

## FREE ADVICE TO SICK WOMEN

Thousands Have Been Helped By Common Sense Suggestions.

Women suffering from any form of female ills are invited to communicate promptly with the woman's private correspondence department of the Lydia E. Pinkham Medicine Co., Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence. A woman can freely talk of her private illness to a woman; thus has been established a confidential correspondence which has extended over many years and which has never been broken. Never have they published a testimonial or used a letter without the written consent of the writer, and never has the Company allowed these confidential letters to get out of their possession, as the hundreds of thousands of them in their files will attest.

Out of the vast volume of experience which they have to draw from, it is more than possible that they possess the very knowledge needed in your case. Nothing is asked in return except your good will, and their advice has helped thousands. Surely any woman, rich or poor, should be glad to take advantage of this generous offer of assistance. Address Lydia E. Pinkham Medicine Co., (confidential) Lynn, Mass.

Every woman ought to have Lydia E. Pinkham's 80-page Text Book. It is not a book for general distribution, as it is too expensive. It is free and only obtainable by mail. Write for it today.



## Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY.

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## Guide-Advocate

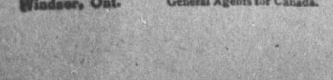
HARRIS & CO. PROPRIETORS. WATFORD, APRIL 4, 1913.

### NOTE AND COMMENT.

The French suffragettes want no discrimination in favor of their sex. They insist upon the right to be guillotined if they are guilty of anything deserving that punishment and herein they are several blocks in advance of their English sisters.

Despite a tariff which enhances the cost of eggs to the consumer, Canada imported over eleven million dozen eggs during the past ten months, valued at \$2,323,000, compared with \$30,000 worth of exports. A decade ago Canada exported thirteen and a half million dozen. Another industry has dwindled to nothing.

Chief Analyst A. McGill, of Ottawa, has recommended that legislation be passed fixing a standard for a can of tomatoes. This is the outcome of recent tests of canned tomatoes, which showed very great disparity in values. The samples ran all the way from 30 to 46 ounces. About 60 per cent. of the number of samples tested were found to contain less than the required standard of fruit, as exacted under the law under



the State of Ohio, and which he thinks should be a good basis for Canada. He thinks that a gross weight of 36 ounces of fruit should be compulsory, exclusive of juice. Under the existing conditions consumers are paying canned tomato prices for cans one-third of whose contents of water.

A great many farmers to-day are land poor; they have so much land that they cannot properly cultivate it. They would be better off by selling some of it and using the money to put conveniences in the home. If money spent on these things helps keep your boy and girl at home, are you not ahead financially in the end? To have them at home means more help for you, which in turn means more farm produce to sell.

If the bill to regulate the width of tires on wagons, introduced by A. M. Rankin, member for Frontenac, becomes law, narrow tired vehicles cannot be sold or offered for sale for use on a public highway after Dec. 31st, 1915. Three years later, that is at the end of 1918, the bill provides for the abolition entirely of the narrow tired vehicles. This allows for the wearing out of the wagons now in use which do not come up to the specifications of Mr. Rankin's bill, which puts a minimum charge of three on four-wheeled vehicles with a capacity of from one to two tons, a minimum of three and a half inches on those with a capacity of from two to three tons, and a minimum of four and a half inches on vehicles with a capacity of over three tons. Two-wheeled carts, the bill provides, must have tires varying in width from four to five inches, according to capacity.

### Our County

Lambton is rich in the quality of its land, climate is ideal, location one of the choicest in Ontario—bounded on two sides by the waters of Lake Huron and River St. Clair—and is fairly well served with railroads. What more could a hardy and industrious people ask to make them prosperous and contented?

Nearly every village and town in the County has a Board of Trade to look after its business welfare, the Lambton Amalgamated Board guards the combined interests of all, the improvement of the highways is under the care of the Good Roads Association, the advertising of the County is energetically handled by the Lambton Publicity Association, and the education of the Agriculturist is ably attended to by the branch of the Ontario Department of Agriculture at Petrolia. The care of every interest is provided for in some way, and with such an organized guarding of interests, Lambton should in a comparatively short time take a front rank among the richest Counties in the Province.—Petrolia Advertiser.

### Forget It.

It is a good thing to confess one's faults on mistakes. It is a better thing to leave them behind us and press on to higher things. Don't go and blab your shortcomings to everybody. Sit down and tell yourself what an ass or sinner you have been and quit doing what you condemn yourself for. The best kind of repentance was defined by a little girl as "to do so no more." If thou hast done foolishly in lifting up thyself or if thou hast thought evil lay thine hand upon thy mouth. You can't help the crows flying over your head but you can prevent them making nests in your hair. You can't account for evil thoughts any more than you can for the bats that fly into your windows. But get them both on the outside as soon as possible. A house is a bad place for bats and a mind inhabited by evil thoughts is about as good as a house filled with creeping things. "Lay thy hand upon thy mouth."

### Increased Grain Crop One-Third.

Mr. Peter C. K. St. Thomas, Ont. writes: "I had a third more oats where I used the Homestead Bone Black Fertilizer. This I know because I left the fertilizer off part of the field. Also the grain was a great deal taller where the fertilizer was used, thus giving a greater amount of straw." Homestead Fertilizers are manufactured and sold by the Michigan Carbon Works, Detroit, Michigan, who will send free to any farmer their book on fertilizers with a handsome calendar postage paid. They want agents where they are not now represented. Address, Michigan Carbon Works, Postoffice Drawer 814-A, Detroit, Michigan, asking for terms.

### Co-operative Experiments in Weed Eradication, 1913.

During the season of 1912, the Ontario Agricultural Experimental Union carried on co-operative experiments in the eradication of Perennial Sow Thistle, Twitch Grass, Bladder Campion and Wild Mustard. A number of practical men took part in these experiments and some very interesting and valuable results were obtained. A properly cultivated crop of rape was found to be an excellent means of destroying Perennial Sow Thistle and Twitch Grass. Rape proved more effective in destroying Twitch Grass than did Buckwheat. Thorough and deep cultivation followed by potatoes or corn gave good results in the control of Bladder Campion. Spraying with Iron or Copper Sulphate proved to be a cheap and effective means of destroying Mustard in growing grain without injury to the crop. Those who took part in these experiments profited by the experience. They cleaned the field experimentally upon, demonstrated to their own satisfaction the effectiveness of the method tried and at the same time their results furnished practical information to others.

These co-operative experiments in weed eradication will be continued this year (1913) and it is hoped that a large number of men will take part in them in order that sufficient data may be gathered to warrant definite statements being made regarding the best methods of controlling these pernicious weeds. The experiments are as follows: 1.—The use of rape in the destruction of Perennial Sow Thistle. 2.—A system of intensive cropping and cultivation, using Winter Rye followed by Turnips, Rape or Buckwheat, for eradicating Perennial Sow Thistle. 3.—The use of rape in the destruction of Twitch Grass. 4.—A method for the eradication of Bladder Campion or Cow Bell. 5.—Spraying with Iron Sulphate to destroy Mustard in cereal crops.

Those who are troubled with any of these bad weeds are invited to write to the Director of Co-operative Experiments in Weed Eradication, Ontario Agricultural College, Guelph, Ontario, who will be glad to furnish full information concerning these experiments and to supply application blanks for the same. An experimenter will be supplied with full and detailed instructions for carrying on the experiment selected and with blank forms on which to report the results of the same. All interested in clean farming are asked to co-operate in this work. Address all communications to J. E. Howitt, Botanical Department, Ontario Agricultural College, Guelph, Ontario.

INTERNALLY AND EXTERNALLY IT IS GOOD.—The crowning property of Dr. Thomas' Electric Oil is that it can be used internally for many complaints as well as externally. For sore throat, croup, whooping cough, pains in the chest, colic and many kindred ailments it has curative qualities that are unsurpassed. A bottle of it costs little and there is no loss in always having it on hand.

In the poultry quarters, be careful to keep fith from accumulating and keep fowls free from lice. Give the ducks clean water every time you feed them because a duck always drinks while eating.

## SHILOH

quickly stops coughs, cures colds, and heals the throat and lungs. 11 " 95 cents.

## The Easy Laxative

In justice to yourself you should try Rexall Orderlies,—your money back if you don't like them. They are a candy confection that really do give easy relief from constipation.

Good health is largely dependent upon the bowels. When they become sluggish the waste material that is thrown off by the system accumulates. This condition generates poisons which circulate throughout the body, tending to create coated tongue, bad breath, headache, dull brain action, nervousness, biliousness and other annoyances.

Avoid harsh cathartics and physic. They give but temporary relief. They often aggravate the real trouble. They are particularly bad for children, delicate or aged persons.

### Rexall Orderlies

Come in tablet form, taste just like candy and are noted for their easy, soothing action upon the bowels. They don't purge, grip, cause nausea, looseness, nor the inconveniences attendant upon the use of purgatives. Their action is so pleasant that the taking of Rexall Orderlies almost becomes a desire instead of a duty.

Children like Rexall Orderlies. They are ideal for aged or delicate persons as well as for the most robust. They act toward relieving constipation, and also to overcome its cause and to make unnecessary the frequent use of laxatives. They serve to tone and strengthen the nerves and muscles of the bowels and associate organs of glands.

persons as well as for the most robust. They act toward relieving constipation, and also to overcome its cause and to make unnecessary the frequent use of laxatives. They serve to tone and strengthen the nerves and muscles of the bowels and associate organs of glands.

### Make Us Prove It

We guarantee to refund every penny paid us for Rexall Orderlies if they do not give entire satisfaction. We ask no promises and we in no way obligate you. Your mere word is sufficient for us to promptly and cheerfully refund the money.

Doesn't that prove that Rexall Orderlies must be right? You must know we would not dare make such a promise unless we were positively certain that Rexall Orderlies will do all we claim for them. There is no money risk attached to a trial of Rexall Orderlies, and in justice to yourself, you should not hesitate to test them.

Rexall Orderlies come in convenient vest-pocket size tin boxes, 12 tablets, 10c; 36 tablets, 25c; 80 tablets, 50c.

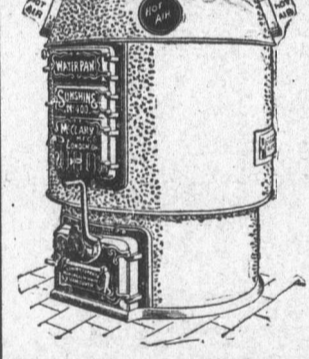
**J. W. McLAREN**  
The Rexall Store  
Watford Ontario

There is a Rexall Store in nearly every town and city in the United States, Canada and Great Britain. There is a different Rexall Remedy for nearly every ordinary human ill—each especially designed for the particular ill for which it is recommended.

The Rexall Stores are America's Greatest Drug Stores

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We Will Save You Money on Building Materials. A New Shipment of Builders' Hardware Just Received From the Manufacturers.

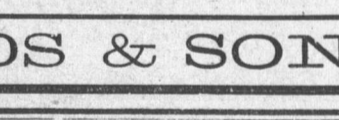


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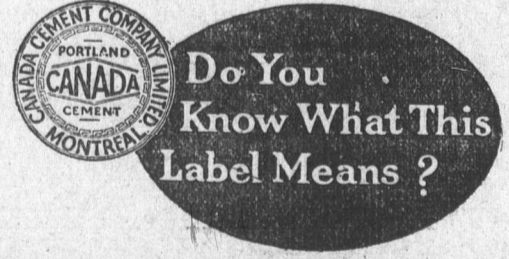


All Kinds of Roofing on Hand at Extremely Low Prices.

Brighten Up Your Home with



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Do You Know What This Label Means?

It means cement of the highest possible quality. It means cement tested by experts whose authority is final at all our mills. It means cement acknowledged by engineers, architects and hundreds of thousands of farmers to fulfil every requirement of scientifically made Portland cement. It means a cement that is absolutely reliable, whether used for a great bridge or for a concrete watering trough. You can use

## Canada Cement

with complete confidence that your concrete work will be thoroughly satisfactory. You ought to have this confidence in the cement you use, because you have not the facilities for testing its qualities, such as are at the disposal of the engineers in charge of big contracting jobs. These engineers know that when cement has passed the tests made upon it at Canada Cement mills, it will pass all their tests. And this same cement is sold to you for your site, your foundations, your feeding-floor, your milk-house or your watering-trough. Used according to the directions in our free book, "What the Farmer can do with Concrete," Canada Cement never fails to give satisfactory results. Write for the book. It not only tells you how to mix and place concrete, but will also suggest scores of uses for it on your farm, every one of them valuable to you. In asking for the book you do not incur the slightest obligation.

There is a Canada Cement Dealer in Your Neighborhood  
Address: Farmers' Information Bureau  
Canada Cement Company Limited, Montreal

## What Cu

Many different remedies have been tried for Eczema and other skin troubles. But it is now known that the only reliable cure is a mild, soothing liquid of Oil of Wintergreen, Glycerine and other ingredients fully compounded that each has its proper effect. This compound is now made up D.D.D. Prescription. Years of and thousands of cures show that of this wonderful compound.

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