



OUR HOME PAGE



Household Notes

Secrets of Health and Success

Don't Be An Aerophobic

Are you an aerophobic?

If you are, stop it. It is really very damaging to you and a great nuisance to your more rational neighbors.

An aerophobic is one who hates air.

I have been prompted to use this term and to write this article by some recent experiences at a large summer resort. The experience is, however, in no wise peculiar to that particular resort. I have gone through the same thing at other resorts. In Pullman cars, on ships, hotels and in private homes. As a matter of fact, I have spent a large part of a long professional career fighting aerophobias.

The particular species of aerophobic that I last encountered, the Summer resort species, possesses certain definite characteristics. Thus, at dinner, in a very large dining room, but poorly ventilated at best, crowded with people, the aerophobic, having pre-empted a seat near a window, insists that it shall be closed. This particular aerophobic is generally a woman, clad in a gown that is generally a little too short at both ends. In her desire to indulge in a coveted anatomical display she finds the breeze offensive to her cutaneous surface, the feeling in which is much more acute than either her intelligence or her conscience. That her intelligence is obtuse is shown by her inability to comprehend the fact that her bodily warmth is best sustained by an abundance of oxygen, plus, possibly, a trifling addition to her wardrobe. That her conscience is

equally obtuse is shown by the fact that she willingly demands for her selfish gratification the exclusion of air necessary for the health, comfort and happiness of her neighbors.

The Pullman car brand of the aerophobic is one who insists that an already superheated and poorly ventilated car, registering 80 on the hanging thermometer, shall be still further heated that her or she may get warm. This particular individual is too ignorant to know that he or she is cold only because she confined air of the car has had its oxygen entirely consumed and that the only way that he or she can hope to get warm is to have a little oxygen-laden air let in from the outside. This particular type of an aerophobic has, however, been of some value in the world by forcing upon the company a serious study of ventilation which has resulted in such perfection of appliances that the aerophobe has been deprived of all excuse to rail against an influx of fresh air.

Aerophobics in general, including those who infest hotels and ships and churches and all places where people congregate, usually offer as an excuse the fact that a draught will give them pains in the area thus chilled. They may indeed have this susceptibility.

If they have, it is because they have been and are aerophobics. If they would habitually inhale enough of pure air to furnish the oxygen with which to burn up the products of their nutritional changes they would not have this susceptibility. They ought to know that the best way to get up tenderness or muscles, or nerves, is to stay indoors behind closed windows and locked doors in front of a raging fire and be comfortable.

Laborites Plan to Make it Lively

London.—The usual crowd of members of parliament gathered in the House of Commons in preparations for the short session which is to resume the work left unfinished when adjournment was taken in August.

The public is not showing any special interest in the session, which is expected to last five or six weeks, although opposition politicians and the political writers have been laying stress on the dangers of tariff proposals and other government measures.

Labor to be Active

The Laborites especially seem determined to give the government a lively time. They are making a great deal of capital out of the manner in which the case of the Fascists, who recently stole an issue of the Herald, the Laborite organ, was handled. The case against the men was dropped and the Laborites assert that the public prosecutor on behalf of the government so framed the indictment as

to insure that they would escape punishment because the Herald is hated by the government.

The Laborites are expected to support the Laborites on this issue, and it is thought a strong effort will be made to discredit Premier Baldwin's government. The case has been adversely commented on by some of the government papers.

N.Y. Bootblacks Go on Strike

New York City.—All bootblacks in shops between 59th and 215th Streets, west of Central park and Harlem are on strike.

The bootblacks walked out at the behest of two Labor organizers, Nicholas De Floria and Ralph J. Mordeante. At a salary of \$22.00 a week, bootblacks can average \$40.00 a week with tips, said an owner. If they get all they ask, the price of a shine may go up to twenty cents, said some proprietors.

Organs Grow Wheezy in English Churches

London.—Congregations and audiences who have been troubled of late by wheezy and asthmatical notes from organs in places of worship and large public halls have little realized that a strike is to blame. Hundreds of organs throughout the country have developed or accumulated troubles during the last eight weeks as a result of a dispute in the church organ-building trade. In many churches and chapels the organs are silent. Either harmoniums are doing duty or the congregations are singing unaccompanied.

A member of the master organ-builders' federation said:

"The public is not so much inconvenienced by the fact that the building of Liverpool cathedral's new organ and the reassembling of St. Paul's cathedral organ are delayed as by the fact that organs undergoing rebuilding in smaller places of worship remain dismantled."

The deadlock in the trade has arisen from the men's demand for an immediate increase of 1d. per hour on their 1s. 8d. per hour, and another 1d. increase in three months.

Civil Servants Get Increase

Salary increases in many departments have been granted recently by the government of Ontario. The criminal investigation branch of the provincial police has been included in the distribution, and considerable satisfaction is felt thereat among the officers.

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