

It's always a delight to Use Mennen's

THE twice-a-day duty to one's teeth becomes a pleasure with "Mennen's". The entire absence of grit -the soft, gentle polishing action and the cool fresh after-taste make Mennen's a popular choice with women. Good teeth need to be preserved. The safe, sure and most effective way to preserve your teeth is by

RITCHIE & CO. LIMITED

LONDON SOLDIERS ON INVALID LIST ARRIVE AT QUEBEC

QUEBEC., Sept. 26.—Over 1,600 invalids have arrived during the past two days at the Quebec discharge depot. A list of Western Ontario men

depot. A list of Western Ontario men follows:

London—J. R. Fulton, D. S. Sieling, G. D. Simmons, A. Smith, W. G. Weatherstone, J. Young, A. F. Moore, J. McLennan, W. A. McDougall, W. Noble, F. C. Davies, A. M. Allen, R. A. Collins.

Hamilton—J. H. Barker, D. Bell, W. Black, S. S. Burt, T. E. Frankland, H. G. French, H. Greaves, F. H. Hainer, H. A. Harris, F. Hincheliff, H. E. Hostey, C. Hull, J. R. Hyde, G. R. Hyde, R. Jaakson, S. Johnston, W. Lawrence, J. Martin, C. McCormick, W. McGill, C. H. Ogg, T. W. Phalen, E. Purnell, G. S. Rolfe, G. M. Sparker, A. L. Spence, J. H. Williams,

PERMANENT PEACE IS NOT OF GERMAN OR

VATICAN PRODUCTION MONTREAL, Sept. 26. — Former President William Howard Taft, who this morning led the "Beat Germany" section of the delegates attending the Unitarian general conference to victory

ECZEMA CURED FIVE YEARS AGO

A Treatment Which Has Proven a Wonderful Healer of the Skin-Certified Evidence of Lasting Cure.

Jordan, Ont., Sept. 27 .- The old notion that eczema is a disease of the blood in refuted time and time again by the cures that are daily being effected by Dr. Chase's Ointment. It matters not what the cause may have been if you apply Dr. Chase' Ointment regularly you will obtain relief and cure of eczema. Here is the

Mrs. Stephen G. Thwaites, Box 205, Jordan, Ont., writes; "My brother had a secretary."
bad case of eczema on his legs. He was troubled nearly all one fall and winter ONTARIO GOVT. FISH with it, and could not work for days at a time. He tried different salves and ointments, but none cured him. One day he tried Dr. Chase's Ointment, and it gave almost instant relief. He continued its use, but had not quite finished the second box when he was cured. It is now about five years since

FINEST EXHIBITS AT LAMBETH FAIR IN SHOW'S HISTORY

ast Races Enjoyed by Crowd of Over 2,500.

Record-breaking crowds, an unsur-assed number of entries, and perfect

Pack, George Poole, Joseph Poole and G. Dores.
Vegetables—A. K. Sadler and John Trott.
Wheat—W. C. Pack, Eva Vander-Inder and John Cornell.
Registered cattle—Col. McEwen, Gus Campbell, H. Poole and Peter Love.
Fruits—W. C. Pack & Son, Roy Blinn, Gus Campbell and F. E. Baker.
Ladies' work—Miss C. McLaughlin, Mrs. G. Mills, Mrs. Robb and Miss D. Fox. Mrs. G. Mills, Mrs. Robb and Miss D. Fox.
Dalry produce—C. C. Mark of Cedar Springs, first for cheese; Mrs. Robb, first for butter.
Bread made with Campbell's flour—F. Bodkin and Mrs. Suttan.
Bread made with Hamlyn's flour—Mrs. A. Jarkson.
Bread made with Hunt's flour—Mrs. Robb and Mrs. Bodkin.
The prize for the best cold dinner on the grounds went to Mrs. Robb with H. Cornell second. Heavy horses—James McCartney, J. McFarland, Parsons Brothers, B. D. Sells and V. Fisher.
Light horses—T. Hardy, Shore, W. T.

Fisher.
Light horses—T. Hardy, Shore, W. T. Shore and Alex McFarlane.
The 2:50 trot was won by I. Harris of Lambeth with James Walker second and J. McCartney third. Free-forall—I. Harris and James Walker.
The success of the fair is due to the efforts of Alex Bannatyne, president; W. C. Pack, first vice; Fred Pack, second vice, and Harry Poole, secretary-treasurer.

THREE THOUSAND AT GLENCOE FAIR ON CLOSING DAY

GLENCOE, Sept. 26 .- Over 3,000 peo section of the delegates attending the Unitarian general conference to victory over the pacifist element, tonight delivered an analysis of Pope Benedict's peace offer and pointed out that anyone who proposes peace now either wishes German military autocracy to controi the destinies of the world or else is generant of the stake for which the Allies are fighting.

GLENCOE, Sept. 28.—Over 3,000 peoplic were were very way, the entries in nearly all classes being numerous and of fine quality. There were over 800 entries in the classes for ladies' work. Some of the finest horses in this district were shown. Jamleson Bros., of Crinan, won first prize for single roadsters; Dan C. Munro first for eingle carriage horses: Dincan single roadsters; Dan C. Muno first for single carriage horses; Duncan Mitchell first for high steppers, and Mrs. Duncan Mitchell first in the ladies' driving competition.

The races aroused keen interest and were well contested. The results were:

Free-for-all—

	Eagle Bars	1	1
	Tony Barg	2	2
1	Ogone P	3	3
5-8	Time—2:23, 2:2014, 2:22	٠	
	2:50 Class-		- 2.
	Maggie May		
68	Sweet Marie	2	2
	Archie Brino	3	3
1	Named Race-		
8	Doctor D2	2	1 1
1	Teddy G1	1	9 2
2	Teddy G	a T	2 0
8	Augie Bars3	4	3 4
	Barney B	4	ar
	Time-1:09, 1:12, 1:11, 1:131/2,		
7	A concert in the hall tonigh	t	dre
	a packed house. Selections by	V	Mi
,	Jean Walker of London were m		
4	joyed and a sketch, "Brow		
8	Betty," was well put on		-3
2	The executive this year is	T	7
200	The executive this year is	r	
-	Gillis, president; J. A. McRae	2	nr
	vice-president; J. W. Eddie,		
	vice-president, and R. W. Mc	:K	ella

REACH TORONTO SHOPS

Operations Will Be Extended to Laker Nipissing and Simcoe.

TORONTO, Sept. 26 .- The first Gov-



"And He looked up and saw the rich men casting their gifts

And He saw also a certain poor widow casting in thither two

And He said, Of a truth I say unto you, that this poor widow hath cast in more than they all. For all these have of their abundance cast into the offerings of God: But she of her penury hath cast in all the living that she

St. Lake Chap. 21, I to 4.

-a certain poor widow casting in thither two mites.

We do not ask you to deny your family food.

For all that there were but two mites, the sacrifice counted high with the Recording Angel.

For all that we ask of you is but little, the Multiplication of That Little will count high in the record of Canada's War Service.

And because of the Spirit and Sacrifice of those valiant men who are defending us, we feel that a great and noble Legion of Canadian Women will respond to this appeal.

Food is scarce--not because we have not had good crops, but because of the Lack of Production in Europe. Canada must make up for this, else hunger defeat her own and the Allies' Armies.

Enough food is wasted in Canada every day, to feed the entire Canadian Overseas

Army for that day.

bacon they now eat.

For example: When baking use one-third corn, oatmeal, barley or rye flour with your white flour. Or tell your baker to bring you some brown bread each day.

Substitute for beef and bacon such foods as fish, peas, lentils, potatoes, nuts, bananas.

And -- this is most important -- Prevent waste of food in your home.

We ask it in the name of those who are fighting for us.

The Food Service Pledge is your Dedication to War Service. The Window Card your Emblem of Honour.

Woman's Auxiliary, Organization of Resources Committee, In Consporation with The Hon. W. J. Hanne, Food Controller,

Practical Housekeeping

GENERAL DIRECTIONS FOR CANNING FRUITS WITH SUGAR.

Pack fruit compactly in jars. It will pack better if put in a strainer or piece of cheese-cloth and lowered into boiling water for about one minute. This is called "blanching". Blanch fruit in small lots, that the water may not be cooled much. Press fruit gently down in jars with spoon or small wooden spatula. Fill jars with syrup, Belease any air-bubbles by alipping knife or spatula down between fruit and jar. Put on rings and cover without fastening them down. Place jars on rack in boiler. Pour warm water in boiler, enough to come about half-way up the jars. Put cover on boiler, Bring water to a boil and boil gently as long as required. Remove boiler from the stove, fasten down covers, take jars out and let them cool. If, when jars are taken from the boiler, there is more than half an inch of space beused to fill the rest before the covers are fastened down. Put jurs again in boiler and boil 5 minutes

These directions apply to fruit bought in towns and cities. Less time is required for fruit freshly picked. Ten minutes for quart jars, five minutes for pint jar of freshly picked berries is sufficient. The shorter the time in cooking, the better the berries retain their flaves, shape and color.

Live up to your Food Service Pledge

inved its use, but had not quite finished the second box when he was cured. It is now about five years since then, and it has never returned. We certainly can recommend Dr. Chase's Ointment, and are very graceful for my prother's cure."

(Rev. S. F. Coffman, Vincland, Ont., states: "This is to certify that I know Mrs. Thwaltes and the party to whom she refers, and her statements are correct.")

Mr. J. E. Jones, 228 University avenue, Kingston, Ont., writes: "I had comean in my hand for about "ve years." I tried a great many remedia, but found that while some of them changed in the promanentity chalded it tried great many remedia, but found that while some of them changed in the promanentity chalded it tried to those who hade of the promanentity of the prom

marine warfare when he sent his mesmarine warfare when he sent his mestage of January 22, 1917, asking authorised to the sent his mestage of January 22, 1917, asking authorised to the sent has sent as the sent asking authorised to the sent asking auth thorization to expend \$50,660, I can state that the department of state possesses conclusive evidence that on or before January 19 Count Bernstorff had received and read the Zimmermann telegram to Minister von Eck-

mann telegram to Minister von Eckhardt in Mexico, which contained the following:
"We intend to begin on the 1st of February unrestricted submarline warfare. We shall endeavor in spite of this to keep the United States of America neutral."
"Count von Bernstorff was, therefore, fully advised of the intentions of the imperial government at the time when he asked for authority of Berlin to employ funds for an organisation to influence Congressional action in favor of the continued neutrality of this ecountry."

LAW IS INDORSED BY HIGH ANGLICANS the opening day of the 52nd fall fair here, and everything points to a big

The Relieve of the sum of the sum

DISTRICT CASUALTIES SOLDIERS INVITED TO AILSA CRAIG FOR FAIR TODAY

KILLED IN ACTION LAWRENCE STATION. Pte. G. W. White. AILSA CRAIG, Sept. 26 .- Today was DIED OF WOUNDS day Thursday. The directors are busy making full arrangements for the day's Acting Bombardier C, E. Plant.