

THE HOME  
THE WORLD

## NEWS OF SPECIAL INTEREST

THE MOVIES  
THE PLAYERSHere are Related Facts and Fancies Concerning the  
Activities of Individuals and Organizations, the  
Home, Fashions and Other Matters.

## Women and the Price of Food

What has been done in other places could be accomplished in St. John by a determined and united effort on the part of housewives. We continue to pay the high prices demanded and do nothing but grumble about it. St. John should have a Housewives League. It has proved of great benefit in other cities.

The following is a fine article written by Helen Ball:

Can women by co-operation influence the price of foods?

It is very apparent that they can. In several of the American cities they have put a boycott on various foods with the result that turkey, eggs and other things became practically a drug on the market.

In Montreal women are co-operating with similar results. In London they are refusing to pay more than thirty-four cents a pound for turkey.

Here in Toronto the local council and affiliated societies have set thirty-five cents as the outside price per pound that they will pay for the Christmas turkey.

The women have started on a thrift campaign. They have begun to demand lower prices. If they will keep on, and will co-operate, they can do many things.

Dealers say that they have been distinctly affected by the stand the women have taken this week.

## Advantages of Thrift

Now are those who have started in so well, with an effort to lower prices, and those who organized the thrift meeting of a week ago, going to follow up their beginnings?

It is impossible to lay too much stress on the importance of thrift to Canada. It works in several ways to the advantage of the country.

Suppose by careful management

you manage to use what hitherto has been wasted, how are you helping Canada?

Some think it absurd to say that by saving what would make a meal for one person is helping to win the war, yet it is so.

Extravagance of one person seems a little. But extravagance of a hundred thousand people amounts to vast quantities. We have five hundred thousand people in Toronto. How many of them waste any food?

You see, very often the price of food fluctuates according to the demand. If every day a hundred thousand potatoes are wasted what is the result? That may be an extravagant figure, as it is not likely that every house in the city wastes one potato a day. Yet can you not realize that a good many thousands are wasted?

Then by thrift we influence the price of food. By thrift we leave more food for other countries. England is feeling the shortage in many things. And by thrift we save money.

## Each Dollar Works

Every dollar women save and put in the bank, is just that much help towards winning the war. For you see the banks are called upon for vast loans. You cannot buy a war loan with the one dollar you save. But if a thousand women each saved a dollar a week, would not that amount to something worth while?

As yet in Canada we have scarcely felt the strain and thus we find it hard to realize that even our little savings are essential towards dealing with the financial side of the war. But we must begin to regard it more seriously. We are a nation grown up, and must act as such in this matter, and not think that we have a right to spend money lavishly just

because we have the money. We have no more right to waste our money than our fighting men have to refuse to fight. Each must give according to his or her ability whether in time, money or strength.

Here's a sigh to those who love me, And a smile to those who hate; And whatever sky's above me, Here's a heart for every fate.

—Byron.

The Captain—"Are you then going to die for nothing?"

Lavinia—"Yes, that is the wonderful thing. It is since all the stories and dreams have gone that I have now no doubt at all that I must die for something greater than dreams and stories."

Captain—"But for what?"

Lavinia—"I don't know. If it were anything small enough to know, it would be too small to die for. I think I am going to die for God. Nothing else is real enough to die for."

—Bernard Shaw.

## RECIPES

## Bran Biscuit

Sift together a cup of bran, half a cup of whole-wheat flour, two level teaspoons of baking powder, a pinch of salt and a tablespoon of sugar. Beat one egg with half a cup of butter, and stir into the dry ingredients, beating until very light. Have ready hot gem pans, preferably of iron, in each of which is sizzling a generous bit of shortening. Fill to within one-third of the top with the batter, and bake in a hot oven until well raised and brown.

## Stale-Bread Griddle Cakes

Crumb the stale bread into a large bowl, pouring off as much of the crust as possible. Pour over the crumbs a pint of boiling hot milk and let stand until the bread is well swelled, then beat in the yolks of two eggs, a pinch of salt, a tablespoon of melted shortening, two heaping tablespoons of flour and the beaten whites of the 2—Women

eggs. Beat well, then fry as usual, being careful in turning them as they are very delicate. If eggs are not convenient add half a cup of crumbs and a pinch of salt to two cups of sour milk and let stand over night, adding after the bread has swelled enough flour to make a batter of the usual thickness. In the morning dissolve a level teaspoon of soda in a little water and stir into the batter, beat well, and fry as usual.

## Apple Sauce Cake

To one cup of unsweetened apple sauce allow half a cup of butter or substitute, with which cream one and a half cups of sugar. Stir into the apple sauce a level teaspoon of soda and add the sauce to the sugar, etc., alternating spoons of the sauce with one and three-fourths cups of sifted flour with which has been mixed half a teaspoon each of nutmeg, cloves, cinnamon and salt. Add last of all half a cup of seeded raisins. Beat well and bake in a loaf for three quarters of an hour.

## Doughnuts

Cream half a cup of melted shortening with a cup of sugar, and add to it two well beaten eggs, one-fourth of a teaspoon of nutmeg and a cup of milk. Sift together four scant cups of flour, a pinch of salt, and three level teaspoons of baking powder, then combine the two mixtures, mix well and roll out with a rolling pin and fry in boiling shortening until well colored. Lay on sieve to drain off grease, and dust when nearly cold with powdered sugar.—Woman's World for January.

FEEL FINE! TAKE  
"CASCARETS" FOR  
LIVER, BOWELS

Spend 10 cents! Don't stay bilious, sick, headachy, constipated,

Can't harm you! Best cathartic for men, women and children.

Enjoy life! Your system is filled with an accumulation of bile and bowel poison which keeps you bilious, headachy, dizzy, tongue coated, breath bad and stomach sour—Why don't you get a 10-cent box of Cascarets at the drug store and feel better. Take Cascarets tonight and enjoy the nicest, gentlest liver and bowel cleansing you ever experienced. You'll wake up with a clear head, clean tongue, lively step, rosy skin and looking and feeling fit. Mothers can give a whole Cascaret to a sick, cross, bilious, feverish child any time—they are harmless—never gripe or sicken.

Face Fashions  
This Year

Demand That the Complexion Be Made Clear and Clean and Nothing Aids the Skin Like Stuart's Calcium Wafers.

All styles of dress this year make it necessary that every woman remove pimples, blotches, etc. This condition is brought about by reason of the fact that the colors used and style of hair dress throw the face in a position of prominence that will make pimples, etc., very hideous if they exist.



"Take My Advice and Use Stuart's Calcium Wafers if You Want a Pretty Skin."

The impurities arising in the body are thrown off in four ways, through the pores of the skin, the lungs, the kidneys and bowels.

Stuart's Calcium Wafers will make the blood clean. They will throw open the pores and in only a short time you will find the entire system free from marks of blood impurity.

The fresh, red, rosy hue of the blood flowing freely close to the skin will give you the complexion you desire. Obtain a box from any druggist anywhere. Price, 50 cents.

FREE TRIAL COUPON.  
F. A. Stuart Co., 348 Stuart Bldg., Marshall, Mich. Send me at once, by return mail, a free trial package of Stuart's Calcium Wafers.

Name .....  
Street .....  
City ..... State .....

The U. S. Oleomargarine Tax (Providence Journal.)

Representative Aswell of Louisiana, has introduced a bill in Congress to reduce the tax on oleomargarine from ten cents a pound to one cent, and to repeal the license tax on all oleomargarine manufacturers. The bill will awaken the butter interests at once.

The tax of ten cents on oleomargarine is for the artificially colored product only. The butter interests claim that while they should be permitted to color their product, which is obtained from the cow's milk, the oleomargarine manufacturers, who obtain their product from the cow after she is butchered, should have no such privilege. Chemically, butter is nothing more or less than oleomargarine. Good oleomargarine is better than mediocre butter, yet the butter interests cry out against the production of a substitute which chemically is the same as their own, and in many instances better.

Representative Aswell declares that his bill will reduce the cost of 150,000,000 pounds of food a year. Anything to reduce the cost of living should be acceptable to the public. The Government should not impose a tax upon any product to favor special interests, and, although the butter men will no doubt rouse themselves to the present emergency, there is hope that the Aswell bill will pass both houses of Congress.

Height of Women  
After taking measurements of the heights of women in France, England and America, a doctor announced that the English woman is the tallest, and the American woman comes next in height. The average Frenchwoman, nearly a midget compared to her English sister, is only five feet one inch in height. The American woman is nearly two inches taller, and the women of Great Britain three and one-half inches taller. American women are the heaviest of the three, their average weight being 117 pounds.

Who's Who and What's What in the Picture World  
and on the Stage—Favorites and What They Say and Do.

## THE INTRIGUE.

There is no doubt as to the feeling of the small children in the audience at the Imperial yesterday afternoon when they saw the spiked helmet of an officer belonging to the army of "a certain foreign power." This picture might have had a sub-title stating that it was this same foreign power which sheds hospitals and fires upon the Red Cross. Leonore Ulrich is not very often seen in St. John. She is an actress of an unusual type and the part of the Countess Sonia, the patriotic girl, who did not have to be asked to do her share of national service but was ready and willing to go overseas at the bidding of her country, suits her very well.

This was an interesting picture, something like a novel by Openheim. There were some minor details carelessly done, like the smashing of a gun by a blow with a chair. The small boy near me was delighted when the "Baron" was tied up with a ship's knot. I wonder who taught Miss Ulrich that.

Seeing America First, for this week was particularly good. There were some fine pictures of the American Sault Ste. Marie locks. These locks were made to escape the twenty miles of rapids and scenes both on the locks and of shooting the rapids were very good. This travel picture was enjoyed by the many children in the audience as well as the grown-ups.

## Beatrice Fairfax.

We never know where we will have to go to follow the adventures of Beatrice and Jimmie but we are always led into some exciting adventure and are able to help somebody out of some difficulty. Personally I think that any British officer who interfered with a temple in India would be court-martialed, but then one has to allow something for the plot. If all writers had to stick to facts for plots where would your stories be? Many would be very dull I'm thinking. The clever way in which Jimmie gets his interviews might be a hint to newspaper writers. That rain of greenbacks which the hotel waiter got under would be a pleasant shower to find.

Annette Kellermann Gets Coral Necklace Ten Feet Long From Jamaicans For Christmas Gift

The most treasured gift Annette Kellermann has received for Christmas is a beautiful blood-red coral necklace, consisting of ten feet of graduated beads, presented to her last week with the best wishes of thousands of Jamaicans.

The necklace came as a tribute to the star of William Fox's "A Daughter of the Gods," for her kindness toward the natives of Jamaica. The Jamaican official, who brought the gift to Miss Kellermann personally, with a long list of names covering many pages in many handwritings, said that it had required months to find the gems.

Not one of the beads was purchased, he declared. Divers around the island had searched for each bit of coral, polished by years of washing by the water. The coral beads are graduated from the size of a birdshot to that of a large marble, and each one is perfect in form.

Work on gathering together the beads began almost immediately after the Fox Film Corporation's big company had completed their picture.

While the company which went to the British West Indies to screen the great William Fox spectacle, now playing at the Lyric Theatre, was in Jamaica, the city thrived as never before.

The influx of gold which poured into the stores also found its way into the homes of workers of every sort, as need soon developed for the labor of countless hundreds of dress-makers, mechanics, carpenters, painters, and men and women in a dozen trades. All were paid on a scale far

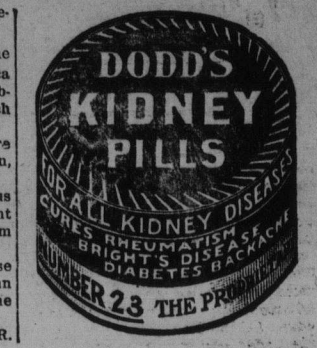
beyond anything they had ever received.

During the eleven months that the film was in the making, Jamaica thought the United States had established on foreign soil another branch of the mint.

Prices of every commodity were sent soaring, and they were gotten, too.

Consequently, Jamaicans, famous for their aquatic skill, each sought for at least one bead for the "Swim Lady's Necklace," as they called it. The project was started by a nurse in a hospital which Miss Kellermann had aided throughout her stay on the island.

ALICE FAIRWEATHER.

IMPERIAL—Friday-Saturday  
SPLENDID BILL FOR THE WEEK-END  
Lenore Ulrich

Bruneite Star

—IN—

## "The Intrigue"

How Germany Plotted to Secure the Secret of the X Ray Gun  
A STORY OF THE PRESENT WAR

A Tale of Daring and Spying and a Woman's Wit

"THE IDOL OF STONE" BEATRICE FAIRFAX "THE IDOL OF STONE"  
Harry Fox and Grace Darling in New Adventure

HEY! Through the Locks at Sault Ste. Marie

## UNIQUE—TODAY—LYRIC

Last Call to See  
CHARLIE CHAPLIN  
In "THE VAGABOND"

"Treading Pearls"  
Presented by the Knickerbocker All-Star Cast

"THE MISSING HELENS"  
Second Edition of the Thrilling Series

"GRANT THE POLICE REPORTER"

SPECIAL NOTICE—LADIES AND CHILDREN  
Attending Sat. Matinee

The first 100 Ladies coming to the Unique Saturday Matinee will receive an exquisite card and novel photo of Francis Ford and Grace Cunard; and the children will be presented with a novel puzzle of "The Purple Mask."

Mon, Tues, Wed., Last Chap. The Shielding Shadow. Fri Ch n. The Purple Mask.

## OPERA HOUSE

TODAY  
Afternoon at 2.30  
15c-10c

TONIGHT  
7.15 and 8.45  
25c-15c-10c

Westerman Musical Co.  
"A Battle-Scarred Hero"

An Entire Change of Play and Vaudeville

LIBERTY 16th Chapter of This Intensely Interesting Dramatic Serial

KEEP IN MIND THIS FACT  
First Chapter of

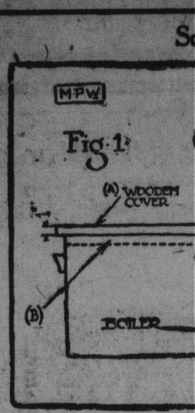
## "The Purple Mask"

Universal's Mystery Detective Serial Will Be Shown at  
THE UNIQUE—Mon.-Tue.-Wed.

in conjunction with the Last Episode of  
"The Shielding Shadow"

The Purple Mask Stars the Universal Favorites:  
FRANCIS FORD AND GRACE CUNARD

DON'T FORGET—Monday, Tuesday, Wednesday

WATCH FOR  
ANNOUNCE

A Steam Press  
Any boy who wishes to make or some furniture will find help to have a steam press. To make one white good work, get a washboard place of the regular cover wooden cover to fit tight, as Fig. 1. The cover should be at least one inch thick, extend about one-half inch (A) of the boiler. N the under side of this board board (B), which will be shape of the rim of the boiler on the inside. Make a pro

Answers to  
Letters  
By UNCLE

Doris Watson, Undine—  
your nice letter Doris. Co may become a member y you will continue to enjoy

"Billie" Burt, Tracey—  
Did you get much gum? I was in a hurry I think. I have looked nice. Thanks

Myrna Smith, Sussex—  
the pretty card Myrna, all greetings. You did very Marlon Lunann, Can

Our most interesting let received. Yes, you must de get others to join. I s your letter, as I was mo in what you had to say ner.

Louisa King, Collins—  
have joined and written nice letter. Very sorry t your brother has been k war.

Marion B. Pearson, Cyre—  
pretty greetings card y Marlon, I hope you had Edgar Leblanc, Durhan

Very glad to have you as a hope you will enjoy t Olive Berry, Sussex—  
treated you well, did he. your cute little cat was s sending you what you ask

There are now n boys and girls on the is anxious to commen dies' names added to He is therefore goli members of the Child number of other chil Jan. 13, 1917, the pri

1st Prize .....  
2nd Prize .....  
and All entries must reach together with the coo

How  
1. Show your s page.  
2. Tell them ab nice stories, Uncle I host of other attracti

3. There are on sible," and "Agree t Corner."

4. The drawing sketches, and use th

5. Among the framers, gold neckla beautiful illustrated

6. The Children recreation and amus are laid aside.

7. The Red Cro ren's Corner Branch

8. All intending pressing their desire roll, promising to k name of the membe to join.

whose decision mus

Name .....  
Address .....  
School .....  
Age ..... B

Name of Teach