their employes.

THE GROWTH OF HABIT

Robustness to many is almost entirely a matter of habit, the habit of taking care and the consistent use of

The energizing properties of Scott's have been proved in thousands of homes nearly everywhere. The habit of using Scott's regularly at trying periods as a means of building up strength and thwarting Mitchell, Provincial Treasurer, anweakness is a habit well worth cultivating. Try Scott's Emulsion for Increased Strength. Scott & Bowne, Toronto, Ont.

Lawrencetown Library Notes

On Monday evening, March 17th, Rev. Dr. DeWolfe, Principal of the Acadia Seminary, delivered a much enjoyed lecture in the demonstra-Building, under the auspices of the Library Association. The title of the lecture was "William Tyndale, and the English Bible, and a very fascinating subject was opened up to the audience. We hope to have the privilege of again hearing Dr.

DeWolfe. Last Saturday over 150 volumes were issued. Owing to the increasing demand for books, it has been found necessary to limit the issue of fiction to one volume per family per week. On the coming Saturday 39 recently arrived books will be put into circulation.

The children are not forgotten by our book committee. A number of choice little story books are in the library and are eminently suitable either for a child's own reading, or for parents to read to their children.

On Thursday evening the Demonstration Building was the scene of a miscellaneous entertainment given by Mr. I. F. Nix, B.A., B.O. The series of readings, humerous and serious, was received very well indeed, as was evident by the generous applause. Miss Ethel Shaffner was encored in a sweetly rendered

Perhaps no war book has enjoyed a greater popularity than Donald Hankey's "A Student in Arms." Series one and two are both in the library, and make very pleasant reading for any thoughtful student of the war.

We hear whisperings of more books to be given to the Library. Fulle particulars later.

Referendum On Beer

QUEBEC, March 20-Ron, Walter nounced officially today that the referendum on beer and wine will be 18-12 held on April 10th next.

Children Cry for Fletcher's

STOR

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of and has been made under his personal supervision since its infancy... Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children-Experience against Experiment

What is CASTORIA Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Boweis, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea-The Mother's Friend.

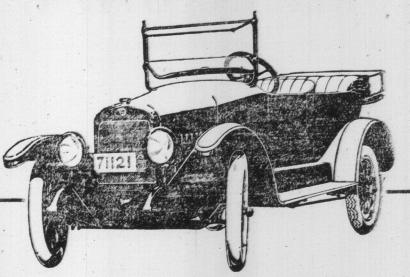
GENUINE CASTORIA ALWAYS

Bears the Signature of

In Use For Over 30 Years The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

GRAY DORT



The Ultimate in Value

Motorists who come to the Gray Dort after having driven other cars. find in the end--whether they previously paid more or less -- that the Gray Dort offers the highest value.

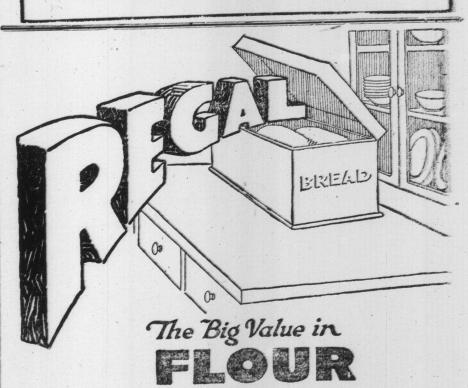
This is the direct result of the basic policy of our business--to build a fine light car, completely satisfying, sturdy, economical. That we are able to sell such a car at a low price is due entirely to the unequalled efficiency of our factory.

will come some day to the Gray Dort as the ultimate in value. You will demand the speed, power, quietness of the Gray Dort motor; the roominess and comfort of the Gray Dort body; the standard equipment. You will not find these things at a lower price. You need not pay a higher.

The touring car is \$1245; the Gray Dort Special—the car with added refinements and extra equipment, is \$135 extra; there are also a coupe, and a sedan. All prices f.o.b. Chatham and are subject to change without notice.

GRAY DORT MOTORS Limited Chatham, Ont. In the U.S.:

Undoubtedly, you too Fred Bath, Bridgetown, N.S.



YOUR BREAD BOX WILL never disappoint you if the loaf you take from it is "REGAL" made.

The St. Lawrence Flour Mills Co. MONTREAL

Featuring the News of Arnapolis and Dighy Counties

Single Copies 3 cents

'eddings Many of Our

SNOW-BOUTILIER

rly Interested

wedding took place nday when Boyd, elder and Mrs. Wm Snow, unified in marriage daughter of Mr. Arthu President of the Nation o, of Halifax. The bride wa by her sister, Emily whi son Fisher, of Middleton, per he duties of best man. Aft nurch of England wedding y had been performed a had been served the hap eft for Boston on a bridal tr the New England State re graduates of Mt. Allis y and have a host of frien Maritime provinces congratulations and h ling were Mrs. Wm. Snow a s Ethel and Dorothy, w to Digby via yesterday

BROWN-BISHOP

tty home wedding took pla sidence of Mr. and Mrs. n. Lawrencetown, on of Sept 10th when Rev. F. united in marriage the daughter. Pearl Marjorie, t lton A. Brown of the sam

ride looked chaming in of white silk and crepe with bridal veil carrying

of roses. The little were Margaret Hall iends of the bride had tast of bloom. The drawing ro the parlor in vellow ng in pink and green. was performed beneath l arch and bell of whi nd evergreen. nty wedding collation

o about fifty guests. valuable wedding gifts wer by the young couple who a: ular in the community.

T Lawrencetown Enterpris

credit is due Mr. T. C of Lawrencetown, for takin matter with Graham' and using his influence t them to establish or plant in that town. Th charge of C. H. Lowell ! ushed rapibly forward an nt may be in operation Oct 15th. This will be om for the fruit growers in n and surrounding district sing of their surplus stock es for ready cash. It. od the capacity will be 10 or more per day and from hands will be employed napolis Valley Fruit and Co., have sold one of the houses to Messrs Grahar vill be used in connecti e Evaporator for stori etc. We wish the ne e every success.

A Royal Reception

mbers of the 85th Bat" , which presented the in the Prim londay night, receive tion in Bridgetown the business section decorated with by of their arriva purchased in a turned aware oors unable Dr. M. E. ge prettily decur ets. The boys way that it by the big aud leatures being vish them cont tour through

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Notice

V. B. RYMER

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