

"OVALTINE" is a many-sided and interesting product representing an assimilable concentration of the essential elements of diet in well-balanced proportions. Its value is augmented by definite therapeutic properties and is of service to the practitioner in many directions.

"Avoid a late heavy meal and take a cup of 'Ovaltine' immediately before retiring." This prescription has proved, in numberless cases, of great help in securing light, healthy and refreshing periods of sleep. "Ovaltine" is highly nourishing but causes no active digestive function. It is prepared by simply dissolving the granules in hot milk and water. There is no troublesome cooking or other preparation.

"Ovaltine" is supplied by all druggists. Specially low prices are quoted to hospitals and kindred institutions on direct application to Toronto office.

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