

A PAGE OF GENERAL INTEREST TO WOMEN READERS

Sunlight Soap
5 cents

A little of Sunlight goes a long way; every particle is pure; there is nothing to harm the clothes or impede the rapid progress of the wash. Every cake of Sunlight Soap carries a \$5,000 guarantee of purity.

Rideau Hall Coffee
Fragrant Coffee Sold only in tins

Billy Coffey says:—
"I have no favorite author, I have no favorite tea; but when it comes to coffee, it's Rideau Hall for me."

Gorman, Eckert & Co., Limited
London and Winnipeg

SHOE POLISHES

The polish that's easiest to use—the shine that's hardest to lose.

Black White Tan 10¢

KEEP YOUR SHOES NEAT
F. F. Dalley Co. of Canada, Ltd., Hamilton, Canada

Heintzman & Co.
Art Piano Grand or Upright

The knowledge that comes from the experience of three generations is embodied in the Heintzman piano. Always famous for their wonderful tone, they are today conceded to be the "World's Best Piano."

Stately five years of highest ideals. The piano that has made musical history.

Piano Wareroom
242 DUNDAS STREET, LONDON.

Ride a BRANTFORD BICYCLE!

Women: We say it deliberately, women—office women in speaking of Queen Victoria, Clara Barton, would you say ladies—No! We are also acting according to precedent (as the lawyers have it) in addressing you thusly.

HE made man, looked at him, shook his head, and made woman. Isn't it a fact, Miss Stenographer, that you come out of the office at noon and in the evening, sitting for hours at a desk with nerves under constant tension, counting columns of figures or writing out notes in a hurry?

How differently you feel after riding a mile or so on a bicycle, with a breeze fanning away that stuffy office smell.

We are frank to admit that bicycle riding can be overdone. So can any other recreation.

A Lady's Brantford Bicycle with handbags permitting an erect position, chain and dress guards, to prevent skirts being torn or soiled—these comfortable, hygienic and, best of all, a chance to have someone to look after the oiling and adjusting of your wheels, at any time, providing you buy a Brantford (Redbird) Bicycle.

BICYCLE AND MOTOR SALES CO.
425 Wellington, The Clean Store.

CEETEE UNDERCLOTHING
Guaranteed Not To Shrink.

"Sussex Girl."
Raised Pork Pies—Put 2½ pounds of lard on the pasteboard, and set on the fire in a saucepan. ¾ pint of water and ½ pound good lard. When the water boils, make a hole in the middle of the lard, pour in the water and lard by degrees, gently incorporating the lard with a spoon, and when it is well mixed, knead it with your hands till it becomes stiff, dredge a little flour to prevent it sticking to the board, or you cannot make it look smooth.

Roll the dough with your hands—the rolling pin must not be used to about the thickness of a quart pot; leave a little for the cover, and cut the remainder into six circular discs. Take each of these pieces in succession; put one hand in the middle, and keep other close on the outside, till you have worked it either into an oval or round shape, or you can shape it over a tin or jar. Have your pork cut in small pieces, well seasoned with salt and pepper, and a pinch of sage if you care for it, and put in your pies as you make each one, roll the covers the size you want them, wet them around the edge and press the paste together with finger and thumb, then bake 1½ to 2 hours. While it is cooking, boil the odd pieces and bones of the pork, and put the gravy from them into the pie when cooked.

Cynthia Grey's Mail-Box

Still Spunky.
Dear Miss Grey—"Old Spunk" again. I can hear you say, but I've got to bother someone, and you always get it, don't you? Well, I am not a boy, but most everybody takes me for one, and I wish I was.

I am sending a recitation to "Dedyn on the Farm and one to "Patriotic." Poor "Patriotic," I believe she thinks she is never going to get hers. Will she please send me the recitation she said she would exchange. I will exchange recitations with anybody and everybody. I think there are some waiting at the Mail-Box aren't there, Miss Grey? By by. SPUNK.

Ans.—"Dedyn" will soon send her address. I presume, when pieces will be forwarded. Pieces on hand for you, "Spunk," have been mailed.

She Couldn't Eat.
Dear Miss Grey—Isn't this war terrible, causing the death of many of our good boys? I think we should be more anxious to help and hear from those in the front than scrapping about the money part of it. For my part, if my husband was at the war, I don't believe I could sleep at night, for I don't know what I would do, for he is very dear to me.

Where are a few of our old friends—"Star of the Golden," "B. D." and "A." and I must not forget "Mrs. Homebird." Tell the lady that sent in the orange pie recipe that it was certainly immense. I will send some help next time.

ROSEBUD NO. 1.
Ans.—Pancake that I remember the writing, but not absolutely sure. I will, however, if you send envelope and stamps, shall send you some coupons and orange wrappers.

Can She Get Them?
Dear Miss Grey—I wonder if I could get "The Inventor's Wife" and "How Sobered set the Old Blue Hen"? I do not know if "Sobered" is spelled right or not—am not German—as I never saw the word.

Have some good recitations I will exchange for these, such as "An Elopement Spoiled," "The Minister's Call," or "Counting Eggs." Would like to make these exchanges before the end of the month.

ALWAYS GLAD TO HELP.
Ans.—Can someone exchange, as per above request?

A Soldier's Mother.
Dear Miss Grey—In some previous letters to your page, I have mentioned coupons were requested and to try to help someone. I am enclosing a few soldier, flag, and animal and flower series.

I am waiting anxiously for the bill pickle recipe to be printed. Won't someone please hurry?

Might I ask one or two questions? I painted, and I wish to have it papered. What must be done to make the paper stick to the walls?

Have you heard from "Aunt Nannie" lately? We surely can sympathize with her in the loss of her only boy. We have our only son in the same battalion. He has been wounded, and is being treated in a hospital in England. Many of the "Fighting

Daily Bible Question Club
By Rev. T. S. Linscott, D. D.
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The six daily studies for this week constitute the International S. S. Lesson for next Sunday. Read the Bible Story on which this study is based, as you ponder the following questions:

Review—"The Things Which Are Not Seen." Reading lesson, II Cor., IV, 1-4.

"Traveler B."
Biscuits—Here is a recipe I always find reliable for biscuits: 2 cups sour milk, 1 cup sugar, 1 teaspoon each of soda and baking powder, pinch of salt. Flour enough to roll out rather soft. Don't understand why baking powder and soda should both be used, but this is just as I got it.

For "Myrtle."
Grape Wine—Crush the grapes and let them stand for one week. Drain off the juice, strain, add 1 quart of water and 3 pounds best white sugar to each gallon; put in a barrel or cask with a thin piece of muslin tacked over the bung-hole. Let stand until fermentation stops. Put in a cask and seal securely, let stand six months; then bottle and seal, and keep in a cold place.

"Modern Priscilla."
Creamed Salmon—Three cups milk, 3 cups sugar, 2 tablespoons mustard, red peppers and celery seed to taste. Peel and slice cucumbers and onions the night before, place into strong salt water, strain in the morning, put vinegar on stove and let come to a boiling heat, mix mustard, flour, and sugar in a bowl with cold vinegar to a paste, then add cucumbers and onions, keep stirring until all gets heated; put in jars.

Satisfied With Your Tea?

MANY are satisfied with the tea they are using because they have tasted nothing better. They hesitate about trying Red Rose Tea because they think it is more expensive. In reality, it is very economical. Its splendid richness and strength make it yield 5 cups of rich tea for 1 cent.

In sealed packages only. Try it.



Eighteenth" are with "Aunt Nannie's" boy now, but we know they have not died in vain.

This has been my first appearance, but I hope it won't be the last one. A SOLDIER'S MOTHER.

Ans.—I hope not, too, for your letter is so interesting. The painted walls, the paper with stick just to a painted surface, I am told by one who knows, and you need make no effort to remove the paint. The dust may, of course, be wiped down with a damp cloth. Thank you for the flags.

"Annie Marie's" Dime.
Dear Miss Grey—Someone asked for the address of this credit book. Here it is: Collingbourne's Mills, Elgin, Ill., U. S. A. I have the book, so know this is correct.

I could you please tell me what a lavender is—so many people get one for a present? ANNIE MARIE.

Ans.—It's just awfully good of you to come again when evidently two other letters went astray. But, "Annie Marie," there's a mystery somewhere. I received your dime all right (the second one), and, as I supposed, acknowledged it in answering your letter. Now when I look up my file copies, I do not seem to find when your letter was published. It appears to have slipped into oblivion! Anyhow I have your dime credited on my list, and "Aunt Nannie" has it before me.

Re your query, a lavender is really just a chain (usually of gold) with pendant attached. The styles vary; sometimes the pendant is a small bell, each set to form the centre of a blossom in a golden spray; or three fine chains with large, uncut stones, such as amethyst, hanging in pendant form. The name is that of its inventor, Lavalliere, a Paris jeweler.

We have quite a number of readers from your district.

"One From Old Lake Erie's Shore"
Flags have been sent as you desired.

"Will Be Fourteen"—But why do you hate it, child? And what do you propose to do with yourself if you leave school? Without your education, you are left poorly equipped to enter many of the remunerative avenues now open to young women. If you have any ambition along business lines (and few girls have not), I would certainly urge you to begin the full term right away, and study ever so hard to make this year count. What does it matter that you are older than the others? If they are more clever at learning? (which I doubt)—determine to do your best anyway; in their respect, and accomplish your high school entrance before another year elapses. Try, now!

"Red Cap"—The lady precedes in ascending a stairway. 2. Can scarcely describe a color here. Ask at a store for samples of blue silk. 3. Writing looks rather youthful.

"A. E. I. O. U." sends recitations for "Tubby" and "Patriotic." Will each forward postage for same?

"News From Home"
Dear Cynthia—I saw where "Sweet Sixteen" wanted some information regarding making "News From Home" scrapbooks. As I have been doing this work I thought that maybe what I have found out would help her.

In making a scrapbook, I get a large sheet of ordinary brown wrapping paper (heavy) and fold it into eight. This will give you a double sheet of about 10½ inches. I always cut mine down to 10½ inches, as this is a little more convenient size. The brown paper can be obtained at any stationery or lithographing office, and you could have your sheets cut into the desired size. Of course, one would have to take a quantity in the case.

I saw my sheets together with string or strong cord, and you are ready to begin pasting.

For the cover get some sort of a pretty material, or a colored advertisement would do. I find a picture with a lot of red in same shows up the best. There's a picture of a boy. One very important item is: War news absolutely prohibited.

You might put in, however, an item about someone winning the V. C., or some funny incident. Arrange all your clippings on a page. You will find you can get a lot of clippings on a page by doing a whole page at one time. You will also find that your clippings to a page; also leave a slight space, about one-quarter of an inch, between each column; also about the same between each separate clipping.

Sometimes, with a clipping, you can get a whole page at one time. You will also find that your clippings to a page; also leave a slight space, about one-quarter of an inch, between each column; also about the same between each separate clipping.

"The Theologian's Christmas."
I. Thess., I, II, 17-20; II, 13-18.
Golden Text—"If we believe that Jesus died and rose again, even so them also who are fallen asleep in Jesus will God bring with him." I. Thess., IV, 14.
2. Chap. I, 1-4.—The language in Paul's Salutation is glowing with love; should all Christians feel the same as they feel for their brethren, and would it be wise, or not, and why, to express it in letters and in personal conversation? (This is one of the questions which may be asked in writing by members of the club).

ARE CLEAN NO STICKINESS ALL DEALERS G.C. Briggs & Sons HAMILTON

ADVERTISER PATTERNS



A STYLISH GOWN FOR CALLING OR AFTERNOON WEAR.

Waist, 1702. Skirt, 1703.
For this charming style printed taffeta in brown and white was chosen. Lace was employed for collar, vest and cuffs. The waist fronts are full and cut with overlapping points at the centre. The skirt has a hip yoke lengthened by circular portions and is draped at one side in deep cascade folds.

The waist pattern is cut in six sizes: 34, 36, 38, 40, 42 and 44 inches bust measure. The skirt in six sizes: 22, 24, 26, 28, 30 and 32 inches waist measure. It requires 6½ yards of 44-inch material to make the entire dress, plus a yard for the skirt.

This illustration calls for two separate patterns which will be mailed to any address on receipt of 10 cents for each pattern in silver or stamps.

ADVERTISER PATTERN DEPT.

Please send above-mentioned pattern, as per directions given below, to:

Name

Town

Province

Age (if child's or miss's pattern)

Measurement: Bust..... Waist.....

Caution: Be careful to include the above illustration and send size of pattern wanted. When the pattern is sent, please send only what is needed. In waist measure, 22, 24, 26 or whatever it may be, send the number. When miss's or child's pattern, write only the figure representing the age and for miss's, the figure "inches" or "years." Patterns cannot reach you in less than one week from date of application.

Muskegon folder; also a Georgian Bay folder. These are coming in finely as they are very pretty views of Canadian scenery. Picture postcards can also be used, and always try to have something colored for each page, as it brightens it up so much.

To give you an idea of what I am using for my book I am making just now, I am going to use a funny article, poems, etc., relating to prohibition, also the drawing showing the "midway" on a street, and all the good "write-ups" I can get of the Western Fair. I am also going to try the experiment of putting some maple leaves on the cover (that is, just before my book is posted). I am also giving Miss Grey a magazine that are good for jokes and funny pictures to be had on application for same. Any further help desired, let me know.

Sorry to make my letter so long, but would like to say, if you use what magazines, newspapers, etc., you have on hand, you can make a scrapbook of your own. I have been doing this for some time. Some of mine, by pre-rating the actual money spent, cost only three cents. (How's this for wartime economy?)

Ans.—You're a brick, B. G. I enjoy your letters, for they are always so practical, and always based on personal experience. Making a "news from home" book sounds simply fascinating, as you describe it, and many of our girls must be encouraged to try it just by reading your most helpful letter.

Old Spinner's Song.
Dear Miss Grey—I am still reading

Catelli's milk Macaroni

A food that contains more nourishment than meat—at half the cost. Made of best hard wheat Semolina, and Milk. This Macaroni has a richness, a smoothness, a flavor that you will instantly appreciate.

Our new book "The Girl at Catelli's" contains over a hundred different recipes for Macaroni dishes—Write for it today.

THE C. H. CATELLI CO., LIMITED, MONTREAL.

10¢ 5 EVERYWHERE

NEW CORSETS and BRASSIERES



We have now a full range of the well-known D. and A. and La Diva Corsets in the new fall models. There is little change in the corset styles, as the curve fronts introduced last season successfully take care of the fitted lines now in vogue. However, the fashionable corset for fall shows a medium high-bust and a fairly long skirt, and a slightly more pronounced curving of the waist. Here we have itemized some splendid models at popular prices:

D. AND A. CORSET, made of good English coutil, with medium bust and long hips, four hose supporters attached; sizes 19 to 26. Price \$1.00

D. AND A. MODEL NO. 260, medium high bust, long hips, elastic inset in front, free hip, four hose supporters; sizes 19 to 30. Price \$1.25

D. AND A. MODEL NO. 415, of fine French Brocade; this is a model suitable for a medium figure with a medium bust and hip; sizes 19 to 26. Price \$1.50

D. AND A. MODEL NO. 524, suitable for the average figure, made of strong English coutil, with wide elastic insets in front, hip front hooks and six hose supporters; sizes 19 to 30. Price \$2.00

LA DIVA MODEL NO. 692, for the stout figure; this is a splendid reducing corset of good English coutil with reinforced front and waistline, wide elastic gores in back, six hose supporters; sizes 19 to 30. Price \$2.50

LA DIVA SUPER-BONE CORSETS, specially suited for the average figure, with the woven wire boning, which gives free and unrestricted motion and perfect support, absolutely guaranteed to outwear any other corset; sizes 19 to 30. Price \$3.00

LA DIVA SUPER-BONE MODEL NO. 6000, for stout figures, reinforced fronts with elastic insets, six hose supporters; sizes 20 to 36. Price \$4.50

LA DIVA MODEL NO. 834, in pink, fine French brocade, with medium bust and long hips, embroidery trimming, six hose supporters; sizes 19 to 28. Price \$4.50

LA DIVA MODEL NO. 842, of French coutil for stout figures, giving symmetrical and proportionate lines, elastic in front, medium top, neatly trimmed with lace and satin bow, six hose supporters; sizes 20 to 36. Price \$6.00

NEW BRASSIERES

The present fashion trend strongly indicates an increased use of brassieres, especially in the better qualities, made of all-over lace or of embroidery or fine linen. We have the following good numbers in stock:

D. AND A. "GOOD-SHAPE" BRASSIERE, with heavy linen lace at top and bottom, back closing; sizes 34 to 44. Price 75c

D. AND A. "GOOD-SHAPE" BRASSIERE NO. 1702, with hook front, embroidery trimmed back and front; sizes 34 to 44. Price 50c

"DE BEVOISE" BRASSIERE, of fine linen, trimmed at top and bottom with wide linen lace; sizes 34 to 40. Price \$1.50

"DE BEVOISE" BRASSIERE of fine all-over embroidery, trimmed with cluny lace; sizes 34 to 46. Price \$2.00

AGENTS FOR THE LADIES' HOME JOURNAL PATTERNS

GRAY'S LIMITED.
140 DUNDAS STREET.
Phones 115, 116.

GRAY'S LIMITED.

your page sometimes, and saw the other day where "Someone's Grandmother" asked for the song, "Wildwood Flowers," so I got up early this morning to copy it for her. I am also a grandchild, and this was one of my favorites in the days gone by. I might make an attempt to copy the music also if it is desired. A note addressed "Box 223, Stratford," would find me. I am also enclosing a few sweethearts coupons for the cabinet or wherever they will be useful. Wishing you many uses, distribute them, if they are of any use.

OLD SPINNER.
Ans.—The old song is just a dear one, and I am ever so glad to publish it. The other grandmother will be pleased to see it in print, I know.

Tobacco in the Trenches.
Dear Miss Grey—Upon reading the letters on your page, I came across one with no pen-name, but the person was asking for the address of a crochet book. I looked over my clippings, and found that it was "Collingbourne's" Mills, Elgin, Ill., U.S.A.

I am enclosing some cigarette flags of different kind, and if they are of any use, distribute them, if not, W.P.B. will be all right.

Just a few words before I close, since someone has started a discussion on tobacco-chewing. Well, for my part it is disgusting, but Miss Grey and readers, did any of you know that chewing tobacco is very acceptable to a great many of our boys who are in the front lines in France? I heard a returned soldier's opinion on the subject, and since then each box to my dear brother, who is with the noted Piquette, contains one or two plugs. Now, while in Canada, nor have I asked him in any of my letters if he uses it now, but no doubt some other poor fellows are glad of it. This returned soldier claims that by chewing the tobacco a great many germs are killed that otherwise would enter the body and prove fatal. So you see in that case it does the boys a slight more good than tobacco is supposed to do harm to the system.

DUTCH.
Ans.—As you see, I did not use the blue pencil a bit. Your letter is too interesting for that. Oblige me for the flags and the address you send.

Our Boston Friend.
My Dear Miss Grey—If you have space on your page kindly print this pickle recipe for the benefit of the many housewives. The pickles when correctly made are sweet and quite as delicious as the much-advertised "57" varieties. Am enclosing a few wrappers and coupons. I hope "Y.S.M." gets her cabinet. She is very courageous to tackle a preservation like that.

I was under the impression "T. Atkins" was a girl. I wonder what kind of stories he would enjoy? Is "T.A." still in invalid?

With that long recipe I had better

ring off.

BOSTONIAN.
Ans.—Your recipe is certainly timely, for these are the days of pickling and preserving.

"T. Atkins" is a girl, so your first impression was right. Yes, still an invalid, and likely to be so until Christmas, alas.

"Reader"—It was "Aunt Nannie" who sent the head information, but in some way her signature was omitted in publishing. Three or four requests for orange wraps have reached me, so yours will come in handy.

FRY'S COCOA

Bed Davenport

You are invited to come and look over our handsome display of Pullman Davenports and Divanettes, in fumed and golden oak. We offer you a selection not equaled anywhere, and very moderately priced. \$22.50 to \$65.00

H. Wolf & Sons
265 DUNDAS STREET.

LETTUCE

Frame-grown, tender, crisp, 5c.

Main & Collyer

Phone 2831. P. O. Box 275.

COMPASS OIL

the handy remedy that quickly heals all cuts, scrapes, bruises, etc.