

CASTORIA

For Infants and Children.

The Kind You Have Always Bought Bears the Signature of

Chat. H. Fletcher

Use For Over Thirty Years CASTORIA

Vegetable Preparation for Assimilating the Food and Regulating the Stomach and Bowels of INFANTS CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and Loss of Sleep.

Fac-Simile Signature of *Chat. H. Fletcher* NEW YORK.

At 6 months old 35 Doses—35 CENTS

EXACT COPY OF WRAPPER.



MRS. MARY V. GRICE.

Director Mothers' and Children's Building at Jamestown Exposition.

A place where children can run about and play in safety; where babies may be left and carefully tended; where tired women, weary with sightseeing, may rest and be refreshed; where thoughtful mothers may learn things of vital importance to their own and their children's welfare—this is the Mothers' and Children's building at the Jamestown exposition. No other exposition has ever had a building like this. It is unique.

The structure is a modest looking affair; but, although a cottage, it is roomy and well fitted up in basement and two stories. A long, broad veranda runs across the north side inclosed in glass windows, which will be opened and removed in hot weather.

The entire management of the building has been turned over by the exposition authorities into the hands of the National Congress of Mothers, which



MRS. MARY V. GRICE.

has appointed Mrs. Mary van Meter Grice of Philadelphia (its national corresponding secretary), to be director of the work.

Mrs. Grice is a clubwoman and church worker. Winsome, able and gracious, she is finely equipped for the position. She was formerly a teacher. Missionary work, religious education, Sabbath observance and the co-operation of school and home are the efforts to which she has given her activities without stint. Her plans for the mothers and children's work at the exposition are very comprehensive. They include day nursery, kindergarten, playroom and pure food luncheon for the children, for whom seven attendants are provided—three kindergartners and four nurses. Admission is free.

The mothers have a separate section at the east end of the building. A reading room with books on child training, a rest room and an assembly room are provided. Daily conferences are arranged when experts will deliver addresses, followed by discussions. The different state presidents preside at the building for a period each during the season, and special days are set apart for observance by each state.

Make Yourself Comfortable.

One of the first rules for warding off nerve storms is to make oneself as comfortable as possible when at work; a second is to ignore what one cannot have; a third persistently to push aside unpleasant recollections and to take up some vigorous exercise or to sing and sing and sing until the tendency has fled.

Very often when sewing a woman will sit in a chair two inches too high for her, just enough to necessitate a strain upon the toes and calf muscles. Again, the article most needed will be farthest away. The spool, instead of being placed where it cannot fall, is put upon a little ledge, from which it drops at every opportunity in the most provoking manner. Let us therefore seek first for comfort and convenience. Let us not make anything "do" if better can be obtained.

One way, for instance, of guarding against these sewing troubles is to have a sewing screen. Thus everything is in its wretched place, and ordinary neatness will keep it there. In fact, "a place for everything and everything in its place" is a good rule, even if an old one, for those highly strung individuals who fly to pieces at the least irritation.

The screen mentioned is fully within the capacity of the home carpenter, being simply two painted boards hinged together and supplied with hooks, nails on which to place spools, a capacious bag and two shelves. Its mere possession will ward off many a nerve storm from the busy house mother.

The Ordinary Woman.

The world never heard of her. She never was fifty miles from home. She never wore a French hat or had her hair marcelled.

She couldn't hold a room spellbound by her conversation. She will never write a book or paint a picture or inspire great men to mighty destinies. But—

She is one of the truest heroines that ever breathed.

She has been disappointed in the man she loved and loves him yet.

She has nursed him and his children through days and years of tedious illness.

She has borne with poverty and suf-

ABSOLUTE SECURITY.

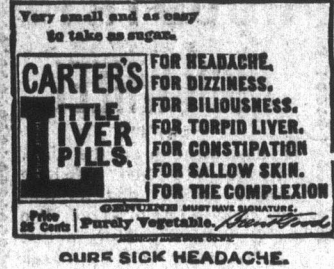
Genuine

Carter's Little Liver Pills.

Must Bear Signature of

Wm. Wood

See Fac-Simile Wrapper Below.



Very small and as easy to take as sugar.

FOR HEADACHE, FOR DIZZINESS, FOR BILIOUSNESS, FOR TORPID LIVER, FOR CONSTIPATION, FOR SALLOW SKIN, FOR THE COMPLEXION.

CURE SICK HEADACHE.

ferred privations and neglect and in every instance done the best she could. She has worked beyond her strength, early and late, has given all cheerfully and asks nothing in return.

All this she has endured has been borne silently, with no whimpering and no whinnings at fate.

And to the very end, though wrinkled and gray in appearance, she has kept sweet and serene in heart and strong in her faith in goodness.

Yes, she is only an ordinary, commonplace woman, and the world is full of her, but wherever she lives there dwells a heroine. She has never asserted herself, it is true, but through self sacrifice she has realized herself and lived the biggest sort of life.

Washing Embroidered Pieces.

It is inadvisable to put embroidered pieces in the regular wash. They should be washed by themselves in a suds made of any pure white soap with warm, not hot, water. Rub the linen as little as possible, but squeeze thoroughly, and when clean rinse in several waters to remove all soap.

Lay the piece between two linen cloths and squeeze again until most of the moisture has been absorbed. When ironing, put on the board a piece of thick soft flannel and over this a white muslin cloth. Lay the embroidery on this with the right side down, cover again with a piece of white muslin to prevent scorching and press quickly with a perfectly clean iron.

Of Interest To Women.

To such women as are not seriously out of health, but who have exacting duties to perform, either in the way of household cares or in social duties and functions, which seriously tax their strength, as well as to nursing mothers, Dr. Pierce's Favorite Prescription has proved a most valuable supporting tonic and invigorating purgative. By its timely use, much serious sickness and suffering may be avoided. The operating table and the surgeon's knife would be believed, seldom have to be employed if this most valuable woman's remedy were resorted to in good time. The "Favorite Prescription" has proven a great boon to expectant mothers by preparing the system for the coming of baby, thereby rendering childbirth safe, easy and almost painless.

Bear in mind, please that Dr. Pierce's Favorite Prescription is not a secret or patent medicine, against which the most intelligent people are quite naturally averse, because of the uncertainty as to their composition and harmless character, but is a MEDICINE OF KNOWN COMPOSITION, a full list of all its ingredients being printed in plain English, on every bottle wrapper.

An examination of this list of ingredients will disclose the fact that it is non-alcoholic in its composition, chemically pure, triple-refined glycerine taking the place of the commonly used alcohol in its make-up. In this connection it may not be out of place to state that the "Favorite Prescription" of Dr. Pierce is the only medicine put up for the cure of woman's peculiar weaknesses and ailments, and sold through druggists, all the ingredients of which have the unanimous endorsement of all the leading medical writers and teachers of all the several schools of practice, and that too as remedies for the ailments for which "Favorite Prescription" is recommended.

A little book of these endorsements will be sent to any address, post-paid, and absolutely free if you request same by postal card, or letter, of Dr. R. V. Pierce, Buffalo, N. Y.

Dr. Pierce's Pleasant Pellets cure constipation. Constipation is the cause of many diseases. Cure the cause and you cure the disease. Easy to take as candy.

The water in which cabbage or onions have been boiled should be allowed to become cold before it is poured down the sink. This precaution will avoid an unpleasant odor in the kitchen.

Remember that the gravy will not be so apt to be lumpy if the pan is removed from the fire while the thickening is being stirred in.

No grittiness in WINDSOR TABLE SALT. The perfect crystals melt quickly, imparting a delicately piquant savour.

Fortunate are they who can fall in love without hurting themselves. Minard's Liniment used by Physicians.

BRITISH IMMIGRANTS

SOME OF THE NEWCOMERS NO GAIN TO CANADA AT ALL.

Mr. Adams Makes Some Suggestions For Bettering Our Immigration Service—Fresh Arrivals Prefer Town to Country Life—Will Not Go On the Farms—Not Sufficient Attention Paid to Rural Districts.

In the current number of the Empire Review Mr. Gerald Adams, who was a delegate from the Canterbury Chamber of Commerce to the Congress of Chambers held in Montreal in 1903, makes some excellent suggestions for the bettering of our immigration service in the United Kingdom. He has evidently given careful study to the question, for he is not misled by the increase in our British immigrants into any false estimates of the real gain to this country. The saying that in numbers there is strength may be questioned when it is applied to some of the swarms that have come across the sea to recruit our population.

Are a Minus Quantity.

Scores of thousands of these newcomers are a minus quantity instead of a gain, a weakness rather than a strength to Canada. In the West, where we want tillers of the soil, the acreage under cultivation has by no means expanded commensurately with the population. But there has been a very striking increase in the number of inhabitants of the towns and cities of the Western interior provinces. A very large proportion of the immigrants from the Western States and from Northern Europe went on, the soil, but the people from Southern Europe and many from the United Kingdom preferred life in the towns and cities. If all were productively engaged there they would be a source of wealth to the country only second in value to the farming class.

Many Undesirables.

But in the towns of the West as well as those of the East the exceptionally good times we have enjoyed for years afford opportunities for hangers-on and parasites who contribute nothing to the country's output. Mr. Adams does not deal with the distribution of the population in our West, but he does clearly enough for the percentage of this element being so large is that the rural districts of Britain are practically ignored by our immigration agents, nearly all of whose efforts are exerted through city offices.

Go to Rural Districts.

Naturally, therefore, it is from the cities we get far the greater part of our immigrants. Mr. Adams is convinced that the British rural districts would furnish us exactly the kind of useful immigrants we want if the means of learning something about Canada were put in their way. He says that men brought up to agricultural pursuits, and with savings amounting to from \$100 to \$500, abound in the United Kingdom, where so small a capital is of little help to them. With their training, their small accumulations of cash, and their wives, daughters, and sisters schooled in the household duties of farming, Englishmen of that type established on homesteads in Canada would be able to improve their lot immeasurably, and would be a real acquisition to the country.

Cheap Farms in West.

In our West, as Mr. Adams truly remarks, such an agriculturist would be able to buy a farm, already broken up, for a sum equal to about two years' rent of a property of similar size in England. But the British small farmer, who has nothing to look forward to but hard work and more onerous conditions, knows little or nothing about the grand opportunities of this country. Our immigration agents do not give him their attention. They find it easier to work in the thickly-settled towns. Mr. Adams advises that the Dominion Government establish agencies in the heart of each rural district, "a smart man," he says, "with his heart in his work and the bump of organization properly developed, could accomplish wonders in emigration propaganda."

Canada and the West Indies.

In reference to the recent visit of the Canadian Board of Trade delegation to the West Indies, the Georgetown (Demerara) Argosy says: Although the visit of the delegates from Canada was even shorter than was originally feared, yet it was surprising how much interchange of opinion and mutual enlightenment was achieved in the time. One worthy son of the Dominion for instance is now convinced from the evidence of his own eyes that the inhabitants of Georgetown wear clothes. Before leaving Halifax he had his doubts. Another is satisfied that his conception of British Guiana as steeped in the calm stagnation of the middle ages was wrong; and he very fairly admits that in some matters—small, they may be—requiring intelligent enterprise and commercial acumen, Canada has perhaps a hint or two to take from the West Indies. It is pleasant to hear these things. It brings us all more to a level and makes talking so much easier. It is difficult to keep up conversation with a man on a pedestal. On the other hand, our visitors gave us a lesson in businesslike discussion.

Perpetual.

"Well, how is your love affair progressing?"

"I've been told that I may hope."

"Indeed? That's everything."

"Well—er—she doesn't seem to think it's anything but hope."

A Mean Retort.

"He said he would die for me."

"He must be dead easy."

Ontario fall wheat supplies
What Manitoba spring wheat lacks;
What Ontario fall wheat lacks,
Manitoba spring wheat supplies.



The right blend of the two makes the only perfect flour for all bread and pastry.

Just try it and prove it.

"Made in Ontario"

FOR MUTUAL PROFIT.

Mingling of English and American Women Benefits Both.

Mrs. Thayer, president of the Lyceum Club, London, Eng., who has been promoting a scheme to bring American women to English universities on Rhodes scholarships lines, said in a recent address:

"English women want sharpening up, and by mixing with American women will get it, while the latter will obtain the toning down they very much need. Under the influence of an American woman an English woman smartens up wonderfully. She becomes quicker, brighter and more vivacious. Once she develops these qualities she retains them. She will also beat an American woman at her own game of making an impression. By her social intercourse with an English woman an American woman benefits quite as much in another way. When she comes over she is crude and her desire for action might almost be described as a nervous disease. After a few weeks in England she loses her rawness and becomes more gentle."

"The average American girl that comes to England needs improvement badly. She is disrespectful and irreverent. As a combination of the two makes a perfect one. The American girl gets the ideas of the English girl and carries them out. The former is more enthusiastic over anything new but flags quicker, while the English girl is more tenacious. If the women of the two nations were to see more of each other I think a great change in both would follow."

SAN FRANCISCO A YEAR AFTER.

San Francisco, with its wonderful growth of the last twelve months, in the brilliant sunshine of a glorious California spring, is not the least attraction of a Pacific Coast trip. The Shrine convention at Los Angeles will attract many. But to the many more, the people who wisely count the cost, and appreciate a bargain, the Canadian Pacific Railway's special excursion rates offer even a greater attraction. Tickets from Toronto to San Francisco and Los Angeles and return are on sale at low rates, good going April 27 to May 2 only; return limit July 31. Full information at city ticket office, corner King and Fifth streets. E. Franklin, C. P. A., or write C. B. Foster, D. P. A., Toronto.

WHY NOT.

purchase a Waltham Watch when they are the best?

In 1854 the whole output of the factory was 375 in actual use.

Up to 1907 the actual output in use is 15,000,000.

This should be sufficient guarantee.

Why not purchase one of these Watches from

A. A. JORDAN'S

Sign of Big Clock.

Phone 469

DR. J. P. SIVEWRIGHT.

Office Opposite Grand Opera House, URQUHART BLOCK

(Upstairs) Phone 235

MUSICAL.

MR. JAMES GALLOWAY—Associate of the Royal College of Organists, Organist and Choirmaster of Christ Church, Chatham, receives pupils on the Pianoforte and Organ, and in Voice Production, Harmony and Counterpoint. Studio over Central Drug Store, Box 294, Chatham.

LODGES

PARTHENON LODGE, NO. 267, A. F. & A. M., G. R. C., meets first Wednesday of every month in Masonic Temple, King Street. Visiting brethren always welcome. J. M. PIKE, W.M. J. W. FLEWES, Sec'y

WELLINGTON LODGE, NO. 46, A. F. & A. M., G. R. C., meets on the first Monday of every month in the Masonic Hall, King Street East, at 7:30 p. m. Visiting brethren heartily welcomed. GEO. MUSSON, W.M. ALEX. GREGORY, Sec'y

VETERINARY SURGEON.

DR. DECOUV is prepared, as usual, to furnish first-class orchestra for concert and other entertainments at reasonable rates. Any number of pieces furnished, also violin and cornet soloists. Pupils taken on violin, and all orchestral and band instruments. Studio, Centre St.

LEGAL

HOUSTON & STONE—Barristers, Solicitors, Conveyancers, Notaries Public etc. Private funds to loan at lowest current rates. Office, upstairs in Sheldrick Block, opposite H. Macdonald's store. N. Houston, Fred Stone.

SMITH, HERBERT D.—Cranby Crown Attorney Barrister, Solicitor etc. Harrison Hall, Chatham.

THOMAS SCULLARD—Barrister and Solicitor, Victoria Block Chatham, Ont.

WILSON, PIKE & CO.—Barristers, Solicitors of the Supreme Court, Notaries Public, etc. Money to loan on Mortgages at lowest rates. Office, Fifth Street, Matthew Wilson E.C., J. M. Pike

MONEY TO LOAN.

MONEY TO LOAN—Company and Private Funds. Farm and City Property for Sale. W. F. Smith, Barrister.

MONEY TO LOAN—On mortgages; lowest rate of interest; liberal terms and privileges to suit borrowers. Apply to Lewis & Richards, Chatham.

MONEY TO LEND—On land mortgage, on chattel mortgage, or on note; lowest rates; easy terms. May pay off part or all at time to suit borrower. J. W. White, Barrister, opposite Grand Opera House, Chatham.

FLEMING & HARPER, GENERAL INSURANCE AGENTS.

Office: 163 King St. West, P. O. Box 836; Telephone 58.

All kinds of Fire, Life, Accident, Marine and Plate Glass Insurance effected at Lowest Rates.

Call, Write or Telephone for Our Rates Before Insuring Elsewhere.

CHATHAM CARPET CLEANING & UPHOLSTERING WORKS.

Queen Street, Opposite St. Joseph's Church.

Have Your Carpets Thoroughly Cleaned Now.

Carpets Taken Up and Relaid

Call or drop Postal Card and we will send to your residence.

BOOKBINDING

Orders for Bookbinding should be left at this office. It is surprising how nice a volume can be made of those magazines, even though they are somewhat soiled from much handling. Books, Magazines or Periodicals bound or rebound in any style at very reasonable prices. Blank books, such as journals, ledgers, day books, with any kind of ruling, made to order. FLANNERY OFFICE, CHATHAM.

NORTH ORFORD.

Miss Martha Hanley, of Thamesville, was the guest of Miss Mary Schindler last week.

Sadie Hetherington has accepted the position as organist in the Turin church.

Hazel Wardell was the guest of Edna Macpherson on Saturday.

Mrs. Moore was the guest of Mrs. Robinson, Kent Bridge, on Thursday.

A number of new fences are being put up this spring.

Mr. Moore is laid up with an attack of lumbago.

Mr. and Mrs. D. J. Macpherson and daughter Edna, were the guests of Mr. and Mrs. Richard Hetherington, Zone, on Sunday.

Mr. and Mrs. J. Secord were the guests of Mr. and Mrs. Robert Gregory, Dante, on Sunday.

JEANNETTE'S CREEK.

W. Fullerton will put in sugar beets on his onion farm this year. C. Chittim, of Providence, was renewing old acquaintances here on Sunday.

The fishermen have hung up their fishing seines.

The football team have re-organized and are practising every night.

Game Warden Wigle was here last week.

Quarterly services will be held in the Methodist Church here next Sunday at 3 p. m. The Rev. Mr. Ball, of Tilbury, will officiate.

Miss DeClute, of Oury, is visiting her grandmother this week.

J. Gibson and R. Wards will work the Newman Garbutt farm this year. O. F. Ouellette lost a valuable horse last week.

If you are not wearing PROGRESS BRAND CLOTHING, you are not getting as much style—as much service—as much satisfaction as you should.

And any man, who buys "PROGRESS BRAND," will tell you so.

"Progress Brand" Clothing



PROGRESS BRAND CLOTHING

C. AUSTIN & CO.

CLEARVILLE.

Mrs. Neal McFarlane, an old and respected resident of Clearville, passed away at her home on Wednesday afternoon. Deceased was 79 years and nine months of age. The late Mrs. McFarlane leaves a husband and four children to mourn her loss. The children are Duncan, of Jackson, Mich., John and Peter at home, and Mrs. Neil Ruthven, of Chatham. The funeral will take place Saturday

afternoon at two o'clock to Duart cemetery.

Run out by extravagance—retrieve by parsimony.

Self-love has no common sense.

Way of a Woman.

Time tries to age a woman fair, But she destroys the trace. For Time she doesn't seem to care, But at him makes a face.

Without Alcohol

A Strong Tonic . . . Without Alcohol
A Body Builder . . . Without Alcohol
A Blood Purifier . . . Without Alcohol
A Great Alternative . . . Without Alcohol
A Doctor's Medicine . . . Without Alcohol
Ayer's Sarsaparilla . . . Without Alcohol

We have no secret! We publish the formulae of all our preparations.

J. C. Ayer & Co., Lowell, Mass.

Chas. W. Baxter, Florist

Floral Emblems a Specialty

Phone 378 Ade'side Street

IT PAYS

To buy your MEATS at Graham's. Head Cheese, Lard, Sausage and all kinds of Fresh and Salt Meats at lowest prices, always on hand.

E. J. GRAHAM

Telephone 525 Op. Power House