

## THE HYGIENE OF CHILDBEARING

*Care of Infant.*—If in spite of all, the infant is born before the doctor's arrival, see that it does not smother. If it breathes lay it on its back between the mother's thighs, wipe the mucus from its mouth using the little finger covered with a soft cloth, cover it and the mother warmly, and wait for skilled help. If it does not breathe, wipe out its mouth, take it by the heels and hold its head lower than its body for few minutes; in other words, stand it on its head. Keep it warm and it will soon breathe. Keeping the body warm and standing on the head will revive 99 per cent. of all infants that are not actually dead. The other means of resuscitation should not be attempted by an unskilled person, for fear of doing more harm than good.