Now Feels Strong and Vigorous

And Fit for Any Amount of Work as the Result of Using Dr. Chase's Norue Food.



Mr. J. Hurlbert.

It is so easy to overlook the warning given by headaches, indigestion, failing memory, lack of power to concentrate the mind, irritability and worry over little things, that many a man does not realize his danger until on the verge of breakdown.

Like the writer of the letter quoted elow, you can call a halt to the below, you can call a halt wasting process and restore vim and energy to the nervous system by us-ing Dr. Chase's Nerve Food, This ing Dr. Chase's Nerve Food, great food cure has a wonderful record of cures.

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Mr. J. Hurlbert, 28 James street, Brantford, Ont., writes:—"I was very much run down in health and as a consequence my nervous system was very much exhausted. Close confinement at my work, I think, brought on the trouble. I started using Dr. Chase's Nerve Food and by the time I had used up one box I felt a great improvement. The continued use of this preparation has thoroughly restored my system so that I feel strong and vigorous and fit for any amount of work. I have also used Dr. Chase's Kidney-Liver Pills and Ointment with splendid satisfaction, and recommend them at every opportunity." Dr. Chase's Nerve Food, 50 cents a box, all dealers or Edmanson Bates & Co., Limited, Toronto.

Better Than Spanking

Spanking does not cure children of bedwetting. There is a constitutional cause for this trouble. Mrs. M. Summers, Box W. 86, Windsor, Ont, will send free to any mother her successful home treatment with full instructions, Send no money but write her today if your children trouble you in this way. Don't blame the child, the chances are it can't help it. This treatment also cures adults and aged people troubled with urine difficulties by day or night.

If it's made of RUBBER We Have It.

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that is gained only by reading. Of course, we have all heard that civilization begins and ends with the plow, and a great deal is written and said about the breadth and freedom or the farmer's life, but it mos. y comes from people who feel mighty uncomfortable when forced to entertain a country relative or friend in their city homes. If country life on the farm is all that they say why does it need advertising so largely All that can be said in its favor will not blind people ; the facts of the case as long as the farmers who succeed in making a comfortable fortune on the farm, rush to the city to enjoy it. In the city the poorest enjoy pleasures denied to the prosperous farmer, and I am sure that if some of our tired irritable country women were transplanted to an ordinary workingman's home in town, where they could hear good music occasionally at small cost, go to church regularly and mingle with other women, we should see a transformation in a very few months, that would open our eyes to the real truth in regard to this "City life vs. Country life" question. I think "Scottie" must be more than half Irish. His letter sounds like that of a hot-headed Irishman, rather than a canny Scot. Dishonesty and deceit are no more prevalent in the country, and the farmer can drive a hard bargain as well as any man, as I am sure "Scottie" will

admit if he is a genuine Scot.

True Friendship

Manitoba, Jan. 25th, 1913. Dear Editor: Today finds me of home in company of The W.H.M. of January issue, and as this is the open season for shooting into the sanctum of the W.H.M. Correspondence column, opinions on dancing and card playing, I would respectfully propose to all members of the worthy W.H.M. correspondence column to dwell upon greater questions than dancing and card playing, and skating. Some one said, "Our Club needs a name," then wouldn't W.H.M. Perpetual Friendship Club be a suitable name, with Justice and Fidelity as a motto. This would establish a direct circuit between W.H.M. Perpetual Friendship and the farm wives problem. We Western bachelor farmers do not want to see such as the farm wives problem in print, and if this continues we will never be able to persuade our future wives (the best half of a man) of our true friendship as taught by the good book. True friendship cannot be bought for a price, but it is conceived and born in the hearts of men, and as the sweet fragrant flowers unfold their buds and fill the earth with their sweet fragrance, so will the germ of friendship develop in the hearts of men and fill the soul with blissful peace and happiness. Friendship, if cultivated according to the teaching of the good book, will live on long after we have departed this old world of tumult and strife. It is a flower that never dies, and is found all along the pathway of life, blossoming with sweet flowers of affection. As bachelors cannot fill their mission in life without their "best half," why not show our wives true friendship that teaches us to love one another, thus adding one more ply to the cord of perpetual friendship? Love is divine and fills our life with light illuminating our pathway with the light of heaven, dispelling every fear. Though the clouds be dark and threatening yet nothing can dispel the light of friendship and love. Domestic friendship and love, who can appraise its value and purifying power in the home? If -llowed to ru'e supreme it will make the home beautiful, sending a stream of light and joy through the household, it will bind hearts together in supreme happines it will dispel all selfishness and hate and shield us from temptations of life, it will fill the soul with happiness and make home a paradise. So if we members of the W.H.M. Perpetual Friendship wish to prove to our sister members that we can attain the high standard of manhood that their ranks demand we must separate ourselves from the things that are foul and base, for the flowers of friendship and love will not live on the barren plains of selfishness and hate, but if planted and cultivated in the fertile soils of fidelity and justice and watered with the dews of perpetual OUR PRICES INCLUDE ALL CHARGES, BOTH DUTY AND POSTAGE

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the great Scientific Specific for these allments. Varicolium will cure you quickly; it will cure you completely; it will cure you permanently. You do not have to wait for months, but experience improvement in a few days. Weakening drains gradually cease; the relaxed value and it is assured. Send 5 cents in stamps for Advice Form and Booklet on "Creative and fitness is assured. Send 5 cents in stamps for Advice Form and Booklet on "Creative and fitness is assured." It is a work of special interest to men on Seminal explains fully all about Varicolbum filler. It is a work of special interest to men on Seminal explains fully all about Varicolbum filler. It is a work of special interest to men on Seminal Eloss of Energy, Kidney Disease, Bladder Weakness, Gleet, Discharges, Urinary Troubles, De Loss of Energy, Kidney Disease, Bladder Weakness, Gleet, Discharges, Urinary Troubles, De Loss of the Vital For ers. (Read Booklet for cases cured similar to yours.)

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