

## Says Gratitude Is Beyond Words

**Mrs. John McIsaac Declares  
Tanlac Brought Health  
And Happiness**

"Tanlac has brought me health and happiness and words just can't express how grateful I feel for the good this wonderful medicine has done me," said Mrs. John McIsaac, 175 Prince street, Sydney, Nova Scotia, recently.

"Only my friends know how I suffered during the past ten years. In fact, I was so bad off I lost interest in everything and got no pleasure out of life," said Mrs. McIsaac. My appetite was so poor that I ate very little of anything and some mornings a glass of water would be all I would take for breakfast. Whenever I did eat anything I would begin to bloat up with gas shortly afterwards and my throat and chest would get so choked up I thought I would suffocate. Sometimes at night I lay in bed so long with out closing my eyes that I just couldn't stay there any longer and I would have to get up and walk the floor. I suffered from severe headaches and at times I would be walking along the street and get so dizzy I would have to catch hold of something to keep from falling. I got so weak that my housework became a burden and it was an effort for me to get around the house.

"But now, I just feel like a different person, for Tanlac has given me new life and strength and I am enjoying better health than I have in over ten years. I can hardly wait for meal time to come and everything I eat digests without a particle of trouble. I never suffer from a headache any more and the dizziness has disappeared entirely. My sleep is sound and refreshing and I get up every morning feeling so full of life that I do my housework without tiring in the least. Every suffering woman should certainly know about Tanlac and I feel it my duty to tell others publicly what this medicine has done for me."

Tanlac is sold in Newcastles by J. Morris, in Redbank by Wm. M. Sullivan and in Doaktown by O. Hildebrand.

## Mangel Growing

The growing of mangels has received a great impetus in many districts owing to the serious loss among turnips, caused by club-root. The mangel is attacked by very few insects or diseases, and when successfully grown produces immense yields of succulent food, so necessary for live stock during the winter and spring months.

Sound fresh plump seed should be sown and large quantities of the very best home grown seed are now on the market. The mangel requires plenty of moisture and should be planted in good well tilled land early in the season. It works in very well with the following five year rotation: Barley or Mixed grain, Mangels, Grain seeded down with clover and grasses, Hay, Pasture. About one half of the manure (12½ tons) is applied to the barley stubble and plowed under in the autumn; the balance (12½ tons) is worked into the land as soon as it is fit to work in the spring. When the land has been worked so that it is mellow and friable it is thrown up into low drills 30 inches apart and the tops of these dragged off with a pole or fence rail. The seed is then sown about 1½ inches with at from 1 to 6 lbs. per acre, according to the quality of seed. The "Planet Jr." cultivator and seeder is a very satisfactory implement for this work. This is followed by a heavy roller firming the earth about the seed so that it may get sufficient moisture for germination. During a dry period it is well to seed in the evening so that the earth may remain damp about the seed for a longer time. The most important point in getting a good catch is to have the seed deep enough, so that it will not dry out and so have the soil pressed firmly about the seed. It pays to take extra time and trouble to put the seed in right, even if it is necessary to make a trench with a hoe for the seed and to cover and pack the earth down with the feet.

As soon as the plants are up in rows they should be edged with a hoe or hand cultivator. The latter will straddle the row and do both sides at once. The horse cultivator should then be run through the rows every week or after every heavy rain until the tops cover the ground. Thorough persistent cultivation will add greatly to the crop by conserving moisture and by despoiling weeds. The plants should be thinned to about 10 inches apart in the rows by the time they get four leaves, and hoed a second time before the roots swell.

Mangels should be harvested before severe frosts occur. They should not be topped so close that they will bleed, and should be banded carefully if they are to be stored for a long period. They should receive plenty of ventilation when in storage. The "Yellow Intermediate" is easily harvested. It is one of the best yielders and contains a large percentage of dry matter.

## Journalists Who Will Arrive Here To-Morrow

**Member's of the National Editorial Association Party from  
all Parts of the United States.**

The members of the National Editorial Association party who will arrive in Newcastle tomorrow, are as follows:

Edward Albright, News, Gallatin, Tenn.)

W. W. Aikens, Evening Star, Franklin (Ind.)

Fred W. Allsopp and Mrs. Allsopp, Daily Arkansas Gazette, Little Rock (Ark.)

Mrs. H. U. Bardwell, Telegraph, Dixon (Ill.)

Colonel E. P. Bowen and Mrs. Bowen, Tribune, Fort Scott (Kan.)

James M. Brown, Editor and Publisher, New York City.

H. U. Bailey, Mrs. Bailey, Miss Dorothy Bailey, John Bailey, Republican Princeton (Ill.)

Francis G. Burrows, Sunbury Daily Sunbury (Penn.)

Charles W. Baum and Mrs. Baum, Central News, Pekase (Penn.)

E. S. Bronson, American, El Reno (Okla.)

Will E. Beeson, Journal, Winchester (Ind.)

Thomas J. Blain and Mrs. Blain, Daily Item, Port Chester (N. Y.)

Lyman F. Black, Mrs. Black and Miss M. Black, Daily News, Elgin (Ill.)

Mrs. S. H. Bakewell, Herald, Plankinton (South Dakota.)

George P. Collins, Independent, News, Belle Plaine (Kan.)

Charles Beeson, Journal, Winchester (Ind.)

J. Byron Cain and Mrs. Cain, The Carrington (North Dakota.)

F. E. Crampton, Mrs. Crampton and Miss Hazen Crampton, Odd Fellow, Montgomery (Ala.)

Willard E. Carpenter and Mrs. Carpenter, Courier Herald, Lincoln (Ill.)

Mrs. Nancy B. Canavan, American, El Reno (Okla.)

Mrs. L. Crampton, Clarion, Lapeer (Mich.)

John E. Clancy, Jr., Eagle, Madison (N. J.)

Frank O. Edgecombe and Mrs. Edgecombe, Nebraska Signal, Geneva (Neb.)

George P. Eckstein and Mrs. Eckstein, Watchman, Warren (Mich.)

Fred E. Evans and Mrs. Evans, Advocate, Belleville (Ill.)

Alexander Eagles, Jr., Eagle, Madison (N. J.)

Mrs. Virginia K. Frye, Special Correspondent, Washington (D. C.)

James Faulk and Mrs. Faulk, Herald, Leakeville (Miss.)

E. W. Farewell, Special Representative Canadian Bank of Commerce, Sherbrooke (P. Q.)

C. C. Fowler and Mrs. Fowler, Morning Dispatch, Canfield (Ohio.)

W. D. Greason, Republican, Paola (Kan.)

Miss Flora M. Gannett, Times-Union, Rochester (N. Y.)

W. F. Goettler, Mrs. Goettler, Miss Thelma Goettler and Miss Helen V. Goettler, Independent, Souderton (Penn.)

Henry B. Hale and Mrs. Hale, The Gazette, East Hartford (Conn.)

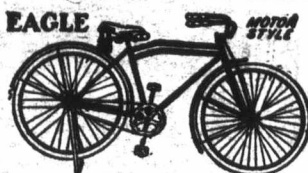
Homer Harwood and Mrs. Harwood, Watchman, Warren (Mich.)

H. H. Herbert, School of Journalism, Norman (Okla.)

Mrs. H. E. Hogue, Herald, Eaton (Col.)

Mrs. H. C. Hotelling, Enterprise, Mapleton, (Minn.)

William Hogg, Special Representative Canadian Bank of Commerce, Toronto.



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C. E. Nevin and Miss Hazel L. Nevin, Advocate, Laurel (Nebraska)

J. W. Naylor and Mrs. Naylor, Mesenger, Allentown (N. J.)

D. MacGillivray, Special Representative, Canadian Bank of Commerce, Halifax (N. S.)

J. I. McNeil, Times Enterprise, Westington (South Dakota)

A. E. McCall, Plaindealer, Bath (N. C.)

John D. Perkins and Mrs. Perkins, Herald, Highmore (South Dakota.)

J. L. Papes and Mrs. Papes, News, Mulvane (Kan.)

W. T. Pickett and Mrs. Pickett, Wasp, Wahoo (Nebraska.)

E. L. Peterson, Press, Dickinson (North Dakota.)

C. Price-Green, Commissioner, Dept. of Resources, C. N. R. Toronto.

Roland Patten and Mrs. Patten, Independent Reporter, Showhegan (Me.)

Mrs. Blanche Rosebrook, Evening Telegraph, Dixon (Ill.)

H. R. Ripley and Mrs. Ripley, Advertiser, Tipton (Iowa.)

Charles M. Redfield and Mrs. Redfield, Evening Telegram, Malone (N. H.)

John Redmond, Editor and Publisher, New York City.

Charles D. Simerai, Mrs. Simerai and Miss A. Harriet Simerai, Herald, Steubenville (Ohio.)

M. S. Schoch, Times, Selinsgrove (Penn.)

George Schlosser, Mrs. Schlosser and George Schlosser, Jr., Republican, Westington Springs (South Dakota.)

Mrs. Mable S. Shaw, Evening Telegraph, Dixon (Ill.)

Paul E. Stillman, Mrs. Stillman and Miss Faith W. Stillman, Bee, Jefferson (Iowa.)

Jere H. Simms, Mrs. Simms, Richard Simms, Simms Publishing Co., East Liverpool (Ohio.)

W. J. Smith, Daily Sun, Waukegan (Ill.)

Henry B. Sykes, Courier, Clinton (N. Y.)

Robert J. C. Stead and Mrs. Stead, Director of Publicity Dept. of Amm-

gration, Ottawa.

Mrs. Charlotte Woodring, Daily Journal, Peru (Ind.)

Will Wilke, Mrs. Wilke, Roger Wilke, Bill Wilke, Jr., and Eugene Wilke, Gazette, Grey Eagle (Minn.)

J. Bruce Walker, Director of Publicity, Dept. of Immigration, Winnipeg (Man.)

L. S. Whitcomb and Mrs. Whitcomb, Daily Tribune, Albert Lea (Minn.)

Mrs. Amanada L. Xanders, Special Correspondent, York (Penn.)

Joseph H. Zerbey, Mrs. Zerbey, Miss Mildred Zerbey and Miss E. Zerbey, Daily Republican, Pottsville (Penn.)

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