

Don't make a machine of your brain. Don't use the gifts of nature as you would a grindstone. Your body won't stand the wear and tear. It will lose its "grit." Your nerves are sensitive, and every act of excess is bearing down your general vitality. It may not show now, but it will later on. Then it will be too late for regrets. You will be weak, nervous, wretched.

Man, Turn!

See how you have worn yourself out. You know why you are getting so nervous, so liable to calamities. You know you have lost vitality is wasted. You know all this, but you see going on. You can do it only

Look Back!

You might be the same to-day but for the fact that your body has lost the grit. You feel growing cold. The fire is gone from your electric Belt has a wonderful reputation for old like to feel the warm blood coursing through his veins. Give it the fire.

Electric Belt

There are 10,000 men who owe their health to the book, "Three Classes of Men,"

SANDEN,

Washington Street, PORTLAND, Oregon. Is shipped to this Province.

IN MEMORIAM.

(For my teacher, Mrs. L. M. Caldwell, at Victoria.) An angel stood, and with drooping wings, At the side of the Father's throne; All round he heard the bright seraphim; Then—heard he more's low moan.

It rose on the air like a faint, broken sob, Filling the bright realms with wailing; It swept over all like a quivering heart-beat, From the regions of sorrow below.

The angel, spreading his strong wing, went swift, Touched the mortal on eye and on heart; And bore far aloft, to the Father a gift, That soul, now of heaven a part.

The soul with a glad song of pure, deepest bliss, Shook from round it the shackles of pain; And bent low its head for the Father's kiss.

While our tears were falling like rain! Ah, we loved the dear soul who has gone to her rest! She will live in our hearts evermore.

We think of the years which his presence has blessed! They were happier than years gone before. She helped us when, to our young, wandering gaze, Life unfolded its puzzles so deep.

We bless her, and hope that when ended our days, We may meet her when spent is her sleep. Urbana, Ill. MADEIRA UNDERHILL.

WILL HE EVER RETURN.

WASHINGTON, July 22.—In reply to a telegraphic request, A. W. Greely, the Arctic explorer, has sent the Associated Press from Linden, Va., the following statement regarding the Andree expedition.

"It is impossible that Prof. Andree may have reached the North pole or its vicinity. Telegraphic reports, so far as I have seen, state that he started with a south wind of twenty-two miles an hour. The chances of such a wind blowing 600 miles straight to the North pole are, however, very small, as it would be an extraordinary meteorological phenomenon. My opinion on Andree's projected expedition and his probable return were expressed at the sixth international geographical congress, in July, 1895, in London, where I debated the subject publicly with Prof. Andree, and also discussed the chances with him privately, and he admitted the extreme hazardous possibilities of his project. I pointed out that even should he reach the pole, he could hardly expect to find his south wind continuing across the pole for 1,000 miles as a north wind. He expressed his determination to go, and his confidence of returning safely.

"While I believe that Andree will never return, yet experience teaches us that miraculous things occur daily."

"A. W. GREELEY, Commodore Melville not disposed to discredit the news from Andree."

THE DEEP WATERWAY.

WASHINGTON, July 22.—It is expected that before the adjournment of the present session of congress, the President will send to the senate the nominations of the three commissioners provided for by the last congress to provide for the inquiry as to the feasibility of constructing a deep waterway between the Great Lakes and the Atlantic Ocean, by which it will be possible for ocean-going craft to reach Chicago and other lake ports.

It is not necessary to repeat his remarks. When his wife heard them imperfectly, being in the next room, she said: "Oh, do say that over again, dear." "Look here, woman," he replied in a concentrated voice, "when a man gets his finger caught between a sprocket and a chain, it is no time for his wife to get funny." "Oh!" she said. "Was that it?" "Thought you were repeating one of those Christian Endeavour yells."—Indianapolis Journal.

The Semi-Weekly Colonist.

FIGHTING IN INDIA.

A Whole Volume in the Chitral Responds to a Fanatical Cry for Holy War.

Tribesmen Make an Attack on the British Camp and Reinforcements Sent For.

LONDON, July 28.—The Times this morning prints a dispatch from Simla which says yet another proof is given of the wave of fanaticism which is sweeping along the northwest frontier. The story is curious, as showing how quickly the tribesmen can be gathered and how readily they respond to the appeal of fanaticism. Since the Chitral campaign ended the valley has been perfectly peaceful. Trade has developed, and the Swatis have been contented and have shown no sign of disaffection. On Monday, however, without the least sign or warning the whole population underwent a sudden change.

A HOT TIME IN WINNIPEG.

WINNIPEG, July 28.—The Standard Oil Co. lost their oil storeroom and surrounding buildings to-day by fire. The blaze occurred about noon and nothing could be done to save the structure, owing to the intense heat. The loss will be about \$20,000.

AN UNLUCKY STEAMER.

POINT EDWARDS, Ont., July 28.—About three o'clock this morning the steamer Cambria, of the Windsor-Soo line, struck a raft of logs floating off the Point, and was driven ashore one mile north of Port Huron. Passengers and crew landed in safety and were taken to Sarnia. The vessel, it is expected, will be a total loss.

A GUSHER IN GASPE.

QUEBEC, July 28.—The Petroleum Oil Trust has been boring for oil in Gaspe for years, and has at last struck a gusher in the township of Galt. The oil is coming out at the rate of 5,570 barrels per day, while the best record hitherto was five barrels per day.

C. P. R. EARNINGS.

MONTREAL, July 28.—The Canadian Pacific Railway Company's earnings for the half year ending June 30, 1897, are as follows: Gross earnings, \$2,000,577; working expenses, \$1,114,449; net profits, \$886,128.

A TRIPLE MASTY.

CLIFFORD SHIPTON WILL ASK Advice from Resident Officials As to That Output Tax.

Police Reinforcements of Carefully Selected Men For the Northern Gold Region.

(From Our Own Correspondent.) OTTAWA, July 28.—Fred White, controller mounted police, issued orders to-day for the despatch of eighty additional police to the Yukon country. Twenty-five will start almost at once, and the balance in detachments as soon as they can be properly equipped. Care is being taken to select the best possible men, not merely men of the soundest health and high physical vigor, but healthy men, who are familiar with boats, portaging, camping, etc.

PORTUGUESE TROUBLED.

LONDON, July 28.—The Daily Mail's Capetown correspondent says no news has reached Delagoa Bay of the expedition sent by Governor Albuquerque, of

B. C. GOLD FIELDS CO.

Grant Govan's Syndicate Have Scored Success as Pioneers of a New District.

Their System Ensures the Earliest Results—Some Ignorant Critics Answered.

(From Our Own Correspondent.) VANCOUVER, July 27.—Grant Govan is at the Hotel Vancouver. He said to the Colonist reporter this morning: "I have just returned from a trip through the Kootenays, and to-morrow I go up to the Klondyke. My system of prospecting property, rights, privileges and good-will. I intend visiting Victoria at my earliest convenience. While in England I was considerably vexed and very much surprised at the childish nonsense published in one or two mining papers in British Columbia regarding the modus operandi of our B. C. Gold Fields Company, Limited. These slanderous articles were actually sent by the editors of the papers they were printed in to every mining and financial journal in London and labelled marked copy. Fortunately I am known and my reputation by the leading financial newspapers over there, and as a consequence only one or two prominent journals—the Standard and the Globe—copied the article, and in their succeeding edition they apologized for its publication, stating that it had slipped in during the editor's absence. The first time the article appeared in foreign correspondents had been abused by slanderous, unfounded and untruthful statements.

"The statements of these mining journals, I am sure, are not the sentiments of the British Columbia public. We are here to make mines, not to prospect and barkle. The mistake with many companies has been to get a lot of properties and develop them, or try to develop them all at once instead of making one of one of them and securing the confidence of the public.

"Our North Forks properties comprise nearly 1,000 acres of claims, but before any of our claims are made we will be made of the Langier and Waverly. We are building a wagon road from Albert Canyon to the mines, a distance of twenty miles, and before Christmas will ship to Swains, via Vancouver, in all probability 1,000 tons of ore that will give \$100 to the ton. These mines are situated on the Klondyke, and are much richer than those in the Klondyke district. We are practically the first in the Klondyke, and the people are most incredulous when they hear of the great richness in the mineral deposits.

"Many claims have been made from the Klondyke running 3 ounces in gold and 80 ounces in silver, while the average assay of the Waverly is half an ounce in gold and 140 ounces in silver. A road is to be built from the Klondyke to the C.P.R. When this is done we will ship 5,000 tons of ore a week. We are after results, and results we must get, and shall have. If anyone else has detractors some wise men who have the interests of the province at heart should secure the establishment of a Mining Journal, which would command the respect of the outside world and which would be recognized as an authority on mining matters. The English financial journals have a very poor opinion of the men who write the weak, childish nonsense sent to them as marked copy.

"We have been accused of buying prospects for a mere song and floating them in England. We have spent \$700,000 cash in acquiring property, and \$800,000 cash, in exchange stock, but I value highly, but if our properties are not successful producers I lose what I have paid for them. "Something was said about the price obtained for the Waverly. We wanted \$1,000,000 for it, but when we decided to acquire the adjoining property a majority were in favor of disposing of it for half that price that the deal might be consummated readily. We accepted \$300,000 eventually, but we received \$500,000 cash, taking the balance in stock at par.

"The same system adopted at the Klondyke will be adopted at Phillips Arm. We have twenty-five properties known as the Channe group, but only two of them we will make mines of, the Tom Moore and the Old Guard, the most promising personally. Men will be put on these properties very soon to develop them to the shipping stage."

A CHAPTER OF FATALITIES.

WINNIPEG, July 28.—During a heavy thunderstorm on the Blackfoot reserve, near Gleichen, Alberta, a few days ago, an Indian girl was struck dead, together with a band of ten horses which she was driving. Every horse was killed, and the body of the girl was burned to a crisp.

The remains of Dr. Wallace McLeod, of Roseland, were brought into the city this morning. He died on the train at Brandon, while on his way home to Charlottetown, P.E.I., where he hoped to recover from a serious attack of dropsy and Bright's disease.

THE PROTEST DISMISSED. QUEBEC, July 28.—The Montmorency election protest came up here yesterday, and the preliminary objections were maintained. The protest was dismissed, and the sitting member, Libers, confirmed in his seat.

RELATIVES ARE ANXIOUS.

QUEBEC, July 28.—Ald. Calvert has been missing for the last two weeks, and as he was unwell when seen, relatives and friends are much concerned.

NEWS OF THE PROVINCE.

Health Officers Reporting on Steveston—Salmon Run Now On in Earnest.

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As a result of an appeal made to them by Ensign Patterson of the Salvation Army, seconded by the ministers of religion denouncing the Finance committee have decided to recommend the city council to donate \$500 towards the S. A. food and shelter now established by the Salvation Army, which is accomplishing good work.

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H. C. Akroyd is to become a candidate for W. No. 223.

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Clifford Shipton has wired to Anley Morrison, M.P., that the mining laws in the Yukon will be different from the British Columbia laws, and will be enforced by the police on the ground. They are being carefully revised.

The salmon run is so heavy that many of the Fraser river canneries refuse to buy fresh salmon, which are being offered at three cents each.

ROYAL BAKING POWDER

Absolutely Pure. Celebrated for its great heating power and perfect action. The food against stum and all forms of indigestion. The only common brand. ROYAL BAKING POWDER CO., NEW YORK.

ROSSLAND MYSTIFIED.

Cannot Understand Why the Dominion Government Should Assist American Development.

British Columbia in the London Exchange—A Profit From Six Dollar Ore.

ROSSLAND, July 28.—A special cable to the Miner from London announces that the British Columbia mining section has been opened in the exchange.

L. H. Webber states that his London company, the British Columbia Bullion Extracting Company, will at once erect reduction works on Little Sheep creek, near the O. K. mine. These works will have a capacity of 50 tons per day to begin with, and will treat \$6 at a profit.

The city council last night let a contract to W. B. Davey for the construction of a sewer system. Davey's tender was \$32,744.

The people of Rossland are at a loss to understand the attitude of the Dominion government respecting the location of the Le Roi smelter at Northport. They do not see how the government can permit a site on the American side of the line to be utilized after having obtained from parliament a large subsidy for the Crow's Nest Pass line to keep the industry in the province. It has been proposed that the cost of smelting at any of the proposed sites on the Columbia river in Kootenay is not materially, if any greater than at Northport.

ACTIVITY IN CARIBOO.

Completion of Canada's First Cemented Gravel Mill—Exchange Group Change Hands.

A mining event of considerable importance to Cariboo took place at Horsefly recently. The ten stamp mill that has been in course of construction during the past three months at the Horsely hydraulic mine was completed on the 10th. It is the first cemented gravel mill ever built in Canada. The mill has ten stamps of 850 pounds each, and is expected to crush 120 tons of cemented gravel each 24 hours.

Mr. Adricks having instructed his agent to make an offer to the owners of the Mand hydraulic mine to pay \$5,000 cash and renew his option until January 1, 1898, when the balance of \$90,000 will fall due. The offer has been accepted by the owners in Vancouver. It will be a great help to Quennelle Forks and the entire Cariboo country to have this work go ahead. The property is situated about four miles below Quennelle Forks on the right hand bank of the main Quennelle, going down stream. It is owned by a dozen or more persons and has for many years been regarded as a good property.

Messrs. E. Barber, Wm. Hocking and son, and Henry Williams, of Butte, Mont., Thursday have closed a deal with M. Ahearn for his three-fifths interest in the mine on the Bonaparte, commonly known as the Ahearn mine. J. C. Smith and J. B. Bryson are the owners of the other two-fifths interest. The price paid was \$3,000, \$1,600 cash and \$1,400 within twelve days. It is the intention of the purchasers to do a large amount of work on the property between now and next spring. Work is being continued on the Kivers mines adjoining.

THE EXCHANGE GROUP.

The Exchange group, on the lower end of Sloan lake, between Lemon and Springer creeks, has passed into the hands of the New Gold Fields of British Columbia, Sir Charles Tupper's London company. The price is reported to be \$42,000. The examination of the property was made by Captain James Morrison, the engineer of the purchasing company.

The Exchange group consists of two claims, and the chief value of the ore is in gold. The showing is said to be very fine, and it is believed the purchase is one of the best made on Sloan lake. This is the first deal closed by the New Gold Fields of British Columbia. The company was organized in London last spring and \$250,000 paid in. It is expected the operations of the company will be very extensive in West Kootenay. Captain Morrison, accompanied by Alexander Dick, who is the personal representative of Sir Charles Tupper, has been in Rossland two or three weeks.

Take good care of the hair of the head, and when it begins to loosen and fall out, turn gray apply Hall's Hair Renewer, and the result will be pleasing.

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