

different subjects can never be predicted. If toxic symptoms appear after the exhibition of a small dose, it is better to discontinue the drug. 3. If no toxic symptoms appear, gradually increasing doses can be given with safety. 4. According to the experience of the writer it is best given in liquid form, combined with tincture of capsicum, rectified spirit and peppermint water. 5. It acts with remarkable rapidity, the height of its physiological effect being reached in two or three minutes. 6. When several small doses are without effect, larger doses should be given. Sometimes a single large dose acts best. 7. More than one sixty-fifth of a grain cannot be given in a single dose.—*Ex.*

**PROTECTING THE HEALTH OF PRISONERS.**—Intending convicts in

Missouri must take care not to expose themselves to any contagious disease, otherwise they will not be permitted to enter jail. The board of health of that State has recently issued an order that all officers who bring prisoners to the penitentiary must carry with them a certificate of health signed by a local physician and countersigned by the secretary of the State board of health, which certificate must state that the prisoner has not been exposed to any contagious disease for thirty days prior to his transfer to the penitentiary.

WE direct especial attention to the announcement of Dr. W. E. Hamill, on another page of this issue, which is of paramount importance to those who contemplate either selling or buying a medical practice or who is in need of surgical instruments.

### THE BABY'S DIGESTION

Is the source of most of its troubles. A little baby is mainly a small machine for the transformation of food into flesh. If the food is of the right sort there is usually no trouble. A doctor's chief concern is in getting a palatable food that will digest easily. It's easy to get if you start right. Start with

## RIDGE'S FOOD

It is a complete diet in itself. It does not depend on milk to make it nutritious. It has to be prepared, but the results are always good. It has no effect on the bowels—neither laxative nor astringent. It is merely a food, but it is the best food. It digests easily, is readily assimilable and makes sound, healthy flesh. If you are not familiar with it we will be glad to send you a sample can with some literature.

WOLRICH & CO., Palmer, Mass.

## SANMETTO FOR GENITO-URINARY DISEASES.

A Scientific Blending of True Santal and Saw Palmetto in a Pleasant Aromatic Vehicle.

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