

Some thoughts on sports magazines



Overtime
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Bredin killed in Saskatchewan

I REALLY ENJOY WEDNESDAYS for two reasons: It is the day that I finish off that week's sports pages for *The Gazette*, and I usually receive my *Sports Illustrated*, two momentous events. Not bad for a Wednesday.

I also subscribe to another sports magazine, this one is Canadian and called *MVP*. I used to have subscriptions to two other sports magazines but I let the subscriptions run out and never really cared if I renewed or not. However, there is another sports weekly that I often get although not subscribe to and that's the *Sporting News*. The reason I don't subscribe to it is because its rates are very high and in US dollars.

What, you may be asking, is all this about? Well, last week I didn't get my *Sports Illustrated* and by Friday I was going frantic and was very scared of showing severe withdrawal symptoms so I went looking for sports reading.

I went to a news stand that I knew would have oodles of sport magazines and I was not disappointed. I knew they were out there but I never really went out looking for one and one alone. There are magazines devoted solely to football (I got one of those), baseball, boxing, bicycling, tennis, swimming, golf (things are getting wierd), squash, sailing, skiing, soccer — well, you get the idea.

One that I was truly fascinated with was devoted to triathlons. For those few unknowing naive souls a triathlon is when this super athlete swims 2.4 miles, bikes 112 miles, then just to finish off the day runs a 26.2 mile marathon. This magazine, the name escapes me but there can't be too many of them, had articles on cycling short and long distances, home gyms, dieting, timing oneself and other articles that would interest the triathlete. I did not buy this magazine, but I was

amazed that there were enough local people interested in it that much for the store to carry it but I am not to wonder why.

The next magazine was Joe Wielder's *Muscle and Fitness*. For those who have never seen the magazine it is a body-building publication, plain and simple. This one was rather pricey (\$3.95) but had a lot of copy and is a monthly.

After flipping through the magazine and looking at some of the pictures I wondered how male bodybuilders buy clothes; nothing against them but their arms are rather large. The articles were on dieting, home gyms, how to bulk up, building bigger and better arms, legs, and shoulders, and other fascinating topics that bodybuilders would be interested in. After reading a few articles, I got hold of a copy from a friend. I now wonder how these people have time to read after spending all their time in the gym.

After this magazine I picked up, after making sure no one was watching, a publication on wrestling with two very large men bleeding on the cover. The magazine in short was a *National Enquirer* of the wrestling world. It tells more about your favorite wrestler such as Hulk Hogan or Sgt. Slaughter than you'll ever want to know.

The magazine I ended up buying was *Inside Sports*. It is a monthly sports magazine that covers a variety of sports and does not specialize on one. What I have realized from all this is that there are very few general sports magazines left that talk about baseball on one page, boxing on another, and football or hockey on another. I miss that. I think that the next time my *Sports Illustrated* doesn't arrive on time, I'll study that weekend, and observe the withdrawal symptoms.

INDIVIDUALS INVOLVED IN Dalhousie's athletics department and students and faculty who had known Jeff Bredin during his three years as a physical education student at Dal could only be shocked by the news that Bredin had been fatally shot in a small northern Saskatchewan community.

Bredin, who graduated with his Bachelor of Physical Education degree last May, was excited and enthusiastic when he was hired for the job of teaching high school physical education in Red Earth, Saskatchewan. With the high degree of difficulty all too well known to physical education graduates of landing a job in their chosen profession, it was a tribute to Bredin's abilities and assets as a

person that he was able to break into the work force so quickly after getting his degree.

"From a professional perspective, Jeff was very refreshing," said volleyball coach Al Scott. "He was so enthusiastic about his chosen career of teaching."

However, last Saturday, that enthusiasm was senselessly snuffed out when Bredin was shot while attempting to prevent some youths from breaking into his truck.

Bredin came to Dalhousie after attending, and playing volleyball for, Laurentian University for two years.

After sitting out the mandatory one year before becoming eligible to play in the AUAA, Bredin developed into an excellent volleyball player. He stretched his potential to the fullest in his final year, when he garnered numerous honours including AUAA All-Conference recognition and the AUAA Playoff MVP award.

Much more important than Jeff's contributions on the volley-

ball court, according to Scott, were his personal attributes.

"Jeff was a real team oriented person," noted Scott. "Individual goals were very secondary to him."

"During his years at Dal, Jeff developed as a person as well as a player," said Scott. "He was a very special person, he had that special charisma. He was almost instantaneously liked and respected by people who met him."

Bredin was involved in community sport work as well, coaching a midget volleyball team in the Dartmouth Lakers system, serving as an instructor in Dalhousie's Super Skills Program, and coaching the midget boys' volleyball team at Major Stevens Junior High.

It is difficult for those who knew Jeff to come to grips with the ironic abruptness of the ending of a life that seemed to hold so much potential.

Lakehead University wins Centennial

THE LAKEHEAD NORWESTERS defeated the University of New Brunswick Red Bloomers 60-57 on Sunday afternoon to capture the first Dalhousie Centennial Women's Basketball Tournament championship.

Tournament MVP Lynne Brown led Lakehead with 27 points which Karen Brown supplied eight. UNB was led by Sue McMaster with 21 points and Jane Williams and Bonnie McKenzie with 14 and 13 respectively.

Third place went to the University of Prince Edward Island Lady Panthers who downed the Bishops Gaiters 70-44 also on Sunday. Sonia Edwards was the offensive star for UPEI counting 22 points while five-foot guard Ria Bahadursingh scored 18. National team player Judy Lang replied with 17 for the Gaiters.

The Tournament All-Stars were Ria Bahadursingh and

Sonia Edwards from UPEI, Sue McMaster and Bonnie McKenzie from UNB and Monica Burchert from Lakehead.

In the game to decide fifth place the Acadia Axettes upset the host Dalhousie Tigers 67-54. Kim Kerr led the Axettes with 16 points while the Tigers' Lisa Briggs tallied 23.

In pool play, the Tigers were defeated 61-48 by Bishop's, then dropped an 80-73 decision to Lakehead.

Briggs led the Dal scorers in the Bishops game with 19 points, while Crystal Hill tallied 9.

In the Lakehead game, Kathy MacCormack scored 14 points, while Briggs added 11.

Dalhousie coach Carolyn Savoy felt that the Tigers didn't live up to their potential in the tournament. "We can play with any of the teams there," she said.

"Our perimeter played well, and we got the ball inside quite

well during the tournament," she noted, "But we didn't finish it off."

"We were also out rebounded," added Savoy, "and we weren't as disciplined as we should have been. We should have used more passing to get everyone used to the offense."

Savoy felt that Briggs and Sherri Thurout played well despite just coming off injuries, and Crystal Hill also had a strong tournament.

"Those three showed good hustle and desire," she noted. "Now we have to get the whole team playing more aggressively."

The Tigers have a pair of tough home games over the weekend. On Saturday, the Tigers play host to University of New Brunswick, while on Sunday University of Prince Edward Island is in town.

The visiting teams are expected to be among the powers of this year's AUAA loop.

Tiger sports this week

Date	Sport	Against	Place	Time
Nov. 22	Hockey	St. Thom.	Away	8 pm
Nov. 23	Hockey	UNB	Away	2 pm
Nov. 23	Basketball (W)	UNB	Home	6:30 pm
Nov. 23	Basketball (W)	UNB	Home	6:30 pm
Nov. 24	Basketball (W)	PEI	Home	1 pm
Nov. 24	Basketball (M)	PEI	Home	3 pm
Nov. 26	Basketball (M)	SMU	Away	8 pm
Nov. 27	Hockey	Acadia	Away	7:30 pm
Nov. 28	Basketball (M)	St. F.X.	Away	8 pm

Tigers defeat Moncton

THE DALHOUSIE WOMEN'S volleyball team overcame a noisy Moncton home crowd and an aggressive Blue Angels offensive attack to post a 3-2 match win over Universite de Moncton in AUAA women's volleyball action last Wednesday.

The Tigers won the first two games, 15-9, 15-11, but dropped the next two 12-15 and 15-17 before taking the deciding game 15-7. The closely-fought match took two and a half hours to play.

Former Olympian Karen Fraser was the outstanding Tigers player, with 26 kills, four ace serves, and six stuff blocks.

Dalhousie coach Lois MacGregor also had praise for rookie Maureen Sweeney's performance as an alternate setter. Sweeney hammered home ten kills in the match.

Lise Lanteigne with 22 kills and Julie LaPointe with 18 were the leading Blue Angels attackers.

The Tigers will travel to Sher-

brooke for the fifth annual Vert et Or tournament this weekend. Sherbrooke, who has played an extremely close match with defending CIAU champions Winnipeg Lady Wesmen earlier this season, will be in Dalhousie's pool, along with University of New Brunswick and College de Vieille Montreal.

Moncton, McGill, and Laval University will also be participating in the tournament.