

This and That

HANG ON LIKE A BEAVER.

When our Tom was six years old, he went into the forest one afternoon to meet the hired man who was coming home with a load of wood. The man placed Master Tommy on the top of the load, and drove homeward. Just before reaching the farm, the team went pretty briskly down a steep hill. When Tommy entered the house, his mother said:—

"Tommy, my dear, were you not frightened when the horses went trotting so swiftly down Crow Hill?"

"Yes, mother, a little," replied Tom, honestly; "I asked the Lord to help me, and hung on like a beaver."

Sensible Tom! Why sensible? Because he joined working to praying. Let his words teach the life-lesson; in all troubles, pray and hang on like a beaver; by which I mean, that while you ask God to help you, you must help yourself with all your might.—Young Pilgrim.

"KILL"-ED IN IRELAND.

Probably the Englishman who was so near being "kill"-ed in Ireland, as related below, had never looked up the meaning of the prefix "kil" in his dictionary, where it is shown to mean a "cell" or "grave-yard."

He chanced to hear the conversation of four Irishmen. One said to his mate "And now where are you going?"

"O, I'm just going to Kilpatrick. And where are you going?"

"O, I'm just going to Kilmory."

"How dreadful and barbarous they are to talk of their intended murders in such a public way!" thought the Englishman.

Assassin three (as the Englishman called them) now said: "Mate, where are you going?"

"O, I'm going to Kilmore."

Assassin four then said: "Faix, you had better be going with me to Kilmaule."

The Englishman, now too frightened to go any farther, boarded the next train to Dublin.

ALCOHOL AS A REMEDY.

I do not intend to deny that the use of mild alcoholic tonics, as a substitute for the frightful remedies of the medieval Sangrados, is a decided improvement, but still it is only a lesser evil, a first step as a progressive reform. Alcohol lingers in our hospitals as slavery lingers in the West Indies, as the witchcraft delusion lingers in South Europe. Has alcohol any remedial value whatever? Let us consider the matter from a purely empirical standpoint. Does alcohol protect from malarial fevers? It is a well known fact that the human organism cannot support two diseases at the same time. Rheumatism can be temporary, producing an artificial inflammation; a headache yields to a severe tooth-

IN CONVENTION.

Teachers Learn Something Not in the Class Books.

A number of young women attending a teachers' convention at Oklahoma City some time ago learned a valuable lesson in hygiene through a sister teacher who says: "About a year ago I had my first attack of poor health and it seemed a terrible thing to me for I had always been so well and strong. My stomach distressed me terribly; it seemed like it was raw, especially after breakfast, and it would burn and hurt me so I could not rest. I was soon convinced that it was caused by coffee drinking and at the request of a friend I gave up coffee and began to use Postum Coffee.

The change in my condition was something marvellous. I had actually given up teaching because the doctors were unable to help my stomach trouble but since I quit coffee and used Postum my troubles have disappeared and I have gone to teaching again.

Some time ago I attended a convention at Oklahoma City and determined to have Postum at my boarding-house where there were eight other teachers, four of them suffering from coffee sickness. My landlady did not make the Postum right but I showed her how and we all found it delicious. We all drank it the rest of the time we were there and the young ladies in question felt much better and declared that their heads were much clearer for study and their general health much improved. I have their names if you care for them." Names furnished by Postum Co., Battle Creek, Mich.

ache. For the same reason the alcohol fever affords a temporary protection from other febrile symptoms, i. e., a man might fortify his system against chills and argue by keeping himself constantly under the stimulating influence of alcohol. But sooner or later stimulation is followed by depression, and during that reaction the other fever gets a chance, and rarely misses it. The history of epidemics proves that pyretic diseases are from eight to twelve times more destructive among drunkards than among the temperate class; rich or poor, young or old, abstainers are only centesimally by diseases that decimate drunkards. On no other point is the testimony of the physicians of all schools, all times, and all countries, more consistent and unanimous.

Is alcohol a peptic stimulant? No more than Glauber's salt or castor-oil. The system hastens to rid itself of the noxious substance, the bowels are thrown into a state of morbid activity only to relax into a morbid inactivity. The effect of every laxative is followed by a stringent reaction, and the habitual use of peptic stimulants leads into a chronic constipation which yields only to purgatives of the most virulent kind.

Does alcohol impart strength? Does it benefit the exhausted system? If a worn out horse drops on the highway, we can rouse it by sticking a knife into its ribs, but after staggering ahead for a couple of minutes, it will drop again, and the second deliquium will be worse than the first by just as much as the brutal stimulus has still further exhausted the little remaining strength. In the same way precisely alcohol rallies the exhausted energies of the human body. The prostrate vitality rises against the foe, and labors with restless energy till the poison is expelled. Then comes the reaction, and before the patient can recover, his organism has to do double work. Nature has to overcome both the original cause of the disease and the effect of the stimulant.—Popular Science Monthly.

LAW AND LIBERTY.

The friends of the liquor traffic keep up the old "Personal Liberty" cry in the interests of their business. This cry is used for the purpose of misleading men of principle to believe that there is something unjust or tyrannical in laws against the liquor traffic.

Over and over the fallacy has been exposed and it has been shown that the injustice and the tyranny lie in the laws that burden what ought to be a free country, with the incubus of the liquor traffic, a system that interferes with the freedom and progress of everything that is good.

The right of the public for the public welfare to interdict the liquor traffic, is well set out in the following forcible paragraphs clipped from an article in "Advance Thought."

The liquor traffic in this country has caused more trouble, anarchy and misery than have all the paupers landed on our shores. Its path has been one continual ovation to crime, pauperism and desolation. Appeal, argument, regulation, and all other political methods of dealing with the steadily aggressive evil have failed. There is one remedy left, and would apply it. That remedy is—Prohibition.

Man has the natural right to deny himself access to an influence antagonistic to his welfare. The natural right to bar out anything that would degrade him. As the community man has the same natural right.

The right to prohibit the entrance of a thief, a robber, a tramp, a brawler, a disturber or insulter within his premises.

The right to prohibit the use of firecrackers on holidays or any other days, regardless of the interests of those who would sell.

The right to prohibit the landing of goods on our shores.

The right to prohibit the admission of paupers to weaken our labor rate and to add to hospital and prison rates.

The right to prohibit the importation and use of opium.

The right to prohibit the public attending executions.

The right to prohibit the erection or

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maintenance of a public nuisance of any kind

The right to prohibit the use of anything that can be named.

Next comes our duty to ourselves, our families, our fellowmen, to society, and to that God in whom we trust.

That duty is faithfully performed only when we restrain ourselves and all who are on the clearly proven downward road.

To prohibit the use of that which is damaging to mind and morals is our duty.

The question of many as to preservation of property for those who are working injury therewith is not to be held in consideration.

As to the liquor traffic. What should be done with it?

If it is an evil, as it is, and should be treated as such, as it is by license and police control it should be prohibited. Therefore, as a free citizen, standing on the rockbed of principle, seeking the welfare of humanity over and above all personal profit or property qualification, we say—

"Prohibit the sale and use of whatever is proven to be an intoxicant."—E. V.

I Know MINARD'S LINIMENT will cure Diphtheria. JOHN D. BOUTILLIER, French Village.

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