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Cross country Tigers headed for nationals

The Dalhousie Men's Cross Country team have been going through their final preparations this week for the CIAU Championships this Saturday, November 5 in Sudbury, Ontario.

The Tigers, who claimed the AUA crown two weeks ago at the AUA Championships at Point Pleasant Park, have been concentrating on their start, and

on the mental strain associated with the race.

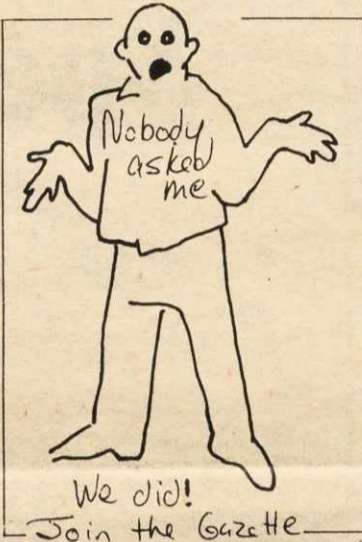
"We competed at the Atlantic Championships last weekend to get used to a fast start," said Tiger coach Al Yarr. "In cross country you have to have to run very hard early and then try to survive. It is very hard to catch up in cross country."

Because running relaxed is important, most cross country

teams try to run as a group. The Tigers employed the strategy exceptionally well in the AUA Championships, and will be trying for a repeat performance at the Nationals.

Norman Tinkham, the team's top runner will, according to Yarr, probably be the front running Tiger. He will be followed by a group of four Tigers if things go as planned.

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Womens' volleyball at York

by Jill Phillips

The Tigers women's volleyball team captured the Consolation Honours (5th place) at the annual Tait McKenzie Volleyball Classic at York University. Teams represented at this year's tournament included Alberta, Winnipeg, Ottawa, McMaster, Laval, Penn State, York and Dalhousie.

Leading the Tigers was fourth year returnee Brenda Turner, who had an outstanding tourney with 52 kills, 28 serving points, and 8 stuff blocks. Also playing impressively was rookie Simona Vortel, who had 5 ace serves, 33 kills, a 71 per cent serve stat, and 5 stuff blocks.

Another returning veteran, Veronika Schmidt, led the team in service receives with 88 per cent results. She also managed to make 25 points while serving (these included 5 aces). Cathy Blight, a second year player, was the leading blocker in the tourney with 9 stuff blocks.

Coach Lois MacGregor said "I saw a great improvement in the team over the weekend." She is happy with the final results.

The Tigers had departed Halifax early Friday morning (maybe too early for the coach) and were on the court at noon. Scores for the round robin were as follows: York over Dalhousie in two games 15-4, 15-8; Penn State over Dalhousie in the best of three games 15-4, 11-15, 10-15; and Alberta over Dalhousie in two very close games 17-15, 15-10.

During the matches for the Consolation Honours Dal defeated McMaster in three

straight games 15-14, 15-12, and 15-7. They also got revenge on the team from Alberta when they met in their final game. Dal played hard and won another three with scores of 15-4, 15-9 and 15-11. This put them in fifth

Tigers place second

by Al Scott

The Dalhousie Men's Volleyball opened their season in Fredericton on the weekend placing second in the UNB Atlantic Invitational Tournament. Laval defeated the Tigers in a very exciting final 15-6, 5-15, 16-14.

For the tournament the team was divided into two teams. As it is early in the season, the coaching staff was looking for game experience for the large group of newcomers on this year's team.

A victory streak lasting over three and a half years came to an end at the tournament. The Tigers had not lost a match to any Atlantic team, university club since March 30, 1980. Moncton and UNB both upset the Tigers' number one team in round robin play. However, the Tigers came back to defeat UNB in the semi finals.

The Dalhousie number two squad defeated the New Brunswick Canada Games teams 15-5, 15-10, to claim the consolation final.

Co-captain **Bernie Derible** and **Peter Hickman** were both selected to the tournament all star team. **Derible** had 46 kills, 8 blocks, and 5 aces while **Hickman** had 22 kills, 5 blocks and 3 aces. Freshman **Chris Moore** had 23

kills and 15 blocks, **Chris Lohnes** had 36 kills, while **Vincent LeBlanc** had 26 kills, 14 blocks, and 3 aces. **Leander Turner** had 26 kills and 8 blocks.

For Dal II **Kelly Lunn** had 17 kills and 15 blocks, **Andy Kohl** had 18 kills and 10 blocks, **Dave McDow** - 28 kills, **Jim Bethune** - 22 kills, **Greg Marquis** - 7 kills, 10 blocks and 6 aces. **Ron Mombourquette** was the top server with 7 ace serves.

The Tigers will host UNB on Friday at 7 p.m. and Saturday at 1 p.m. in their season openers.

place and gave them the Consolation honours.

The Gold medal match was played later on Saturday with Winnipeg meeting Laval. Winnipeg came out on top winning best three out of four games.

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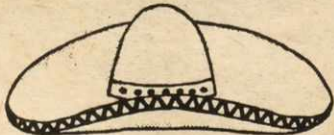
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