

## About the Household

### Dishes With Cheese.

**Toasted Cheese Sandwiches.**—Make plain bread and butter sandwiches cut thinly and with very thin shavings of cheese between, then melt a tablespoonful of butter (if not for fasting fare, bacon fat or bacon dripping is better) and toast the sandwiches until a nice even brown; drain well, sprinkle with pepper and salt and serve hot.

**Cuban Sandwiches.**—Cut the crusts from the bread, do not butter, then lay between the slices first some crisp fresh lettuce leaves spread with salad dressing, then a layer of soft mild cheese, and lastly, some very, very thin slices of dill pickle or cucumber.

**Savory Rice Pudding.**—Simmer two tablespoonfuls of rice in one pint of milk until nearly cooked, then add one ounce of butter and a pinch of salt. Mix together and put into a buttered pie dish, sprinkle half an ounce of finely grated cheese on top and bake in a moderate oven for half an hour.

**Cheese Fritters.**—One egg well beaten with pepper and salt and a little milk. Grate three ounces of cheese, add to it the mixture with a piece of butter and a little more milk. Well butter some patty pans, fill them nearly full and bake in the oven for about 10 minutes. Serve very hot. This makes five fritters.

**Scalloped Cabbage.**—Butter a baking dish and chop finely four cupfuls of cold cooked cabbage or cauliflower. Grate one-half cup of bread-crumbs very finely and one and one-half of cheese. Make one-half pint of white sauce and arrange the cabbage in layers in the baking dish with the sauce spread between each layer. Cover the top with the grated cheese and, lastly, put a crust of the bread-crumbs, dotting it over with little dabs of butter. Bake in a moderate oven until the top is a good brown.

**Cheese Straws.**—Beat

they are removed, and then a few drops of oil should be rubbed into them. This will keep the leather soft, and prevent it from cracking.

Bait your mouse trap with fresh bacon. The mice are not so surfeited with this as with the commonplace cheese usually offered them as a diet. The bacon works wonderfully, and does not crumble and dry up like cheese does.

When you are ironing round doilies or luncheon clothes, place a piece of heavy flannel or a bath towel on the board; then lay the linen so that the threads are parallel and at right angles to the board. If placed in this way the iron will naturally move in the way the threads of the linen are woven, thus saving a considerable amount of wear and tear on your linens. Embroidered pieces should always be ironed on the wrong side of the goods.

### Miscellaneous Dishes.

**Beef Loaf.**—Take one pound of round steak and one-fourth pound of salt pork and grind together until fine. To this add one egg, one pound of cracker crumbs, a dash of cinnamon, salt and pepper to taste and one onion. Mold and bake in the oven for twenty minutes.

**Beef's Heart, Potato Dressing.**—Wash heart well and salt and pepper inside to taste. Chop three medium sized boiled potatoes, and three onions together and add salt, pepper and butter. Fill heart with mixture and lay rest on top. Put in roaster with a little water and beef drippings and roast one and one-half hours. Bread dressing may be substituted, if preferred.

**Boiled Rice Custard.**—To about two cups boiling salted water add two tablespoonfuls of well washed rice and boil about twenty-five minutes. When the rice is cooked remove it

from the water and drain. In a small bowl combine one-half cup of sugar with one-half cup of milk and one-half cup of butter. Stir together until smooth. Add to the rice and mix well.

**Apple Custard.**—To each quart of apple sauce add one cup of custard and mix whites lightly through custard. Tapioca custard can be made in same way only do not cook tapioca. Soak small cup of pearl tapioca over night, then go ahead as with boiled rice.

## The Fashions

### The Latest Smart Features.

For those of us who have, as it were, stacks and stacks of passe frocks to be remodeled, this should prove of banner season. Fashion has been very lenient with our little economies for several seasons past, but this Spring, whether it is the war, with its consequent deprivations to many, which has turned her in this direction, or just because she fancies evolving the odd little conceptions and combinations one sees on every side, certain it is that economy just now is being made very easy and very fascinating.

### Girdles, Bretelles and Jumpers.

Let us suppose for instance, that one has a dark blue serge dress of last season. It may not be worn to any great extent but nevertheless it needs something to make it look more



The Sport Skirt and Jäbot Blouse

### Household Hints.

Always use tools in cleaning which absorb rather than scatter the dust. Bureau scarfs of scrim do not soil easily and are quite pretty.

Ammonia water, instead of soap, for cleaning white paint, will clean it perfectly without dulling.

A bit of butter put into the top of the apples before they are baked will give them a richer flavor.

When making a boiled pudding be sure that the vessel is full to the top. If there is any space, water will get in and the pudding will get heavy.

To string beans perfectly, wash them, plunge them into boiling water, let them stand for three minutes and drain, then every particle of string will come off.

Automobile or other kinds of grease will come off washable materials if a small piece of butter is rubbed into the spot. Wash with soap and rinse.

Vegetables which grow below the ground should be put in cold water for cooking, those which grow above the ground should be plunged in hot water.

A slice of bread put into the cake or cookie jar will preserve the contents. You have probably noticed the glass of water which is used in the same way by the baker.

Hard cheese is more digestible if grated. Certain people can eat cheese prepared in this way, who cannot digest it in any other form.

When new shoes pinch immediately and lasting relief can be obtained from the application of a cloth wet with hot water, and laid across the spots.

All a moderate oven from a quick one? Here is the cook's test: Place a teaspoonful of flour in the oven on a pan. If it burns while you count 12 the oven is quick: If it burns while you count 30 the heat is moderate.

The young should be not only encouraged to save out of their small allowances or earnings, but they should also be taught how and when to spend.

Patent leather shoes should be carefully wiped off with a soft cloth when

## AMERICAN VIEW OF POLAND



Sorting Poland. The people have no shelter or food as the German armies overrun it. The Chicago Tribune.

## "His Conception of Life."

Jesus Says That Life Is More Than Meat and Drink and Raiment.

"The life is more than meat and drink and raiment."—Luke, xii, 23.

It is true, wonderfully true, that "the moon is rising again and the tide of dreams once more floods the naked shingles of the world." The old starlit mystery of things is coming back, and life is once more filled full of meaning and significance. The very science that has seemed to be taking all the glory out of the sky and the divineness out of life is to-day becoming more and more mystical, or, in other words, less and less hostile toward the things of the spirit. Every day this science is confirming more clearly man's intuitive faith that he is spirit; that he does not live by bread alone, and that the meaning of his life is something mysteriously sacred, radiant and exalted beyond all mortal telling.

God is the Universal Spirit.

With new and almost mystical note in science and the new idealism in philosophy there is also coming a new appreciation for the great principles enunciated by Jesus. Apart from all theological considerations, we are coming to think of Him as holding the same place in the realm of the ethical and spiritual life that was held by Copernicus or Newton or Darwin in the realm of physical science. Like them, Jesus was a discoverer of eternal laws, a formulator of the inherent methods, a definer of fundamental principles—laws, methods and principles which are just as true, universal and inevitable in the moral and spiritual realm as are the laws of gravitation or of evolution in the physical. And when Jesus says that God is the Universal Spirit, the All Father, and that we are literally His children, that we came forth from Him and possess His life as the

centre and source of our individual lives; when He says that life is more than meat and drink and raiment, and that a man's life does not consist in the abundance of things he possesses; when He teaches us that the duty of man is to live in love and confidence toward God and love and helpfulness toward our fellows; when He says that death is never the end of life, but only an incident in life, and that "Eternal Life" may be realized and lived here and now, He is simply stating in practical terms His spiritual conception of life, which finds its corroboration to-day in our most modern thinking as well as in the experience of every individual.

### The New Day Dawning.

The greatest of all needs in the world to-day is that men and nations shall grasp the spiritual conception of life. It is the absence of this conception in man's practical thinking and living that breeds all the war and strife of modern civilization. When the materialistic values of money and force and selfishness are replaced by the spiritual values of character, of co-operation and love; when man realizes who he really is and that eternal oneness that binds him to his fellows and to God, then man's true and spiritual life will begin here upon earth. The supreme challenge of this age, in which the old materialism is struggling with the newly awakened spiritual consciousness, is a challenge to all the forces of organized religion to life up the eyes and discern the new day dawning, and then, catching the inspiration from all the new truth as taught by science and philosophy and human experience, to so preach and teach and live the spiritual conception of life that all dead or dying or outgrown forms of religion shall be forgotten.—Rev. John Herman Randall.

the frock has a naturally pastel color. They require much less dye than deep shades. It is most timely that this should happen in the Summer season when we are all of us inclined toward white, pale pinks, blues, mauves, and lavenders which are so particularly fascinating this season. By Fall, if the war is not at an end, perhaps we shall all take to white, but we will not anticipate anything so extravagant unless we may take the present vogue of white shoes and spats as forerunners.

### A Word About Shoes.

While speaking of shoes, it might be well to say a word or two about the new pumps for the dainty, airy frocks of the girl of Spring and Summer, 1916. She will wear the old-time Colonial pump again with its accompanying buckles. And these buckles will be real buckles not mere pretenses, some of them measure as much as two and one-half inches across. They range from the conservative leather covered buckles to the glittering novelty in rhinestones or colored semi-precious jewels.

### RECORDS ARE KEPT.

Volume Appears Containing Words of Dying Heroes.

The first published collections of heroic words and actions of the war on the Franco-Belgian front has appeared in France in a volume of 300 pages, edited by Paul Souchoin. There are remarks of soldiers leaving for the front, in battle and in the trenches, anecdotes of generals and other officers, the talk of the wounded, and the words of dying heroes.

Well toward the beginning is the reply of a soldier marching through Paris, to a news vendor who offered him the latest extra, saying: "Here, my brave boy, is the latest news." "News?" replied the soldier. "It is we who are going to make the news."

Four young artillery men of the contingent of 1913 passed along the Avenue Trudaine, in Paris, on the way to the station. A pretty woman on the arm of her husband stopped on the sidewalk and cried: "Poor boys. Good luck to you," while a tear rolled down her cheek. One of the artillerymen saluted, then took off his cap, twirled it in the air and cried: "Come now, my dear lady, just a little smile please."

Two sergeant-majors chosen from a number of volunteers left the French trenches near the Vesle for an abandoned farm, where, climbing to the garret, they were able to discover the situation of German batteries that were causing considerable losses to the French troops. The French three-inchers soon forced the Germans to change their position to the very spot where these two sergeant-majors were in observation. The French gunners ceased firing until this message came over the telephone: "The guns are in position, go ahead—you may fire, aim at us, commandant, go on, fire." The commandant hesitated to give the order, but the German battery must be silenced, and finally the three-inchers struck up again, destroying the battery and annihilating the farm with the two sergeant-majors.

Souchoin tells a similar story of a lieutenant posted in a tower of five hundred meters from the German trenches, from where he telephoned to the French artillery the positions of the enemy. During a half-hour he continued sending indications, and then finished with the words: "I hear the steps of Germans who are coming up the stairs. Believe nothing more than that; said to you over the wire. I have my revolver, and shall never be taken alive." Nothing has ever been since heard from this officer.

Color Combinations. Blue serge naturally takes to black blue faulle combines effectively with black, many shades of grey, the greenish, copy tones, orange, terra-cotta and similar shades. These dark combinations of course are correct for the street; for the indoor dress or afternoon gown, one may allow the color-fancy a little freer rein. There are some wonderfully vivid touches of color brought in now and then in a sombre frock, quite transforming it. As a general rule, however, pale tones will predominate this season. This is owing to the present condition of

## THE SUNDAY LESSON

INTERNATIONAL LESSON. APRIL 16.

Second Quarter. Lesson III.—The Gospel for the Gentiles—Acts 10.

Golden Text: Rom. 10: 12.

Verse 25. Worshipped—While the word does not in itself imply more than reverence paid, to a superior, by prostration, it is clear that no Roman noncommissioned officer would have behaved thus to a Galilean fisherman: Peter's interpretation of the act was perfectly correct.

26. Even an angel similarly repudiated such worship (Rev. 22: 9). The lowly Jesus accepted it (Matt. 8: 2, etc.).

28. Unlawful—According to the rabbi, who had added this and many other far-reaching novelties to the Law. Even to come unto a Gentile was forbidden, not to speak of close intimacy (join himself). And yet—the latter word has no right in the text; see the paraphrase above. Any man stands in a very emphatic place at the end. Peter has learnt the lesson Paul expounds in Co. 3: 11. Yellow, brown, or black men—to modernize his words—must be regarded by Christians as simply men, and therefore brothers. Common—Compare Mark 7: 2. It is the antithesis of consecrated.

There is a scavenger class in Benares, the Doms, for whom Hindulism has no temple that will admit them, though one shrine there will admit a dog. Christianity came and took them all in; and at least one Dom is to-day a Christian preacher. The holy of holies is open to every sharer in that humanity which Christ put on: "God cleansed" (verse 15) all mankind potentially by the incarnation.

30. Four days ago—We say three, for the ancients counted in the first and last days, and we do not. Suppose Cornelius speaking on a Friday afternoon: his vision was thus on Tuesday. The ninth hour—Except in the Fourth Gospel only the third, sixth, and ninth hours are mentioned in the New Testament, with the eleventh for a special purpose. They are absolutely vague, and are best rendered by forenoon, noon, and afternoon. Only the observant John speaks of hours that needed a sundial to fix them. The three prayer times are those implied in the psalmist's Evening and morning and at noon will I pray.

31. Thy prayer—The petition just offered. Thine alms—The practice of charity. The motive of which God could read; apply Matt. 6: 3, 4, and remember that the American Version openly there is spurious.

33. In the sight of God, as in verse 31, makes all human witness pass into forgetfulness. The Lord, on the lips of the still unevangelized Roman, means Jehovah.

44. It is of course implied that this company of earnest seekers—Jews in faith because they knew nothing better—accepted the Gospel of which Peter's presentation has just been summarized. Note Peter's statement in Acts 11: 15, that he had hardly more than begun.

45. Was poured out—So in Acts 2:

33. The gift—A recurrent term. See especially Heb. 6: 4, and Acts 8: 20. We find its source in the Master's own word, Luke 11: 13. How appropriate is that verb that speaks of the lavish profusion of Him who "giveth not the Spirit by measure" Joel 2: 28 might have taught these Jewish Christians to be so surprised.

46. Speak with tongues—See Lesson Text Studies for January 9. Of course this was only the "outward and visible sign of an inward and spiritual grace"; the overflowing ecstasy of a Divine possession produced these snatches of praise.

47. The greater has been given—how could prejudice itself refuse the less? See Acts 1: 5, quoted when Peter defends himself in Acts 11: 16. Notice how there Peter emphasize the overwhelming predominance of Divine agency: a few words from the messenger who had come so far were quite enough. This verse should be remembered when eccestatical pedants would tie the Holy Spirit to sacraments and orders and red tape generally. "The fruits of the Spirit" are the one sufficient proof of His Presence, and when that is manifest, "the water" is only the poor human recognition of a fact registered in heaven.

48. He commanded—So Peter left the recognition rite to be conducted by others. Just so Paul was "sent . . . not to baptize, but to preach the gospel" (1 Cor. 1: 17). And the Master "himself baptized not, but his disciples" (John 4: 2). In this way from the first was emphasized the secondary importance of the rite as against the preaching of Good News. It was a warning against that purely magical view of "baptismal regeneration" into which the church so soon fell, and largely holds to-day. In the name of Jesus Christ—The invariable formula of the apostolic age, except for Matt. 28: 19. The Trine Name is but the logical sequel of the primitive Creed, "Jesus Christ is Lord."

### Was Not Impressed.

A young housewife was showing a new and inexperienced servant about the house, explaining the various duties that would be hers. In an upper hall they came suddenly to the head of the stairs, and the lady said: "Nancy, you will go down this way always." And with that the lady slipped and stumbled, going down the stairs with many turns and bumps. The new maid was frightened and said:—"Lor', missus, I'm afraid I won't suit you at all. That way of going down stairs is a bit too dangerous for me."

### Why He Was Whipped.

Tommy came home school in tears. "What is the matter, darling?" asked his mother. "Teacher whipped me," he sobbed. "What for?" "Nothin', 'cept answering a question." "That is very singular. Did you answer it correctly?" "Yes, ma." "What was the question, dear?" "She asked me who put the mouse in her desk."

### The Pessimist's View.

"Father," said the small boy, "What's an optimist?" "An optimist, my son, is a man who tries so hard to be cheerful that you feel sorry to see over-working himself."