

Dal's X-country is still number one

by Janice Fiander

The Dalhousie University Cross-Country Team is running towards a win at the AUSA Championship at St. F.X. University on October 28th.

Last Saturday, the team members retained their number-one spot in Atlantic Canada at an AUSA meet held in Point Pleasant Park. Lucy Smith, of the Dalhousie University Team,

raced with record-breaking time, finishing the 5K course in 16 minutes and 26 seconds.

Cross-country races, which are one of Smith's favourites, cover many different forms of terrain. On Saturday, as the runners took off, they bounded over grass, through forest, and over rocky surfaces. Because of this variety, a record can only be applied to the course upon which it was set.

Smith broke a previous record of 16:50. The difference of 24

seconds is remarkable, especially considering that she broke her own record.

The Dalhousie women's team won this meet with a total of 22 points. If a runner places first, the team of which she is a member receives one point. If she places second, the team receives two points, and so on, with the team receiving the lowest score winning. The Dalhousie women finished with a score of 22 points. UNB ranked second, finishing with 33 points. UNB has consistently been Dal's chief competition at AUSA meets; however, the Dalhousie women's team seems assured a clear-cut win in Antigonish.

One of the great strengths of the women's team is its emphasis on the importance of the team as a whole. They support each other, and they have had great support from their coach, Al Yarr, and from the Dalplex Athletics Department.

The Dalhousie Men's Team also won on Saturday, accumulating 36 points. UNB, ranked second, finished with 50 points. Dan Hennigar was first to finish

for Dal, Darren Richards was second, and Paul Riley was third. The Dal men's team also has a possible win in Antigonish, although the competition from UNB may be a little stiffer than in the women's race.

In the past, Dal, St. FX, UNB and Memorial have raced consistently well. Recently, Acadia and Saint Mary's have competed, but pose no threat for Dal.

On November 4th at UBC in Vancouver, the Dal team will attend the CIAU championship. The Dalhousie women's team were ranked third after the Nationals in Quebec last year. They are currently ranked second. The chief competition at

this meet will come from the University of Western Ontario, currently ranked number one, and a tough team to beat. However, Dal's team is strong, and the possibility of victory is not to be dismissed lightly. Clearly they are contenders for a title.



Photo: Rochelle Owen — Dal photo

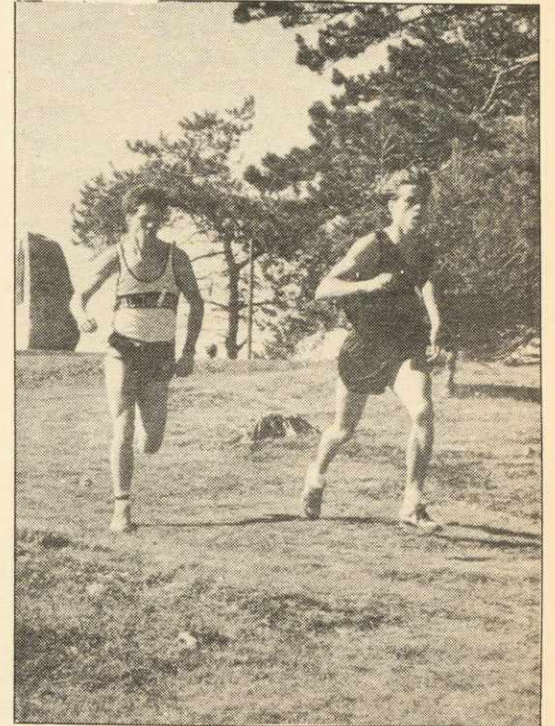


Photo: Rochelle Owen — Dal photo

President's Sports Festival is back

by Margot Sammurtak

Over two hundred students, staff and faculty are expected to participate in "Sail On," the 10th Annual President's Sports Festival to be held at Dalplex on Saturday, October 21, 1989.

All teams must be co-ed with eight or ten people each, and an equal ratio of male to female team members. There is no restriction

on the number of teams representing a single faculty, residence or association.

Team combinations of students, staff and faculty are encouraged, according to event organizer, Lorri Saunders, and "we expect some student/faculty challenges, too. Students like to get their licks in without fear of academic reprisal and the pros, well, it never seems to occur to

them they can be beaten, so they're almost sure to accept the challenge."

The President's Sports Festival is fashioned after Corporate Challenge, a half-serious series of contests to challenge teams and team-work. It's pretty hard to keep the rhythm of a relay going when half your team is doubled in laughter at the antics of the

cal bent, in keeping with the "Sail On" theme, overcoming laughter is sure to be the biggest challenge of the day.

Events take place in the Dalplex Pool and Fieldhouse (mostly in the Fieldhouse) — perfectly safe even for landlubbers (to you land-locked Upper Canadians, Prairie Dogs and Chickens, landlubbers are people who get a little

nervous when their feet hit the water). For you, the festival includes a little *Basic Training*, a friendly *Sea Serpent*, a chance to get your *Sea Legs* and, (you'll love this) the *Drunken Sailor* and the good ol' *Life Preserver*. You'll want to *Kiss the Captain* when it's over.

If that seems like stuff for pantywaists, you're probably an experienced mariner. You'll still need your *Basic Training* and you're probably already a *Drunken Sailor* who can *Blow Your Sail*. But can you handle the *High Seas* and *High Wind*, *Capt Long John*? You can *Sink or Swim* on your own.

There are already teams registered from Medicine, Commerce, most of the residences, Physio, Dentistry and others.

Dentistry? A bunch of dead-earnest drillers? Believe it. They won last year. They say they're going to do it again. They say you're just going to sit still and take it.

A good year for Dalhousie basketball

by Brian Lennox

This year once again shapes up to be a great year in the AUSA men's basketball. The AUSA could have at least three or four teams in the top ten in the CIAU. While the St. Francis Xavier X-men look to be the best team in the conference, quite possibly the nation, the Dalhousie Tigers will also be a very good team.

Arguably the Tigers have the most depth of any team in the conference. Head coach Bev Greenlaw and his assistant Mark Parker could easily go to their eleventh or twelfth man with the number of quality players on the squad. In fact, Greenlaw and Parker's most difficult task will be how to use the abundance of talent.

The roster is full of veterans, with the heart of the lineup in their third or fourth year. In the front court, Dean Thibedeau is back after having a very good freshman year. Thibedeau was

the leading scorer and rebounder at the Canada Summer Games. Also back is team captain and three-year starter Paul Riley, one of the best power forwards in the conference. A new addition up front is Dave Brown, a former small college all-Canadian at Kings College. Brown also played on the 1987 gold-medal-winning Nova Scotia team at the Canada Winter Games. From Boston,

Massachusetts, comes Dave Paquette, a player who possesses excellent fundamentals. Dave Chaisson is another player who can play as a power forward and a small forward.

At the small forward position, is three-time team MVP and two-time all-conference player Willem Verbeek. Verbeek, along with UPEI's Peter Gordon, is among the top ten premier players in the nation. Versatile Oscar Martens can also play small forward and a number of other spots. Unquestionably the hardest worker on

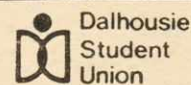
the team, Martens is also one of the best forwards at filling the lane on the fast break. Gary Blair can play either at the small forward spot or as an off guard. Blair is a tremendous leaper and a good shooter who has three-point range.

The guard spots are also full of talent. Back after a few seasons in the senior league is Darryl Johnson. Johnson can play the off guard position as well as point guard. Johnson plays much bigger than his six-foot-one height, and should add a new dimension to the team. Fourth-year guard Andrew Merritt is back as well. Merritt possesses marvelous physical skills and allows Greenlaw and Parker to use him at several positions. Long-range artist Chris Forbes is also back with the Tigers.

The point guard position is in good hands with third-year veteran Kevin Hayden and freshman Shawn Mantley. Hayden is an excellent penetrator who can also

hit the outside jumper. Mantley should come in and get quality minutes. He is a good defensive player who started for Nova Scotia in the Canada Games.

Dalhousie could finish second in the conference. We will concede first to the X-Men, but the game is never played on paper. The Tigers will have to play an up-tempo game, something Greenlaw and Parker prefer. If everything falls into place, it is possible that the Tigers could make it to the CIAU championships.



SOCIETIES

The Dalhousie Student Union and the Dalhousie Alumni Association invite you to attend the 1989 Leadership Conference Oct. 27 and 28. For more information on workshops contact DSU Executive VP Terry Crawley. Student Council office Rm 222 or phone 424-2146.