

SIDE TALKS

RUTH & CAMERON

SMILES & LAUGHS
 Famous laugh of Dick's picture of melancholia in "The Light that Failed," the likeness of a woman who had seen all the sorrow in the world and was laughing at it.
 "What a dreary list I have made! One would think to glance at it that laughter was one of the ugliest instead of one of the most blessed things in the world. But I have painted only one side of the picture, a purpose, because everybody knows the other side."
 "A good laugh is sunshine in the house," said Thackeray.
 Given that qualification, I certainly agree with him.

Three hundred dollars has been raised this past week for comforts for Agincourt soldiers in England and France.

For a Quick Pick-Up Luncheon try that most delicious, nourishing, whole wheat food, **Trisquit**, the shredded wheat wafer-toast. It contains all the body-building material in the whole wheat grain, including the bran coat which promotes healthful and natural bowel movement. It is real whole wheat bread without yeast, baking powder or chemicals of any kind—an ideal food for children because it compels thorough mastication and ensures perfect digestion. A crisp, tasty "snack" for picnics or excursions. Toast in the oven and serve with butter, soft cheese or marmalades.
 Made in Canada

The Nervous Laugh Like the mechanical smile, it has its counterpart in the nervous laugh, that most foolish habit that nervous people permit themselves to fall into. In young girls, it takes the form of giggles, which we forgive, as we forgive many things to youth. In older people it becomes a nervous cough, an empty shell of real mirth.

Could anything be more exasperating than a mocking, superior laugh which is first cousin to a sneer? I once lived in a house with a man who had a habit of laughing that way at his wife, and though it was none of my business, I had hard work to keep my temper. The same man used to laugh to express irritation—a hard, disagreeable little laugh that made you want to throw something at him.

A Famous Laugh
 Of course, one should not forget in any discussion of laughs that

THE ONLY MEDICINE THAT HELPED HER

"Fruit-a-lives Again Proves Its Extraordinary Powers"

Rochon, Que., March 2nd, 1915.
 "I have received the most wonderful benefit from taking 'Fruit-a-lives'." Suffered for years from Rheumatism and change of life, and I took every remedy obtainable without result. I tried "Fruit-a-lives" and it was the only medicine that really did me good. Now I am entirely well—the Rheumatism has disappeared, and the terrible pains in my body are all gone. I hope that others, who suffer from such distressing diseases, will try "Fruit-a-lives".
MADAME ISAIE ROCHON.
 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

TWO DESTROYERS SUNK IN COLLISION

Official Announcement of Admiralty, Over 50 Lives Lost

London, Dec. 25.—The Admiralty announces that two destroyers were sunk in a collision in the North Sea on December 21 during very bad weather. Six officers and 49 men were lost.

Two Hamilton coal dealers were in the Police Court to answer to a charge of delivering coal without having first weighed it on the city scales. Defendants complained that the city had refused to install sufficient scales.

OUR DAILY PATTERN SERVICE

Valuable Suggestions for the Handy Homemaker—Order Any Pattern Through the Courier. Be Sure to State Size.

GIRL'S DRESS.

By Anabel Worthington.

Fashion has remembered that there are dress-up affairs of childhood, during the winter, for which the wiles' maiden not yet in her "teen" needs a smart and graceful frock and the result is shown in the illustration No. 8071. Any little girl will be in raptures over it.

The overblouse suggests the jumper idea and for novelty has the pockets placed just where they look best and where the girl likes to have them; heading of wool embozzery is distinctive for embellishment. The low cut front of the overblouse shows to advantage the under waist, which is finished at the neck with a very fetching frill and the "ruff cuts" to match are as much appeal. The closing is at the back and a snapless gathered skirt completes the frock. The separate overblouse slips on over the head.

This design will be superior developed in velvet velour de laine or like fabric with motif decoration as pictured: the chief being of net, silk or material to blend. Of course the model may be made up for afternoon wear in a more practical weave or combination of weaves, like checks, plaids, serges, etc. Whatever the choice of material, if you like the things you make yourself, you will have style and value by using the pattern to reproduce the design—no skill is required.



The dress pattern No. 8071 cuts in sizes 6 to 12. To make in size 8 requires 2 3/4 yards of 36 inch material for overblouse and skirt and 1 3/4 yards of 33 inch goods for the waist.
 To obtain the pattern send 10 cents to the office of this publication.

SIR GEORGE FOSTER

Tells Why He Has Not Called Trade Convention

Hands and Minds Too Busy With the War

Ottawa, Dec. 25.—Sir George Foster has issued an official explanation for not having called together the proposed trade and commerce convention, which was to have met in Ottawa last October.

"The time for the meeting and in-terchange of views," says Sir George, "does not yet appear to be ripe. Men's hands are full, and their minds are busy in coping with the immense production of war munitions and the many subsidiary services of the war. The war as yet promises no speedy ending, and the continuance of the stress of work seems likely to be prolonged."

"Notwithstanding all this, men are every day thinking more and more as to what can be done when the change comes, even while they are doing more to swell the daily output of war necessities. Time is not being wasted, nor are men losing thought for the future in the sever business work of the present. Rather, it is the fact that as time passes the vision widens, the mists are gradually lifting, clearness is succeeding to doubt, and all the while the discipline and skill being developed, and the enlarged adaptation of labor in continually widening circles to the new processes and new areas of production, are fitting us for future and changed conditions."

"Meanwhile," Sir George says, "we have called our aid, and are proceeding to attack the lines of unpreparedness from another quarter." He then proceeded to outline the purposes of the new Commission on Industrial and Technical Research.

COMB SAGE TEA IN FADED OR GRAY HAIR

If Mixed with Sulphur It Darkens so Naturally Nobody Can Tell.

Grandmother kept her beautifully darkened, glossy and attractive with a brew of Sage Tea and Sulphur. Whenever her hair took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect. By asking at any drug store for "Weyth's Sage and Sulphur Compound," you will get a large bottle of this old-time recipe, improved by the addition of other ingredients, all ready to use, for about fifty cents. This simple mixture can be depended upon to restore natural color and beauty to the hair.

A well-known downtown druggist says everybody uses Weyth's Sage and Sulphur Compound, now because it darkens so naturally and evenly that nobody can tell that it has been applied. It's so easy to use, too. You simply dampen a comb or soft brush and draw it through your hair, taking one strand at a time. By morning the gray hair disappears; after another application on two, it is restored to its natural color and looks glossy, soft and beautiful. This preparation is a delightful toilet requisite. It is not intended for the cure, mitigation or prevention of disease.

Hurrah!

Here's relief from thirst; here's fresh vigor for the boys at the front and workers at home!

WRIGLEYS

Soothes, refreshes, sustains through weary hours of suspense and struggle!

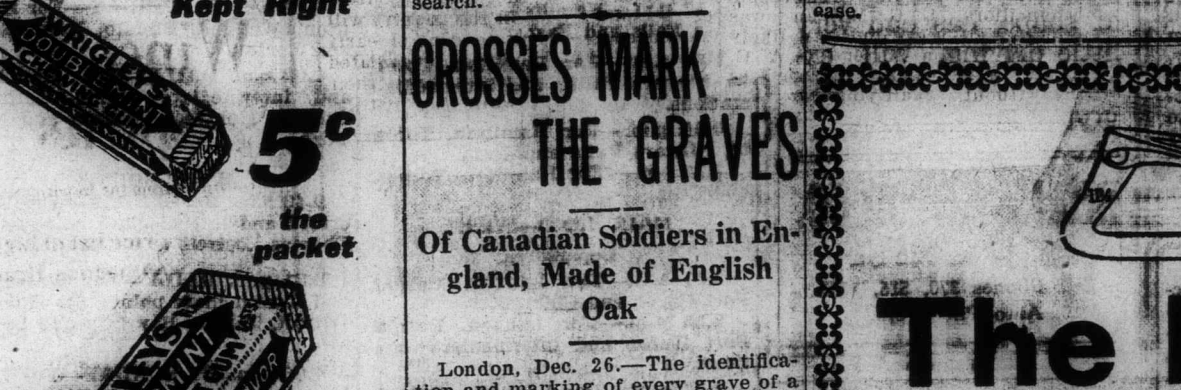
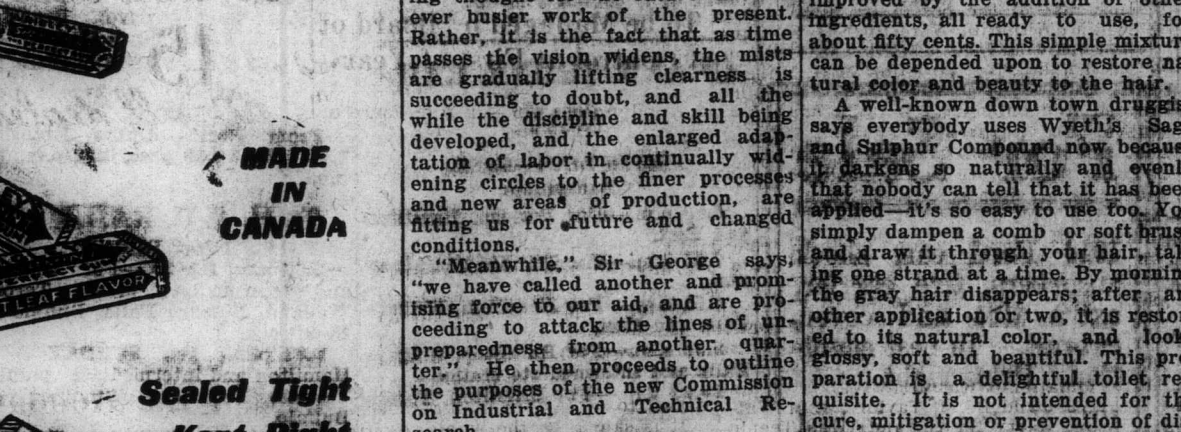
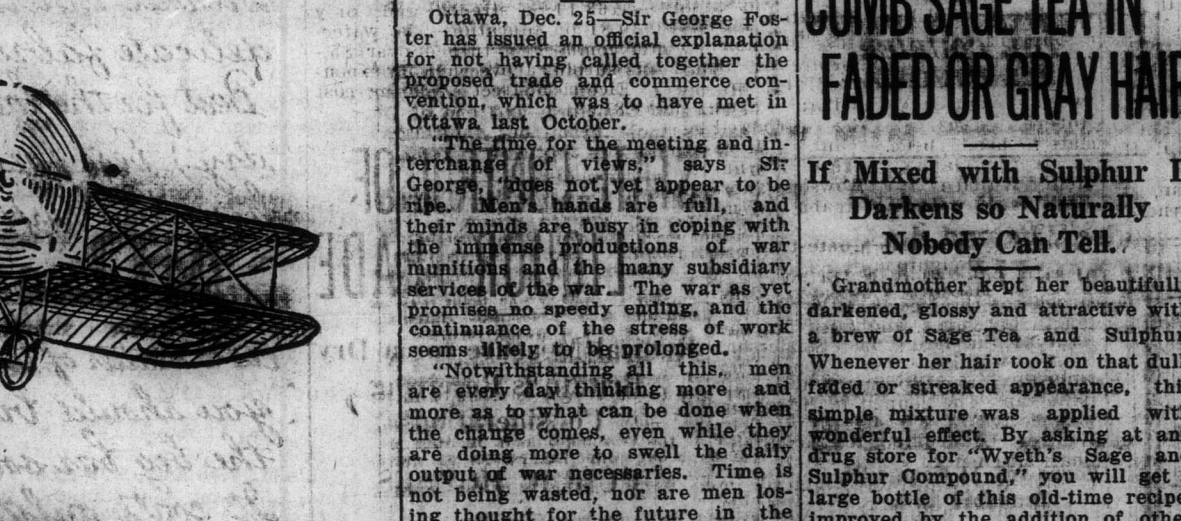
It helps appetite and digestion too. Delicious and antiseptic—wholesome and beneficial.

After every meal and in the long watch, this lasting refreshment cheers thousands every day. A boon to smokers. Send some packets or a box to your soldier lad.

IT'S ON SALE EVERYWHERE!

The Flavor Lasts!

WM. WRIGLEY JR. CO., Ltd. Wrigley Bldg., Toronto



Rippling Rhyme

CHRISTMAS BELLS
 Oh, Christmas bells, your music swells, upon the buoyant winter breeze. I dry my tears and shed my years, when I hear happy sounds like these. I'm gray and bent, an ancient gent, who may not see another spring; my knees are sprung, but I feel young, when Christmas bells begin to ring. I'd give no hoot for that galoot, who doesn't feel the Christmas glow, who doesn't sing when joy bells ring, and turn some handspindles in the snow. Oh, Christmas bells, your music spells forgetfulness of workdays' cares; a little while we sing and smile, and dance around like circus bears. A little while the grief and guile, the grind of life, forgotten are; our hearts are thawed, we walk abroad, and sing of Bethlehem afar. A little while we cease to pile more plunks upon our stacks of brass; the soul for lifts, we hand out gifts, instead of trying to amass. Oh, Christmas bells, your music dwells forever in the old man's mind, recalls the truth of honest youth, the days he's left so far behind.

Waterloo County Council took no action re a grant to the British Sailors' Fund, but did present Warden Paul Sluder with a cane.

Seven of the nine officers who resigned their commissions in the 118th Battalion last September have been notified to report at Halifax next month to accompany a draft overseas.

Hood's Pills

Best family physic. Do not grip or cause pain. Purely vegetable, easy to take. 50c

Useful Christmas Hardware
 —OF—
Highest Quality

Turnbull & Cutcliffe, Ltd.
 Hardware and Stove Makers
 Corner of King and Colborne Streets.

Classified Advertising PAYS

The waste paper basket in some offices is emptied once a day, sometimes twice a day. Besides scraps of paper and envelopes it usually contains many circulars addressed to the man who seldom opens them.

Thousands of dollars are wasted by circular publicity. There is no surer method of reaching the people you want than through the CLASSIFIED COLUMNS OF THE COURIER. There is no waste publicity in CLASSIFIED ADVERTISING. You can reach a greater number of possible buyers at a cost far below that of sending circulars, and the only time needed is to write your copy.

Eliminate office basket waste and turn your money into CLASSIFIED ADVERTISING.

DEFENCE!

Atlantic Patrol Service
 Largely increased cruiser fleet is necessary to protect Canada and the trade routes against the renewed German submarine activities. Men up to the age of 45, with previous sea-faring experience, will be enrolled at once. Pay: Seamen, \$1.10; stokers, \$1.20; preparation allowance, \$20.

R. N. C. V. R. ATLANTIC DIVISION

and number of boys between the ages of 18 will also be given the opportunity to participate in this service. Pay: 10 pence per day.

Apply to **RE EMILIUS JARVIS**, Jarvis Building TORONTO

PENS For Both Ladies and Gentlemen

Swan and Stedman Pens. All Sizes and Mountings.

to \$10 EACH

MAN'S BOOKSTORE

69. Colborne St.

SUGGESTIONS

30c to \$5.00

THE ONLY
 Coaster Wagons \$2.25 up
 Kindergarten Sets
 Table and 2 Chairs \$2.25 a Set
 Toy Barrows 75c to \$1.25

SHOO FLY ROCKERS
 90c to \$2

TOY BROOMS, BUILDING TOYS, TOYS, ARTS, ROCKING CHAIRS
 Deposit will secure you one.

STERNE
 STREET — Open Evenings

Labatt's

Established 1832

Ale, Extra Stock Ale, Canada First Lager
 FULL STRENGTH

the same as before. the same day they are received. taken to insure satisfaction.

Be sure to write to **TON, 8 Wellington St., HULL, QUEBEC**