Here are Related Facts and Fancies Concerning the Activities of Individuals and Organizations, the Home, Fashions and Other Matters.

The Red Cross Report

the schools.

This can only be done—Belgium's children can only be saved—if every one of us who can possibly do so will give something toward the Fund. Whatever you can afford, send your subscription weekly, monthly or in one lump sum to Local or Provincial Committees, or

Send Cheques Belgian Relief Fund
Treasurer

Send Cheques Payable to
Treasurer

\$2.50 FEEDS A BELGIAN FAMILY ONE MONTH.

G. B. CHOCOLATES

A Few Favorites—Cerellas, Almontines, Almond Crispets, Nougatines, Burnt Almonds, Maple Walnuts, Caramels, Cream Drops, Milk Chocolate, Creams, Fruit Creams, etc.

EMERY BROS. -:- 82 Germain Street Selling Agents for Ganong Bros., Ltd.

The question of winter work was disconseed at the regular monthly meeting of the Red Cross held on afternoon at the depot rooms, Mrs. McArity in the chair.

Some changes in the supplies are necessary, new pyriams suits being saked for, also dressing sowns and comfort bars for hospital use.

The local Red Cross has also taken up work for saliors for whome all kinds of comforts are needed and which will be sent by Mrs. George K. McLood, who has charge of the national service committee under whose direction their work is carried on. Any comforts for saliors or solders should be sent to the local Red Cross depot, No. 2 Chipman Hill.

The needlework report read by Mrs. F. S. White showed a total of 3,856 articles received for the month. These included 462 hospital shirts, 210 py jams suits, 61 comfort bars, 691 levels, as well as a mumber of other articles.

Mrs. A. P. Macintyre, 92; Miss way las a sumber of consective disconstination to the Red Cross needlework department included the following articles:

Mrs. Robert Millian and the following articles:

Mrs. Robert Millian and 185 yards of velour.

Mrs. Robert Millian and the following articles:

Mrs. Robert Millian and the following articles:

Mrs. Robert Millian and the following articles:

Mrs. C. Walker Crable Detroit, Mich. 160 this ether; Stone Church Red Cross Chelo, per Mrs. Mrs. B. Jones, 9 pyriams saits, 1-oyalist Chapter, 1, 0, D. E. 1 package linen; Nursee' Red Cross Club, per Mss Addy, 10 field sibris; Mrs. U. S. Stones of Cross Crele, per Mrs. Flaker, 34 kmit to face cloths.

3,767 yards of fiannelette was purchased during November, 968 yards of towelling and 185 yards of velour.

Mrs. C. Walker Crable Detroit, Mich. 160 this ether; Stone Church Red Cross Crele, per Mrs. Flaker, 34 kmit to face cloths.

3,767 yards of fiannelette was purchased during November, 968 yards of towelling and 185 yards of velour.

Mrs. C. Cosc Crele, per Mrs. Flaker, 34 kmit to face cloths.

3,767 yards of fiannelette was purchased during November, 968 yards of towelling an

An interview with Mr. W. L. Honnold, American Director of the Belgian Relief Commission, brings to light a new danger threatening the population of the territory occupied by Germany.

Mr. Honnold reports that about 5,000,000 wholly or partially destitute people, who have been dependent on the Commission, generally show diminished vitality. The effects are most apparent among the older children, particularly those in the adolescent stage. Among these there is an alarming increase of tuberculosis, due to the lower power of resistance consequent on an inadequate diet.

To overcome this serious danger, the Commission appeals for extra contributions so that a special meal can be served every day in the schools. Efforts are also being made to provide as far as possible for children outside the schools.

Hot Water for Sick Headaches

s why everyone should drink hot water with phosphate in it before breakfast.

Uncle Dick's Corner.

TODAY'S LITTLE JOKE.

TODAY'S LITTLE JOKE.

Dight's Blame Them.

LYRIC.

The destary of labor Franklyn. Ritchis Lakes the part of a self-made man showing powers. One day haby's brother, little Johnny, said to his mother—

"Yes, dear," answered the mother.

"Yes, dear," answered the mother.

"Yes, dear," answered the mother.

"The said to his said

From your nephew, Kenneth McKenney.

this purpose. Christmas decorations will also be gladly received. The boxes can be sent to Miss Austin at the Soldier's Club before Dec. 23rd. Seventy-five men will be provided for. Mrs. J. Lee Day reported the work at the Parks Convalescent Home.

The departure of Miss Irene McQuade was referred to amd good wishing the sent to her.

Headache of any kind, is caused by auto-intoxication—which means self-poisoning. Liver and bowel poisons called toxins, sucked into the blood, through the lymph ducts, excite the heart which pumps the blood, so fast that it consests in the smaller arteries and veins of the head producing violent throbbing pain and distress, called headache. You become nervous, despondent, sick, feverish and miserable, your meals sour, and aimort nauseate you. Then you resort to acetanilide, sapirin or the brondles which temporarily relieve but do not rid the blood of these irritating toxins. A glass of hot water with a teaspoon ful of limestone phosphate in it, dramb before breakfast for awhile, will not only wash these poisons from your system and cure you of headache but will cleanse, purify and freshen the entire alimentary canal.

Ask your pharmacist for a quarter pound of limestone phosphate. It is inexpensive, harmless as sugar, and almost tasteless, except for a south to sugar the pound of limestone phosphate. It is inexpensive, harmless as sugar, and almost tasteless, except for a south to sugar the pound of limestone phosphate. It is inexpensive, harmless as sugar, and almost tasteless, except for a south to sugar the pound of limestone phosphate. It is inexpensive, harmless as sugar, and almost tasteless, except for a south is absolute that the clust may be held at the Girls' Club rooms in the first of the funds. A very nice programme has been prepared by the girls. Mrs. Colby Smith will pesside. That more of the tunds, act desmach, begin the phosphate has been prepared by the girls. Mrs. If you aren't feeling your beat, it tongue is coated or you wake up with bad taste, foul breath or have colds, indigestion, acid stomach, begin the phosphate has been prepared by the girls. Wrs. Colby Smith will pesside. That more of the third prepared by the continue to fitted by "A Friend" to be used for the phosphate has the continue of the continue of

Who's Who and What's What in the Picture World and on the Stage---Favorites and What They Say and Do.

so we could see the children's page.
Kenneth and I are very fond of reading and we have together seventy-five books in our library. Henty and Boy Scouts and others. As my letter is getting quite long I guess I will close.

I remain your loving niece,
Nellie Gladys MacKenney.

Been in Country.
75 Brussels St.
Dear Uncle Dick:
Since seeing you last I have been home in the country helping to pick as the apples in the orchard and now I am back in the city again. I am go ing to try in the mistake contest.
Well, I guess I will close with best wishes to you and the corner.
Yours truly,
Winnie Brock.

UNIQUE.
The Shielding Shadow.
More escapes and more escapes. It would be rather convenient to possess that disappearing mantle of Ravenier's at times. Leontine found it most useful in this chapter. She got her clothes dry very soon after her trip through the watery way out of Blanca's dangerous abode. That was a slight slip on the director's part I imagine, but I suppose none of us would enjoy acting in dripping wet garments even for the sake of realism. The photography in this serial is wonderful. I guess I will close with best wishes to you and the corner.
Yours truly,

Winnie Brock. Away Go the Crutches, Every

Made Well

Quickly.

Old age is usually afflicted with rheumatism. Very few past files the core of the most case the feete of its awful suffering. Ner willine will cure rheumatism. It loos this quickly and the extrects and juices of cortains, the effects of its awful suffering. Ner willine will cure rheumatism. It does this quickly and one of the return of the feete of the saw the surface of the root of hard rub. Northern France.

More Food Urgently Needed to Keep up Their Strength

A mong Children of Belgium and

Northern France.

More Food Urgently Needed to Keep up Their Strength

An interview with Mr. W. L. Honnold, American Director of the Belgium Rel. of the Belg

SAGE TEA TURNS

It's Grandmother's recipe to bring color, lustre and youthfulness to hair

Afternoon at

2.30

TONIGHT 7.15 8.45

"A FAMILY

SPECIAL ADDED FEATURE

CAPT. ASH, Famous Cowboy—Mexican Bandit Fighter and Soldier of Fortune, in feats of Fancy Rifle Shooting and LARIAT SWINGING.

26th N. B. Battalion

every performance, the Special Universal Motio Pictures, taken by an expert camera man, of S John's own 26th Battalion, photographed a short while before they left this city for overseas. Sharp, clear photography. Every member of this famous battalion of heroes is distinctly seen as they pas

Imperial Theatre

Jesse L. Lasky Presents the Bewitching Little Cinema Star

FANNY WARD

Supported by

CHARLES CLARY and JACK DEAN In E. Lloyd Sheldon's Story

EACH PEARL A TEAR"

A Richly Mounted Play and Eminently Suited to the Emotional Capabilities of Miss Ward

STRONG - TRAGIC - TENSE

BRITISH TOPICAL WEEKLY Splendid views of General Sam Hughes in England—The Review at Aldershot—A visit to Windsor Castle, etc. etc.

Along the James River, Virginia

ANITA STEWART IN "THE COMBAT" TOMORROW Another Superb Vitagraph Like "The Chattel.

LYRIC - TODAY - UNIQUE RAVENGAR

OUR STARS TODAY IN A MASTERPLAY: Helen Rosson, Eugene Ford, Franklin Ritchie

"THE UNDERTOW" A strong, startling story of business and society lure,

INTRODUCING A NOVELTY CHAS. DIAMOND "The Dancing Harpist"

THURS-FRI.-SAT **BRAINKMAN**

"THE DISAPPEARING MANTLE" 10TH EPISODE OF 'THE SHIELDING SHADOW"

THE PATHE NEWS Rip Roaring GET-YOU-LAUGHING

Comedy. WED. AND THURS. ONLY

In "THE FIREMAN"

THE STEEL SISTERS.