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### LTS IS FINE FOR KIDNEYS, QUIT MEAT

sh the Kidneys at Once When Back Hurts or Bladder Bothers

No man or woman who eats meat rularly can make a mistake by flushing the kidneys occasionally, says a wellown authority. Meat forms uric acid ich clogs the kidney pores so they ggishly filter or strain only part of e waste and poisons from the blood, on you get sick. Nearly all rheumaneadaches, liver troubles, nervousconstipation, dizziness, sleepless-bladder disorders come from slug-

sh kidneys.

The moment you feel a dull ache in e kidneys or your back hurts, or if the ine is cloudy, offensive, full of sedient, irregular of passage or attended a sensation of scalding, get about ur ounces of Jad Saits from any replie pharmacy and take a tablespoonlin a glass of water before breakfast a sense days and your kidneys will r a few days and your kidneys will en act fine. This famous salts is made om the acid of grapes and lemon juice, mbined with lithia and has been used generations to flush clogged kidneys d stimulate them to activity, also to

nger causes irritation, thus ending adder disorders. Jad Salts is inexpensive and cannot jure; makes a delightful effervescent thia-water drink which all regular meat iters should take now and then to keep the kidneys clean and the blood pure, broken serious kidneys complinereby avoiding serious kidney compl

## PORT OF LONDON **NEVER SO BUSY**

nations. Negroes, Japanese, Shinese Hindus and Arabs are among those who show papers proving themselves citizens of the United States and who are

ens of the United States and who are trying to get home.

The first rush of applicants for aid was made up chiefly of tourists, but later began the stream of Americans who had resided in Europe for some time and were employed in the various countries affected by the war. Many negroes who had been engaged as musicians and entertainers were instantly ians and entertainers were instantly thrown out of work and sought the help

thrown out of work and sought the help of the American government. Actors, circus performers, vaudevillians and all sorts of entertainers found themselves in a similar plight.

Chief Lewis Deer of the Cheyenne Indians and his company of braves, who were delighting Austrian crowds with their reproductions of Custer's Last Stand, came to grief at Libach, where the circus with which they were engaged was forced to disband, and after several weeks of interviews with German and Austrian officials, who were suspicious Austrian officials, who were suspicious of the redmen, they finally made their way to London with tales of hardships which rival the stories of pioneer days in Wyoming. Only by putting on all their feathers and war paint were the indians able to establish their identity thoroughly and make their way through the war zone. In ordinary clothing they had nothing but trouble and merely progressed from one jail or compound t another. But buckskin suits decorate with beads and crowns of turkey feathers stamped them as real Americans and speeded their passage.

BRITISH BUSINESS STABILITY

(Mail and Empire.) A business man who is back in To-ronto after a month's visit in England, says that commercial enterprise there is more indifferent to the war than it is more indifferent to the war than it is here. Though there was some dislocation of their business, the British manufacturers and traders manfully determined to make the best of it, and with characteristic steadiness went about their daily affairs much as the British troops in the field are going about their marching and fighting. Some corroboration of this is given by the statistics of unemployment in the trades unions. These have shown a very small increase of the idle, varying from two to about eight per cent. Now that foreign trade is no longer in dread of German cruisers, the strong measures taken by the British government to afford facilities for dis-

## The European War And Its Effect Upon Canada

mon sense has reasserted itself. These ill effects are now wearing off and are being gradually replaced by a wave of optimism which is sweeping the country and embedding itself in the hearts of the people. They have decided to surrender to neither panic nor to premature jubilation, and are now looking after their business more composedly and more cheerfully. They can now see in this war something they could not see before, namely, Canada's salvation; for the war must bring an almost immediate benefit to this country from coast to

Chas. S. Philps

Vuch Wheat Intended for Germany and Austria Adds to the Congestion.

The Congestion of Germany and Austria Adds to the Congestion of Congestio

TROUBLE GETING THROUGH

Redmen Were in Austria With a Circus

When War Broke Out

(Associated Press Correspondence.)

London, Sept. 4—The assorted company which presents itself at the headquarters of the American Residents' Relief Committee resembles a congress, Japanese, Shinese, and the content will benefit, but as this is a review of the situation so far as Canada is to the dollar will be easily worth more later to view of the situation so far as Canada is to the country. German competition is practically wiped out, and all manufacturing concerns throughout state, a condition of affairs which is called a conditions. Negroes, Japanese, Shinese,

(By Louis S. Davis.)

Mr. Davis is the western representative for H. E. Davis & Company, of Montreal, and is at present traveling through the country. He was formerly a borough councillor in London, England, and a member of the editorial staff of the London Financial News.

When war was declared on August 4th the people in this country were panic stricken. Symptoms of what could be described as an acute attack of economic neurasthenia fastened on to the people to such an extent, that business for the time being was forgotten. "And darkness was upon the face of the earth."

Economic ills like many physical allments are more or less suspended, Canada's chance for extending her manufactures and her markets is right at hand. There is a great work shead to supply her own requirements and those of the Mother Country. The opportunity is knocking at Canada's door. To grasp its significance and as to what this will mean in the way of employment, a moment's reflection will be sufficient to realize its wonderful scope. It will have far greater consequences than we ever dared to hope. All this, bear in mind, must begin right now without waiting until the war is over. We see all around us today, glimmerings of the dawn of that desirable era of prosperity, no meteoric boom, no mushroom growth, but a lasting prosperity which will spell happiness for all. Evidence is not wanting that farmers, manufacturers and others are displaying an activers and others are displaying an active today hitherto unnoticed. Morecoled. This, in substance, is what happened to the people in this country. How-

Economic ills like many physical ailments are more or less the result of imagination, the chief function of which is crossing bridges before they are reached. This in substance, is what happened to the people in this country. However, time healeth many wounds, both real and imaginary ones.

Several weeks have passed and common sense has reasserted itself. These ill effects are now wearing off and are its own and was that farmers, manufacturers and others are displaying an activity today hitherto unnoticed. Moreover the Canadian Commissioners of Conservation are strongly urging that as much land as possible be prepared for the 1915 crop. Quite apart from any government measure to stimulate action along these lines, land owners are certain to take action on their own initiative, and we shall see developments

before, namely, Canada's salvation; for themselves, and there is no solution of St. Lucia when Capitain Davis sightled the German auxiliary cruiser. The British remove for the control of the Empire.

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On the whole the outlook was never so bright as it is today, and there is every reason for the greatest enthusiasm. Are we not living in a country with wonderful prospects, and a country whose vast resources have scarcely yet been touched. Is this not a country whose wonderfully fertile soil is capable of unlimited possibilities? Is this not a country whose wonderfully fertile soil is capable of country whose west tracts of rew

British Steamer Makes Boston Har-

can easily be left to the imagination.

Possibilities are almost inexhaustible.

British and American capital will seek British and American capital will seek the Luxembourg. The Hyades and fields for investment in Canada, thus Helmwood were sunk off the coast of fields for investment in Canada, thus Reseil.



These clothes do not stand on advertising, but on their own merit, style and quality.

We've been in this business long enough to judge of clothing by the cloth, the make, the inside works, and the outside

We don't buy a line because the manufacturers offer to pay for our newspaper advertising—we pay the bills. We look over the best makes and pick out the stuff we know is good, therefore we are glad to guarantee every article.

Now we can show you the best. Suits \$12 to \$32. Overcoats \$21 to \$30. Our time is yours whether you buy or simply look.

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Is This Your Boy?

St. Vincent's Alumnae offered work, St. Monica's Society will give \$25. The Victorian Order and the Seamen's Institute will report later.

Lady Tilley brought patterns, which Lady Tilley brought patterns, which should have us examine it at once.

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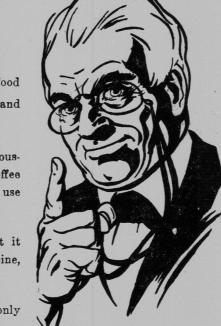
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In cases of nervousness, heart flutter, headache, biliousness, indigestiin, etc., where the patient is a tea or coffee drinker, most doctors order: "Quit tea and coffee and use

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## The Bull-dog Strain

THE bull-dog is typical of the British race—men fearless in attack, grim and determined, tenacious, invincible. We in Canada are proud of the bulldog strain in us-that quality of blood and heart that makes us dauntless and masterful. The bull-dog strain shows in us and others in times of peril and menace.

> Everywhere in Canada manufacturers, wholesalers and retailers of the bull-dog breed are answering the challenges of warthe challenges of trade disturbance and business opportunity. The identity of some of these valiant-hearted merchants and manufacturers is revealed in the advertising columns of this and other newspapers, for advertisements are expressions of courge, tenacity and mastery.

Bull-dog blood shows itself and its quality in fighting

CANADIAN PRESS ASSOCIATION