THE CATHOLIC RECORD

## 

 the liver-clears the head-gives snap and vim to the whole system-and sends a man to business as " bright as a dollar.has a liver.
Abbey's Effervescent Salt Is "the Joy of Living'

| faults and omissions of your fellowmen.If you must busy yourself with the do-ings and sayings of others, at least do | thoodits on our lavy |
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| do not posases, then learn it of himt" <br> charity and reason. |  |
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| that then our reward will be great be- fore the Lord! |  |
| Flower of the Holy Ghost. |  |
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| The leaf stalk reaches several feet in height, and the flower stalk which gro ws from the bulb, bears twelve or gro ss from fifteen buds. |  |
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| ten |  |
|  | , fimme mami |
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| is a perfect image, exquisitely beauti-ful in tints and giving an odor that noperfumer could imitate.The Spaniards named it the "Flowerof the Holy Ghost." |  |
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MAY $21,1904$.
savimgs bank LIFE POLICY





North American Life the financial position of which is our
excellec.

NORTH AMERICAN LIFE
home office: toronto, ont
GOLDMAN, A.I.A., F.C.i.

## 1903

## SURPLUS - SURPLUS



## The MUTUAL LIFE

## OF CANADA.

1903, to $\$ 19,783$
1903, 877,300 .
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ONLY POLICYHOLDERS SHARE IN ITS PROFITS


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