 The extibition ended rather badly. It
very nearly was a big day for the lions
and a sad day for Mr. Jenkins-all for and a sad day for Mr. Jenkins-al.
want of proper care in getting ready. Many a man who has business to do and
a living to make and a job to fill is as carea living to make and a job to fill is as careless how he feeds his body
was in picking out a club.

| too starchy, many lack neces |  |
| :---: | :---: |
| are too starchy, many lack necessary elements and so starve the | good milk, it is a complete foodrisp and delicious. |
| body - and many load the system down with fermentation and auto intoxication. | Grape-Nuts is just the food for those who care to meet life's situa- |
| Grape-Nuts helps build health | tions well prepared in health. |
| dstrength. It contains the full | Order Grape-Nuts from your |
| richness of wheat and malted bar- | grocer today. Try it with cream milk for breakfast or lunch, or |
| including the vital mine | ink ior breakast of punch, or |
|  | for din |
|  |  |
| p-Nuts- | Body Builder |
| There's | Reason" |
|  | toed, Windoes, Ontation |

Some foods are too heavy, some
are too starchy, many lack necessary elements and so starve the
body -and many load the system down with fermentation and auto Grape-Nuts helps build health chness of wheat and malted bar ey, including the vital mineral elements, without which the body

Nuts digests quickly and whole-
somely. Served with cream or good milk it io a complete food crisp and delicious. Grape-Nuts is just the food for
those who care to meet life's situations well prepared in health.
Order Grape-Nuts from your grocer today. Try it with cream ar milk for brealkfast or lunch, or
made into $\&$ delightfoul pudding dinner.

Mr. Jenkins Took a Cracked Club To Tame Lions

The exhibition ended rather badly. It how he feeds his body as Mr. Jenkins
in picking out a club.

