



HELPING ALONG
There is joy to be found if we care to look round.
As we mix with the world's busy throng;
If we're willing each day to go out of our way
Just to help one another along.

Mr. A. S. Towers was a week-end visitor in Buffalo.
Mrs. Bunting, Port Hope, is visiting her father, Mr. Steel, Brant Ave.

Mr. and Mrs. J. T. Schofield, Brant avenue, are leaving next week for Jackson's Point.
Mrs. Preston and Miss Edna Preston have returned from spending a few weeks on the Jersey coast.

Mr. and Mrs. A. T. Duncan have returned from the Caledon Club where they have been spending some weeks.
Mrs. Andrews gave a most enjoyable little dance for the young people Thursday evening at the Conservatory of Music.

Mr. H. W. Filton, manager of the Bank of Commerce was in Toronto this week attending the banquet at the King Edward Hotel to Sir Byron Walker, who celebrated his 50th year of active banking.

Mr. James Matthews, on the staff of the Warship Niobe, is spending two or three weeks at the parental home, Lorne Crescent.
The Golf Club dance last Saturday evening in aid of the Red Cross fund was a very great success.

Plan to attend Western Ontario's Popular Exhibition
\$30,000 IN PRIZES
Full Programme of Attractions twice daily
Two Speed Events daily
Fireworks each night
Great Pure Food Show in Process Building
Plenty of Music, Education, Entertainment and Midway Merriment

Mr. and Mrs. J. E. Waterous and Miss Dorothy Merritt were in Buffalo this week at Toronto Island, the guests of Mrs. Harry Hedges.
Li-Col and Mrs. Wilkes and family left on Thursday to spend a few weeks in Minnecon in the Georgian Bay district.

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SUNDAY SCHOOL LESSON

BY REV. F. B. FITZWATER, D. D., Teacher of English Bible in the Moody Bible Institute of Chicago.

LESSON FOR JULY 28 OBEYING GOD.

LESSON TEXTS—Matthew 4:18-22; John 1:22-24; James 1:22-27.
OLD TESTAMENT—Exodus 13:1-10.
DEVOTIONAL READING—John 1:3-17.
FRAMING TOPIC—Loving God and doing His will.

Obedience is a vital part of our religion. The obedience of the Christian is not legal but filled. Eternal life is not secured through obedience, but obedience is the tangible evidence that one possesses it.

1. The Call of the First Disciples (Matt 4:18-22).
1. By whom—Jesus Christ (v. 18).
Jesus is the Son of God. Since he is equal with God, he has the right to call those who hear his call.

2. The Circumstances of their call (v. 18).
The call came to them while they were busy with their business interests. God always calls men who are vitally engaged in some business, not those in idleness.

3. The nature of (v. 19).
This was a definite call, in that definite men were called into a definite service.
(1) To follow Christ. We must follow Christ before we can serve him. Only Christians can do Christian work.

4. Response to Christ's call (v. 20-22).
(1) They left their business interests immediately.
(2) They not only left their business, but James and John left their father also.

5. The motive for Obedience (John 1:24-25).
The grand motive actuating obedience is love to Christ. The proof that we do love him is that we obey him. Even when we may not be conscious of unusual outpourings of the affection, the conclusive evidence that we love is that we obey.

News of the Churches

ANGLICAN

ST. JUDES ANGLICAN. Rev. C. E. Jenkins, Rector, July 28. 9th Sunday after Trinity. 10 a.m. School and Bible Classes. 11 a.m. Morning Prayer and sermon. 7 p.m. Evening Prayer and sermon. Master Cyril Rice, choir soloist of Grace Church, New York City, will sing at both services. The rector will preach. Strangers made welcome.

CONGREGATIONAL

CONGREGATIONAL. A hearty welcome and a helpful message await you at the First Congregational Church, corner of George and Wellington Sts. Rev. W. J. Thompson, Minister. Sunday School, 10 a.m. Mr. J. L. Dixon, Supt. Large Adult Bible Class. Mr. F. Storno, Pres.; Teacher, Mr. H. P. Hoag. Church services 11 a.m. and 7 p.m. Morning subject, "The Supreme Consideration." Evening subject, "The Supreme Consideration." Efficient choir. Excellent music. Social soloists. Organist, Mrs. S. Sanderson.

PRESBYTERIAN

ST. ANDREW'S PRESBYTERIAN CHURCH, Brant Ave. Rev. James W. Gordon, B.D., Minister. Vacation Union Services, Sunday, July 28th, 10 a.m. and 7 p.m. in St. Andrew's Church. Preacher, Rev. J. D. Fitzpatrick. Soloists: Morning, Mrs. G. Chamberlain. Evening, quartet.

ALEXANDRA PRESBYTERIAN. Rev. C. S. Oke, Minister. Union services with Colborne St. Methodist church during July and August. Service in Colborne St. Methodist church to-morrow. Rev. C. F. Logan will preach, 10 a.m. Men's Brotherhood; 3 p.m. Sunday School and Bible classes. Supt. Mr. Elston Cooper.

LUTHERAN

ST. MATTHEW'S LUTHERAN. Queen and Wellington. Rev. A. Zinck B.A., Pastor, 10 a.m. Sunday School. Services at 11 a.m. and 7 p.m. The pastor will have charge of both services. All are welcome.

Baptist

CALVARY BAPTIST CHURCH, Dalhousie St. Rev. W. E. Bower, the pastor, will preach, 11 a.m. Subject, "The Kingdom of the Father, and The Culture of the Son." 7 p.m. Evening Subject "Living Fountains and Broken Cisterns." Everybody come. Good music and a cordial welcome. Sunday School at 9:45 a.m.

NON DENOMINATIONAL

CHRISTADELPHIAN. Subject for Sunday, 7 p.m., "Wisdom Giveth Life to Them That Have It." (Ecc. 7, 12). Speaker, Mr. John Cook, in C.O.F. Hall, 138 Dalhousie street. All welcome. Seats free. No collection.

BETHEL HALL

Sunday, 11 a.m., Breaking of Bread 3 p.m. Sunday School and Bible classes. 7 p.m. Gospel service. Dr. T. H. Blev will (D.V.) speak. You are invited.

METHODIST

BRANT AVE. METHODIST AND ST. ANDREW'S PRESBYTERIAN CHURCHES. United Service in St. Andrew's Presbyterian Church, 11 a.m. Rev. J. D. Fitzpatrick. Subject: The Peace of God. The Publican 7 p.m. Herodity. Morning solo by Chamberlain. Evening solo by Make Voice Quartette. At 8 p.m. Mr. Clifford Higgin.

WELLINGTON ST. METHODIST. Union services with Zion Presbyterian Church, 11 a.m. in Zion church. 7 u.m. Service in Zion Street Church. Charge, Rev. G. A. W. A. Music by the combined choir of Mr. Thomas A. T. C. M.

COLBORNE ST. METHODIST. Rev. C. F. Logan, M.A., Pa. Union services with Alexandra Presbyterian Church. Rev. C. F. Logan will preach at both services. 10 a.m. Christian fellowship service. 11 a.m. subject, "Words of Life." At the close of the morning service there will be a reception service and the Sacrament of the Lord's Supper will be administered. 2:45 p.m. Sabbath school. 7 p.m. subject, "Soul

Park Baptist Church

Sunday services at 11 a.m. and 7 p.m. The Pastor, the Rev. Robert White, will preach at both services.
Morning subject "The Evangelistic Problem and Its Solution."
Bible School. Bible classes will be held at 12 o'clock noon, immediately after the morning service.
Evening subject "Life for Death."

First Baptist Church

11 a.m. THE PEACE OF GOD 12:15 BIBLE SCHOOL 7 p.m. JOYOUS CHRIST Come. Pastor will preach. Sermon 60 minutes long.

Come and hear by W. Frid. A noted young preacher from Niagara-on-the-Lake.

Special music. Service in charge of the Epworth League at Marlboro St. Methodist Church.
Winning. Mrs. Mumby and Mr. G. N. Crooker will sing a duet at the evening service. Mr. G. C. White, organist and choir leader. Strangers and visitors are cordially welcome.

Advertisement for 'The Need of the Hour' by The Bell Telephone Company of Canada. Includes text: 'THE vital need of the hour is for economy!', 'We are urged to save, to conserve our resources. Nothing is so important, so pressing.', 'We must economize, we are told, in food, in fuel, in clothing, in railway travel—all along the line, in order that the war efforts of our Empire and its Allies may have a clear track to victory.', 'The telephone, by the very nature of the work it does, is a powerful agent making for economy and efficiency. Without it, business would slow down with a fatal reaction on war effort.', 'But the increasing scarcity of telephone material of all kinds, and of skilled labor demands that our subscribers should practice a rigid telephone economy.', 'That they should order only such telephone equipment as is indispensable—', 'That they should be careful of present telephone apparatus in home or office so as to avoid breakage and repairs—', 'That they should refrain from unnecessary telephone conversations and make their talks brief so as to keep the lines open for the next caller.', 'We ask your co-operation in our efforts to keep our service equal to war-time demands.', 'The Bell Telephone Company of Canada'.

THE BRITISH LIBRARY

Advertisement for 'Western Fair' in London, Canada. Includes text: 'Plan to attend Western Ontario's Popular Exhibition', '\$30,000 IN PRIZES', 'Full Programme of Attractions twice daily', 'Two Speed Events daily', 'Fireworks each night', 'Great Pure Food Show in Process Building', 'Plenty of Music, Education, Entertainment and Midway Merriment', 'WESTERN FAIR LONDON CANADA', 'Sept. 6 to 14 1918', 'N.B.—New automobile entrance cor. Dundas and Egerton Sts. Admission 25c. covers auto and driver, including parking of car. Price List, Entry Forms, Application for Space, and all information from the Secretary', 'L. Col. W. M. Gathorne, President', 'A. M. Hunt, Secretary', 'Over half a Century of Success'.

Advertisement for 'Children Cry FOR FLETCHER'S CASTORIA'.

Vertical text on the far right edge of the page, including 'A G...', 'Helped Until H...', 'For confined During from a nearly cure Ebu any ben Final tives', 'I notice was not started I could now I could light', '50c. At all receipt Limited', 'Bulk of ad for Sunday Jude's C. nesday n addressed Plans an tained of West St. necessary', 'Sa Gl', 'Thos know v. ice, the que spiri looked Better us equip your e many p profici', 'Har', 'Open', 'A O', 'W. J. A Public A JULY 28 race Hill, sharp, the Leather o Oak Buff Oak Jard 2 Parlor Quartered yds. Run leasone 4 Radlar yds. Lino Tea Set, Forks, et land Con Reseyrol enamel o Range, Iro Ladder, Cleaner a pans and Wagon, Medicine Dresser o Oak Chif 3 Iron Blns, C next, Jub Terrace 3 Paul's av goods ar miss this Ing for Y be sold s. T Mr. WILL JOUOPON', 'DR. DeV', 'made to o three fo address on Co. St. Can', 'PHOSPH', 'for New a Tonic-w can beoos'.