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It is natural to pass urine three times a day, but many who regard themselves as healthy are obliged to pass water six to ten times daily and are obliged to get up frequently during the night. They have sick kidneys and bladder and don't know it. Smith's Buchu Lithia Pills cure Rheumatism and all Kidney and Bladder diseases, and make new, rich blood.

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most comfortable and pleasant in the
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Then he chirruped to the horse, and

they rattled down the hill to a small

store, where he left a mail pouch and

then followed a winding road between

the scattered houses and out to the

point, where stood a neat white dwell-

the wimmin folks to put on an extra

"I'm afraid I'm putting your family

to some inconvenience," responded Al-

walk out on the point. I may see the

the world and all its distractions. For

a few moments he stood contemplating

the tall white lighthouse towering

above him, and then started around the

point. He had not taken ten steps.

when he saw the figure of a girl lean-

ing against a rock and watching the

setting sun. One elbow was resting on

the rock, her face reposing in her open hand and fingers half hid in the thick

masses of hair that shone in the sun-

light like burnished gold. A broad sun

hat lay on the rock, and the delicate

profile of her face was sharply outlined

stood there unconscious of his scrutiny.

He noted the classic contour of her fea-

who at once invited him into the house.

"This 'ere's Mr. Page, Lissy," he said

as they entered and met a stout, elder-ly and gray haired woman. "I found

him up the road a spell an' wantin' to

"I am sorry to intrude," he said, "but

I had lost my boat and all points of the compass when your husband kindly

Being offered a chair, Albert sat

down and was left alone. He surveyed

and dozens of pictures on the walls.

They caught his eye at once, mainly

because of the oddity of the frames,

which were evidently homemade, and

It was only one, for after that and dur-

ing the entire meal her blue eyes were

kept veiled by their long lashes or mod-

"It's a charming spot down here," he

remarked soon after the meal began,

"and so hidden that it is a surprise. I

noticed the light as we came in, but

"Waal, ye didn't miss anything," re-

sponded his host. "None o' the houses

are much for style, an' mebbe it's lucky

able," observed Albert, "but what an

Why do you call it Saint's Rest?"

lonesome in the winter, though."

"I thought them quaint and comfort-

they're hid behind the rocks."

estly directed elsewhere.

did not see the village."

know whar he was."

Albert bowed.

took me in charge."

against the western sky.

ing close beside a lighthouse.

plate, an' I'll put up the hoss."

yacht and save you all trouble."

"Say, stranger," he observed with a chuckle, "you mind me o' the feller that got full an' wandered round for a spell till he fetched up to a house an' sed to the man that cum to the door, 'If you will tell me who I am or whar I am or whar I want ter go I'll give ye a dollar."

Page had to laugh in spite of his plight, for the humorous twinkle in the old man's eyes as he uttered his joke was infectious. "I'd like ter 'commodate ye," he added, "but as I'm carryin' Uncle Sam's

mail an' must git home an' tend the light, an' as ye don't know whar ye want ter go, ye best jump in an' go down to Saint's Rest, whar I live, an' in the mornin' we'll try an' hunt up It seemed the only thing to do, and Albert availed himself of the chance.

as they came in and broke upon the "Can you tell the spot where you found me?" he said to the man as they started on. "I'd like to go back there omorrow and find my cushions." druy over this road twice a day for nigh on to thirty year, I'm tolerable familiar with it. My name's Terry, tect the measured stroke of his oars. an' I'm keeper o' the light at the Cape an' carry the mail to sorter piece out on. Who might ve be?" "My name's Page, and I'm from Bos-

Uncle Terry eyed him rather sharply. "I wouldn't 'a' took ye fer one," he "Ye look too honest. I gin't much stuck on lawyers," he added with a chuckle, "I've had 'sperence with 'em. One of 'em sold me a hole in the ground onct, an' it cost me the hull o' twenty years' savin's! Ye'll 'scuse, me fer bein' blunt-it's my natur."

"Oh, I don't mind," responded Al-

ton, and a lawyer by profession," re-

bert laughingly. "But you mustn't judge us all by one rascal." They drove on, and as they jogged up and down the sharp hills he caught sight here and there of the ocean, and alongside the road, which consisted of two ruts, a path and two grass grown profusion. On either hand was an interminable thicket. In the little valleys grew masses of rank ferns and on the ridges, interspersed between the wild roses, clusters of red bunchberries. The sun was almost down when they reached the top of a long hill and he saw at its foot a small harbor connected with the ocean by a narrow inlet and around it a dozen or more brown houses. Beyond was a tangle of rocks and, rising above them, the top of a white lighthouse. Uncle



of questions all the time, halted the horse and said: "Ye can now take yer first look at Saint's Rest, otherwise known as the

Cape. We ketch some lobsters an' fish

is the grandest, most scientific and safest cure for any kind of headache. Without being a laxative, it regulates a disordered stomach, and is therefore something en-tirely new for a bilious headache. It clears the brain and makes you fit for the day's duties, and to those who are trou-bled with nervous headaches at night, it acts as a calmative, and insures refreshing sleep and bright mental activity the next morning.

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safest and best form in which to take a headache cure is a tablet. Powders and wafers vary, containing either too much attacks that your headaches will come less frequent, and in time will altogether disappear, unless brought on by careless and irregular living.

the grin'stun! We manage ter raise 'nough ter est, though." When the meal was over Uncle Terry said: "It's nice an' cool out on the rocks, an' thar's some seats out thar. If ye enjoy smokin' we best go out

while the wimmin are doin' the dishes." The moon that Frank had planned to use was nearing its full and high overhead, and as the two men sought congeniality in tobacco out on that lonesome point Albert could not curb his admiration for the scene. His offer of a cigar to his host had been accepted, and as that quaint man sat of lavender carried him back to the quietly enjoying an odor and flavor he was unaccustomed to Albert said:

"This experience has been a surprise to me from the moment I met you. I had an ugly hour's scramble over the rocks and through a tangle of scrub spruce and briers until I was utterly lost and believed this island an impassable wilderness. Then you came along and brought me to one of the most beautiful spots I ever saw. I should like to stay here all summer "I'll take ye into the house," said Un- and do nothing but look at this magnificent ocean view and sketch these

cle Terry as the two alighted, "an' tell bold shores." "Do you paint picturs too?" queried Uncle Terry, suddenly interested. "Telly's daft on doin' that, an' is at bert, "and as it is not dark yet I will | it all the time she can git." Then he added with a slight reflection of pride. "Mebbe ve noticed some o' her picturs The sun, a ball of fire, was almost at in the sittin' room?" the horizon, the sea all around lay an "I saw a lot of pictures there," an-

unruffled expanse of dark blue, undu- swered Albert, "but it was too dark to lating with the ground swells that see them well. I should like to look at caught the red glow of the sinking sun | them in the morning." "Ye'll hev plenty o' time," was the rocks. Albert walked on to the highest | reply, "I must pull my lobster traps of the shore rocks and looked about. fust, an' after that I'll take ye in my There was no sign of the Gypsy, and dory an' -e'll go an' find yer boat. I "Wael," was the answer, "as I've only one boat was visible, and that a guess she must be lyin' in Seal cove, dory rowed by a man standing upright: | the only openin' 'twixt here an' the Over the still waters Albert could de- head she'd be likely ter run into." "And so your daughter is an artist,

That and the low rumble of the ground is she?" asked Albert, indifferent now swells, breaking almost at his feet, as to where the Gypsy was or when were the only sounds. It was like a he was likely to return to her. "Has "No. it comes nat'ral to her," replied Uncle Terry; "she showed the bent o' the ocean alight with the setting sun's her mind 'fore she was ten years old, red glow, the gray rocks at his feet and an' she's pestered me ever since ter git her canvas an' paints an' sich. But then, I'm willin' ter," he added in a tender tone. Telly's a good girl, an' Lissy an' me set great store by her.

She's all we've got in the world." Then pointing to a small white stone just to the right of where they were, he added, "Thar's whar the other one's been layin' fer mor'n twenty years." "This one has grown to be a very beautiful girl," said Albert quietly. "and you have reason to be proud of

She had not heard Albert's steps, but Uncle Terry made no reply, but seemed lost in a reverie, and Albert slowly puffed his cigar and looked out on the ocean and along the ever widentures, the delicate oval of her lips and ing path of meonlight. He wished that this fair girl, so quaintly spoken chin, and his artist eye dwelt upon and admired her rounded bosom and perfect shoulders. Had she posed for a of, were there beside him, that he picture she could not have chosen a better position, and was so alluring and it could be managed and what excuse to give fer remaining longer than the withal so sweet and unconscious that morrow he could not see. He looked for a moment be forgot all else, even toward the house, white in the meon-light, with the tall lighthouse and its his own rudeness in standing there and staring at her. Then he recovered himself and, turning, softly retraced his steps so as not to disturb her. Who beacon flash just beyond, and wondered if he should see the girl again that night. He was on the point of she was he had no idea and was still wondering when he met Uncle Terry, suggesting they go in and visit a little with the ladies when Uncle Terry

> "I believe ye called yerself a lawyer, Mr. Page, an' from Boston. Do ye happen to know a lawyer thar that has got eyes like a cat an' rubs his hands as if he was washin' 'em while he's talk-

> Albert gave a start. "I do, Mr. Terry," he answered. "I know him well. His name is Frye, Nicholas Frye." "An' as ye're a lawyer, an' one that looks to me as honest," continued Uncle Terry "what is this Frye?" "what is yer honest opinion of

the plainly furnished sitting room, with open fireplace, a many colored rag car-pet on the floor, old fashioned chairs "That is a question I would rather not answer," replied Albert, "until I know why you ask it and what your opinion of Mr. Frye is. Mine might not flatter him, and I do not believe in speaking ill of anybody unless forced

then a door was opened, and Uncle Terry invited him into a lighted room Uncle Terry was silent, evidently revolving a serious problem in his mind. where a table was set. The elderly lady was standing at one end of it and "I am goin' to beg yer parden, Mr. Page," he said at last, "fer speakin' beside her a younger one, and as Albert entered he heard Uncle Terry say, the way I did regardin' lawyers in gin-"This is our gal Telly, Mr. Page," and eral. My 'sperence with 'em has been as he bowed he saw, garbed in spotless white, the girl he had seen leaning bad, an' naterally I don't trust 'em much. I've had some dealin's with against the rock and watching the sunthis 'ere Frye 'bout a matter I don't want to tell 'bout, an' the way things is workin' ain't as they should be. I THE appealing yet wondering glance that Alban h'lieve I'm robbed right along, an' if ye're willin' to help me I shall be most tarnally grateful an' will give ye my as he bowed to the girl standword I'll never let on to anybody what ing beside the table that evenye say—an' Silas Terry never yit broke ing was one he never afterward forgot.

Albert silently offered his hand to Uncle Terry, who grasped it cordially. "I will tell you, Mr. Terry," he said after the handshake, "all I know about Mr. Frye and what my opinion is of him. What your business with him is, matters not. I am certain you will keep your word. I recently worked for Mr. Frye six months and left him to open an office for myself. In that six onths I became satisfied Nicholas Frye was the most unprincipled villain ever masked under the name of lawyer. If all those you have had business with were like him, I don't wonder at your

odd name you have for the place! remark today." Uncle Terry leaned forward, with el-"Chiefly 'cause none o' the people bows on his knees, resting his face in have any chance to become sinners, I the palms of his hands, and ejaculated: reckon," was the answer. "It's a trifle "I knew it! I knew it! I'm a blamed old fool an' ought to hev a keeper put "I suppose fishing is your principal over me!" Then turning to Albert he occupation here," continued Albert, added, "I've paid that thief over \$400 seeing that sentiment was not considthis year an' hain't got a scrap of paper ered by Uncle Terry. "Your land does to show fer 't, an' nothin's been done "There ain't much chance for tillin'," so fer as I kin see 'bout the business.' we are the only headache specialists in the
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"There ain't much chance for tillin',"
He meditated a few moments and then
turning around suddenly added: "My
wife an' Telly don't know nothin' 'bout
this, an' I don't want they should.
Thar's a sucker born every minit an'

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two to fetch him, an' I d'lieve iti I've been ketched an' skinned fer dead sure. I want to sleep on't, an' mebbe in the mornin' I'll tell ye the hull story an' how I've been made a fool of. I'm beginnin' to think I kin trust ye." "I thank you for your good opinion," answered Albert, "and if I can help

you in any way I will."

When the two returned to the house, Albert was shown to a room that reminded him of his boyhood home, the old fashioned bed, spotless counterpane and muslin curtains all seemed so sweet and wholesome. A faint odor time when his mother's bed linen exhaled the same sweet fragrance. He lighted a cigar and sat down by a window where the crisp salt sea air came in, and tried to fathom what manner of business Uncle Terry could have with Frye. And into this meditation also crept the face and form of the girl he had first seen watching the sunset.

CHAPTER XXI. HEN Albert arose the next morning the sun was just appearing round and red out of the ocean and a crisp breeze blowing into the open windows. He heard the stir of some one below and, dressing quickly, descended to the sitting room. No one was there, and he stood for a moment looking at the curiously framed paintings that almost covered

One in particular caught his eye. It was a ship careened on the ocean with waves breaking upon her. She was resting on rocks that barely showed beneath, and in her rigging, heavily covered with ice, were five men. All around was the sea, tossed into giant waves, curling and breaking about the stranded vessel. He noted the lifelike shading of the green and white billows, the ice that covered every shroud and rope and spar, and peering out of a cabin door was a woman holding a babe in her arms. In a way it was a attention from all the rest.

It was framed in a broad, flat molding covered with shells. He was still gazing at it when he heard Uncle Terry's voice bidding him good morning. "Ain't ye up a little arly?" said that worthy. "I hope ye slep' well. I ginerally roust out by daylight an' put out the light an' then start a fire, but thar was no need of you gittin' out so soon." "I think the waves woke me," replied Albert, "and the morning is so beau-

tiful I couldn't waste it in bed." "I'm goin' over to the cove to mend a trap," continued Uncle Terry, "an' if ye're willin' I'd like to hev ye go along too. The wimmin 'll hev breakfast ready by that time, an' then I'll take

He seemed depressed and not inclined to talk, and Albert sat on an overturned dory and watched him puttering away over a lobster trap. His hat had fallen off, and the sea winds blew his scant fringe of gray hair over his bald head. His brown shirt was open at the throat, disclosing a bony neck, and his well worn garments showed the out-lines of a somewhat wasted form. What impressed Albert more than all this was the dejected manner of Uncle Terry. When he finished fixing the trap he pulled a dory in that was moor ed out in the cove and carefully bailed and wiped it clean. When this was dene he said almost wistfully: "I've worried a good deal 'bout what ye told me last night, an' I'd like to have a good talk with ye. I s'pose ye're anxious to see yer friends an' let 'em know ye're all safe, an' I'll take ye up the island the fust thing an' then go an' pull my traps, an' then if ye're will in' we'll sot down, if it ain't askin' too much o' ye to wait," he added almost pathetically. "I'll get Telly to show ye her picture, an' mebbe ye can give her some p'ints as 'll help her." (To BE CONTINUED.)

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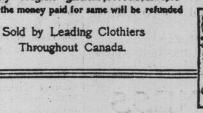
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