## **OUTDOOR RECREATION CONFERENCE**

Importance of Recreation From National Health Standpoint -Canada Participates in Washington Meeting.

profoundly, was inaugurated by Presilent Coolidge in the convoking at Washington, May 22 to 24, of the first National Outdoor Recreation Conference. At this conference, which embraced national and state organizations, Canada was represented upon the special invitation of the President of the United States. It was intended that Canada should be represented by Mr. W. W. Cory, Deputy Minister of Department of the Interior, and Canadian National Parks. Owing to people have suddenly awakened to the unforeseen circumstances Mr. Har- fact of which leaders in both Canada kin was prevented from attending and and the United States have been to Mr. Cory fell the duty of acting for aware for some years that the health

it was dealt with on this occasion, inof fish, migratory birds, boundary tional games, and international recrea The Dominion is altional travel. organize the activities they involve.

The personnel of the conference inject occupies in the minds of the leadidge, and the executive chairman was

various forms of outdoor recreation manent organization by their acknowthis: that people everywhere now re- made more far-reaching and effective cognize the importance to the whole by further organization and co-operacountry of properly directed sport and tion

Hymn for a Household.

Uplift our prayer and evensong,

O Man of Nazareth, be our guest!

The fox is sheltered in his ground,

And have no place to lie Thy head?

That wait Thy presence to be blest

O Man of Nazareth, be our guest!

Unofficial Bird-Bands.

in Canada and the United States.

and an endeavor is being made to

trace its origin. It is made of alumi-

num and has the number "57" stamped

on it. Mr. Arthur Shuttleworth, of

Plummer, Ontario, found the band on

a young teal duck which he shot on

tario, on September 12, 1923. The

band will be lent to responsible per-

able to furnish information concern-

the Commissioner, Canadian National

The Reason

and hands and feet 'neverything

"I'm glad you do child, and why?"

City in the Abyss.

370 fathems in circumference and 480

feet deep. In this profound abyse are

streets, squares end a chapel where

There is a quicksilver mine in Peru

the tub."

'Cause you always make me git in

Gee, I hate t' git my face

Parks, Ottawa.

-Daniel Henderson.

Shewherd of mortals, here behold

A little flock, a wayside fold,

Post thou, with heaven in Thy ken,

seek still a dwelling place with men,

Wandering the world in ceaseles

throng

quest?

found.

tread

A great forward movement in con- recreation. The crowding of people servation, and one that affects Canada into great urban centres on the one hand and the development of the automobile on the other have changed the outlook of the people of North America in regard to outdoor recreation in

The great majority of the people no longer have, as they had thirty years ago, open spaces near at hand for re creation, and the automobile has provided the means by which they may escape into the forests, the mountains, and along the watercourses. The hold Mr. J. B. Harkin, Commissioner of ing of this conference indicates that

Canada at the various meetings of the and efficiency of the nation are going to depend in no small degree upon the Canada could not remain aloof from maintenance of national parks, game a conference of this kind even should preserves, game sanctuaries, forest she desire to do so, because outdoor reserves, and other open areas, and recreation, in the broad terms in which upon the wise administration of pro per laws respecting the protection of volves the international guardianship game animals, game and insectivorous birds, and fish. The view taken a few waters, pollution of streams, interna- years ago was that national parks with their beautiful scenery and their wild animals living in a state of na ready in touch with these subjects at ture ministered only to the sentiment a dozen points and the chief work of al side of life, but it is now seen that the conference was to emphasize and the very stamina of the nation is de pendent upon these playgrounds, and Canada has shown that she does not dicates the important place the sub- intend to be behind any part of the continent in developing these safeing men of the United States. It was guards for her people. This has been called and opened by President Cool- evidenced by what has been done in the establishment of national parks, Hon. Theodore Roosevelt, Assistant in the creation of game preserves and Secretary of the Navy. Other members of the United States cabinet who took part were: Hon. J. W. Weeks, Secretary of War; Hon. Hubert Work, Secretary of the Interior; Hon. H. C. other large and small game animals prized of the precious stones a Wallace, Secretary of Agriculture; and migratory birds, in the establish form of the common soft black graph-Hon. Herbert Hoover, Secretary of ment of national forests, and in the ite, which occurs abundantly in Na-Commerce; and Hon. J. J. Davis, Sec. holding of Empire and National Conture. ferences on the conservation of for the not uncommon mineral beryl, and Arrangements were completed by ests, wild life, and public health. Ac-owes its beautiful green color to which the people interested in the tivity in these different spheres has traces of chromium. never been as great in Canada as it is will be fully represented on the per- at the present time, it is intended that there shall be no slackening but an ledged leaders. These details need increase of effort, and that the work be gone into here, the point being already begun shall be extended and



Various villages, towns and small Lord Christ, beneath thy starry dome We light the twinkling lamp of home, And where bewildering shadows Lord Christ, the bird his nest has But dost Thou still this dark earth The Canadian National Parks Branch, of the Department of the Interior, which is keeping the file of Canadian Bird Banding Records, has recently received a band of a kind differing from the official bird-bands where the construction of the houses and physiogra Cariboo Lake, District of Algoma, Onmany a head. Yet it makes no difference. The years fall away as though by magic and old times walk again

ing it. Application should be made to the French say—and blessings on the Altogether aside from the sentimental side of it, I do not thing most towns and small cities could employ their money better in advertising their manifold attractions than in calling back those with most reason to love them, be cause these, seeing how much the old town has accomplished in their obsence, will bruit it abroad without pay or thought of it

These occasions have brought home and larger gardens are more content-ed.—From Saturday Night.

Fully Equipped. A disabled soldier had been so long



cities have been, are or will be holding old home town weeks this summer. Old boys and old girls, who have been away from the place which saw their birth, which attended to their schooling or gave them memorable years in their early days, return after absences varying from one to sixty years and action of abrasives. On from distances running in some cases to thousands of miles. Those who have been a long time away open their eyes with surprise at what they see. In the years that have intervened the rocking cradle has never been idle and in spite of the constant drain by large cities of the continent most of them have either maintained or increased their population. More than that the macadam roads and board sidewalks have given way to concrete pavements and cement walks, the back-yard pump and shabby stables to waterworks systems and garages. The trees, which were always beautiful, have grown higher, and as the old fences have tures of the old town better than he does some of the old boys and girls. It is hard to discern in the stout body and rubicund features of one man the slim stripling one knew at school. While trees have grown in the town, hair has fallen off or grown white on

sons who consider that they may be man who first thought of it.

to many people from the large cities that the small towns and cities have overtaken them in the matter of advantages. Except for theatres and concerts and the University these small towns offer to the dwellers therein every advantage that the city can and for less money. Land costs are lower and therefore rents and building costs are not so high. Taxes as a consequence on industries are and workingmen with better houses

in one hospital that it seemed like home and he was anxious to impress its merits on all callers.

"Why," he exclaimed, "it's the most complete in the country. They have an eye specicalist, a throat specialist. a nose specialist, and they even have internes for internal diseases."



Above are shown the Duche of York, the Prince of Wales, and the Duke of York (behind Prince), the roller-coasters at Wembley.

## BEAUTIFUL GEMS ARE **COMMON MINERALS**

Garnet Finds its Chief Use as An Abrasive—Found in Many Parts of Canada.

Emerald is a rare variety of traces of chromium.

Two of the common abrasive min-erals, corunium and garnet, when clear and flawless, give us beautiful gems; the ruby is a red variety of corunium, and the sapphire a deep blue variety of the same mineral, while many of the variously colored garnets are extensively used in jewelry and are classed as nomi-precious stones. Both corundum and garnet occur in Canada, but no material gem quality has yet been found. In recent years the use of all

of abrasive materials, both and artificial, has greatly and there are now ve factory or home, that have not been this increase in demand, the Branch of the Department of Mine making special investigations of Cana- the time they were doing so. Of the dian abrasive minerals, including gar-

Carnet is really a very common mineral, and occurs in several varieties, having slightly different composition and color, and varying considerably in hardness, toughness, and method of breaking. For abrasive purposes the mineral should be very hard-harder than quart or sand: and it should break into sharp angular fragments without curves, rounded edges, so that it will easily cut or abrade the articles under treatmery corundum or garnet

Little is yet known about the exist ence of commercial deposits of abra sive garnet in Canada. In Ontario, the Bancroft Mining Syndicate has been producing a good type of garnet from a rich vein near Bancroft. A promising deposit of larger extent but lower garnet content at Farry Sound has been well prospected and will prospected. probably become an economic producer. Near Sudbury, Ont., there is deposit contains well-formed garnets, fish.

two inches or more in diameter, which gradually decrease to the size of a pin-head as the contacts are approach

At Chogoggin Point, near Yarmouth Nova Scotia, a 35-foot dike, with a garnet content of approximately 40 per cent., outcrops on the sea shore and has been traced inland for several miles. Several other deposits are known that are both rich and suitable for abrasive purposes.

The market for garnet is limited. however, and concentration and preparation are important factors. The Mines Branch has paid considerable attention to the preparation of Canadian garnets for market, and has made tests to determine the best processes for different classes of ore.

If a steady demand for garnet should develop many new deposits of suitable material will probably be found, as there are large areas in which the geological formations give promise of their probable occurrence.

Aunt Fretty led, a rmal life. They quarsadily and, you might say, meanically, for many years, and doubtless loved each other devotedly all family some members habitually sided with him and others with her, and thus aided in keeping the row going whenever uncle or aunt seemed likely to slow down or give out.

There was also an eccentric brotherin-law who lived with them the most of the time for several years and for some reason took sides with neitherbut he died rather young.

They went on thus till their races were run and they were laid away. whereafter in due course their sorrowiny relatives erected a handsome stone over them, on which it was proclaim-

Destroying Predatory Fish.

the staff of the Cultus Lake Hatchery, Mackay points out in his commentary B.C., is announced by the Department on Gen. iv., 22. of Marine and Fisheries. This work was undertaken as a result of the investigations that were made when the sockeye yearlings were migrating from Cultus lake to the sea. It was noticed that the goldfish were feeding on the young salmon and an exnother promising exposure, about 50 amination of the stomachs of a numfeet wide, and traceable for a con- ber of those caught gave an average of siderable distance. The centre of the three yearling salmon to each squaw-

## THE MENACE OF THE GIPSY MOTH

The appearance of the gipsy moth (Porthetria dispar) near Alburg, Verthe Department of Agriculture will mont, about half a mile south of the also place a domestic quarantine on Canada-United States boundary has the same area. In addition to the area given rise to conditions affecting naupon which the embargo will be tural resources and their utilization placed, there will, it is expected, be a of which the Government of Canada, restricted area, also about 10 miles as well as that of the province of Que- in width, immediately adjoining. Unbec, ever on the alert to protect the der the proposed regulation Chaistman interests of citizens, have taken cog- trees and Christmas greens may be nizance. As a result of the discovery moved from the restricted area proof this infestation, the United States vided the shipments are accompanied Government intend to place an emby a Dominion certificate of origin bargo on that area of southern Quebec which states that the trees or greens oargo on that area of southern squeece which states that the trees or greens in general about 10 miles in width immediately adjoining the International restricted area or outside of the Boundary to prohibit the shipment of quarantined area. Christmas trees and Christmas greens to the United States. The shipping of Department of Agriculture will this such trees or greens from the Ver- summer and autumn, in close co-operamont area to other parts of the United tion with the Department of Lands States has already been prohibited by and Forests of the Quebec Governstate legislation.

this situation are important. In the and provincial officers will combine to first place there is the danger to our form small crews to examine trees, a foothold in Canada and there is the ways, in crchards, as well as scout Christmas trees and Christmas greens gipsy moth may have become established.

The places where it is thought the grown this part of Quebec. No ship-lished.

The places where it is thought the grown may have become established.

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The places where it is thought the grown may have become established. entry into the United States of the has the gipsy moth. Millions of dolfollowing: spruce, fir, hemlock, pine, juniper, and cedar; and holly and

the insect, collected in infested areas in the New England States, Dominion seriously injured. In the New Englimited extent in the province of Que ferous trees mixed with deciduous bec. Without going into details it may growth have suffered severely.

Citizens who desire to rece pests.

In dealing with the present situation

The Entomological Branch of the ment, conduct intensive scouting The consequences which arise from throughout southern Quebec. Federal resources should the pest really gain fences, posts, etc., along roads, railimmediate stoppage of the sale of other places where it is thought the

Few insectes have been so costly as lars have been spent in its control during the last fifteen years in the New England States, and it would indeed The importance of protecting our be serious if infestations are found in forest and other trees from such a Canada. Important areas of woodland pest as the dreaded gipsy moth has trees have been killed outright in been appreciated by the Department areas where it has gained a footbold. of Agriculture for many years, and in Apple, oak, birch, alder, and willow addition to introducing into Eastern are the favored trees upon which the Canada large numbers of parasites of caterpillars feed. Other trees such as beech, poplar, hickory, etc., have been officers have carried on scouting to a land States too, pine and other coni-

Citizens who desire to receive fursy moth have their parasites which at their information regarding this pest tack and destroy them, and the breed-should communicate either with the ing of these parasites and the releas- Dominion Entomologist, Department ing of them in infected areas is one of Agriculture, Ottawa, or the Provinof the means used in fighting these cial Entomologist, Department of Agriculture. Quebec



Of Course They Have Wheels. Johnny — "Dad, have coaches got wheels?" Dad-"Most of 'em have, John."

Oldest Handwriting of Man. One small temple has been found

"Ur of the Chaldees" (whence Abraham sprang) containing the oldest works of art in metal yet known, says a recent British Museum "com-There is also a marble tablet, in the old Samerian language giving a chronicle of kings and dynasties suggesting the date 4500 B.C. The report adds: "Even if that chronology has to be modified, we have now the oldest-dated example of man's handwriting and the oldest known triumphs art of Tubal-Cain." ble tablet records the building of the temple of the goddess Nin, in the time of the third dynasty of the kings of Ur, after Noah's deluge. Tubal-Cain was "the man of might in the days The destruction of nearly 28,000 when the earth was young" who "fascoarse fish, principally squawfish, by hioned the first plowshare," as Charles

> Kind Boy. Acable Visitor-"Well, and do you do a good deed every day, Tommy?' Tommy-"Yes, sir. Yesterday I visited my aunt in the country, and home again, and she was glad again!

If London's soot for one year could be collected in a pile it would cover duce to dignity and will not discredit Westminster Abbey.



The Garment of Habit.

Our lives are a mass of hibits. If it vere not so, we could not live at all. We wake and get up and dress, we eat and walk and work, we speak and think and love and hate and fall sleep again largely by habit. If we were forced to perform all this independently, originally, the effort of living would be intolerable. A mercifully small part of our action depends upon vofition and deliberate reasoning. In the main we do what our fathers did, as they imitated their fathers, and so back to the beginning of time.

Education is the forming of habits. They begin in the cradle, or before we get to it. The one great business of parents and teachers is to see that our habits are what they should be, and with all the mighty effort and cogitation that are put into the task how often they turn out to be what they should not! How immense, how rigid and constraining, even in its subtle pexibility, this encompassing mould of habit is we realize only when we endeavor to change it or break it or throw it off. Get a bad habit fastened apon you, appreciate its badness, set all the energy you have to geting rid of it, and you learn the might of habit. We have all tried, and we have all failed, and we all know.

The intensity of such an effort and its too frequent futility impress upon us the terrible danger of habit. It is a fine thing to be on your guard against it, to keep your life and character as fluid as possible, responsive to outward calls and stimuli, ready to er in an instant to the controlling demands of the intelligent will. Many people preach against habits, and some seem to have a far better mastery of them than others.

All the same, habit is a beautiful thing, and above all, a restful. Mr. Pepys's mother had an old dressing gown, which she called her kingdom, because she took so much comfort in it. The garment of habit is one of imshe was glad. To-day I came back mense comfort and delicious ease, Only it behooves as to see that it be made of substantial stuff and that its cut and fashion be such as will conus in the eyes of those we love.

## World's Fastest Trains.

The highest train speed, 120 miles an hour, is said to have been made by a train running from Fleming to Jacksonville, on the plant system, in the United States, a distance of five miles, in 2 minutes 30 seconds, representing a speed of over 115 miles an hour.

The record speed for a British railway was a run on the Great Western, in May, 1904, when, after passing through the Whitehall Tunnel, the Plymouth to Paddington mail train for a time ran at a speed of 102.8

miles an hour.

This run was properly clocked that is, it was recorded by an expert taking the time with a split-second chronometer, which gives the exact speed within a decimal.

British railways hold the greatest number of habitually high speed runs over short distances, regularly clocked by experts.

Corn Grows High. Corn grows near La Paz, Bolivia, at elevations of 12,600 feet above sea

Whales Kill Seals. Thousands of fur seals are killed annually by killer whales



Competitors are shown in the hand-drilling contest at Cobalt, which was one of the many features of the O'd Boy's Reunion held in the northern mining town recently.