Team Cyruthon is not a disease

by Carol Kassian

The week of Oct. 8. marks Installation Week at the U of A. As part of the weekly celebrations, a new activity is being introduced on campus in order to honour the installation of the new President, Dr. Paul Davenport. The activity is being provided through a cooperative effort between the Northern Alberta Track & Field Centre, Campus Recreation, and the Students'

Due to the growing interest in running and cycling, it was decided to initiate a unique event that would appeal to all levels of cyclists and runners. Thus, the First Annual President's Team Cyruthon has been

A Team Cyruthon is a run-cyclerun triathlon type race that involves teams of 3 people. Each entrant will complete one of the 3 components of the Cyruthon. The components include a 7.8 km run, a 26 km cycle, and a 5.3 km run. The event will be held on the ring road of Hawrelak Park on Sunday, Oct. 15.

The cyruthon will begin with the first person of the team running 3 laps of the ring road, the second person will then cycle 10-laps, and the third person will run 2 laps to complete the race. The legs are divided in this manner in order to maximize participation. Those involved in the organization of the President's Team Cyruthon hope that participation in the race will continue to grow in the forthcoming

The Team Cyruthon will be divided into three sections, Men's, Women's and Mixed. Separate winners will be declared for each division, even though all three sections will run and ride in the same race. In addition, the "President's Cup" will be awarded to the overall winner of the event

The race will begin at 1:00 p.m. and it is hoped that the new president will officially start the Team Cyruthon this year, and in future

The entry deadline for the event is Wednesday, Oct. 11, at 1300 hrs in the Campus Recreation Green Office located in the lower hallway of the Van Vliet Phys. Ed. and Recreation Centre. There is a \$15 entry fee and each team must provide a marshal/lap counter along with their entry. Entries will be received on a first come, first served basis, up to a maximum of 50 teams. Participants are encouraged to enter early to avoid disappointment.

Season opens

continued from p 14 season beckons.

On the bench: The team may select new captains this weekend in Calgary. Look for Howie Draper, a fifth year defenceman, to take the captain's mantle from Sid Cranston (who's off to West Germany)...Candidates for assistant captain include forwards Rob Glasgow, Doug Mc-Carthy, and Dan Wiebe, and defenceman Guy Paradis...

Washington Capitals—The acquisi-

tion of Dino Ciccarelli should add

to coach Bryan Murray's hidden

offensive thrust. Both Ciccarelli and

Geoff Courtnall will hurt oppon-

ents with 40+ goals before the Caps

Philadelphia Flyers—Goaltending

confusion in Quakerville could

harm Flyer pride, but depth in the talent pool may help Philadelphia

New York Rangers-Without the roar of the Little Tiger Bergeron

behind the bench, the Rangers

may fade. With Phil Esposito gone and big sophomore seasons from

both Brian Leetch and Torry

Granato expected, a Garden party

New Jersey Devils—A better team

than last year without a doubt. If

the Devils can not find the drive of

post-season two years ago, the gold

New York Islanders—Rebuilding

on the Island will occur faster under

magnificent coach Al Arbour. Un-

fortunately, for Isle fans, do not

look for any miracles for a couple

clubs will come out in April.

could happen in New York.

hurt themselves in April.

defend the Patrick banner.

Puck prognostications

by Todd Saelhof **Smythe Division**

Calgary Flames—Look for a repeat in Cowtown despite some contractual problams. Easily the cream of the crop in the NHL's strongest division.



L.A. Kings-The NHL's glamour team should pick up where they left off last April. With Kelly Hrudey between the pipes for an entire season, Gretzky's Kings have a shot (maybe the last) at claiming Lord Stanley's prize.

Edmonton Oilers—With the black (and silver) Cloud 99 dissipated, the reloading Oilers should improve. The reemergence of Anderson (yes, Glenn!) will be a factor in the fight for home ice in the playoffs.

Vancouver Canucks-The 1989 playoff series against the Flames was no fluke. Commander Mc-Cammon's recipe of heart makes the Canucks five to eight wins

Winnipeg Jets-No place to go but down. Look for the Jets to crash and burn, even with Ducky Haiverchuk as pilot.

Norris Division

Detroit Red Wings-With Stevie Yzerman to continue his torrid point pace of a year ago and offseason acquisitions of experience, there will be no room in Motown (or the Norris) for another leader.

Chicago Black Hawks—With coach Mike Keenan's system firmly established, the tribe will be headhunting for second. A content Alain

Chevrier and a healthy Denis Savard (only 58 games last year) will help.

St. Louis Blues-Adding star-of-thefuture Adam Oates and big man Paul MacLean will not hurt the Blues' chances for second. If coach Brian Sutter can fire up the band, St. Louis could be singing.

Minnesota North Stars—The Stars will feel the loss of Dino Ciccarelli Heavy dependence on third year man Dave Gagner and 1988 top choice Mike Modano could also prove costly.

Toronto Maple Leafs-Bottom of the division, bottom of the league. Paint the basement blue until old, weird Harold buys the bucket (or another team!)!

Adams Division

Montreal Canadiens—Les Habitants should return to the Cup Final under coach Pat Burns. Despite offseason struggles, the Canadiens should not falter in October or

Boston Bruins—Should close the 27 point gap up from last year. Ray Bourque and the Bruisers should be better battlers come springtime.

Buffalo Sabres-A tough team in a tough division, but new coach Rick Dudley will need more weapons than just Pierre Turgeon and Soviet Alexander Mogilny to break the playoff jinx.

Hartford Whalers-To straighten out the goaltending situation must be a priority before the Harpooners can make the most of the

Quebec Nordiques-Improvement under returning coach Michel Bergeron is only inevitable. However, still a year or two away from Adams contenders (sorry Guy!)

Patrick Division

Pittsburgh Penguins—Lemieux and Co. have the firepower to take this ratrace again. The Wales Conference title may even come to the Igloo for the first time.

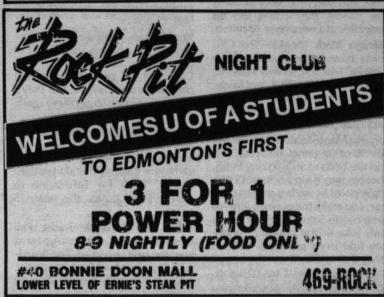
Detroit Red Wings-The future is now for the Wings, or else. No other way to read a trade that sends Adam Oates and Paul MacLean for Bernie "Old Man Ribber" Federko and Tony McKegney. Throw in Borje Salming and Chris Kotsopoulos, and the Grey Wings start **PUCK** — **p** 16

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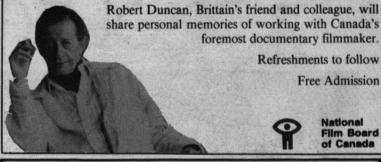
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Terri Mann Tues 1:00-4:00 p.m. Thur 1:00-4:00 p.m. Fri 1:00-3:00 p.m.

Carsten Jensen Mon 12:00-3:30 p.m. Wed 12:00-3:30 p.m. Fri 12:00-1:00 p.m.

If you are unable to meet during these times, please leave a message to set a convenient time.

by Randal Smathers **Smythe Division**

Calgary Flames—The only thing the Flames lost in the retirement of Lanny McDonald was a bunch of good moustache jokes. They've gained with Ranheim and Makarov, and experience. It's easy to repeat in the NHL, too. 115 points.

Los Angeles Kings-The Kings, minus the Sweaterman, plus Big Bird, and plus a full season from The World's Greatest Ukrainian Netminder, should improve on last year's squad. 95 points.

Vancouver Canucks—This team is set to either make a run for it, or to drop out of sight. I think they'll be the surprise of the NHL, tovarich. Jim Sandlakov is a great pool pick. 83 points.

Edmonton Oilers-Time for the toolpush to finish re-tooling the worn bits. The key players aren't getting any younger, and Simpson, Carson, and crew aren't ready to move into dominant roles yet. 78

Winnipeg Jets—Clare Drake won't even be able to save this sorry lot of

losers. I just hope he doesn't get fired in, say, December, when the club panics and starts putting their staff up against the wall again. 60

Norris Division