

that might otherwise have been curable from peritonitis or perforation.

A danger of far greater interest to those is the enfeeblement of the human mind, the loss of the powers of intelligence and of moral energy—in a word, of the vigor of the intellect, one of the elements of which is memory.

In schools of different kinds it is seen that those who use tobacco are always below those who do not use it, in their studies. All who smoke do not drink but all who drink, generally, use tobacco, thus showing that they often learn to drink from the use of tobacco.

Cigarettes are especially hurtful; they are made from the ends of cigars which have been thrown away, they are gathered up out of all sorts of places where they are thrown, collectors buy them and send them to manufacturers. The stump of the cigar contains more nicotine than any other part, because every puff causes it to collect there. Contagious diseases are often conveyed in this way, also. The papers in which the cigarettes are wrapped are soaked in arsenic and they are also flavored with some kind of liquor; chewing tobacco is also flavored sometimes.

It is almost useless to say that many diseases are caused by their use also. Young people who use them seldom become very useful, and do not live long. Opium is also put into them, in order to give some bulk and tone to the originally cheap and filthy material.

The smoker inhales the smoke and the soot goes all through the system, causing the skin of a smoker to have a dark appearance, beside this it clogs up the pores, thus keeping the waste material from escaping from the body.

The expense is also great, counting the use of only one five cent cigar a day, and a great many use more and higher priced ones at this rate it costs \$18.25 a year. In a few years the poor man could buy many luxuries with the money spent in this way.

The external application of tobacco to chafed surfaces, and even to the healthy skin, will occasion severe and

sometimes fatal results. A tea made of tobacco, and applied to the skin, has caused death in three hours. A tobacco enema has resulted fatally within a few minutes. Nicotine is one of the most rapidly fatal poisons known. It rivals prussic acid in this respect. It takes about one minute for a single drop of nicotine to kill a full grown cat. A single drop has killed a rabbit in three minutes.

These are only a few of the injurious effects upon the human family in a great many ways. It has been a cause of decrease in population in the native population of the United States, and a means of a great increase in disease of almost every description.

The number of acres devoted to the cultivation of tobacco in the world is stated to be 9,500,000. In the United States more than 1,200,000 acres are thus appropriated. Its production has increased in this country in ten years, from 1870 to 1880, more than eighty per cent. Since 1841, the population of Great Britain has increased twenty-five per cent, but the consumption of tobacco has increased forty-three per cent.

And now if there are any here who use it, or even have used it, I entreat them to give it up if they do not want to stunt all their mental and physical faculties, and also debase the moral, and I might say spiritual, and as each one of us goes on our journey through life let us all do what we can to check this evil which is destroying twenty thousand people annually. There is nothing noble in it, all is low and degrading and leads to evil.

The Society of Friends have been opposed to its use for years and also many other people are now awakening to see the wrong it causes.

Some say when they become addicted to its use they cannot overcome it. But there is a higher Power unto which if we become obedient we can overcome all things.

HAMTONETTA BURGESS.

1st mo. 20th, 1893.