

THE LAST RESORT

When all else failed, the Doctors said, "try Fruit-a-tives"

And "Fruit-a-tives" Cured Mrs. Cadieux

"About March 1st, 1909, I was taken deathly sick with Stomach Trouble, Backache and General Breakdown. I failed from 125 pounds down to 80 pounds, was confined to bed for eight weeks, and was unable to eat or keep anything on my stomach, vomiting nearly all the time. I expected to die, and took many remedies as well as employing different physicians. The doctors said they could do nothing for me and, as a last resort, one of the doctors told me to try Fruit-a-tives—if they would not cure me, nothing would."

Plantagenet, Ont., January 31st, 1910.
My husband bought "Fruit-a-tives" from Mr. Arthur Roleau, merchant of Plantagenet, and I started taking them at once, and inside of ten days, I was able to leave my bed. My stomach got strong and I could eat and retain my food. I gained rapidly and soon had my usual good health back again. I weigh as much as I did when I was taken sick, and as much as ever, 125 pounds."

MRS. LAURENT CADIEUX.
Even the doctors recommended "Fruit-a-tives." They said that these would cure my Stomach Trouble, indigestion, and Dyspepsia—and they were right. I am now as healthy as a horse, and I can eat and retain my food. I gained rapidly and soon had my usual good health back again. I weigh as much as I did when I was taken sick, and as much as ever, 125 pounds."

MRS. LAURENT CADIEUX.
The stomach obtains the food which digests food. When the blood is laden with impurities, the digestive fluid (or Gastric Juice) will be impure. These impurities may come from a congested liver, from Constipation, from weak kidneys, from an inactive skin, or from all four. Naturally, the ordinary "digestive powders" and "paleo tablets" will not cure the trouble, because they only help to dissolve the food—they do not get to the seat of the trouble. "Fruit-a-tives" is the greatest remedy ever discovered for all forms of Indigestion, Dyspepsia and other Stomach Disorders, because "Fruit-a-tives" is unequalled as blood-purifying medicine. "Fruit-a-tives" acts directly on the liver, regulates the bowels, strengthens the kidneys, stimulates the skin, and thus rids the whole system of impurities. "Fruit-a-tives" will positively cure you of any kind of Indigestion. "Fruit-a-tives" is sold by all dealers at 50c a box, 6 for \$2.50 or trial size, 25c. If you are unable to obtain "Fruit-a-tives" conveniently, do not accept substitutes but send to "Fruit-a-tives" Limited, Ottawa, and the regular size package will be mailed you, postpaid, on receipt of price.

THE FIRST HANDCUFFS

Different Forms of Devices for Manaculating Prisoners

In Virgil is to be found the first recorded instance of the use of handcuffs. The poet tells us that Proteus was thus fettered and rendered powerless by Aristaeus, who apparently knew that even the gods themselves were not proof against this form of persuasion.
In the fourth century B. C. an army of victorious Greeks found several chariots full of handcuffs among the baggage of the defeated Carthaginians, and it is highly probable that the ancient Egyptians had some contrivance of the kind. The word "handcuffs" is derived from the Anglo-Saxon "hand-cop" whence comes evidently the slang term "copper."
In earliest Saxon days "handcops" were used for nobles, and "foot cops" for kings, but in the fourteenth and fifteenth centuries the word is supplied by the terms "shack bolt" and "swivel manacle," and the instruments were as cumbersome as the names by which they were known.
Up to the middle of the last century there were two kinds of handcuffs in general use. One, known as the "figure eight," was very like those which are still used; the other kind, called the "figure eight,"

was used to restrain violent prisoners. It was so fashioned that the captive could not move his hands and was universally dreaded, for the pain caused by a limb immovably confined is almost unbearable.
A simple but powerful device for securing prisoners was the "twister," now almost obsolete owing to the injuries it inflicts. It consisted of a chain with handles at each end. The chain was put around the wrists, the handles brought together and twisted until a firm grip was obtained. The least struggle on the part of the captive and the chain bit deep into the wrists. Of the same nature, but made of wire, is "the ligote," which is in an emergency, but has proved perfectly satisfactory. The handcuff used in some parts of eastern Europe is most primitive. It is made of a V-shaped piece of metal, in which the wrists are inserted, the open ends being then drawn together by means of a cross hook, which must be kept taut the whole time. The most handy form of cuff, which is in general use at present, comes from America. It is lighter and much less clumsy than the old "flexible."
It is no easier matter to clap the "bracelets" on a person who is struggling violently. Inventors should turn their attention to the subject, for much remains to be done before the fighting prisoner can be quickly and securely secured without harm to himself or his captor.—London Globe.

Afraid of Ghosts

Many people are afraid of ghosts. Few people are afraid of germs. Yet the ghost is a fancy and the germ is a fact. If the germ could be magnified to a size equal to its terror it would appear more terrible than any fire-breathing dragon. Germs can't be avoided. They are in the air we breathe, the water we drink.
The germ can only prosper when the condition of the system gives it free scope to establish itself and develop. When there is a deficiency of vital force, languor, restlessness, a yellow complexion, a hollow eye, when the appetite is poor and the sleep is broken, it is time to guard against the germ. You can fortify the body against all germs by the use of Dr. Pierce's Golden Medical Discovery. It increases the vital force, enriches the blood, puts the stomach and organs of digestion and nutrition in working order, so that the germ finds no weak or tainted spot in which to lodge. "Golden Medical Discovery" contains no alcohol, no opium, no habit-forming drugs, and is a safe and reliable remedy. It is not a secret nostrum but a medicine of known composition and with a record of 30 years of cures. Accept no substitute—there is nothing "just as good." Ask your neighbors.

Cook in Comfort

You no longer need wear yourself out with the weakening heat of an intensely hot kitchen. You can cook in comfort. Here is a stove that gives no outside heat. All its heat is concentrated at the burners. An intense blue flame (hotter than either white or red) is thrown upwards but not around. All the heat is utilized in cooking—none is outside heating.

New Perfection Oil Cook-stove

entirely removes the discomfort of cooking. A match and immediately the stove is ready. Instantly an intense heat is projected upwards against the pot, pan, kettle or boiler, and yet there is no surrounding heat—no smell, no smoke.

Why? Because the New Perfection Oil Cook-stove is scientifically and perfectly constructed. It is automatically controlled. You get the maximum heat—no smoke. The burner is simple. One wipe with a cloth cleans it—consequently there is no smoky. The New Perfection Oil Cook-stove is wonderful for year-round use, but especially in summer. Its heat operates upward to pan, pot or kettle, but not beyond or around. It is useless for heating a room.
It has a Cabinet Top with shelf for keeping plates and food hot. It has long turquoise-blue enamel chimneys. The nickel finish, with the bright blue of the chimneys, makes the stove ornamental and attractive. Made with 1, 2 and 3 burners; the 2 and 3-burner stoves can be had with or without Cabinet.
Every dealer everywhere. If not at yours, write for descriptive Circular to the nearest agency or write for descriptive Circular to the nearest agency or write for descriptive Circular to the nearest agency.

The Imperial Oil Company, Limited.
Cautionary Note: Be sure you get this stove—see that the name "New Perfection" is on the front.

DECLARES WAR ON THE HOUSE FLY

Dr. Law of Ottawa Will Ask New Regulations Governing Stables, the Favorite Breeding Places. Life Story of Fly Which Should Arouse All to Vigorous Campaign

(Ottawa Citizen.)
An infinitely greater menace to humanity than any wild or domestic animal is the ordinary, every-day house fly. What has long been regarded as nothing more than a bothersome pest, in the light of modern science is recognized as a carrier of disease and its success on the household more than any one else.
The favorite breeding ground of flies is the manure pile from stables where horses are kept. In Ottawa, at present, stables may be erected in any part of the city and the regulations covering manure provide that no more than two wagon loads shall be allowed to accumulate in the summer months. Dr. Law is of the opinion that this is not near stringent enough. He is now preparing a set of regulations to be submitted to the board of health covering the locations where stables may be erected and the care of manure. In the summer months in particular, he says, the manure should be kept entirely covered cans or in places screened off so flies cannot get in. This to a large measure will prevent the rapid multiplying.

Cover All Foods
Garbage cans should all be tightly covered, continued Dr. Law. "In the houses too, all kinds of food should be covered. One of the strong arguments for the bottled modified milk for infants is the fact that in the average house the milk, though pure and wholesome when delivered, is accessible to flies which carry typhoid and other germs."
It is just at this season of the year that the presence of the fly becomes generally evident and it is from this time to October that it takes its deadly toll. It is at this time, therefore, that the warfare should be carried into the enemy's camp. It is at this time that every household should become acquainted with the facts and see to it that his premises are not propping the creature that endangers his own family and every other family in the vicinity.

Life Story of Fly
And the life story of the fly is worth reading. The fly has long been an enemy. Yet it has been regarded as nothing more serious than a bothersome nuisance. A score of years ago the entomologist, Howard Crosby, was "Where do the flies go in winter?" The question is still hardly answerable. It is almost impossible to find a fly in March, yet there are millions in September. Here is the story of it.

The cold of the winter kills off the great mass of the fly. There are inevitable quantities of them that perish in winter. They all seem to have disappeared. They, however, are present, come from that which tucked himself away in a snug corner of the garret rafters or down in the crevices of the floor, in keeping the flies ready to reproduce themselves. Each of these produces 1,200 offspring twenty days from the first beginning. That makes 1,440 flies with the same productive power. These breed 1,200,000 in the next ten days, and 200,000,000 at the end of a month. The multiplication goes on for five months, and at the end of that time the family has grown immensely. It makes no difference where the flies go in winter so long as one stays at home to start things again the next year.

Danger of Stables
Flies breed almost no place except in manure piles from stables where horses are kept. The manure from cow stables are not infected with the same germs. But wherever there is horse manure there is the ideal condition for the rearing of great numbers of flies. Conversely, wherever there are great numbers of flies, there is certainly a manure pile in the vicinity. A manure pile in an average degree of infection will, upon scientific examination, show the young of 1,200 flies to the pound. At this rate the refuse of an ordinary stable will produce vast numbers in the course of a few weeks.
But the danger of the fly does not come from the manure pile. To be sure its origin does not tend to make it popular as a promoter over the food or face of the fastidious. Yet the filth of the manure pile is not objectionable in comparison with the other places that the fly haunts. The fly goes everywhere. Decaying dead creatures have a fascination for it and the refuse of all the households roundabout are its means of subsistence. There is nothing unclean in a neighborhood that is not visited by the fly. Then, unless due precaution is taken, there is nothing so secret that they will not bring that filth into it.

Countless Bacteria
Some scientists in Connecticut recently captured 44 common flies in a trap for the purpose of experimentation. They wanted to know how many bacteria were

A CLEANLY AGE

Twentieth Century Ideas Induce Toward Sanitation and Preventatives
Nowadays scientists believe that cleanliness lies the secret of prevention of disease.
To prevent a disease, remove the cause. Just as unclean habits breed many diseases, so careless habits breed many diseases. Improper use of another's brushes, combs, etc., will surely cause dandruff, and, in time, just as surely cause baldness. It is a trouble infection, nothing more.
Newborn babies should be kept clean, and their hair to grow luxuriantly. Herpicide is absolutely free from grease or other injurious substances. Sold by leading druggists and 10c in stamps for sample to Dr. Herpicide Co., Detroit, Mich.
One Dollar Bottle Guaranteed.
E. Clinton Brown, Special Agent.

The Remedies With a Record

Father Morrissey's "No. 10" For Throat and Lungs

During his many years of practice Father Morrissey successfully treated thousands who were suffering from Coughs, Colds, Bronchitis, Asthma, and Inflammation of the Lungs. His favorite prescription was a Cough Mixture and Lung Tonic that came to be called "Father Morrissey's No. 10."
Unlike the majority of cough mixtures, "Father Morrissey's No. 10" does not depend on such drugs as Opium and Morphine to deaden the irritation and give temporary relief—in fact, there is not a trace of any of these dangerous drugs in it.
The simple but effective remedies provided by Nature herself were selected and combined by Father Morrissey, with remarkable skill, into a medicine that has earned the name of a "Lung Tonic" as well as a Cough Cure. It soothes the inflamed membrane of the throat or lungs, removes the irritation or mucus that causes the coughing, relieves the congestion, and restores the parts to a healthy condition. More than that, "No. 10" tones up and strengthens the whole system and fortifies it against future colds.
For ordinary winter coughs and colds "No. 10" is unsurpassed and is one of the safest remedies you can use. Trial size 25c. per bottle. Regular size 50c.

Read what it has done for these two sufferers:
HIN TREE, LA PLAT, N.B.
FATHER MORRISSEY MEDICINE CO., LTD.
I had been ailing for some time and in a low, run-down condition, I experienced pneumonia, was treated by my case up as hopeless. I determined to try Father Morrissey's No. 10, and I am happy to say that I am now as well as ever. I had been ailing for some time and in a low, run-down condition, I experienced pneumonia, was treated by my case up as hopeless. I determined to try Father Morrissey's No. 10, and I am happy to say that I am now as well as ever. I had been ailing for some time and in a low, run-down condition, I experienced pneumonia, was treated by my case up as hopeless. I determined to try Father Morrissey's No. 10, and I am happy to say that I am now as well as ever.

MRS. FELIX N. BOUDREAU.
FATHER MORRISSEY MEDICINE CO., LTD.
I can testify to the benefit derived from Father Morrissey's cure for Bronchitis. For some time I was suffering from this trouble, and could get no relief from it, until I used his medicine. On taking Father Morrissey's medicine, to my surprise, I began to improve, and was completely cured. With a grateful heart I give this testimonial to the great value of Father Morrissey's medicine.
JOHN GRATTAN.

FATHER MORRISSEY'S LINIMENT FOR ACES AND PAINS

In treating Coughs and Colds with "No. 10" or Rheumatism with "No. 7," it helps a great deal to rub the affected parts with Father Morrissey's Liniment. For sore throat and cold in the chest a piece of flannel soaked in the liniment and applied after the rubbing. For Rheumatism the liniment should be warmed and rubbed in freely, morning and evening.

The genuine Father Morrissey remedies are being put up by the same druggists, in exactly the same way, as they were when first they were put out. What they accomplished then for hundreds of sufferers they will do for you now. You know something of their record in years past; you can depend on them now. Get them at your dealer's or from

FATHER MORRISSEY MEDICINE CO., LTD. CHATHAM, N.B.

Father Morrissey's "No. 7" For Kidney and Rheumatism

When the slightest exposure to dampness or cold brings rheumatic aches to joints or muscles, it's a sure sign that the blood is wrong. It's loaded with Uric Acid, poisonous and exceedingly irritating—formed from the worn out tissues and waste matter taken up by the blood from different parts of the body. When things are working right this poison is immediately filtered from the blood by the kidneys and got rid of. But sometimes the kidneys do not keep up with their work—the blood gets overloaded with Uric Acid, and it collects in the fibres of the muscles—in the joints—in the valves of the heart. Then there's a case of Rheumatism, caused simply by defective action of the kidneys, and brought on by exposure.

Father Morrissey had a wide experience in treating Rheumatism, and an exceptionally successful one. The prescription on which he depended was one of his own, called "Father Morrissey's No. 7." It acts directly on the kidneys, and has a toning, invigorating effect on these organs, helping them to clear themselves of the accumulated Uric Acid and to get working properly once more. Then they quickly purify the blood—and the cause of the Rheumatism is gone. The joints limber up, the pains go away and the disease is eradicated from the system. Price 50c. a box.

Hundreds of letters like these have been received from those who have been benefited and cured:

BLACKVILLE, N.B.
FATHER MORRISSEY MEDICINE CO., LTD.
I have used Father Morrissey's medicine for Rheumatism and Coughs and Colds and it has been the best medicine I have used.
JAMES CAVANAUGH.
ST. JOHN, N.B., Nov. 17, 1908.
FATHER MORRISSEY MEDICINE CO., LTD.
I have used Father Morrissey's medicine for Rheumatism and Coughs and Colds and it has been the best medicine I have used.
JAMES CAVANAUGH.
ST. JOHN, N.B., Nov. 17, 1908.
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I have used Father Morrissey's medicine for Rheumatism and Coughs and Colds and it has been the best medicine I have used.
JAMES CAVANAUGH.
ST. JOHN, N.B., Nov. 17, 1908.

Just Give Asepto a Chance at Your Washing

A SEPTO Soap Powder as white as snow—and absolutely without rubbing, boiling or soap. It is a germicide as well.

After all, despite what each maker claims for the particular soap he makes, soap is soap—all more or less the same—all made from the same basic materials—all sold more or less in the same quantities for the price.

While Asepto Soap Powder contains all—and does all the work of the best soaps on the market, it is for its powerful germicidal qualities that it is to be chiefly recommended.

Not only will Asepto cleanse the most delicate fabrics—not only will it wash them

harming them in any way—but it may also be safely used on woodwork—on pots—pans—in every place where there is a single trace of germ life.

Asepto is not harmful to hands or clothes—it does not cause paint or varnish to crack or peel—leaves no blue scum over woodwork, but abolishes dirt and chases disease germs like magic.

A SEPTO SOAP POWDER sweetens the home

The Asepto Mfg. Co. St. John, N. B.

May Rod and Gun

While fishing occupies prominent position in the May number of Rod and Gun in Canada, published by W. J. Taylor, Woodstock, Ont., there is no lack of variety, articles appealing to sportsmen of all tastes appearing in this issue. Anglers who are arranging their spring outings will find ample provision for their entertainment and will revel in the stories of good fishing trips told by their fortunate brethren.

Bonnydale Dale's studies of Wild Ducks in Canada will interest a vast number of people, and sportsmen particularly will find their knowledge of a fine game bird much increased by a perusal of this article. Catching Kids of Mountain Goats and White Water Men of the St. Maurice are stories none should miss. Big game hunting and while camping and mountaineering have their delights pleasantly pictured. For variety and interest the number is excellent throughout and sportsmen should see to it that a copy accompanies them on every trip.

FOR WOMAN, YES; MAN, NO. She—What do you think of marriage? He—Marriage is all right for a woman in fact, I think every woman should marry, but I also think that every man should stay single.

SEVENTEEN YEARS THE STANDARD. Sold by leading druggists and 10c in stamps for sample to Dr. Herpicide Co., Detroit, Mich. One Dollar Bottle Guaranteed. E. Clinton Brown, Special Agent.

Dr. Martell's Female Pills

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