## Surnames and Their Origin

Seaward, Saward.

u might think from the spelling, ward, that the origin of this family dame is obvious, that it meant "sea-warden" or "sea-guardian" either in its first use as a surname, or at least in its meaning as a given name, if it been a given name prior to this.

ope and established many set-

ant " uardian of vicrst syllable coming not invasions and settlements of of the Teutonic Normans. was also to be found

ne Middle Ages, at the period use as a surname was indica-

## A Victorian Rebuke

a little boy King George was fraid of his grandmother, Victoria. An amusing story of ose days, says a writer, came to my mind when I heard that a gold sovereign had recently been found at the foot of the high grass bank near toria had made on her grandson may

ham Palace. One afternoon a nursery footman took King George over to s Queen Victoria. After tea and a chat the gave her grandsed a new sovereign and bade him go into the garden and place, there for half an hour and then come beat for half an hour and come back and say good-by to

Now, the sport that the prince mos enjoyed whenever he visited the gar-dens at Buckingham Palace was rolling down the green banks. But since that kind of sport was exceedingly damaging to his clothes he had been forbidden to indulge himself in it. Now temptation to have another good roll was too much for the prince: so oon as he reached the gardens he went straight to the bank and kept running up it and rolling down it for half an hour. Then he went back to the palace and, after brushing himself carefully, went to bid his grandmother

On reaching Marlborough House short time later, he discovered that he had lost the sovereign; but he knew that, if he told anyone of his loss, he amusing himself. He decided to say

A week later his grandmother went Marlborough House, and King George was sent down from the nurse-"And what did you with the sovereign I gave you, Georgie?" she asked.

"Nothing, grandma," the prince re-"You are keeping it then, I hope, plied the child.

until you find a really useful way of "And what do

Almost as Easy as Wishing

Your breakfast cup is ready

without trouble or delay when

is the table beverage.

add hot water, stir, and you have a satisfying, comforting drink, delightful in taste—

and with no harm to nerves or

digestion. As many cups as you like, without regret.

"There's a Reason"

Your grocer sells Postum in two forms,

POSTUM CEREAL (in packages) made by boiling full 20 minutes.

INSTANT POSTUM (in tins) made instantly in the cup by adding hot water.

To a teaspoonful of Instant Postum in the cup,

Variations-Sayers, Seger, Seagar, Sa-

gar, Saers, Sears. Racial Origin—English. Source-A given name.

Here again is a family name which looks as though it might have been derived from some sort of occupation. But like that of Seward, however, it rived from some sort of occupation. In the head or face, but neuralgia may crew can do.

But like that of Seward, however, it effect any nerve of the body. Different from a given name, in fact, from a given name with almost the same meening as that from which the

It was at one time a common given
But its meaning was not "sea."
In fact, it had nothing what with the sea, though it was leveloped its greatest ea-loving race, the man the Norwegian vikurated all the coasts of North.

To man a given name with almost the certain nerves. Thus neuralgia of the scale called sciatica, but the scale called sciatica c must remember that in the Middle Ages, when the Teutonic languages were all of them nearer their primitive forms, the "h" was often more preventions of the starved nerves. The blood, which nor mally carries nourishment to the nerves for some reasonant to the tive forms, the "h" was often more than a mere aspirate breathing. was something of a gutteral as well.

a," but the root The form Saner, from without in so many old family names in this group without But though very the \*g" have developed, shows signs among the Danes at the time of the French influence in the speech

the Saxons themselves, and made popular in the days prior to the Norman conquest of England, which persisted for some time after mily names were formed, the ward alongside the form "Saher."

As a given name it meant si ward" or "Siward." Of course, "the victorious one," and in its earliest use as a surname it indicated that a

> The prince looked at his grand-To conceal the truth was one thing; to tell a downright lie was an other "I lost it," blurted out and then told how.
>
> No one could a minister a severer

### Limited Range of Your Words.

How many different words do you Brockville, Ont. use in your daily conversation? tween 1,000 and 2,000, but it is difficult to arrive at an accurate estimate. In country districts from 500

## What They Called Him.

"How is baby to-day?" she asked.
"Quite well, thank ye, mem," re-

"And what do they call him?"
"They ca' him a girl!"

# NEURALGIA

People think of neuralgia as a pain

tive forms, the "h" was often more than a mere aspirate breathing. It is a mere aspirate breathing. It is a mere aspirate breathing. It is the cry of the nerves for food. The form "Saher." from which the lamily names in this group without nourish the nerves is usually become

left in a badly run down condition. I deep water.

was weak and very nervous, and had no appetite. A doctor was called in and gave me medicine, but it did not steamed sternforemost more than one help me. My blood was thin and my hundred miles to a port with a dry hands and my feet were always cold. dock. A new bow was built on a sliphands and my feet were always cold. Then to add to my misery I was attacked with neuralgia, from which I suffered greatly. I was reduced to a mere skeleton, and did not care whether I lived or not. I was in this deplorable condition when I began taking Dr. Williams' Pink Pills. It was in line with the after section. The some time before I could notice any benefit from the pills, but before a half a dozen boxes were used there was tight together so as to bring the holes. sovereign had recently been found at the foot of the high grass bank near the southern boundary wall of the palace garden.

The date of the sovereign shows that it was undoubtedly one that King George's grandmother had presented to him when he was a boy of five. At

them a trial.

Newspaper Advertising

Pays Dividends to Wrigley

## Horses and Babies.

which are over a century old and are which are over a century old and are was ploughing he stopped when he reached the corner and, leaving the horses standing in the furrow, went to the pump for a drink. As soon as he pump for a drink. the pump for a drink. As soon as he returned he took up the plow handles and spoke to the horses. They did not move. He spoke again, sharply. Still they did not move. Astonished and vexed he struck them with the whin want from the fact that hankers will

There was a long search in which the and, therefore, a good risk. police and the fire department joined; but it was unsuccessful. Finally, in a livery stable two miles away some men who were working there thought they heard a little cooing voice. They were horrified, for it seemed to come from the tall of an exceedingly vicious from the tall of an exceedingly victors horse that even the grooms approached cautiously and with dread. The men looked into the stall and saw the baby patting the horse's hind leg and calling him "nice horse," while he, with his head immed, watched her be with his head immed.

Here's to You!

Here's to you, as good as you are,
And here's to me, as bad as I am;
But as good as you are and as bad
as I am

Greet: "I be a down."

No life is fully balanced without a hobby of some kind.—Lord Burnham.

I'm as good as you are, as bad as I

-Old Spotch Toast. Gluttony kills more persons than do

The Romance of Salvaging. RAILROAD MAN AND SCIATICA quite so full of romance as salvaging. Saving a vessel that has gone ashore is much like saving a life, and, as in a medical profession, ingenious and Caused by Starved Nerves Due artling means are sometimes employed. The case of the Suevic, a

> posed to the full force of any gale that might arise. Arriving on the scene, the salvagers found that her nose was The cause being pinched as in a vise and that it to be she was bumping forward so heavily The pain that her forepeak soon resembled a kes the punctured tin kettle.

was free from the rocks; but a gale would probably break her in two. There seemed no hope of saving the entire vessel; but if the gale held off, nourish the nerves is usually because the blood itself is weak and thin. When you build up the thin blood with Dr. Williams' Pink Pilks, you are attacking neuralga, sciatica and kin.

The brood reserving the process of the proces The value ject was novel and delicate. As a reof these pills in cases of this kind is sult of it, however, the after two thirds of these pills in cases of this kind is shown by the experience of Miss Beulah M. Fairweather, Cumberland Bay, N.S., who says: "A few years ago, following an attack of measles, I was away from the rocks and out into

When water was let into the dry dock the Suevic floated once more as You can get these pills through any a whole ship. A new life stream of dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., and she left as sedately as on the day that she was built. Romance of the What more can anyone wish?

mate. In country districts from 500 to 700 words are enough for the ordinary needs of conversation, while habitual readers of newspapers and good books collect a vocabulary of from 2,000 to 3,000 words.

Trades and professions may greatly increase the vocabulary of the persons engaged in them. Thus, some 4,000 words have been added to the dictionary to describe electricity and its kindred occupations. Artists and doctors use technical and scientific terms that increase the number of the words they use by 500 or 1,000. Authors often use 5,000 words or more.

There are only 6,000 different words in the Old Testament. The poet Milton used only 8,000, and Shakespeare in all his works employs between 15,-1000 and 16,000 different words.

Pays Dividends to Wrigley words to Wrigley's chewing gum has started to foundation newspapers. When they be gan wery few people used chewing gum. To-day, few people do not get the pleasure and benefit of using time the pleasure and benefit of using convinced the Canadian public that Wrigley's "after every meal."

Regular consistent newspaper advertising convinced the Canadian public that Wrigley's is good and good for them. It has built the modern sanitary factory at Toronto—recently define the words they use by 500 or 1,000.

There are only 6,000 different words in the Old Testament. The poet Milton used only 8,000, and Shakespeare in all his works employs between 15,-1000 and 16,000 different words.

## Economic Value of Paint.

The life and usefulness of practically all buildings, farm machinery and What They Called Him.

A little girl was sitting on the doorstep nursing her infant sister, when a lady passing by stopped to speak to the child.

"How is baby to-day?" she asked. the two young children who came into contact with them.

Our neighbor, says our contributor, had a field one corner of which came up to his dooryard. One day while he was pleughing he stopped when he still in splendid condition. It is

> vexed, he struck them with the whip.
>
> Still they stood immovable; and then he realized that something must be wrong. He went to their heads, and there in the furrow in front of them he saw his toddling baby boy!
>
> The two year old daughters of a struck them with the fact that bankers will loan from 10 to 50% more on land where farm buildings are well painted and kept in good condition than on land where they are not. The bankers' action is based not merely on the e saw his toddling baby boy! action is based not merely on the
> The two-year-old daughter of a simple idea that the farmer's house friend of mine had an experience a and barns are likely to ast longer good deal more astonishing than that through the use of a protective coating of the baby boy's. The little girl man-aged to stray away from in front of the house where she had been playing. through the use of a protective coating but upon the truth that the man who uses Paint and Varnish gives clear evidence that he is wise and thrifty

## Business Methods

When the agent brought Mrs. Tarley her fire insurance policy he re-marked that it would be as well for her to make her first payment at

calling him "nice horsie," while he, with his head turned, watched her be nignantly, not moving a muscle lest he should hurt her!

"Tell the company to let it stand, and deduct it from what they owe me when the house burns down."

Guest: "I should like a suite of rooms that is clean and fresh." Clerk: "Front! Show the lady up to suite

Minard's Liniment Relieves Neuralgia ISSUE No. 18-'22.

## WAS CHEATED OUT OF MEALS

ployed. The case of the Suevic, a twelve-thousand ton passenger liner, is a good example of what a salvage crew can do.

The vessel went ashore on the rockbound coast of Cornwall and lay exposed to the full force of any gale that Man Now.

"I was cheated out of a good many meals while I had stomach trouble, but I'm making up for lost time now," said L. Napoleon Gagnon, 53½ Sala-berry St., Quebec, a well-known Canadian Pacific Railroad man.

"For a long time I had been unable to get any satisfaction about eating and felt tired and worn out so I could hardly work. I was very discouraged, too, because I could bee I was going down hill every day and there was ho relief in sight.

"It certainly was remarkable the way Tanlac came to my aid. I am feeling like a new man now, have the appetite of a woodchopper and every-thing I eat agrees with me. I certain-ly never intend to miss a chance to put in a good word for Tanlac." Tanlac is sold by all good druggists.

It is a mistake to cut down a tree unless you know where you are going to get another one.

Men without number who were cast Men without number who were cast adrift on the sea without water have died of thirst; yet it is now possible to distill enough moisture from the breath to sustain life. The apparatus consists of a glass tube and a bottle. By breathing in air through the nose and expelling it through the tube into the bettle. the bottle, a person can obtain as much as an ounce of pure water an

MONEY ORDERS. Pay your out-of-town accounts by Dominion Express Money Order. Five Dollars costs three cents.

Every man is a good pilot in a smooth sea; but when the wind blows then we find out who knows the most





The Original and Only Genuine. MINARD'S LINIMENT

COARSE SALT LANDSALT Bulk Ca TORONTO SALT WORKS C. J. CLIFF . TORONTO

DOG DISEASES

# S THERE A VULCANIZER IN YOU town? You can earn \$25.00 daily. Weach you. Write Chief Instructe canada Vulcanizer, London, Ont.

O YOU WANT A FIRST OF

BELTING FOR SALE ALL KINDS OF NEW AND US seiting pulleys saws. cable, hose, packing cable, the seiting pulleys saws. cable, hose, packing to shipped subject to approval at long prices in Canada TORK BELTING Cast TORK, STREET, TORONTO.

A Chance for the Girl. An old lady of seventy was rather earful as she bade farewell to her mother, aged minety-five, whom she had been visiting. "Good-bye dear mother!" she said. "I hope we shall

"I hope so, my child," mother, briskly. "They tell me you are looking very well."

Minard's Liniment for sale everywhere

G. F. (Glasgow) mentions the case of a detective who, after twenty years, remembered the face of a forger, and arrested the man when the crime had

## CUTICURA HEALS WATER BLISTERS

On Face and Hands, Itched and Burned, Face Disfigured, Lost Rest,

"My trouble came in tiny water blisters which would break and form sore eruptions. My face and hands were affected, and the skin was soreand red. The eruptions itched and burned so that I scratched them, and my face was disfigured. Host rest at night.

"The trouble lasted about three months. A friend asked me to try Cuticura Soap and Ointment, and after using three cakes of Soap and two boxes of Ointment I was healed." (Signed) Miss Agatha Tyler, R. F. D. 1, Box 59, West Lubec, Mc. Cuticura Soap, Ointment and Tal-

Cuticura Soap, Ointment and Tal

## WONDERFUL THE WAY IT HELPED HER

So Writes Mrs. Lemery of Brockville, Ontario, Regarding Lydia E. Pinkham's
Vegetable Compound

Brockville, Ontario.—"I took Lydie 2. Pinkham's Vegetable Compound for weakness and female disorders. I was so weak at times that I could not stand up. I had been this way for nearly three years and the different medicines I had taken had not done me any good.

door one day and thought I would give it a trial. I am now on my fifth bottle and it is wonderful the way it has helped me. I am feeling much better, have no weak spells and can do all my work now. I am recommending your Vegetable Compound to all I know and you can use my testimonial to help other women."—Mas. Caset Lemer, 176 Abbott St., Brockville, Ontarlo.

Lydia E. Pinkham's Vegetable Compound is a medicine for women's ailments and has a record of nearly fifty years behing it.



WARNING! Say "Bayer" when you buy Aspirin. Unless you see the name "Bayer" on tablets, yarare not getting Aspirin at all. Why take chances?

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Toothache Earache/

Headache Neuralgia Lumbago

Rheumatism Neuritis Pain, Pain

Handy "Bayer" boxes of 12 tablets-Also bottles of 24 and 100 - Dr Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Mono-aceticacidester of Salicylicacia. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their feneral trade mark, the "Payer Cross,"

Canadian Postum Cereal Co., Ltd., Windsor, Ont.