



Makes Youngsters Grow

IT'S the richness of Carnation Milk that makes it such a wonderful food.

The fresh milk is received daily at our condenseries located in the better dairy sections.

And the Carnation method—evaporating this good milk to the consistency of cream, taking away nothing but water, adding nothing—assures you of fresh, rich milk.

Give the children lots of Carnation Milk. Give it to them as cream on cereals and as whipped cream on desserts (chill it first of course). Add water and give it to them to drink. Get "The Story of Carnation Milk" with its 100 splendid recipes and see what Carnation Milk will do for your cooking. See page 31 for suggested baby food formula. Write to Aylmer and we'll send a copy.

Of course you buy Carnation Milk the convenient way, too—from your grocer. Order several cans to-day. Directions on every can.

Carnation Milk Products Company, Limited
Aylmer, Ont. Seattle and Chicago, U.S.A.

Condenseries at Aylmer and Springfield, Ont. Canada Food Board Licenses 14-96 and 14-97.

Remember your Grocer can supply you with this good

Carnation Milk

"from Contented Cows"

"MADE IN CANADA"

P. E. OUTERBRIDGE,

Broker and Commission Agent.

Sole Agent in Nfld. for:

The Welch Grape Juice Co.—Grape Juice, Grapelande.

The Pure Gold M'fg. Co., Ltd. --- Jellies, Icings, Essences etc.

Huntley & Palmers Ltd.—Biscuits.

Crosse & Blackwell Ltd. --- General Groceries.

Jas. Pascall Ltd.—Confectionary.

Sutcliffe & Bingham Ltd.—Jellies.

W. Clark Ltd.—Canned Goods.

W. A. Ross & Son Ltd.—Dry Ginger Ale, etc.

Brown & Bigelow Inc.—Advertising Calendars.

The General Accident Assurance Co., of Canada.

Office: King's Road, Corner Gower Street.

Telephone, 567.

According to the French inventor of a machine to measure fatigue, 95 per cent of corpulent persons are so because they have given in when they felt tired, while it is practically impossible to tire out a fat person in good health.

By substituting other metals for mercury in a vapor electric lamp a European scientist produces a pure white light.

When you want Steaks, Chops, Cutlets and Collops, try ELLIS'.

British scientists have found a species of pigmy elephant in the Congo of which the adult animals grow to a height of only five and a half feet.

When you want Sausages, why get ELLIS'; they're the best.

Was Torpedoed While An Auxiliary Cruiser.

The Furness Liner *Sachem* Was Known During the War as Q-54. One of the Mystery Ships.

After several years service as an auxiliary cruiser, and having been torpedoed while engaged in such duty, the R. M. S. *Sachem*, of the Furness Line, is once again back on the Liverpool-St. John's, Nfld. and Halifax service, on her first visit since being released by the Admiralty.

It was early in 1917, while the *Sachem* was engaged in the Halifax and London trade, that she was requisitioned as an auxiliary cruiser. She became known as the Q-54, and was the flagship of Rear Admiral Filer, C.B., D.S.O., engaged in escorting convoys, not only through the war zone but also across the Atlantic, from Newport News and Hampton Roads. She was known as one of the mystery ships.

On December 13th, 1917, she sailed from London for Plymouth, to take on the Rear Admiral and meet the convoy, expecting to arrive there at 6 p.m. on the 15th. On the day, as she was nearing her destination, she was in collision at 4.30 p.m., with something, thought to have been a submarine off Beachy Head. The ship began to take in water, and after a consultation it was decided to continue on to Plymouth, where a dry dock was available. The Q-54 would have gone into Portland, but there was no dry dock there.

Was Torpedoed.

At 12.30 p.m. as she was making her way she was torpedoed, the missile hitting her on the port side, in the centre of the engine room. As the engineers had been on double watch there were two on duty when the torpedo came, and also two watches of firemen. The third engineer was killed and the fourth severely injured. One fireman was injured, but the others had a narrow escape. Depth charges were dropped in the vicinity by destroyers and it is believed that an airplane accounted for the sub. Taken into tow by some drifters the Q-54 reached Plymouth at 6.30 p.m. Eight days after the body of the third engineer was recovered from the wreck in the engine room. The steamer then spent five and a half months at Devonport and ten months at Liverpool. Captain Robert Ritchie, Chief Engineer J. C. Galloway, and Purser R. J. Williams are the only officers on the ship, who were on her when she was torpedoed.

Her Officers.

The officers of the *Sachem* are as follows:

Captain—Robert Ritchie.
First Officer—W. J. Hughes.
Second Officer—W. G. Hodgson.
Third Officer—A. E. Tomkins.
Doctor—H. G. Austin.
First Engineer—J. C. Galloway.
Second Engineer—T. W. Harrow.
Third Engineer—J. T. Jones.
Fourth Engineer—H. T. Hewitson.
Fifth Engineer—J. N. Jones.
Purser and Chief Steward—R. J. J. Matthews.
Assistant Purser—A. C. Pember.
Stewardess—Edith Curry.

The *Sachem* carries a total crew of 65, and all are Royal Navy Reserve men, who have done good service during the war. — Morning Chronicle.

The Harkins Co.

The W. S. Harkins Players will present the following plays at the Casino Theatre this week. To-night and Tuesday night, the sensational melo-drama "Broken Threads." It brings one face to face with the realities of life. One man kills another in self-defence, and the author, Mr. Wilkes shows how the power of the police, the subsidized courts, the crooked politician, can make an exile of an innocent man. "Broken Threads" is a powerful love story filled with the romance of the gold fever. Miss Dalton will play the part of a cabaret singer, introducing songs in the cabaret scene. Wednesday and Thursday nights, the latest New York success "A Stitch in Time," as played by Miss Irene Fenwick at the Fulton Theatre. "A Stitch in Time" is a comedy-drama, on the order of "Pag O' My Heart." It is in four acts with a Cinderella atmosphere, but with real men and women in its telling. The play is an adventurous story in which love figures in a disguise of rage and tatters, for the heroine of the play, makes her first appearance with a mop and pail, as the servant girl in an artist's studio. Mr. Keith Ross will enact the part of the artist, and Miss Dalton "Phoebe Ann," the little scrub girl. Friday and Saturday evenings, the latest sensation in England and America, the comedy "Crook" melo-drama "Cheating Cheaters," pronounced by press and public, a far stronger play than "Within the Law," "Under Cover," "Jimmy Valentine," or "Kick In." It is a play full of climaxes, one following the other in rapid succession. Matinee Saturday. Reserved seats for the week now on sale.

When you want something in a hurry for tea, go to ELLIS'—Head Cheese, Ox Tongue, Baked Ham, Cooked Corned Beef, Bologna Sausage.

New Quarters.

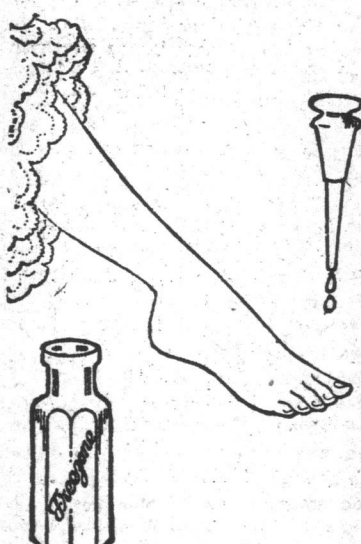
All arrangements are now nearly completed for the opening up of the Cable Office in Ridley Hall, Harbor Grace, and it is said that Mr. T. Belamy will be in charge. The Direct Cable Co. had the office there some years ago, under the superintendence of Mr. Gohorpe, but it was transferred to Bay Roberts; and now they will resume work in the old place, and a magnificent property it is, surrounded by beautiful gardens, and sufficient land to produce sufficient potatoes, turnips, vegetables, etc., for the operators and their families. We understand the staff will consist of six telegraphers.

Slightly Exaggerated.

A few days ago, our readers will remember, we published a few extra particulars of the Trans-Atlantic flight, portions of which were taken from a leading American newspaper, having been cabled it by the special correspondent now in the city. The information contained in the paragraphs referred to, Capt. Penn, the Sopwith organizing manager, tells us, was erroneous, whereas, in a measure it was partly correct, the general tone was misleading. The American publication from which the reprint was taken was regarded as being entirely reliable, and the information was given in good faith. We trust that no inconvenience to the parties connected will arise.

LIFT OFF CORNS!

Doesn't hurt at all and costs only a few cents



Magic! Just drop a little Freezone on that touchy corn, instantly it stops aching, then you lift the corn off with the fingers. Truly! No humbug! Try Freezone! Your druggist sells a tiny bottle for a few cents, sufficient to rid your feet of every hard corn, soft corn, or corn between the toes; and calluses, without one particle of pain, soreness or irritation. Freezone is the discovery of a noted Cincinnati genius.

New and Novel.

A few minutes a day in an electric cage giving high frequency waves enables a man to get along with less food, according to a Paris scientist.

A recently patented safety razor works much like hair clippers, squeezing its handle, sliding blade back and forth behind a toothed guard.

An inventor has brought out a mattress made in thirty-two interchangeable sections, any of which can be removed to add to the comfort of users replaced for sanitary reasons.

Reviewing an old formula invented seventy-five years ago and almost forgotten, French shoe manufacturers are trying to produce a leather useful in their industry from rabbit skins.

A strong and fireproof artificial stone is being made in the Philippines from beach sand and volcanic tufa.

Catching mice in large numbers in orchards and fields is the purpose of a new trap made principally of glass.

Prize Winners.

THE FAMOUS BUDDY BOOTS.
A share in our profits for 1919. The following prizes to be given away free for Christmas of 1919:
Six \$50.00 Victory Bonds.
\$50.00 in Gold.
One Lady's Gold Watch.
12 pairs Men's Long Boots.
12 pairs Boys' Long Boots.
12 pairs Youth's Long Boots.
12 pairs Women's Long Boots.
12 pairs Misses' Long Boots.
12 pairs Child's Long Boots.
Every one who purchases the Famous Buddy Boots or Bear Brand Rubbers have a chance to win one of these great prizes.
Start now and buy Buddy Boots right through the year. Men, Women, Boys and Girls, you all have a chance to be a winner.
Health, Wealth and Happiness, all three combined in Buddy Boots.
Buddy Boots mean Health.
Victory Bonds mean Wealth.
Buddy Boots and Victory Bonds mean Happiness.
Buddy Boots are superior to all other Rubber Boots. Quality absolutely guaranteed. The colour of Buddy Boots is Grey.
Register your name with Dealer to send to us.
CLEVELAND RUBBER CO.,
164-166 Water St., St. John's,
Jan. 2, 1919.

SHOVELS

D Handle Square and Round Point
D Handle Spades.

The Direct Agencies, Ltd.

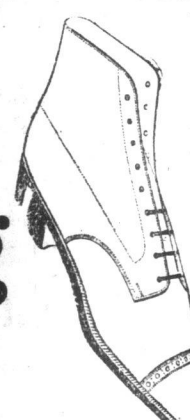
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New Cabbag

To arrive Monday ex S. S. Adolph:
75 crates NEW GREEN CABBAGE.
100 boxes CALIFORNIA ORANGES—all counts.
80 boxes APPLES—all counts.
30 barrels PARSNIPS.

Burt & Lawrence, 14 New Gower

Your Spring Shoes.



Our selection of Spring Shoes are opened and await your inspection. In our very large range of styles you will find a style for every purpose on snappy and stylish lasts.

MEN'S MAHOGANY TAN CALF BLUCHER, Lasted, Round Toe.
MEN'S MAHOGANY TAN CALF, Lasted, English Toe, at \$7.00, \$7.50 to \$10.00.
MEN'S BLACK VICI BLUCHER, Lasted, Round Toe with Rubber Heels attached, only \$8.00.
MEN'S VICI BLUCHER, Lasted, Extra Wide Toe, with Cushion Innersole and Flexible Outersole, only \$5.50.

PARKER & MONROE, LIMITED,
THE SHOE MEN.

Columbia

The first and last word in Grafonola perfection is "Columbia." Here's a fact impossible of contradiction, and we are proud to be the Newfoundland Agents of so world-famed a talking machine.

In all grades the "Columbia" ranks an easy first, but the new Cabinet Grafonolas are nothing short of remarkable. Their tone qualities capable of exquisite shading, their magnificent tone volume, capable of being subdued to a mere whisper of sound. In fine Mahogany their elegant design and beautiful workmanship place them beyond compare.

Columbia Cabinet Grafonolas in prices from \$165.00 to \$350.00 are always to be seen in our Showrooms. Let us show them to you.

U.S. Picture & Portrait Co.
Saint John's.

Forty Years in the Public Service the 'Evening Telegram'



have just been appointed exclusive agents for Betty Wales Dressing. You may now purchase these wonderful creations in St. John's. We display exactly the same Wales creations and just as soon as they are displayed in Fifth Avenue, New York.



A Man

There's nothing "CH" it's a Man's Hat. None of the fringed colourings about the hat. For the man who line tone to his attire.



United Steel Pro

Exporters of Carnegie Illinois Steel American Sheet American Lorain National Shelby Steel Tennessee Coal, Iron Minnesota

P. C. O'Donnell Agents for

de a Difference. the San Francisco Star, Simpson's voice, rum the house. "Mary, here's how many leaves? Two leaves, indeed," replied